



Cottonwood
'86



Ray,

How the Hell are you.
PLU is Awesome as usual.

It been fun knowing you.
Your really funny, I hope ya
go to a rad college. Thanx

For being our Manager
Brian Alexander
Ehler

Ray Horatio!

Welp, I'm really glad you came back to this school
because you've made this year fun. You better go
to graduation cuz you only can do it once. Good
luck with the PLU and remember I got your
first \$1 million. Keep in touch and call me
sometime over the summer

Stuart 7th '86

Ray,
What a sweetie. It
always made me feel
so good when I passed
by you because you're always
so friendly! You're really
Special! Good luck on
everything you do!

Love ya,
Kristin
Keller

Rad
It's been nice
meeting you
your so nice
yell for us

fat-baby!
Dad it was a
well, it was a
great year, even
though ~~it wasn't~~ ~~here~~ ~~the~~
I was ~~here~~ ~~the~~ ~~way~~
show years! But anyway
your a great guy and
im glad i got to know you!

© ya's
Hawm
Sag. 7263

Ray!
you are a very
wired person. Have
fun this summer
with all the guys!
I'll see u in the year
8/11 3172

Valera

Dean Ray,

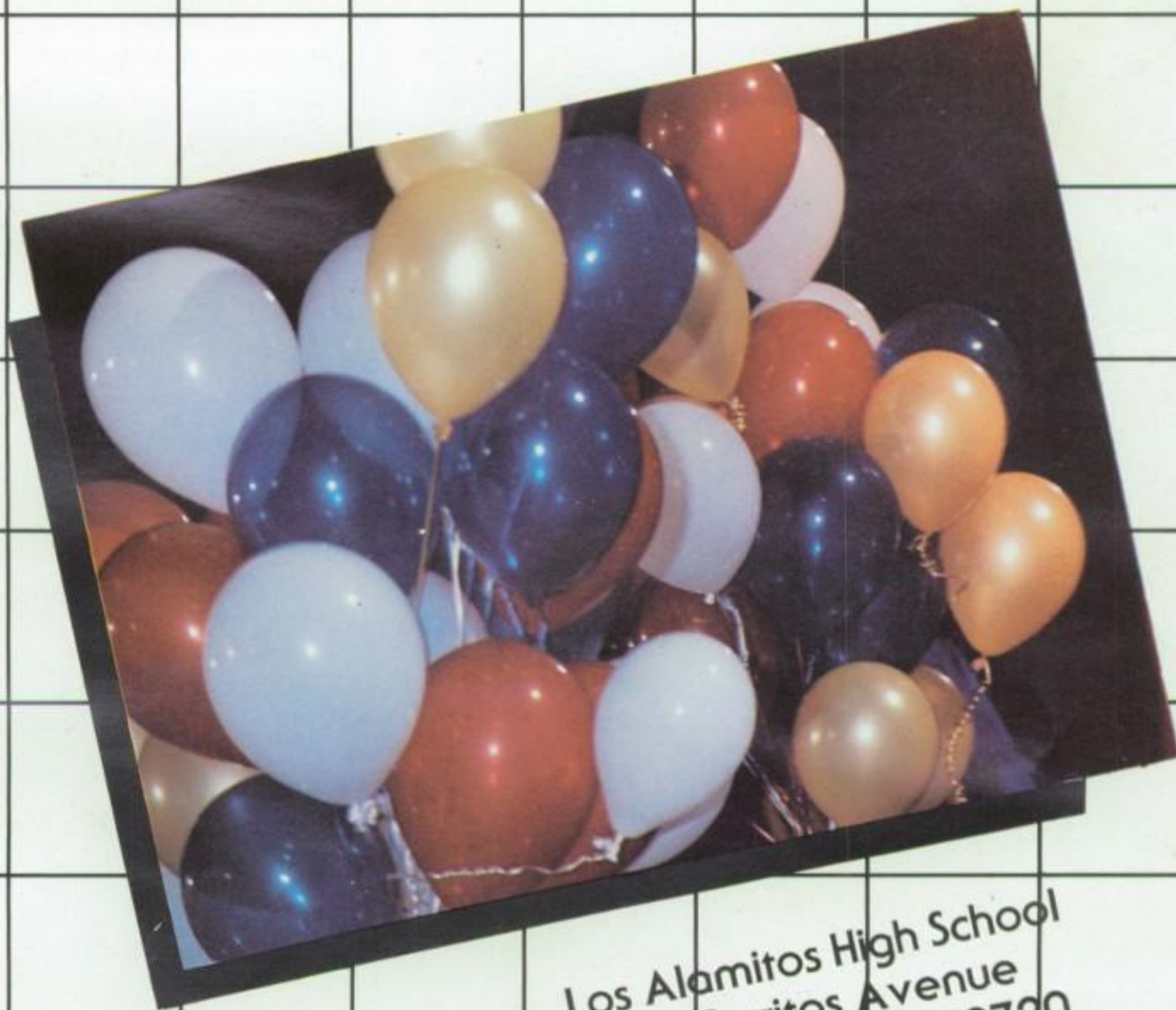
You no good, dirty, chittin eatin, Goger gut slurping, corn bread
chomping Nigger!! Have a Red Summer. + Kap-in-
Touch.
I hope your band turns out well.
I also hope you recruit me in your band. 431-3814

Masta Lugo.

Your friend

Sam.

Cottonwood '86
let's celebrate!

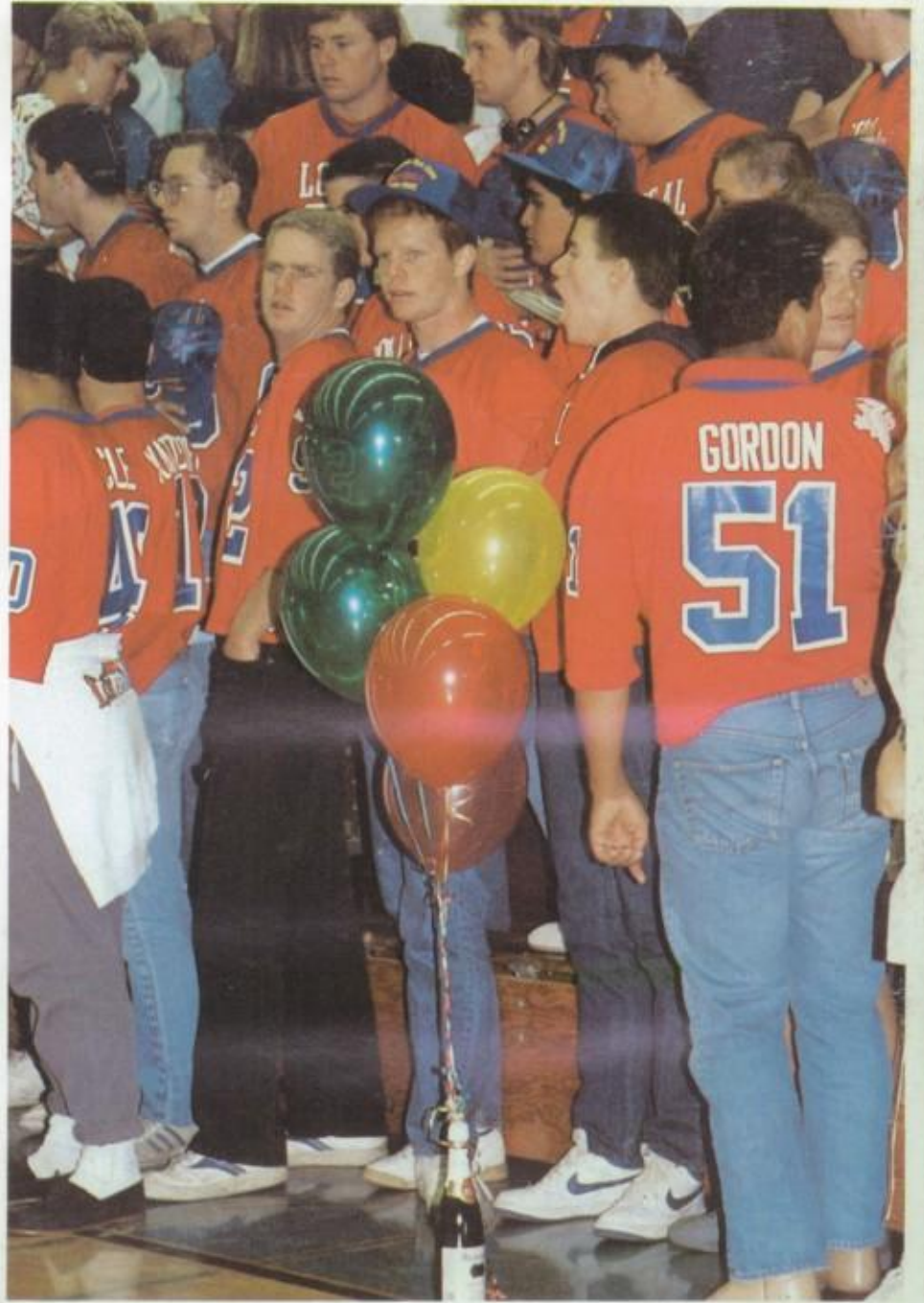


Los Alamitos High School
3591 Cerritos Avenue
Los Alamitos, CA 90720

GRIFFIN CELEBRATION BEGINS AS MANY NEW GUESTS ARRIVE

It's time to celebrate! Los Al's student body has carried on another powerful, productive year of tradition. Not only did the student body provide Los Al with support, but also with a new experience for first-time administrators. It was a first for Los Al with **Mrs. Carol Hart** as the new Principal. **Mr. Tom Anthony**, a veteran of Los Al, also experienced an exciting new challenge as he accepted the position of Associate Principal. **Mr. Kelly Godfrey**, another new faculty member at Los Al, has put forth time and effort fulfilling his role as the Assistant Principal of Activities.

More than ever, Los Al felt a spectacular sensation of school spirit among the students and faculty members. The development of the new Performing Arts Center showed the tremendous effort that was made. Plays and choral concerts performed at the center displayed the ambitious, loyal support of those who attended the programs. Throughout the 1986 school year, undying school spirit sparkled from the student body. Charisma is truly a trait possessed by the energetic Los Alamos students. The assiduous perseverance was prominent in the participation of Spirit Week activities and athletic competitions.



Pep assemblies are a large part of the spirit program at Los Al. Creativity takes its course when the football team decorates a bottle of sparkling apple cider for Homecoming.



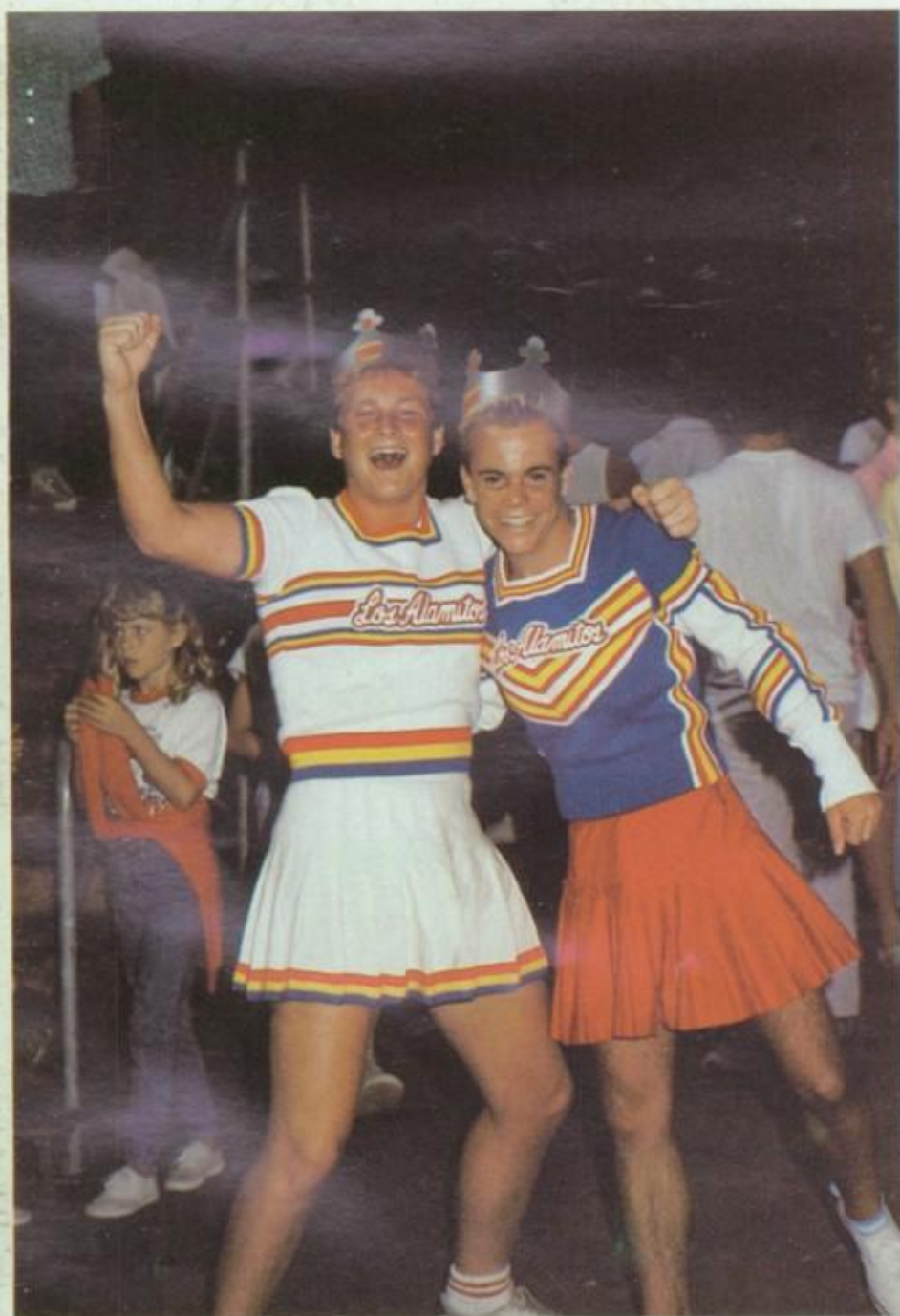
Griffins give support by waving their pom-poms frantically. **Kerry Kyle** and **Stacie Foster** are both members of active spirit groups.



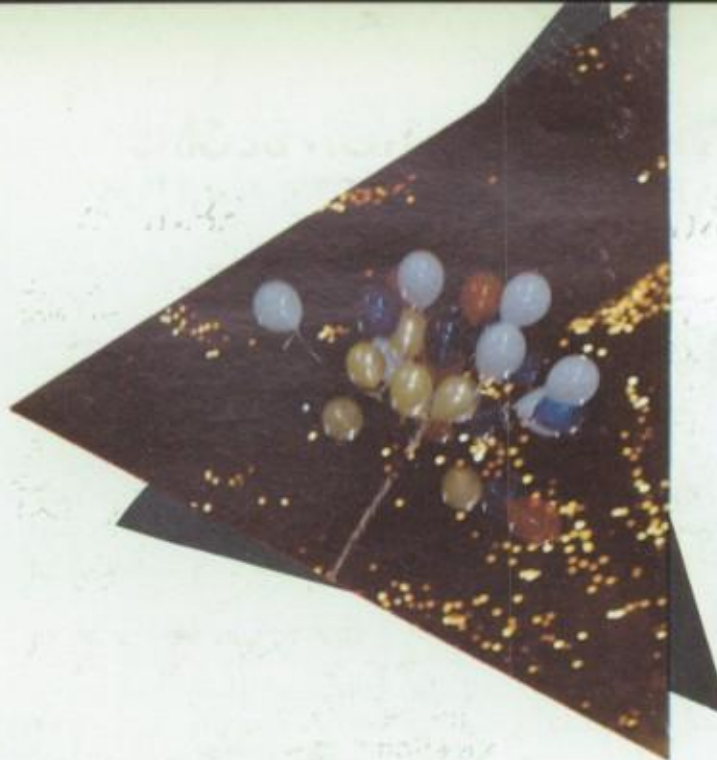
The Griffin Mascots provide the audience with never-ending entertainment. Homecoming is an event the Griffins find especially exciting and feel it necessary to dress formally. On this memorable evening, the football team plays against Esperanza and earns their sixth victory.

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To demonstrate their enthusiastic spirit, senior Chris Ziegler and junior Ronnie Scanlon show their burning desire to cheer for the Varsity football team by wearing the traditional cheer uniform at Homecoming.



Cottonwood Staff

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GLORIOUS CHEERS OF VICTORY COVER GRIFFIN GRANDSTAND

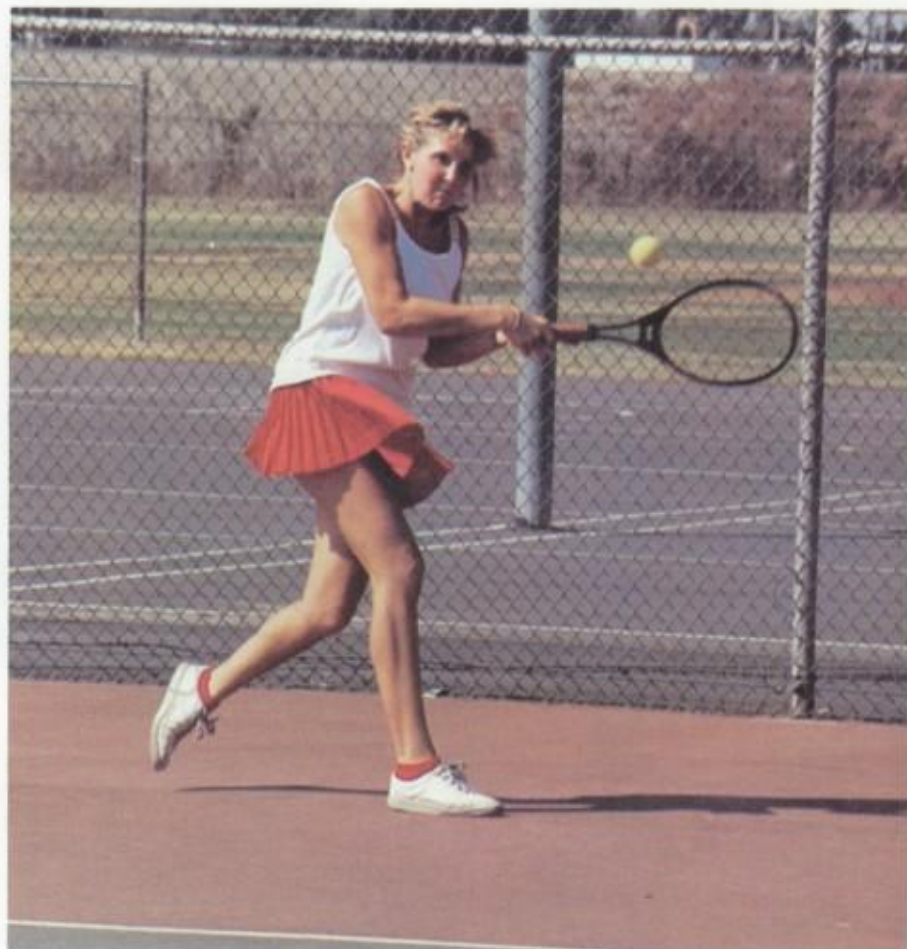
Victorious were the Griffins of 1985 and 1986! Los Al sports collaborated and together provided the community and the student body with excitement, suspense, and most of all, entertainment. Los Al has always been able to draw a crowd, but this year they were able to pack them in! Whether at home or away, sports was the center of attention. The team members helped boost spirits and inspired their audiences everywhere. Every spectator at a game left with a feeling of satisfaction and a desire to go out and get into shape.

The Spirit Stick was a motivation tool that the Los Al cheerleaders put into action. The stick was given to the best supporters and the loudest "yellers" at the game. Armed with pom-poms, signs, and cue cards, students and parents had equal chances to "win the stick." There was no giving up on the Los Al side, and the fighting Griffins of 1985-86 were better than ever.

Live-Aid earns money

to feed the hungry

in fall of 1985.



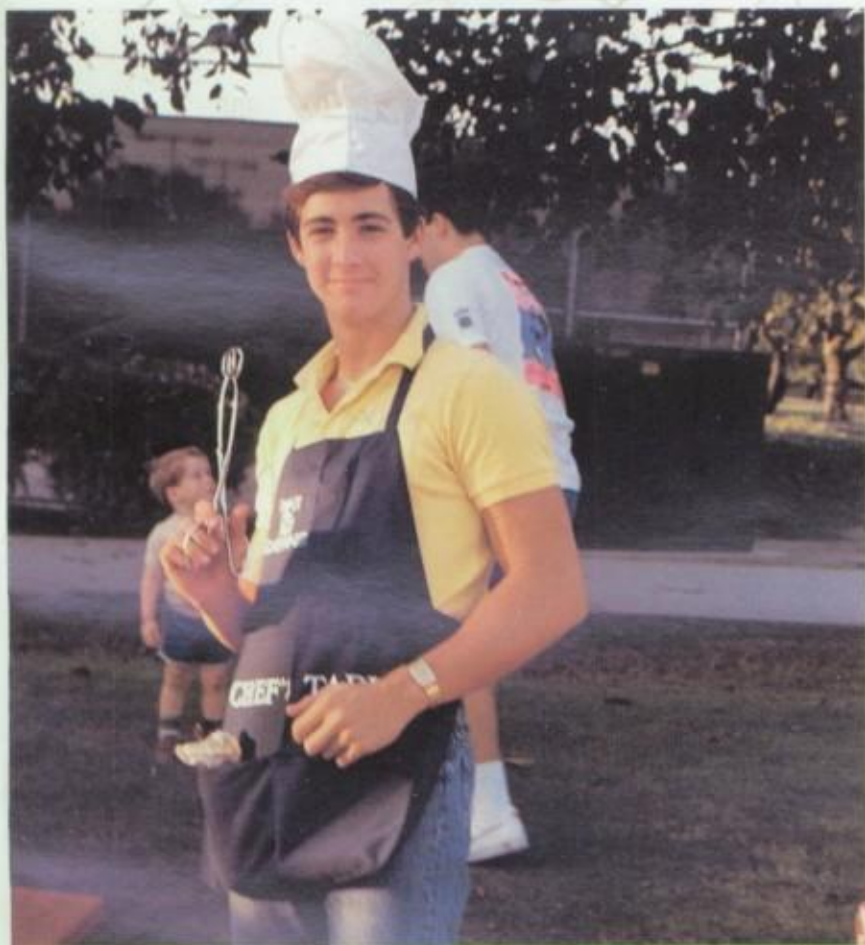
In deep concentration, **Melanie Wood** follows the ball in an attempt to score the final point in her CIF tournament. Melanie is in the League semi-finals as a doubles player.



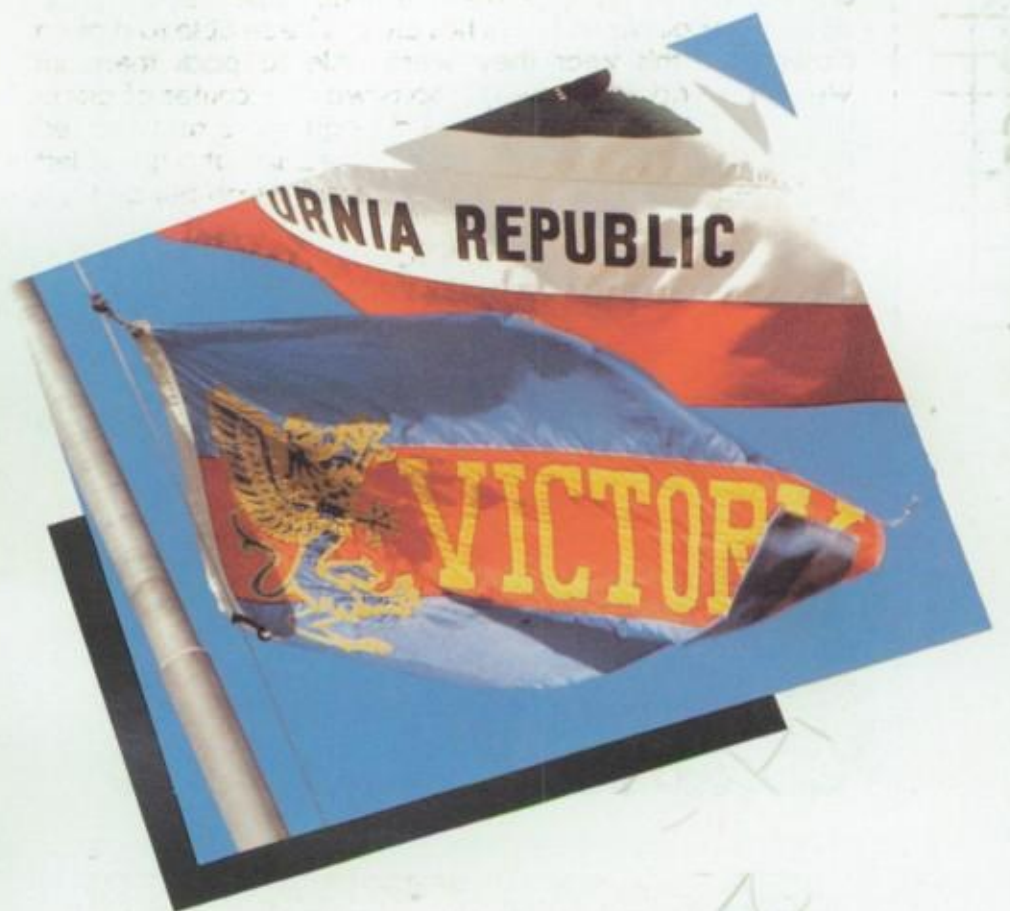
The Varsity football players, dressed in their red and blue jerseys, lift captain **Gerry LeDoux**. It is traditional for the team to "get rowdy" at assemblies.



Enthusiastically promoting crowd participation, **Suzi Pray** claps with the Los Al cheer squad during a suspenseful football game. Suzi is a four year member of the Los Al cheer squad.



Preparing to turn the hot dogs he is burning, Gary Covington, senior, gets his tongs ready. Gary is an avid sports fan and a member of the L.A.P.D. spirit club.



Prior to the water polo game, the Los Al cheer squad helps the team get fired up before facing their undefeated opponents. The Varsity Water Polo team has been very successful all year and is in the CIF finals.

GRIFFINS GLISTEN IN NATIONAL COMPETITION

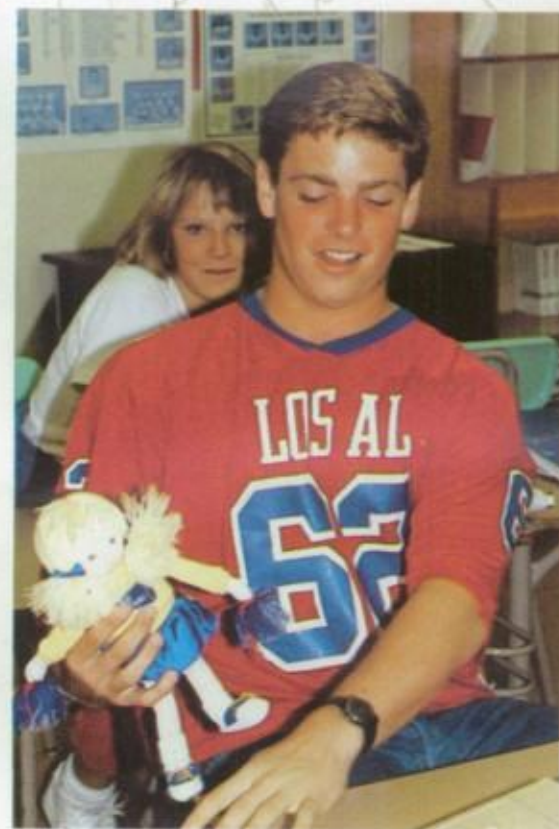
Over the years, Los Al students have had much to celebrate. Our athletic teams such as water polo, gymnastics, baseball, and football have placed in CIF and won numerous competitions. The band, drill team, and colorguard have time and time again made Los Al known by winning first, second, third, and sweepstakes at the many parades and field shows at which they perform. Giving our school national recognition, the varsity cheerleading squad stole the honor of national champs. The cheer squads have been the pride of Los Al for years. Having been chosen as one of the top schools in California, Los Al has also gained academic recognition by becoming a model school for California. On the intellectual side, the Speech Team, Mock Trial and Academic Decathlon have put Los Alamos on the map. Entertaining the school and remodeling the Performing Arts Center, choir, drama, and jazz band have worked their way into our hearts through their fabulous performances. As we look back, it is clear to see that the many activities students take part in have played an important part in making Los Al the outstanding school that it is.



Senior Jason Zommick takes a break at halftime to drink a coke and chat with Mrs. Walker's son, Aaron. The little visitor enjoys all of the excitement of the evening.



Giving a hug to her best friend, Sabrina Thomas shares a special moment with Carla Rosenfeld. Students find a warm family atmosphere at Los Al helps them through their high school experiences with positive attitudes.



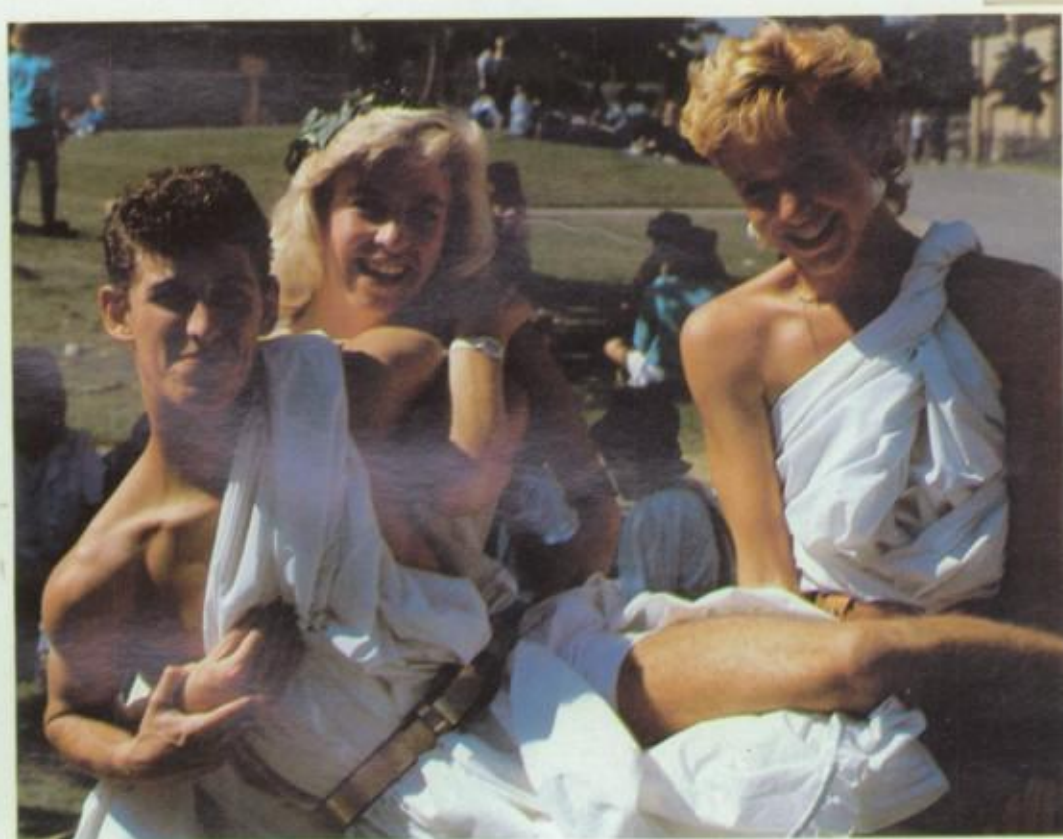
Mentally preparing himself for the homecoming game ahead, Mike Baker psychs himself up with his Los Al cheerleader doll.

The unique t-shirt clubs of Los Al help cheer the Griffins to victory.





Junior, Romy Peters dresses as a mime. Using rainbow suspenders, white makeup, and a black top hat she creates an original Halloween costume.



During lunch, Jason Zommick, Maren Kussler and Andrea Barrows show their school spirit by dressing in togas for Halloween dress up day. All three students are active participants in Los Al spirit groups.

Humphrey the Whale makes it

back to the Pacific Ocean after

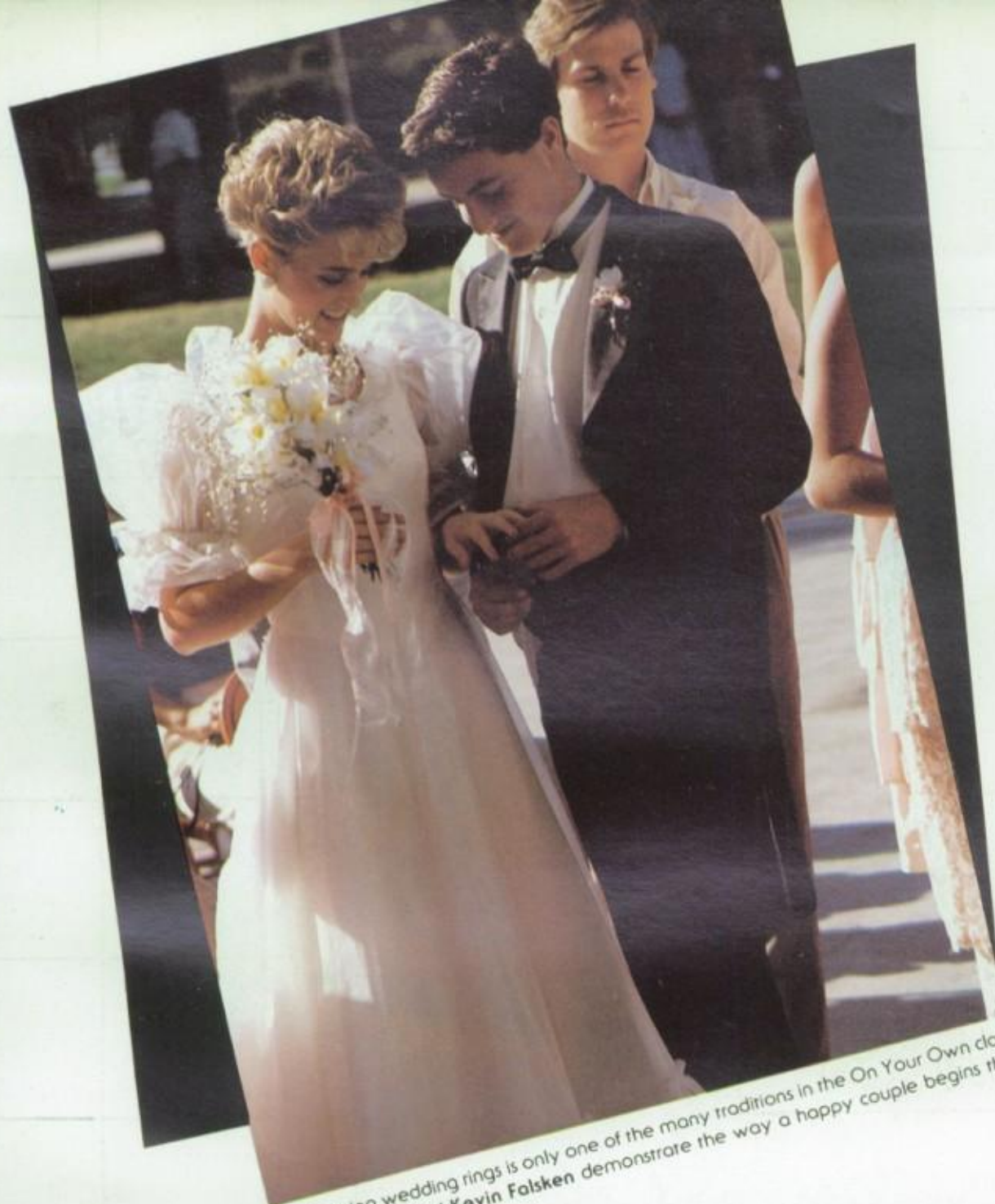
three weeks in the Sacramento Delta



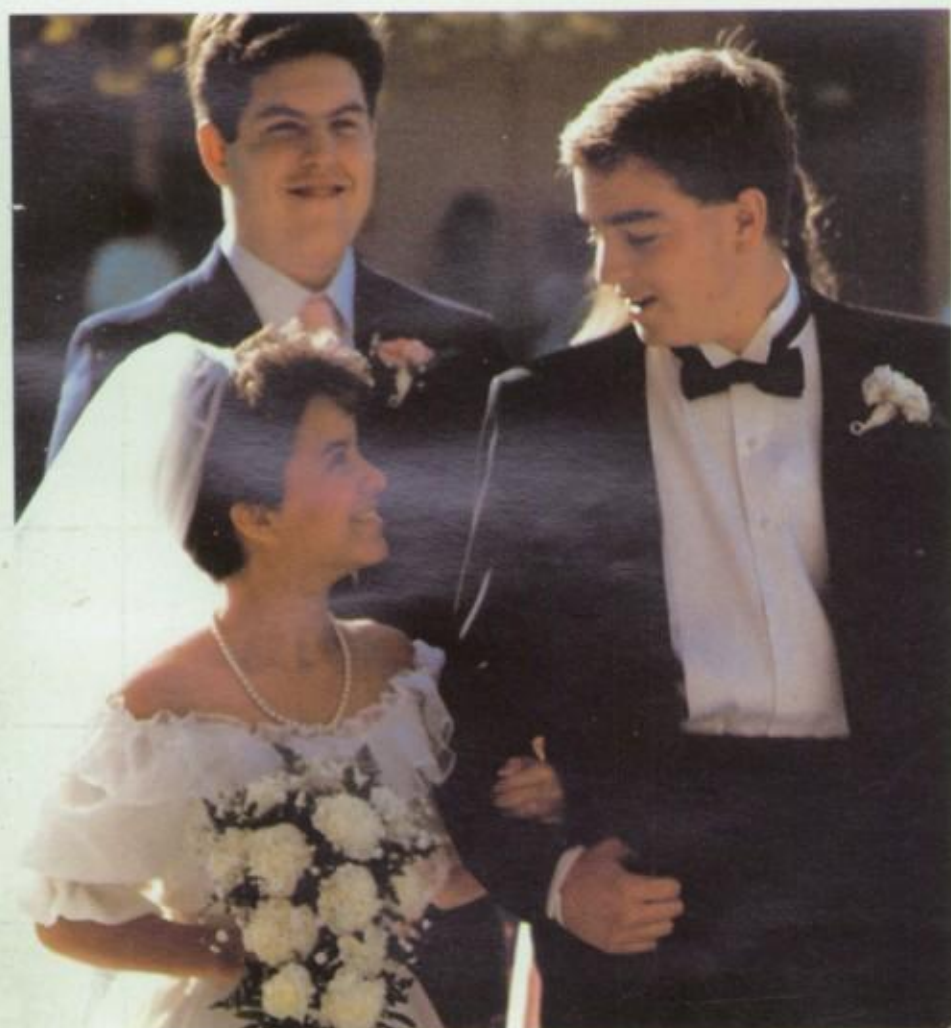
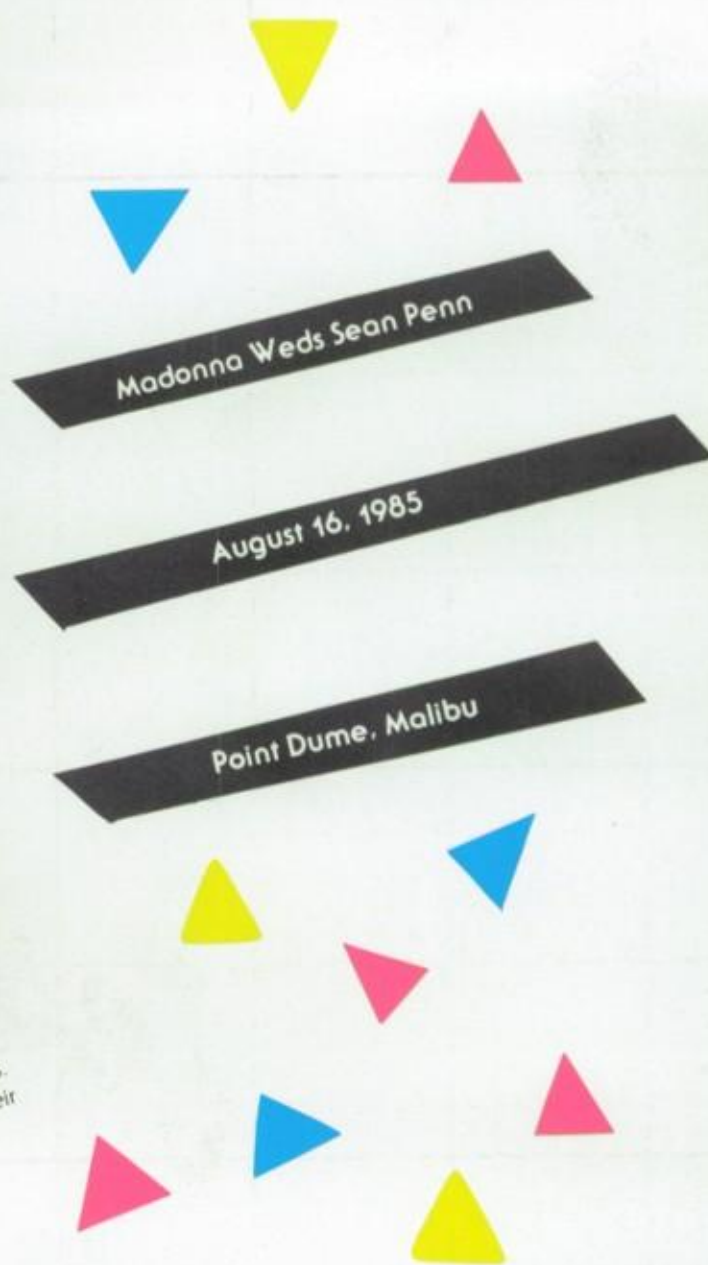
After being awarded the Nerdiest Nerd, David Sidoni gives Brian East a big hug.

festivities





Exchanging wedding rings is only one of the many traditions in the On Your Own class. Kelli Hawkins and Kevin Falsken demonstrate the way a happy couple begins their new "married life."

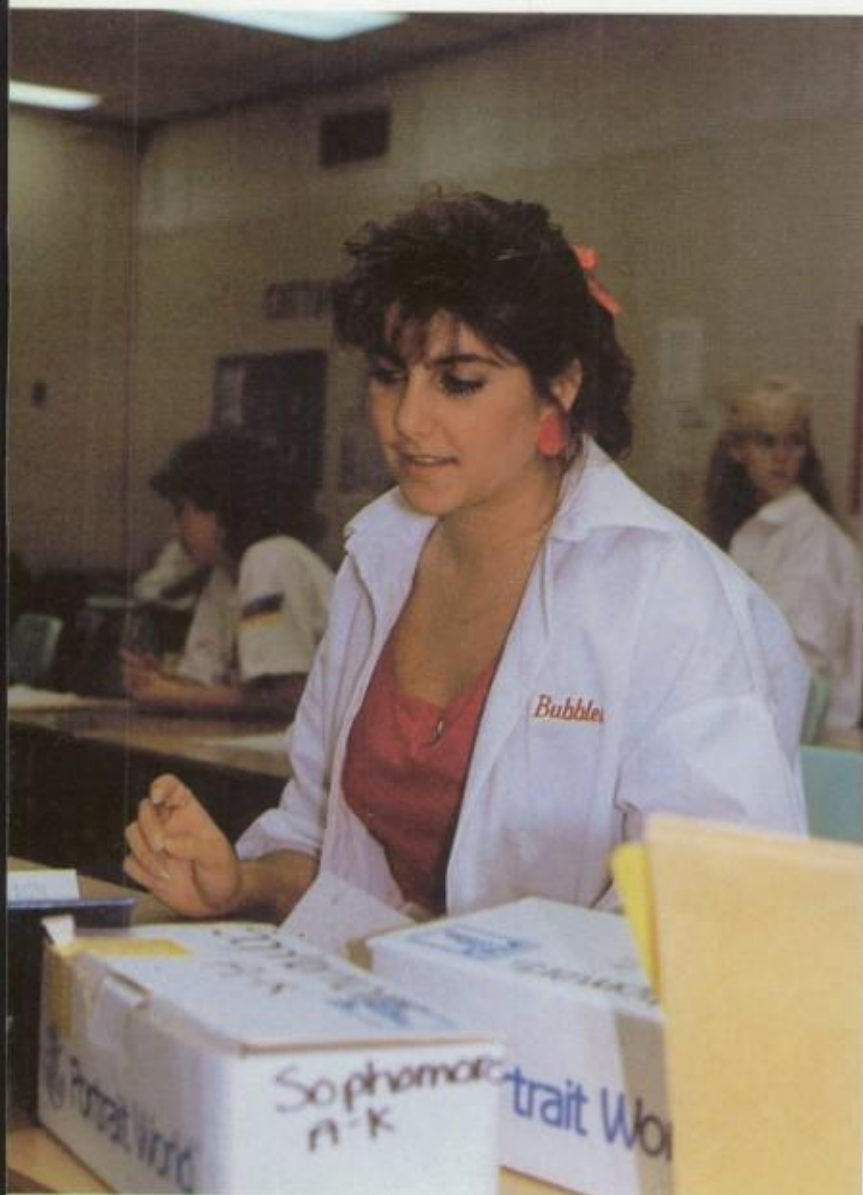


The wedding bells ring, and the long red carpet is rolled out where Dina Reyes and Steve Howard slowly make the march to the mock altar where they exchange their wedding vows.



The wedding party of Kelly Agosta and Jim Dupuy listen carefully to the mock wedding vows. The ceremonies get quite elaborate, as April Delaney, Anne Caraisco, David Lyle, and Matt Bateman share some of the attention.

One of the most unique classes offered at Los Al is the On Your Own class. This class is designed to teach the students how to deal with the common problems of living "on your own." Some of the students' situations become excellent learning experiences.



Looking over the class sections, **Dana Siegel** makes all of the necessary corrections and changes before turning in her pages for the next yearbook deadline.

COTTONWOOD SPONSORS SPECIAL CELEBRATION

Few people realize the time and effort put forth by the Cottonwood Staff to try and make the yearbook the best ever.

Throughout the school year, the staff puts forth their many skills, thoughts, and creative ideas to work. Our guestbook records the day by day activities taking place at Los Al for your future memories.

The whole fiesta begins at the start of the school year, where they decide the theme that must be carried out, page by page. This year's theme is **Celebration**; the bright colors, confetti, and streamers clearly represent a celebration.

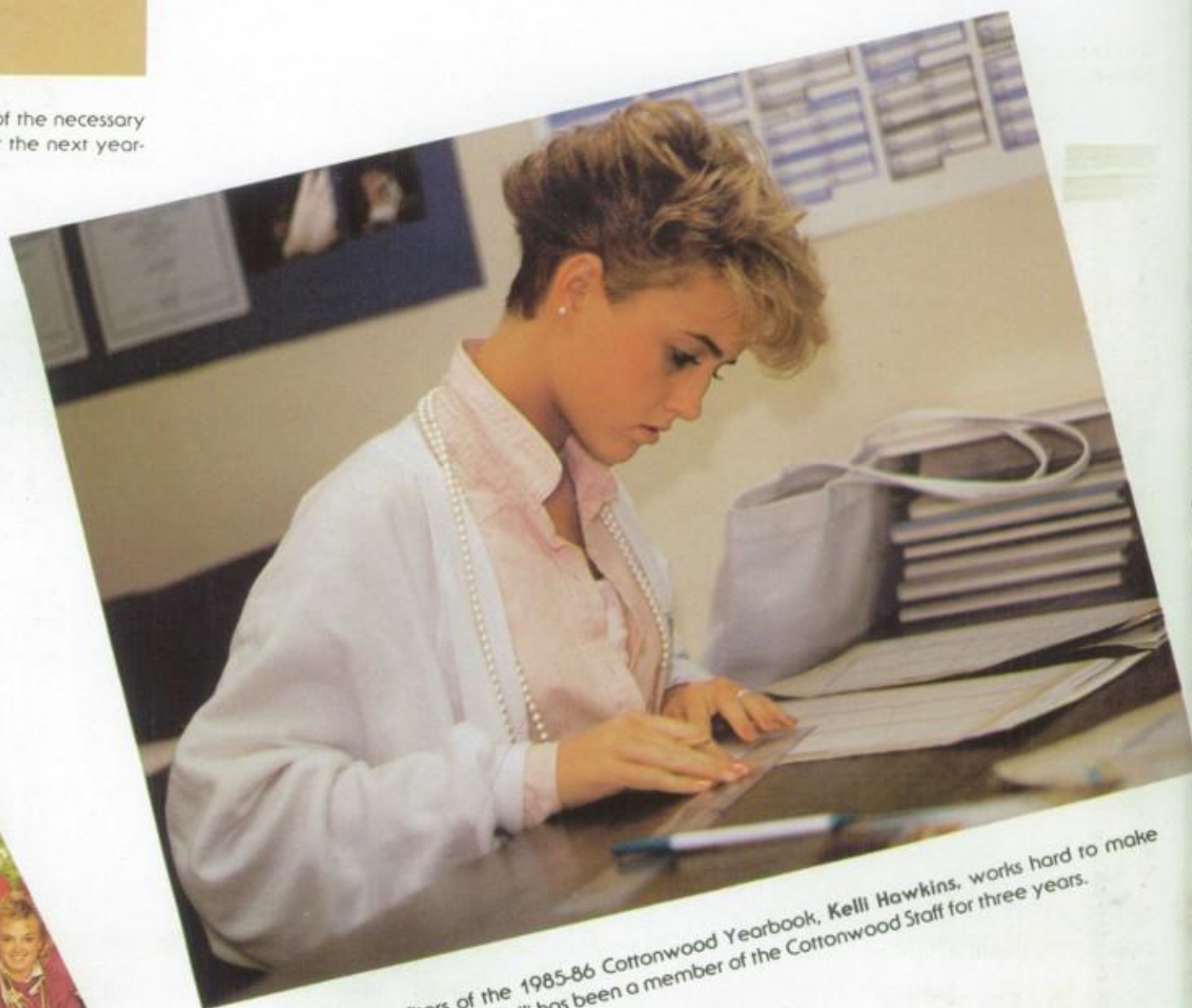
And let us not forget the hostess of the jubilee, **Mrs. Jan Kenny**, with whom we would have never made it without her sincere dedication.



Joining editors **Kelli Hawkins** and **Debbie Theriault**, **Mrs. Jan Kenny** appears to be having a joyous celebration.



Junior and Sophomore members of Yearbook Staff: **Front Row** — Ann Marie Hagmann, Christine van Kampen, Lisa Hicks, Maria Puente, Trista Escudero **Second Row** — Jamie Welsh, Julie Jones, Kelly Harris, Erin Roach, Dawnielle Congiardo, Karen Klabouch **Third Row** — Jane Daulo, Carolyn Murphy



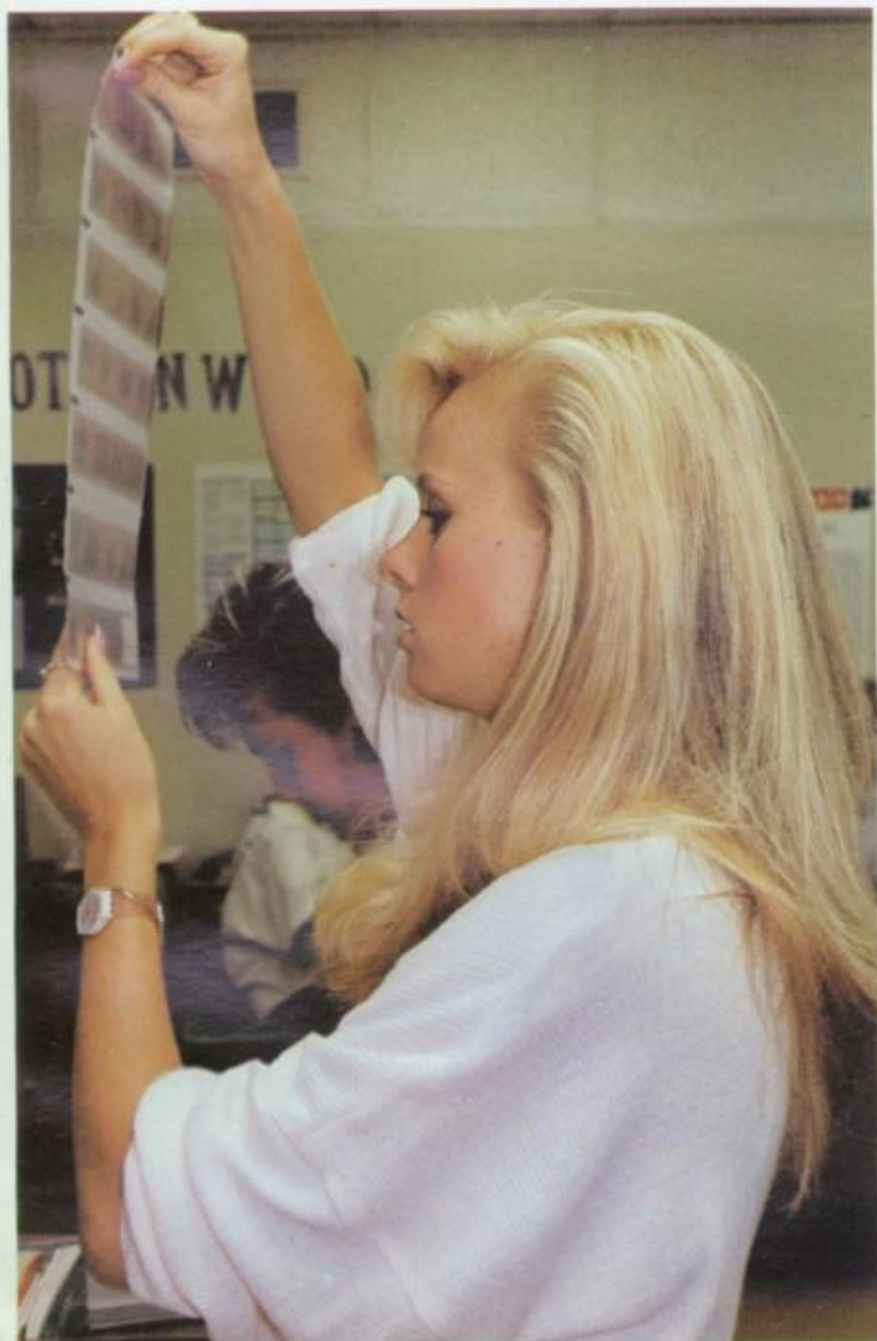
One of the editors of the 1985-86 Cottonwood Yearbook, **Kelli Hawkins**, works hard to make the first color deadline. Kelli has been a member of the Cottonwood Staff for three years.



One of the happier members of the Cottonwood Staff is Debbie Theriault. Debbie, a 1985-86 Yearbook Editor, helps plan the ladder for the entire yearbook.



Yearbook Photographers: Kevin Falsken, Cathy Jenner, Gary Dingillo, Shawn Cordes



One of the jobs of a Yearbook photographer is to make sure that all of the pictures come out correctly. Shawn Cordes goes through her negatives she recently received.



Senior Members of the Yearbook Staff: Front Row — Don Moore, Sabrina Thomas, Dana Siegel, Kristen Kelder, Ann Srerling, Sean Creasy Second Row — Darilyn Sisemore, Debbie Theriault, Kelli Hawkins, Jana Lifshin, Juli Fusco, Lisa Jasso

COME JOIN THE CELEBRATION

All over the Los Al campus you will see a parade of four vibrant colors: red, blue, gold, and white. These colors represent our school. The use of pom-pom's, victory flags, clothes, paints, signs, mascots, and posters is common among our enthusiastic student body in displaying our school spirit. The students are proud to be "The Mighty Griffins."



Joining with the popular Los Al spirit, Sina Fiene and Jill Marie Simundza shake their pom-pom's vigorously as the victorious football team scores another touchdown. The home side of the football stadium is usually quite packed because of the enormous amount of support by the student body.



Mrs. Carol Hart, Principal, bounds through a banner as she is introduced at a pep-assembly for the first time.



Often at the Los Al football games the students show off their school spirit by wearing colorful clothes or carrying victory flags. Gary Cuneen expresses his feeling of Los Al as "number one."



The ever-so-popular pep assemblies don't only get the students away from their school work, it also arouses their school spirit and brings out the pride and joy of Los Al.



Dressing in school colors is one way of expressing school spirit, but David Sidoni shows off his school colors by painting himself red, blue, and gold.



Making spirit signs is only one of the tasks that falls under the work of a cheerleader. Jennifer Maitlen and Melinda McDonald get their signs prepared to hang in the hallways, the parking lot, or even in classrooms.

POM PONS, CONFETTI, FIRE WORKS ADD SPARKLE TO FESTIVITIES

Fall is the season for football and with football comes Homecoming and Spirit Week, a time for school pride and celebrating. The tradition around campus has been to dress up on the days preceding the big game. In October, our school was filled with nerds, beach bums, hippies, and goolles of many forms. On homecoming, the whole campus was filled with the colors red, blue and gold to show spirit and confidence in the victory to come. Several activities were planned throughout the week to make sure all the energy from the excitement of the week was not wasted. There was a beauty contest for the most outstanding nerd, a bug push for the guys who wanted to show off their muscles, and there was even a "Mr. Mom" obstacle course for the competitive people on campus. Spirit Week is a special time of the year to show enthusiasm and have fun.



Kim McNamer celebrates Beach Day.



Spirit Week is a time for celebration and preparation for the homecoming game ahead. During the game, Los Alamitos students dress in the school colors red, blue and gold, and cheer the Griffins onto victory. Members of the L.A. Soph-Tees t-shirt club help catch the excitement of the evening.



On Nerd Day during Spirit Week, many students like Paula Wasikowski, Lori Jack and Jason Zommick follow Pee Wee Herman's example of the perfect nerd.



Spreading the message of peace and love, Sherri Long and Danielle Burick quietly meditate about life while showing their school spirit by dressing up.



On their way to the Hippie Day lunchtime activity, freshmen, Suzanne Turrentine, Lori Maulhardt, Colleen May and Denise Siegel, pause to spread the word of peace to their many friends. They will root for their team at the annual bug push.



One tradition during Spirit Week is for the guys to show off their brawn by pushing a Volkswagen around the track. Freshmen as well as upperclassmen get involved with the Homecoming activities.

Ray-
 It was a lot of
 fun with you in
 track & I wish you
 weren't a senior.
 Are you going to
 keep in touch w/
 me or are you
 going to be a
 meany & desert
 me? If you desert
 me I'll somehow
 get back at you!
 What college are
 you going to? Well,
 wherever you go -
 good luck! Have
 a fun summer!

430
 2203 ♡
 Shannon

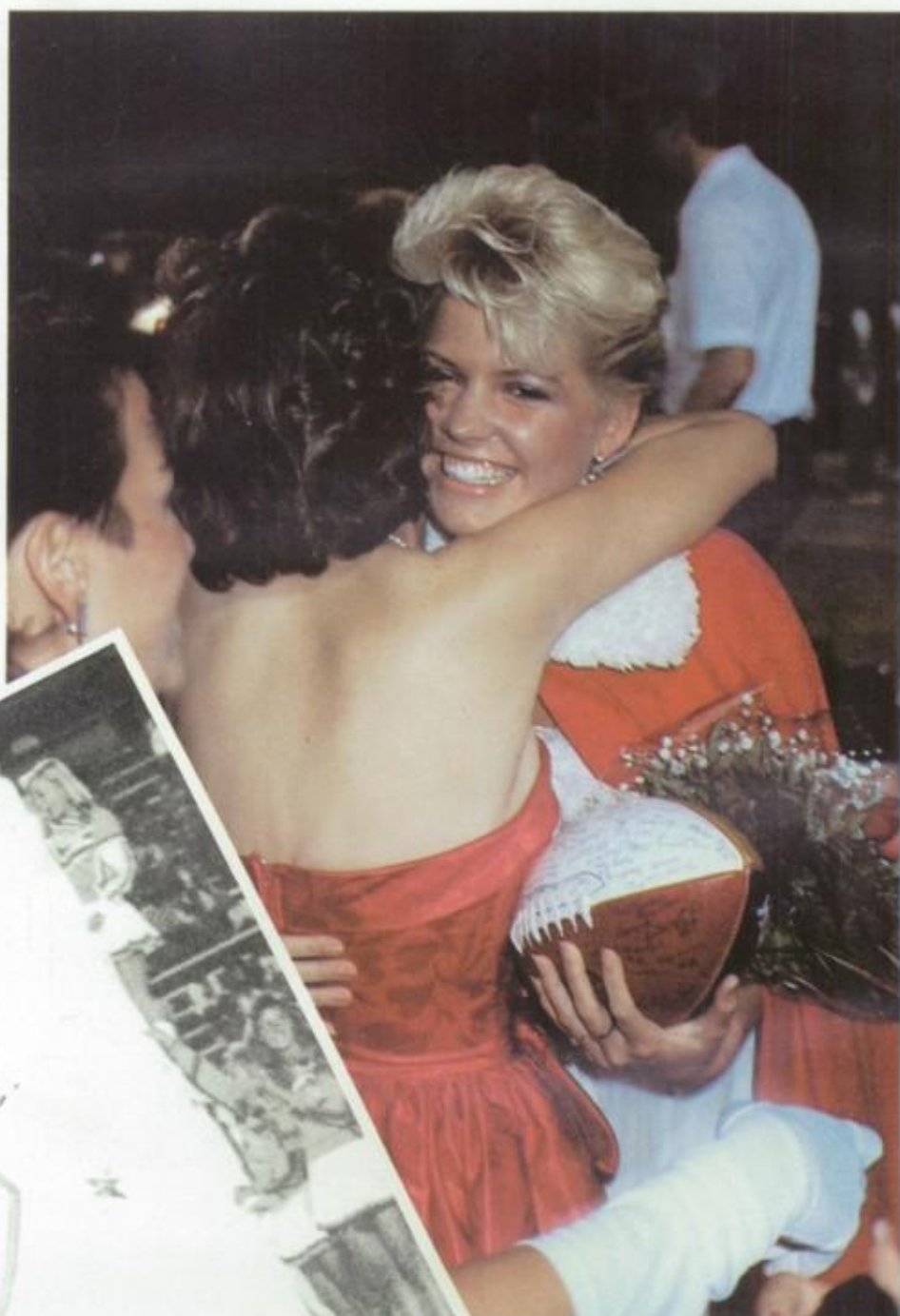
GRIFFINS EARN SIXTH VICTORY AS HOMECOMING GALA BEGINS

It was a wonderful night that will be difficult to forget — Homecoming night against Esperanza. Coach Barnes and his team of Griffins began the game. The Griffins had never defeated the Esperanza Aztecs in their history; they were out to change the score.

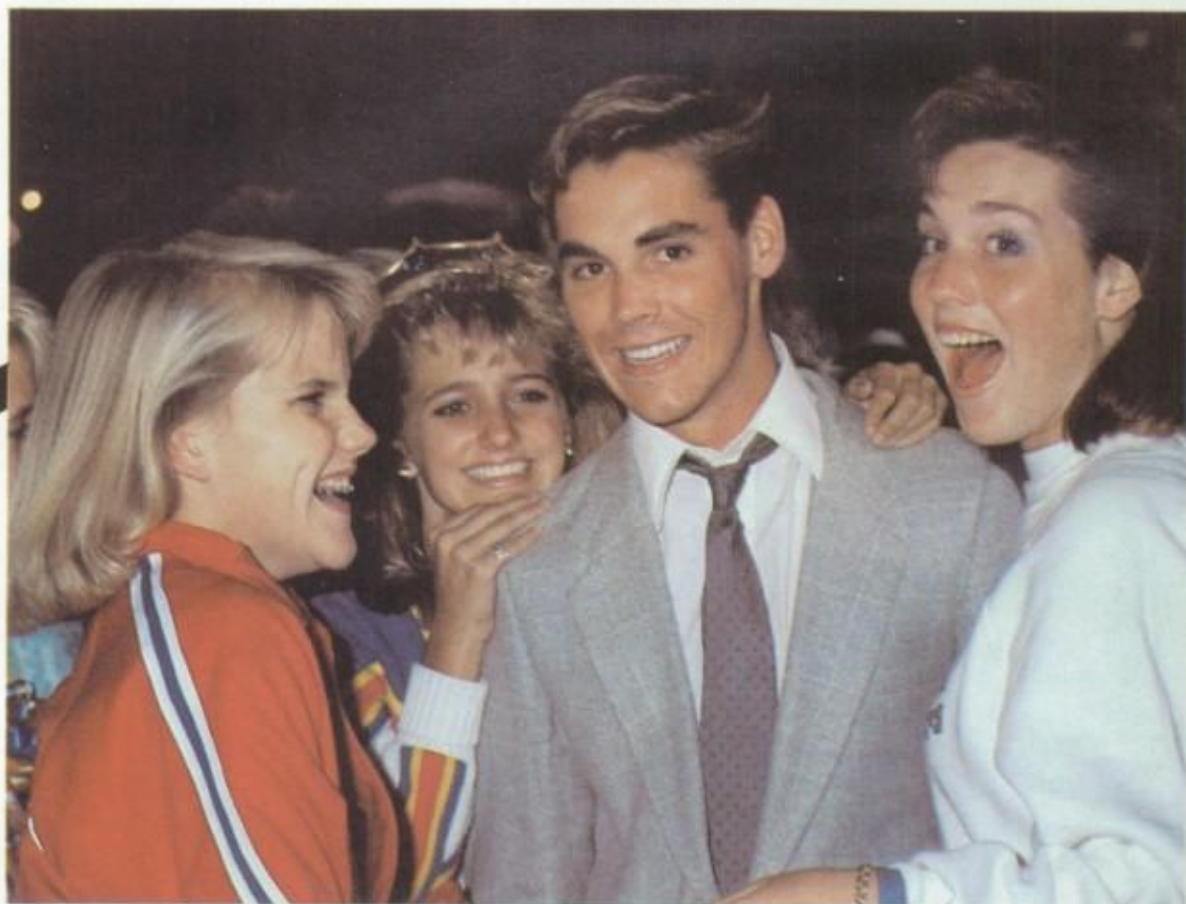
The queen nominees were introduced and chauffeured in convertible Mercedes. The auxiliary units performed their competition routine while the football team got their motivation in the locker room.

Christine Dennis' name lit up the sky as she received the title of the 1985-86 Homecoming Queen. Camera flashes went off like firecrackers. **Chris Ehler** had been named Mr. Irresistible earlier that day at the Homecoming pep assembly.

Fired up and ready for play, the two football teams began the second-half play. Tackles were broken and the defense of Esperanza was read — the Griffin's play was excellent. With the score changing moment by moment, panic gripped both schools. The crowd cheered and watched as the Griffins never gave up. In the last second of play, **J.T. Snow** threw the winning touchdown pass to **Robbie Kataroff** completing their sixth consecutive victory.



Crowned Homecoming Queen, 1985, **Christine Dennis** accepts congratulations from her court.



A handsome, irresistible man is accompanied by two ladies. **Stacie Hawthorne**, **Chris Ehler**, and **Christina Welter** enjoy an evening full of suspense and surprises. Homecoming involves the crowning of Mr. Irresistible, which is based on many attributes — **Chris Ehler** is Mr. Irresistible, 1985.



Part of Homecoming festivities are presented at the pep assembly during school. Naomi Nafarrete, candidate for Homecoming Queen, is escorted by Robert Trice and Gerry LeDoux.



Homecoming Queen nominee Brooke Burtzell smiles in accordance with the fifth consecutive victory of the Los Al football team. Brooke is an active individual in the ASB cabiner as the Senior Class President and is very supportive of all school activities and functions.



Anxiously waiting the final play of the football game, Homecoming Queen candidate Kelli Hawkins gazes at the scoreboard with suspense.



STUDENT CABINET LEADS WITH PRIDE

Student Cabinet is a group of dedicated, hard-working leaders who devote their time to the improvement of the school. This dynamic assemblage of youthful dedication toils tirelessly organizing school activities, such as assemblies, dances, homecoming, the prom, publicity, the blood drive, rallies, elections, spirit days, and graduation. Characterized by their limitless enthusiasm, these young men and women unceasingly strive to follow the call of Griffin pride.



Front Row — David Sohn, Jan Mulhart, Erin Raccach, Grant Van Cleve, Brian Ehler Second Row — Judy Holzgang, Lance Lecompre, Suzie Pray, Shubert Koong, Nora LaBouff, Brooke Burtzell Third Row — Mr. Godfrey (Advisor), Darrin Glaudini, Kent Nordstrom, Grace Wong, Amy Cross, Jason Zommick



Suzie Pray, an active member on the ASB Cabinet, takes a moment to collect her thoughts after a week of planning for the upcoming dance. Not only is her responsibility making dances successful, but also to involve as many students as possible in school fund raisers.



Grant Van Cleve, Junior Class President, listens diligently in his math class. Being president not only requires leadership qualities, but also good grades, large amounts of responsibility, and a positive attitude. Grant is able to maintain these qualities as it is shown by his successful work.

F.B.L.A. COMPETES S CLUB SERVES

The Future Business Leaders of America Organization was established to promote leadership qualities and abilities. This beneficial club has traveled throughout the state to participate in many F.B.L.A. functions and competitions.

The S Club was formed as a service club, dedicated in serving the school and the community. The S Club visited retirement homes, homes for abused children, and other needy organizations. All this was an effort to widen the club members perspectives of the needs in our immediate surroundings. The club also had special projects to improve our school itself. The S Club completed a very successful year.



F.B.L.A. Club: Chiki Aurang, Devora Binder, Brooke Burtzell, Huey-Ly Chen, Julian Chen, Juanita Chiu, Shirely Chiu, Cindy Chiu, Johnny Dunn, Preet Dhillon, Suzanne Fitzgerald, Rosanne Garcia, Joey Grosso, Carolyn Hess, Cindy Johnson, Laurel Kergan, Bobby Leff, Lara Listavich, Michelle Lytch, Thida Mahasucon, Janine Martin, Dianne Meyers, Veronica Orrick, Linda Palmer, Stacy Ponting, Angie Puhl, Mark Reutzel, Monica San Vicente, Leikonia Sisson, Janan Springer, Heidi Stauch, Tina Stevens, Mylinh Truong, Christina Welter, Chih-Yu Wu



S Club: Lisa Perles, Julie Peterson, Rachel Kirkus, Nadine Edwards, Danny Kolodziej, Helen Jun



Being a dedicated member of the rifle team, senior Heidi Stauch demonstrates the proper way to handle a rifle. Besides having to practice every day, Heidi also has time to keep up her grades and be an active member of extracurricular activities such as the Future Business Leaders of America.

YPO IMPROVES; ART SKETCHES

The Art Club is an outstanding organization on campus. Many ambitious and creative students enjoy spending time doing work for competitive art contests. The Art Club helps introduce art history to interested students by visiting museums. The art club helped buy a Macintosh computer for the Art Department by selling candy.

Los Al had a new club on campus this year called Youth Progress Organization. This club was designed to help conditions. Specifically, they helped students find lost articles of clothing, radios and other items. Youth Progress club members were all on campus encouraging students to keep the school clean and free of trash. The male members of the club policed the bike rack area and adjacent grass strip. Different than most clubs, this one was headed by one of our counselors, Mr. Parmer. The club members were easily identified by the black berets they wore.



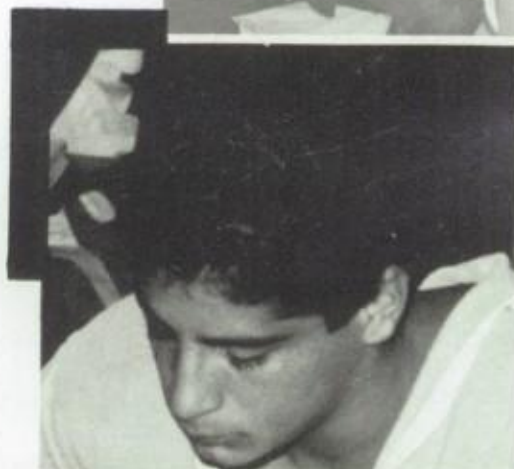
Los Al Band member and Art Club member, **Suzanne Bazan** shows her groovy spirit on Hippie Day.



Art Club: Lisa Perles, Gabriela Vazquez, Alex Chong, Regina Jenkins, Christina Tsung, Dawn Locerte, Debbie Ram, Albert Howe, James Ken, Mark Medina, Franklin Ponte, Levon Arslanian, Susie Nunmenda, Suzanne Bazan, Mike Tamares, Debbie Ram, Ken Mural, Kaveh Esteghlami, Don Moore, Greg Reynolds, Beth Lipski, Mike Sanders, Janet Lee, Jen Phillips, Jeremy Blomgren, Carrie Howe, Brent Bolton, Patrick Brennan, Katie Headly, Sandi Tietz, Ralph Jones, Kevin Hendrickson, Jami Gershan, Joe Vaca



Youth Progress: **Front Row** — Mike Hudson, Jon Castro, Mr. Parmer **Second Row** — Doug Sparks, Zack Jones, Charlie Jenkins



Senior and Youth Progress Organization member, **John Castro**, finishes his journal for English.

PHOTO SHOOTS FOR THE STARS

The Los Alamitos Photo Club helps photography students improve their skills and teaches them new techniques. The purpose of the club was to create an awareness of photo procedures to students interested in photography. Anyone was welcome in the club whether they took photography as an elective or not. Students who were not in the class learned the basic skills involved in using a camera and basic composition. They also learned how to capture shadows, lighting, texture, and how to take portraits. The Photo Club also took part in several photography contests and went on several scenic trips during the year.



Actively involved in Los Al's Photography Club, Charito Adle works in photo class to finish her assignment on shadowing. Charito also is very involved with her T-shirt club, the Senior Rebels.



Photography Club: **Front Row** — Lisa Kanasi, Donrena Minor, Ron Considine, Cinnamon Becker, Suzanne Hutton **Second Row** — Stephanie Hursh, Caroline Leon, Charito Adle, Margie LaCasto, John Perez, Ana Salaurigas, John Chomin, JoHanna Silberthorne **Not Pictured** — Erica Carrol, Glenn Kaneko, Kris Kendall, Sharlene Jimenz



Barrie Dafforn

STUDYING TOP PRIORITY FOR CSF AND INT. ED.

CSF is a scholastic organization; membership depends upon grades and points earned in certain academic classes. Students with a G.P.A. of 3.3 or above were eligible. Each semester the students had to renew their standing. Incoming freshmen were allowed in on a probationary term. It is both an honor and an advantage to be in this club for colleges have a high regard for CSF members and Gold Seal Bearers. This year's officers were; President — **Anthanasia Syrengelas**, Vice-President — **Cathy Siler**, Secretary — **Christina Martinez**, Treasurer — **Paula Wasikowski**, and Reporter — **Anne Save**.

Another academic club on campus this year at Los Al was the International Education Institution Association. This club was unique in the sense that the members looked for a well rounded education. The main goal was investigate different options a student had for choices of colleges and then to report on the good and bad qualities of them. International Ed.'s future goal was to get a representative from a foreign college to come and visit Los Al.



Actively involved in many clubs on campus, **David Sohn's** favorites are CSF and I.E.I.A. David works hard on his G.P.A. to maintain his membership in CSF.



International Education Institution Association: Mike Wheeler, Kent Nordstrom, Malcom Womack, Jeff Harmon, Brad Rawls, David Sohn **Not Pictured** — Jon Jost



CSF Members: **Seniors** — Chris Anderson, Andrea S. Barrows, Robert Batey, Micheal Bernstein, Cassandra Beyer, Gene Blackmun, Brooke Burtzell, Timothy Butler, Stefani Canin, Huey-Ly Chen, Micheal Chen, Amy Cross, Andria Dickens, Johnny Dunn, Diane Erickson, Matthew Fisher, Todd Flanagan, Rosanne Garcia, Traci Gibson, Finlay Gow, "Joey" Grosso, Shalesh Gupta, Jeff Harmon, Sonna Hays, Heather Hoppus, Albert Howe, Erica Huany, Cathy Jenner, Cindy Johnson, John Jost, Laurel Kergan, Maren Kussler, Lisa Longsam, Janet Lee, Wim Libby, Adam Lief, Karyn Maestas, Thida Mahasucon, Christy Martinez, Redgie McCall, Andy McMahon, Jan Maulhardt, Sheri Millar, Kenneth Murai, Carmine Napolitano, David Orvis, Linda Palmer, Jeannie Park, Todd Paulos, Jennifer Phillips, Kristin Pipal, Cindy Pittsey, Scott Rober, Debra Rattner, Brad Rawls, Larry Reinking, Kevin Roe, Michelle Shanon, Kelley Shiffier, Cathy Siler, David Sohn, Julie Swanson, Athanasia Syrengelas, Tam Ta, Sabrina Thomas, Marc Trachtman, Traci Trombino, Mylinh Truong, Gina Turi, Holly Vineyard, Branda Voring, Grace Wany, Paula Wasikowski, Mike Weelington, Noreen Wenjen, Peter Wilson, Kathy Woltrich, Dorothy Wu, Jason Zommick **Juniors** — Stan Abrams, Laura Bowden, Kenton Brooks, Marianne Carrol, Tom Caruso, Douglas Chapman, Anna Chen, Kathy Chen, Diane Cheng, Juanita Chirl, Kit Codik, Dawnielle Congiardo, Allison Cook, Julie Coontz, Gary Cunnene, Harjit Dhillon, Prett Dhillon, Ann Faircloth, Lauren Gershom, Imee Golden, Susan Guthrie, Lauri Hagen, Darlyn Hamada, Margi Hibschan, Denise Horner, Patty Jettie, Stacey Jordan, Heather Koehring, Brigitte Koenig, Stacie Light, Roy Lin, Robin Lindley, Gaudencio, Emily MacFarlane, Mary McGill, Julie Meadows, Robert Berchant, Kenneth Montgomery, Tanya Moskalenko, Debbie Mukamai, Eric Murray, Laura A. Murray, Naomi Nafarrete, Jim Oberacker, Lara Obradovitch, Scott Omohundro, Michele Overbeek, Jeff Palk, Kristine Patz, Lisa Perles, Rosemary Peters, Cynthia Phillips, Scott Rained, Eric Roger, Tracy Reith, Tracey Reynolds, Scott Rinella, Kim Rozolis, Jodai Saremi, Scott Sargeant, Anne Save, Greg Saylin, Kirsten Shaw, Stephanie Snow, Jennifer Swanson, Konstantinos Syrengelas, Christina Tarango, Vanessa Thomas, Ernie Thompson, Shana Torem, Suzy Triplett, Lily Truong, Ella Turrentine, Robert Tyo, Jon Udoff, Grant VanCleve, Amy Vieira, Paul Wilderman, Steven Wolf, Janet Wong, Nick Woods, Chih-Yu Wu, Mary Wu **Sophomores** — Mike Baker, Deanna Barber, Randel Blancq, Andrea Bloom, Nick Buhbe, Miriam Burstein, Tim Calder, Caroline Cerneko, Wei-Chao Chang, Cary Chee, David Cheng, Pam Chyeh, Steve Chun, Laurel Creasey, Laura Dawson, Deidre Shelly, Susan Egan, Kelly Endow, Jennifer Ensley, Pam Fitzgerald, Anjolette, Michele Genet, Jeff Gima, Joseph Gross, Laurene Harding, Carrie Hecht, Heather Heyer, Mary Houghton, Mike Klenitz, Elizabeth Kim, Shubert Koong, Vicki Kuzmich, Beth Labko, Hahn Lin, Jeff Mackewicz, David Maher, Melinda McDonald, Marci McGolden, John McMahon, Ann Mellencamp, Srepan Moon, Tara Nummedal, Karen Oca, Cynthia Orr, Amy Polakoff, Erin Raccach, Debbie Ramchandani, Mike Sandler, Nancy Sands, Julie Scott, Julie Seaborn, Kristie Shelly, Julie Siler, Derek Stanford, Lara Swann, Soteria Syrengelas, Elena Talamantez, George Ting, Nancy Weintraub, Julie Williamson, Jana Wang, Gina Young **Freshmen** — Richard Bernstein, Larua Billon, Janer Blackmun, Hena Borneo, Brenna Bosanko, Scott Casmer, Karyn Cook, Maliken Emmerich, Steven Evans, Kathleen Gannon, Patricia Ivins, Abigail Koehring, Jenny Levin, Sarah Anne Libby, Lori Maulhardt, Amy Merchant, Jennifer Mitchell, Megan Morrow, Janet Murphy, Michelle Perslow, Michelle Reyes, Soner Seitz, Mimi Sergupta, Gennie Shelly, Michael Tu, Shirley Wang, Diane Wong, Shi-Hung Wu



Fishing Club: Front Row — Dan Allard, Mr. Clairmont, Steve Smith, Joe Hill Second Row — Sean Lewis, Paul Wilderman, Adam Melrovitz, Alex Carpenter



Many students get involved in various activities on campus. **Malcom Womack**, an active member of the C.I.A. and Drama Club, studies his lines for the upcoming musical. Malcom enjoys acting during his spare time.



C.I.A.: Malcom Womack, Brad Rawls, Kent Nordstrom, Pat Ramsburg, Todd Flanagan, Jeff Harmon

INTERNATIONAL ED. FISHING C.I.A.

FISHING CAPTURES: C.I.A. OBSERVES

Students in the fishing club this past year joined because they wanted to learn more about what they were like inside themselves. They also introduced new people into nature and showed them how to respect our wonderful world. The members were taught better skills in fishing, such as flyfishing and casting. Numerous trips were scheduled on weekends. Mr. Clairmont was the sponsor and his hopes were for the boys to have as much fun fishing as he did.

Another club on campus was the C.I.A. Members of the C.I.A. were readily identified by their trenchcoats, dark glasses, and briefcases. As implied by their name, the C.I.A.'s activities are somewhat mysterious, but they are known to be fans of James Bond and the man from U.N.C.L.E. C.I.A. also enjoyed participating in Spirit Week at the beginning of the year.



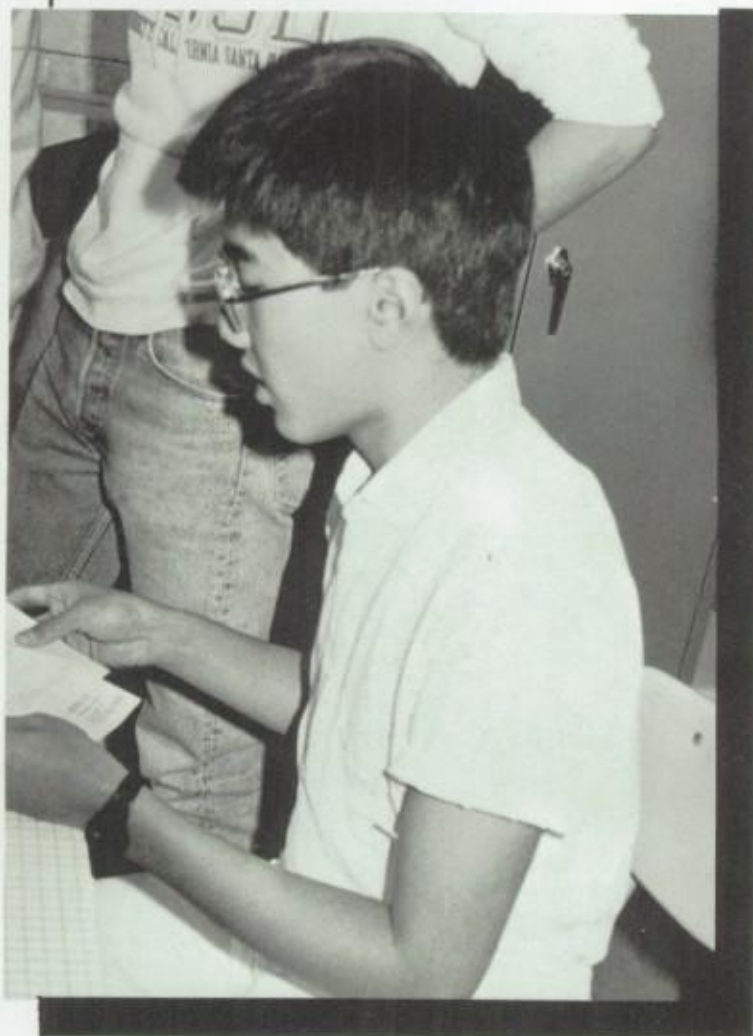
On his way to class, **Steve Smith** stops to think about his fishing trip this weekend with Mr. Clairmont and the fishing club. Steve enjoys fishing because he likes nature and the outdoors.

NEWSPAPER CAPTURES CELEBRATION IN PRINT

The *Crusaders* staff dedicates itself to covering all newsworthy events, varying from the **Cow Club** to the football team during CIF. The *Crusader* is truly a student-run newspaper: the staff designs, lays-out, and pastes up pages. These pages represent the efforts of over fifty Los Al students who enjoy researching information and ideas.



Newspaper staff members **Chris Vesper**, **Mike Moore**, **Mike Chen** and **Scott Raber** gather in the English office to discuss a very important deadline. **Michael Chen** explains the assignments and tells when the stories are due.



Staff writer **Michael Chen** proofreads and edits some papers that are sure to make the headlines in the next issue of *Crusader*.



Crusader photographers **Steve Macciaro**, **Glen Kaneko** and **Kevin McIntyre** proudly show off pictures of newly found friends who so graciously posed in bikinis for them over the summer months.



Staff writer **Marcia Kingsberry** looks through the dictionary, searching for the perfect words to use in her next editorial.

JOURNALISTS PROGRESS

Quill and Scroll, advised by Ms. Wilson is an honors society for students in newspaper and yearbook. The club is designed to lead students interested in journalism into their perspective fields. At the end of the year the club had a special luncheon to honor those who had excelled in their classes.



First Row — Sabrina Thomas, Stephanie Canin, Debbie Theriault, Kelli Hawkins, Julie Jones, Kelly Harris
Second Row — Ann Marie Hagmann, Dawnielle Congiardo, Darlyn Sisemore, Christine VanKampen, Jane Daule, Carolyn Murphy, Ms. Wilson Third Row — Brad Rawls, Aaron Glatman, Michael Chen, Scott Rober.



Yearbook co-editor Kelli Hawkins works diligently on the opening section of Cottonwood '86. Her hard work is sure to pay off when the yearbook is finished.



Grinning at the end of another deadline, Dawnielle Congiardo heads out of yearbook class satisfied with a job well done.



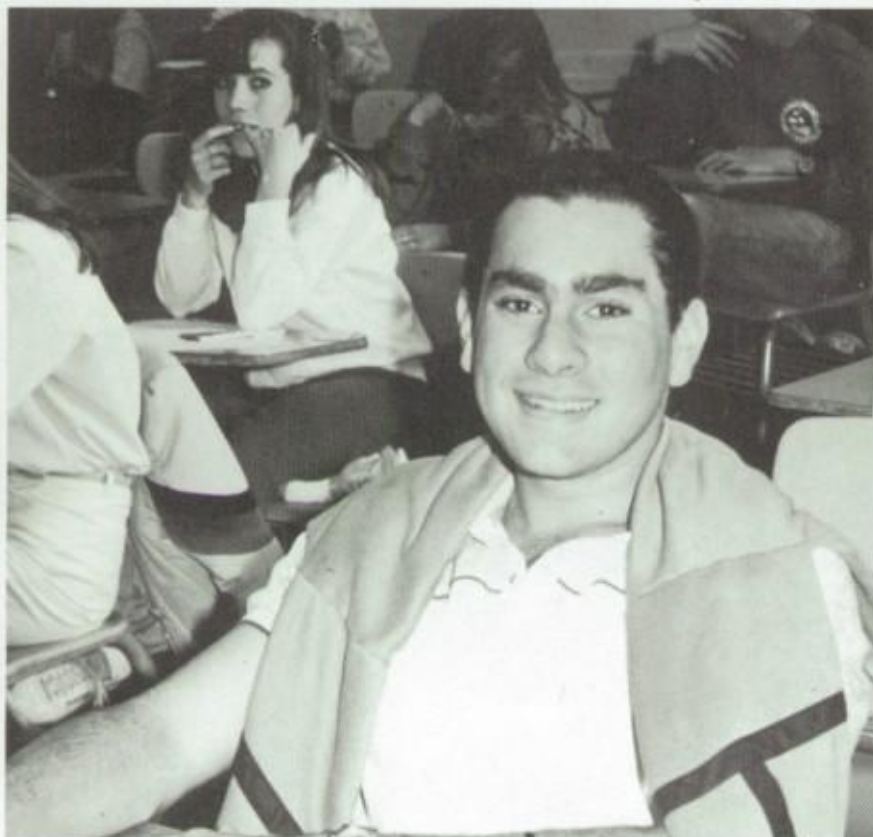
Attentively watching Julie Jones' precise measurements, Sabrina Thomas quickly picks up the do's and don'ts of making a layout.



Kelly Harris looks with frustration to find out that she has a week to finish her section. Kelly is not only involved in designing the yearbook, but also in selling it.



Spanish Club: Mike Abraham, Heather Alderson, Devora Binder, Danelle Boland, Laura Bowden, Dawn Boxwel, Ashley Brooks, Chris Brown, Lisa Bryant, Joan Burtzell, Laura Billon, Nydia Carbajal, Gigi Carrano, Alison Chee, Cary Chee, Huey-Ly Chen, Julian Chen, Cindy Chui, J'aime Coulter, Rachel Corley, Andria Dickins, John Doans, Kathy Fitzer, Matt Fisher, Kathleen Gannon, Rosanne Garcia, Bichelle Gener, Aaron Glatman, Cheron Harville, Shahana Hassan, Margi Hibschan, Mary Houghton, Danita Humphrey, Emily Jorge, Marcia Kingsbury, Dawn Locerle, Devin Last, Michelle Schuman, Kelley Shifflett, Roman Stowell, Konstantinos Syrengeles, Janet Lee, Leland Jay, Marisa Marris, Philip Macy, Thida Mahasucon, Terrie McKinney, Kenny Montgomery, Neil Okazaki, Melanie Phan, Zoe Syrengeles, Chris Tarango, My-Lin Truong, Wendy Uyeda, Cynthia Phillips, Jennifer Phillips, Amy Polakoff, Yvette Powell, Lisa Robinson, Debbie Ram, Diane Sands, Nancy Sands, Scott Saxon, Diane Wong, Janet Wong, Chih-yu Wu, Mike Wellington



Junior, **Emil Jorge**, enjoys a lesson in his geometry class. He is a member of the Spanish Club, which he has belonged to for three consecutive years.



Spanish Club member, **Leland Jay**, shows this spirit at a football game. Leland is a three year member and hopes to one day become an interpreter.



Senior, **Aaron Glatman**, anxiously heads toward home after a full day of school to do some homework. Aaron is not only a member of Spanish Club, but he also serves as the club's secretary and treasurer.

SPANISH FRENCH

SPANISH, FRENCH FIESTA FOREVER



French Club: Pam Armstead, Chikl Aurang, Beatrix Bourdy, Rachel Brophy, Miriam Burstein, Caroline Cerneko, Jane Chapman, Mike Chen, Pam Chueh, Kir Cokik, Mike Dawson, Dawnita Delcasale, Preet Dhillon, Andria Dickens, Linnette Donohue, Marc Dourdin, Susan Egan, Susie Elston, Elli Exacoustos, Ann Faircloth, Thierry Fairon, Denelle Flynn, Danielle Giles, Jenny Gilroy, Ginger Ginder, Shalesh Gupta, Karen Golstein, Denise Horner, Albert Howe, Erica Huang, Curtis Hyatt, Jon Hyatt, Patty Jettie, Jon Jost, Lisa Defalas, Lisa Kim, Chanda King, Eva Kjoss, Brigitte Koenig, Shubert Koong, Farren Last, Janet Lee, Gina Leong, Kam Lewis, Marisa Macris, Terry McKinney, Kim Mirsoltani, Mark Molnar, Sarah Mueller, Tom Nockold, Jennifer Nunes, Lara Obradovitch, Karen Oca, Jean-nie Park, Mickelle Perslow, Rosemary Peters, Jennifer Phillips, Erin Racciah, Staci Ray, Trisha Rinella, Stephanie Schweig, Johanna Silverthorne, Julie Simmons, Thomas Sohn, Soteria Syrengelas, Tam Ta, Debbie Theriault, Jennifer Tyo, Robert Tyo, Holly Vineyard, Grace Wang, Jamie Welsh, Mark Welzen, Katja Werner, Mike Wheeler, Kathy Wiest, Peter Wilson, Jill Windel, Julius Ypma, Brad Rawls, Lori Roeple, Cynthia Phillips, Lisa Lerno, April Allen, Kim Staley, Eric Bloom, Sunny Oslin, Kim Migasi, Michelle Torgrado, Eric Lupescu, Courtney Motz, Michelle Stratton

The French Club, advised by Ms. Roberts, was concerned with providing students with a taste of French culture. Some activities which helped to accomplish this were pastry parties with all the trimmings; this provided students with the opportunity to learn the art of French cuisine. They went on a field trip to see a French movie, then on to lunch at a typical French restaurant. French camp, where only French was spoken, and of course the annual soccer game against the German Club were also a huge part of the year.

The Hispanic culture is very prevalent in Southern California, and the Spanish Club was formed in order to enhance an awareness of this in interested students. During the year, they attended a Spanish camp and ate at various Mexican Restaurants. They also visited Olvera Street in Los Angeles. This club offered scholarships to outstanding Spanish students as well as to students of the Hispanic descent.



Jamie Welsh, a dedicated member of the French Club, works diligently to complete a well-written report on the French culture. Jamie is a three year member of this club and is hoping to travel to France sometime to practice what he has learned.



Brad Rawls listens closely to the foreign words pronounced by his teacher, Ms. Roberts. Brad is in his third year of French and is quite interested in the different culture. Almost fluent, Brad manages a 3.5 GPA along with extracurricular activities.



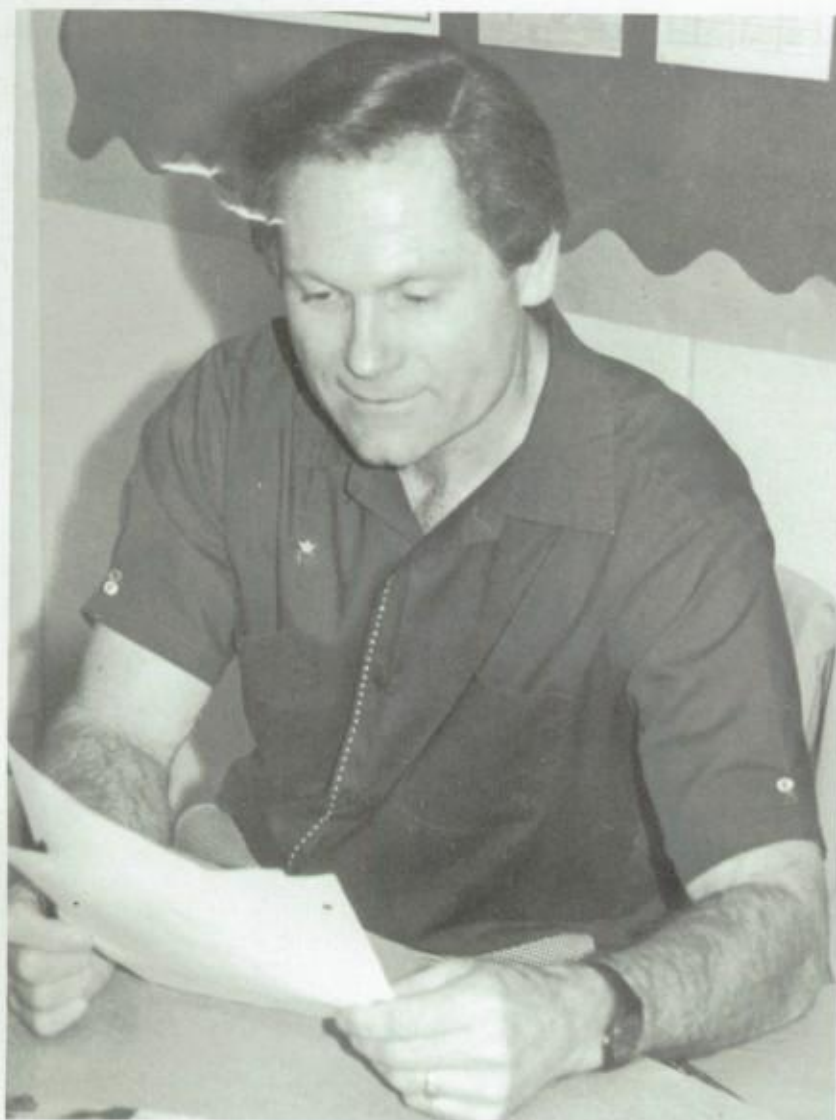
Malcom Womack enjoys his time in the classroom and gives an oral speech in French class. Being active in drama, it's an easy task for him.

GERMAN CLUB SOARING HIGH FLYING FAR

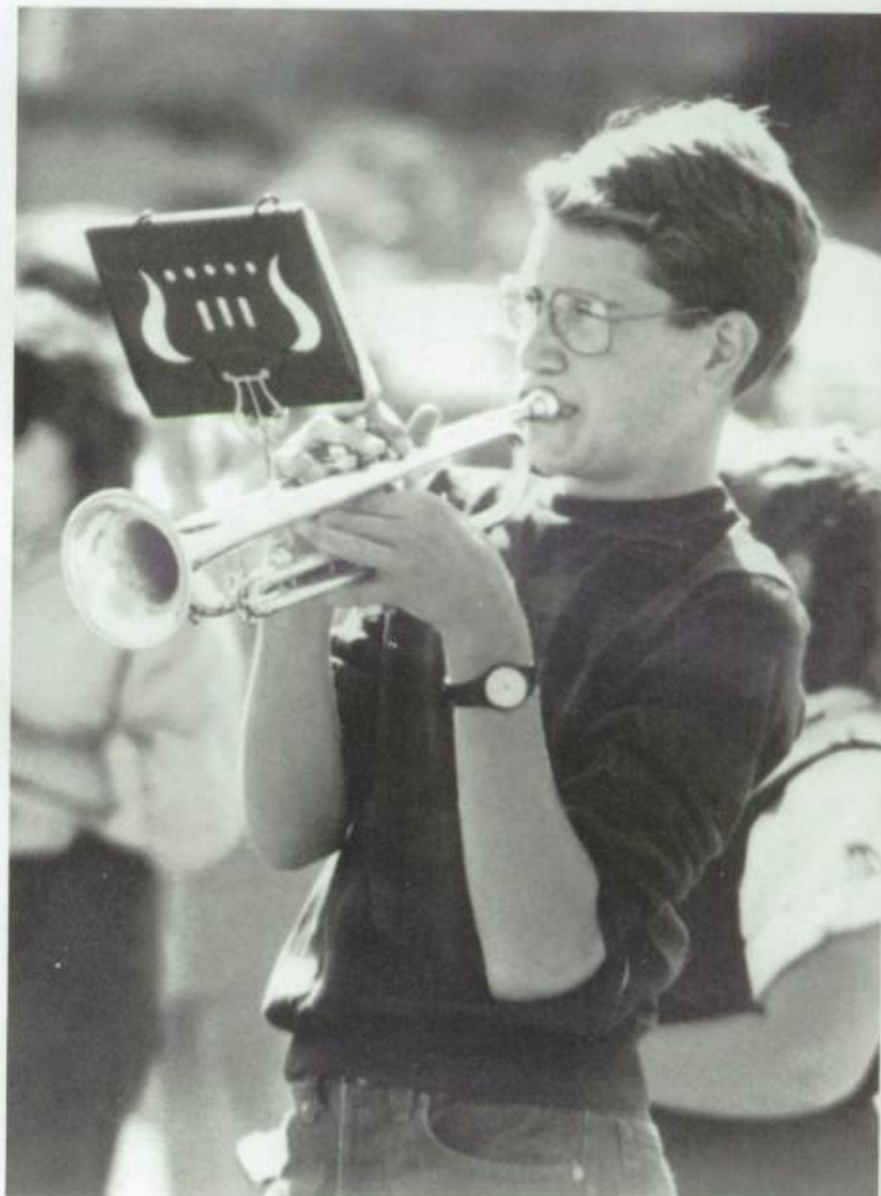
The German Club brought many students interested in the German language and its culture together. Many outings allowed students to experience a part of the German culture, though sometimes the club engaged in purely social events. The German Club also sponsored an exchange program, which offered a most educational intercultural experience.



German Club: Scott Rober, Jamie Welsh, Lori Halbig, Janan Stringer, Wei-Chao Chang, Robert Brantner, Randy Bugge, Russ Bugge, Patrick Brennan, Roger Yoh Yon Orrick, Shirley Chiu, Carolyn Hess, Heidi Strauch, Derek Stanford, Brenda Voorting, Sheri Millar, Brian Molles, Jeff Harmon, Geoff Bickel, Laura Junkermann, Paula Wasikowskie, Tracy Reynolds, Diana Cheng, Emille MacFarlan, Marc Brown, Cathy Chen, Jimmy Oberacker, Kenron Brooks, John Morgen, Robert Batey, Robert Menke, Sran Abrams, Wes Hsu, Robert Vyclus, Chu Van Kanper, Matt Carter, Mary Wu, Todd Paulas, Scott Sargeant, Johnna Silverthorne, David Fraser, James Shepherd, Heather Frewin, Monica Fett, Ron Stamper, Alex Chang, Nick Buhle, John Yourk, Vanessa Thomas, Jeff Palk, Jodal Soremi, Tod Nummedal, Paul Ortone, Susan Bojuar, Joe Gross, Peg Gross, Brian Shew, Jackie Snook, Doug Chapman, Helen Hemming, Cliff Kjoss, Jamie Eickoff, Janet Buys, Kim Fullerman, David Cheng



Mr. Pectol, advisor of the German Club, energetically reads the daily bulletin to his class. He is the only German teacher for the I, II, and III levels.



Sophomore, **Derek Baker**, plays his trumpet to the best of his ability in order to please the band instructor. As an A student in his German class, he enjoys expanding his knowledge as a member in the German Club.

GERMAN FROSH, SOPH GIRLS' FOOTBALL



Sophomore Girls' Football Team: Kirstin Taylor, Darlane Kamm, Judy Davis, Tracy Dolan, Trisha Rinella, Elli Exocustos, Kim Ramseyer, Dana Rosenfeld, Lisa Bellwood, Michelle Henderson, Julie Siler, Kanani Turco, Lisa Halaby, Kelly Clark, Janice Terby, Gina McAfee, Megan Wood, Almee Lewis, Eva Paine, Stephanie Scott, Joey Marquart, Denise Novak, Yvonne Soule

GIRLS' FOOTBALL CONQUERS ALL

Under the coaching of Mr. Lung, both freshman and sophomore girls' football team played some very competitive games during the football season. They kept in shape by working out in the weight room which was a most rewarding experience. These teams were formed to prove that it is possible for girls to play the sport also.



Freshman, Marty Jo Sprulock, enjoys the Winter choir concert which many of her friends are appearing in. Not only is she a cheerleader, but also the quarterback for the freshman football team — girls' that is!



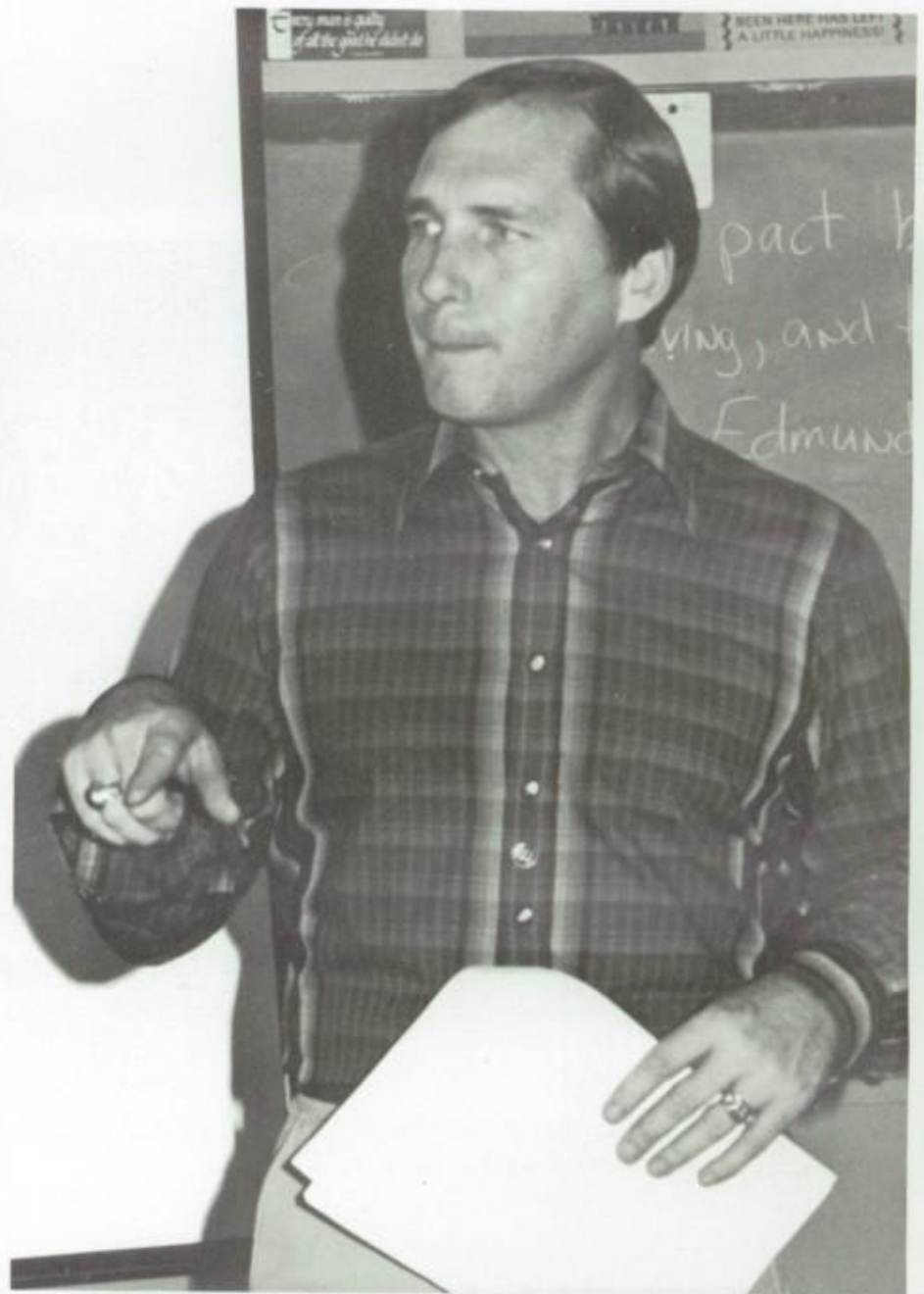
Freshman Girls' Football Team: Janie Halaby, Patricia Vaca, Kirsten Olson, Rachel Kroner, Jody Gunther, Lisa Craig, Rosa Hernandez, Brooke Mabe, Holly Crum, Allison Davis, Nada Naff, Jenny Sussmihl, Dawn Bokwell, Lore Roepke, Cathy Garcia, Karen Hanah, Laura Patterson, Erin Cordes, Lisa Orvis, Angela Craven, Tracey Delaney, Ileen Mall, Katie Cummings, Janet Murphy, Priscina Wong, Marty Jo Spersoc, Kelly Hall, Kym Gwinn, Charon Harvel, Rachel Corley, Rhonda Haasled, Holly Brand, Kim McAllister, Amber Olliger, Joan Burtzell



Kim Owen, member of the Futures club, smiles as she walks into her 5th period class. She has just come from an interesting Futures club meeting and can't wait to share the news with her friends.

BACK TO THE FUTURE

Futures club is offered by Dr. Cross who is also the instructor of the Futures club. They explore the different advancing technologies and their application in tomorrow's world. Problem solving games, high tech videos and critical/creative thinking exercises are used to help members be aware of and prepare for life in the 21st century. Outstanding futurist guest speakers were invited to share their ideas with the group and interesting field trips were part of this club's activities.



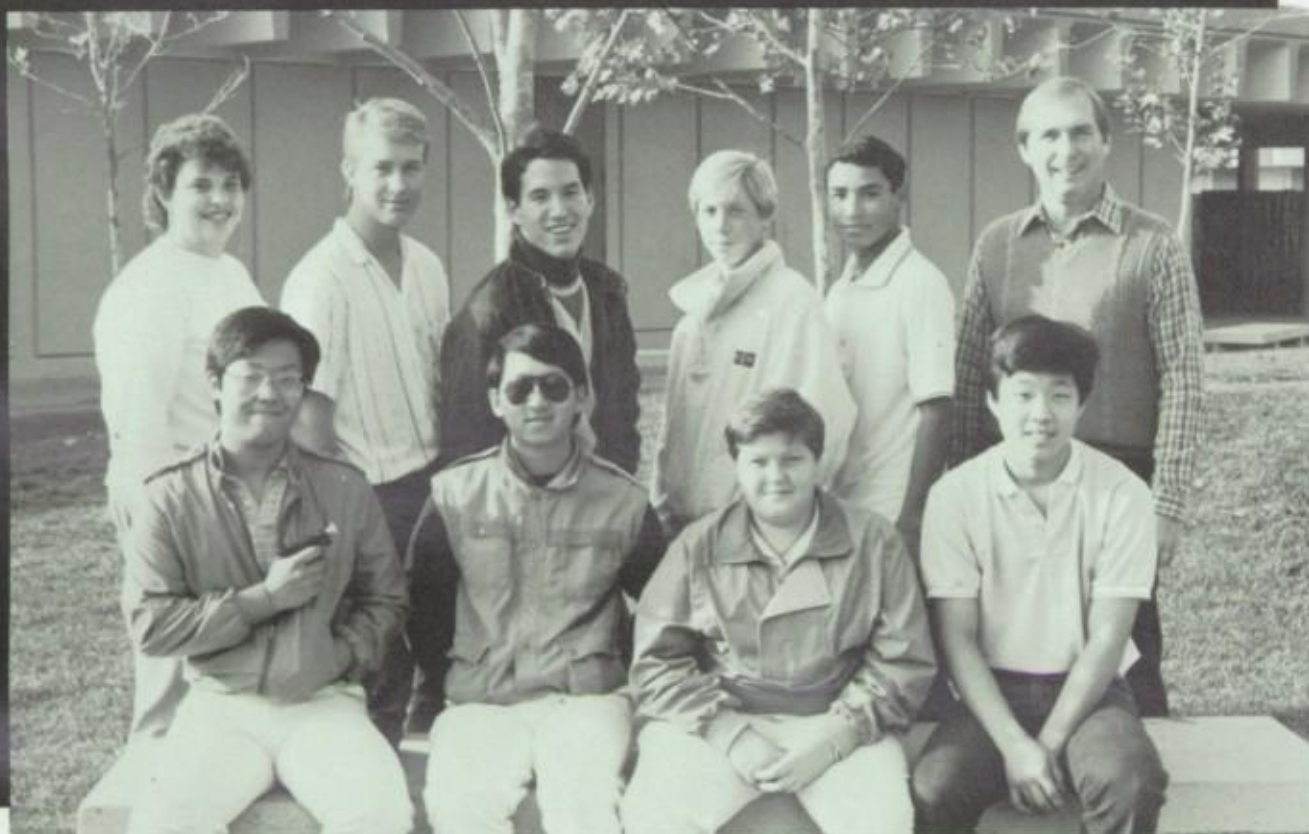
"Hmm," says Dr. Cross, "I'm not sure if we'll be flying space jets like the Jetsons in the late 21st century." Dr. Cross is the advisor of the Futures Club and L.A. Animation.



Tina Calderon ponders many futurist ideas as she strolls the halls.



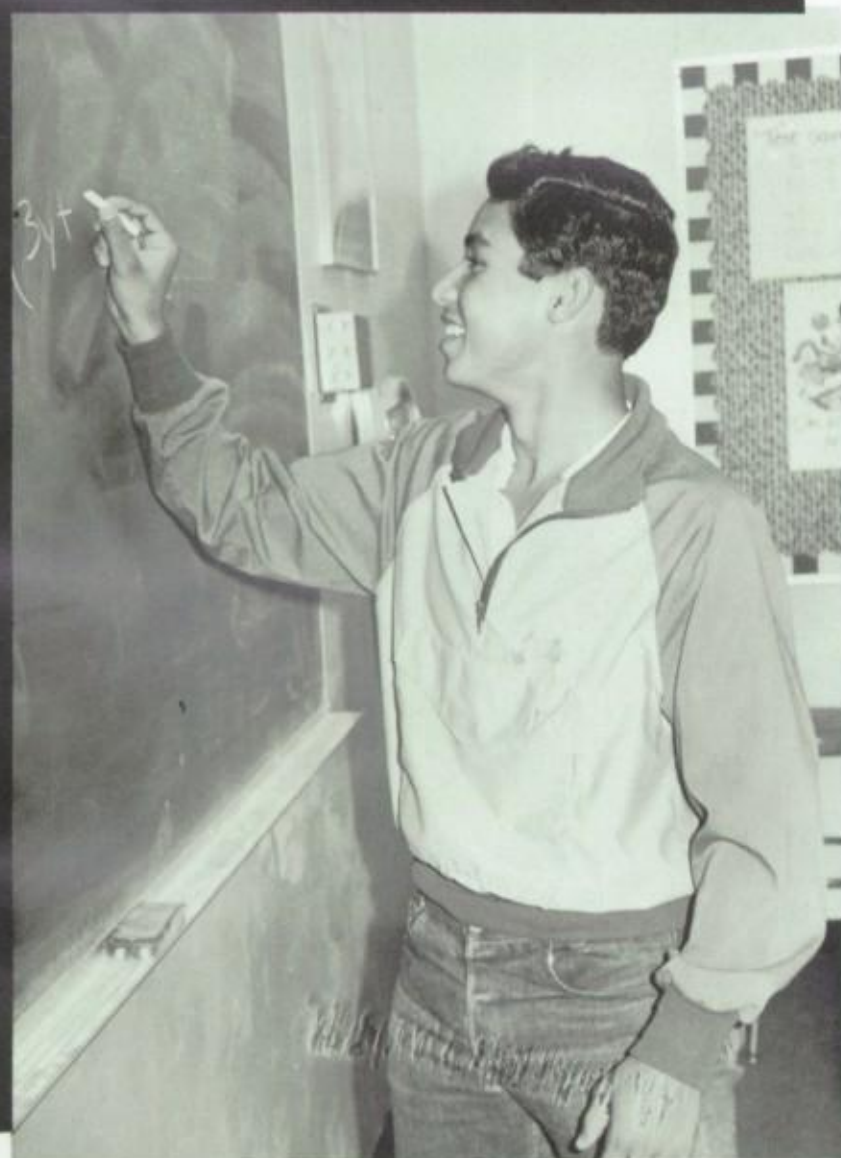
First Row — Aaron Simmons, Wes Shu, Randt Bugge, Jeremy Bloomglen, Ricky Bernstein, Jason Lewis, John McMahan Second Row — Kim Henery, Kim Guinn, Lisa Orvis, Kristin Rowley, Sarah George, Tina Calderon, Lisa Perles Third Row — Roy Lin, James Bloomquist, Jeff Wheeler, Mike Tu, Jennifer Hine, Greg Sorensen, Neil Okazaki, Jeff McConnell



Front Row — David Sohn, Phillip Shawy, Randy Bugge, Robert Sohn Second Row — Katie Headley, Mike DeAlba, Ari Martini, Dean Breinstein, Angel Ferado, Dr. Cross



Randy Bugge takes a break away from his daily activities to think about L.A. Animation Club.



Angel Ferado shows the correct way to solve an algebraic equation. Angel is also a member of L.A. Animation, which provides him with a creative outlet.

ANIMATORS COME ALIVE

The purpose of L.A. Animation is to learn more about the animation coming from Japan and come to an agreement on it. L.A. Animation's activities included going to watch movies, getting together for parties, and enjoying each other's company.



Sean Creasy listens attentively to Dr. Cross giving his yearly introduction to L.A. Animation. He can't wait to look at the movies and comic strips which deal with Japanese events.

POTATO FARMERS AND SR. FEDS SHARE

The Los Al Potato Farmers are a group of honest, hardworking students who are dedicated to raising the status of the lowly potato; perhaps the most taken for granted of all tubers. They have been involved in the study of complex carbohydrates, and in other potato-awareness activities.

The Sr. Feds met almost daily this year with three objectives in mind — to share ideas, information, and enrich each other's vocabulary. They also participate in school activities, cheer at games, and provide support for drama and musical productions.



First Row — Mike Wheeler Second Row — John "Spud" Jost, Jeff "Idaho" Harmon, Brad Rawls, Larry Reinking, Kent Nordstrom, Todd Flanagan



Los Al Sr. Fed advisor, Mrs. Trujillo gives instructions to the operators of the new lighting equipment in the MPC while she dedicates her time to perfecting the sound.



Los Al Potato Farmers Jeff Harmon and Kent Nordstrom wait in anticipation for the announcement of the winners in the "Best Nerd" contest. There is no doubt in their mind as to who the winners will be.



With a concerned look, Sr. Fed, Lance LeCompte stares at the scoreboard with big hopes.



First Row — Kim Martin, Joe Coulter, Judy Holzgang, Lance LeCompte, Traci Gibson Second Row — Darren Glaudini, Mrs. Trujillo, Cristi Martinez

L.A. POTATO FARMERS
SR. FEDS
SENIOR SURVIVORS
SENIOR REBELS
GROUP SPIRIT CONTINUES

Los Al's senior t-shirt clubs continue the tradition of Los Al pride and spirit. These two particular groups, The Senior Rebels and Senior Survivors, were clubs made up of senior girls who went to games and supported our teams on to



First Row — Kristine Konasi, Juli Fusco, Charito Adle, Danelle Burick, Sheri Millar, P. J. Long Second Row — Mr. Considine, Sherry Long, Kleran Gunsaulas, Brenda Voorting, Hillary Routt, Barrie Dafforn, Kathy Pelligrino, Cindy Morin, Stacy Simonds, Jeanne Allard, Julietta Sippelle.



Mrs. Ramsburg is this year's Senior Survivor advisor.



First Row — Kelley Shifflet, Holly Vineyard, Jennifer Phillips, Janet Lee Second Row — Danitra Humphrey, Jeannie Park, Devora Binder, Andra Dickens, Tam To



Cindy Morin sits contemplating her next move, "Should I finish my psychology or history?" she wonders.



Senior Rebel member, Juli Fusco gives her friend Jana Lifshin a lift to her next class.

SPIRIT GROUPS CARRY ON GREAT ANNUAL SPIRIT STICK TRADITION OF COMPETING

This past year at Los Alamitos High School there have been many more spirit groups and clubs than in any other previous year. They ranged everywhere from the **Los Al Potato Farmers** to the popular **Anti-Complacency League** to the **Photo Club**.

Two such clubs are the **Bleacher Bums** and the spirit group **X-Clusively L.A.** These clubs are formed at the beginning of the year and jackets or T-shirts are made with the club name and the members pet names printed on them.



X-Clusively L.A.: **Front Row** — Diane Jay, Karyn Cook, Allison Chee **Second Row** — Megan Morrow, Allison Perkins, Ashley Brooks, Beth Carlson, Cindy Ludlam, Jill Reynolds, Pirayeh Pedarsani **Third Row** — Wendy Shiroma, Julie Hocking, Wendy Hines, Dawn Goldsmith, Shirley Wang, Diane Wong, Wendy Uyeda, Mrs. Haas



Laura Younkin looks up from her work and smiles. She is an active member of the Freshman Club, LA's S.U.R.F.



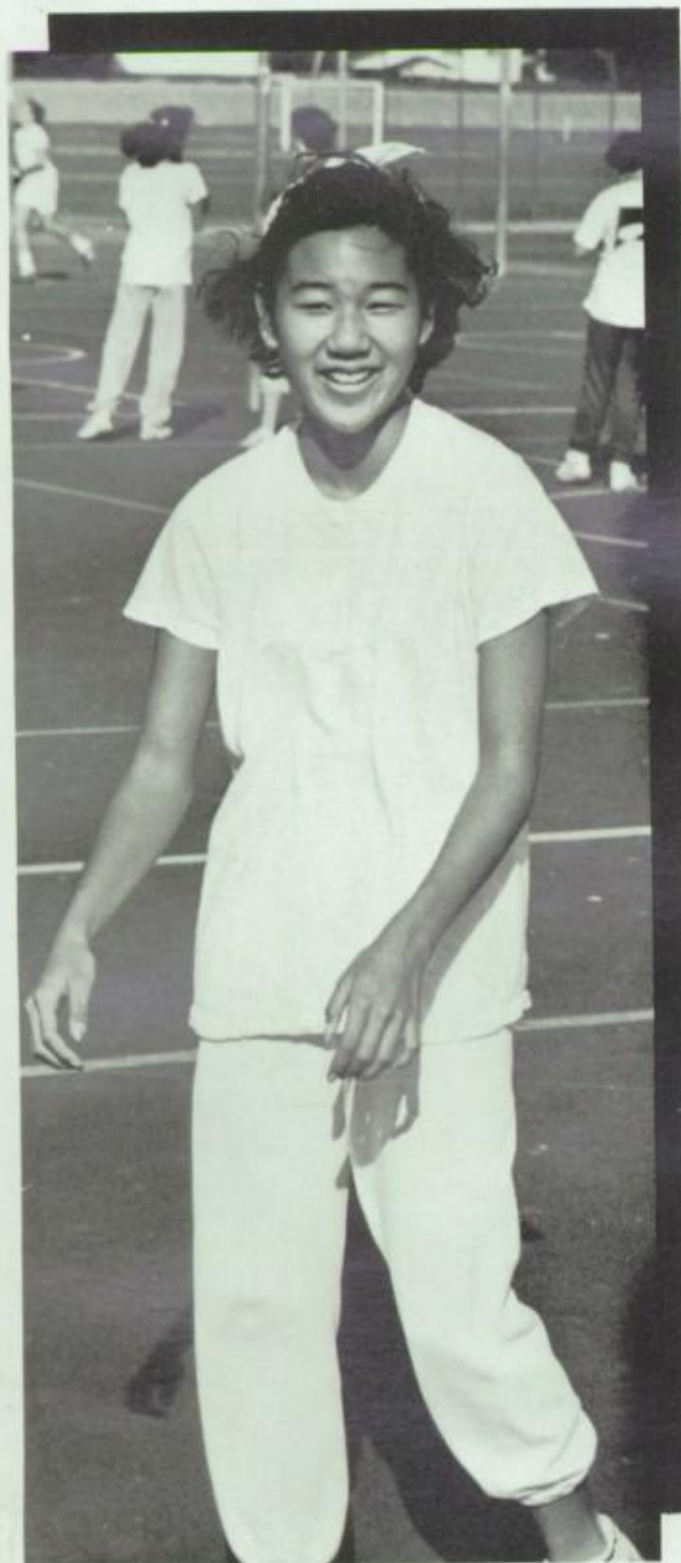
Bleacher Bums: **Front Row** — JoDee Guenther, Kym Ellison, Ana Saladeigas, Anjolette Fruehan, Kristie Varvak, Tami Wilhelm **Second Row** — Cheron Harville, Rachel Corley, Stephanie Hursh, Ms. Seymour, Kristy VanZurphen, Toni Sisson

T-SHIRT GROUPS COMPETE FOR SPIRIT STICK AWARD

Each year a fine tradition is upheld at Los Alamitos High School — the spirit stick competition. Each of the spirit groups in the school competed for this award in the best possible way, with strong school spirit and pride.

The clubs all went to each football game or other sporting events and cheered as loud as they could for Los Al. At the end of the season the award is given to the club or spirit group that had the most school spirit overall at each sporting event.

The club *LA S.U.R.F.* was made up of mostly freshmen while the *Rascals* were a combination of both freshmen and sophomores. For Freshmen, this activity was quite new to them and was a lot of fun. Lunchtime meetings were a must to plan the future activities of the club. The advisors, Mrs. Jeri Karasik and Mrs. Gladys Strough supervise these meetings.



Wendy Uyeda takes a break from her strenuous exercises in her P.E. class. She is a member of the T-shirt club X-Clusively L.A.

X-CLUSIVELY L.A.
BLEACHER BUMS
LA's S.U.R.F.
RASCALS



LA S.U.R.F. Front Row — Chrystie Platis, Holly Warson, Kim King, Jeanne Sickel Second Row — Mrs. Karasik, Jill Riordan, Nanci Hilschman, Tina Alvarez, Patty Ivins, Tracy Doyle, Sarah Anne Libby Third Row — Laura Younkin, Kim Engel, Kristin Ogle, Jennifer Booth, Bonnie Vlets



Rascals: Front Row — Caroline Cerneka, Pam Chueh, Andrea Bloom, Kristie Shelly, Nancy Weintraub Second Row — Julie Scott, Zoë Syrengelas, Soteria Syrengelas, Sharon Smith, April Corblin, Jenny Gilroy, Mrs. Strough

R.O.P. STRIVES TO BUILD FUTURE AT LOS AL

The Regional Occupational Program enabled enthusiastic students the chance to pursue their future careers.

ROP classes were offered during school hours and after school. Students received free job training in a variety of courses. They ranged from training in CVE foods, retail, and office, to welding, auto shop, signmaking/commercial art, photography, office occupational skills, and basic computer training.

Funded by the federal government, the ROP courses were taught by the faculty. Teaching welding and metal fabrications was **Art Broadhurst**. Supervising the office occupations course was **Fran Smallfield**. Directing ROP photography was **Ron Considine**, and finally, teaching signmaking and commercial art was **Judy Hemphill**.

In these courses, students could sharpen their career skills and broaden their knowledge of their potential occupational choices. This gave them the opportunity to ensure their success in fields which they were interested in and the experience which they would need once they graduated.



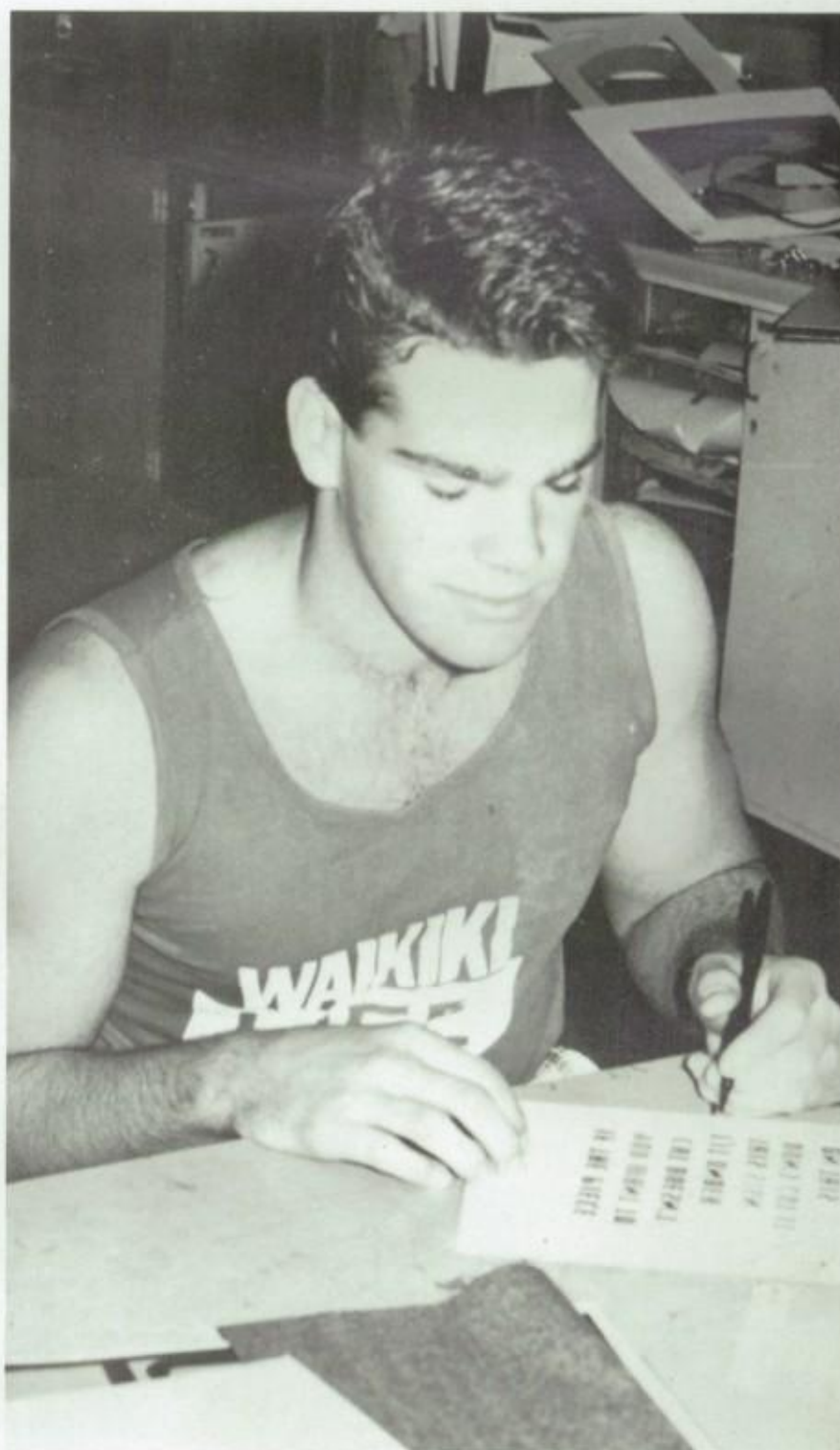
Senior **Robert Gross** displays his exceptional skills learned during ROP as he performs a variety of calculations on the computer. The basic skills and fundamentals of operating computers is taught in ROP.



Senior **John Simundza** displays the cutting techniques necessary for perfection in silk-screening and graphics. ROP class provides for much needed concentration, yet also provides enjoyment.



Demonstrating careful awareness, senior **Mike Stugart** shapes and smooths an ordinary piece of wood into a skateboard. ROP woodshop enables students to use their imagination to create unusually useful projects.



Examining the design of the graphic letters to be used in his next project, senior **Nick Marrick** displays the dedication and commitment needed for success.



During ROP photography, Cynthia Smith develops her film. She is dedicated to the world of photography and capturing special times. With all the experience she gains, Cynthia can spend time having fun with the camera.



During ROP art, juniors Grant VanCleve and Robert Werner join forces to create a new idea in their art work. Freshman Brandon Collier watches as he learns the new techniques displayed by the others.



As Lisa Cimmarusti looks through lecture notes; the CVE foods instructor explains the process of conducting oneself with the customers.

DANCE CLUB GET'S A KICK OUT OF '86

With the instruction from **Mrs. Fleming**, the dance club was able to expand their incredible talents quite a bit. This beneficial club, consisting of forty-three dance orientated girls, gave the members a great deal of self-confidence and pride. It also was a perfect opportunity to show the rest of the student body what inside talents these girls had. They kept in shape and practiced all year aiming for their main performance which was at the Drill Team Spring Show. This past year they performed to a variety of songs with all different rhythms which brought on a great deal of enthusiasm throughout the audience.

The T-Shirt club, Senior Screammers, brought on a great amount of enthusiasm at many of the sporting events. Although small, this group added much spirit throughout the entire year.



Dance Club president, **Shawn Cordes**, leads the group in a performance. She is also the choreographer for all the routines and has been for the past three years. Shawn is an avid dancer, and looks forward to that major in college.



Dance Club: Shawn Cordes, Michelle McLinden, Don Rena Minor, Sabrina Tifrit, April Allen, Mikki Arkinson, Lisa Lerno, Illina Alames, Samantha Lannon, Jill Winds, Tracy Pereira, Patty Ivins, Michelle Perslow, Holly Noonan, Cim Kelley, Julie Coontz, Puanal Pereira, Elaine Weist, Regina Jenkins, Amie Jenkins, Tally Burhart, Stephanie Robertson, Angela Carlsson, Beatrix Bourdy, Darcy Gilroy, Kristal Dooley, Stacie Ray, Vi Dangelanah, Stacey Scheeking, Barbara Ewing, Sue Ewing, Kate Bryson, Micho Gemmel, Jan Nein, Lisa Orvis, Michelle Malkemus, Michelle Thomas, Sarah Stiles, Pam Chuch, Denise Kaneko, Traci Engel, Lisa Bryant, Zoe Syrengelas



Senior Screammers: Top Row — Karen Maestas, Kerry Kyle, Lisa Kaplan Bottom Row — Erin Anderson, Alisa Robinson, Tina Stevens, Leikonia Sisson, Nancy Wong



With a smile of contentment, member of the Senior Screammers, **Kerry Kyle** enjoys spending her time with her friends.

**DANCE CLUB
GUMBI REVIVAL CLUB
COW CLUB**

**DAIRY COW CLUB
GUMBI REVIVAL
CLUB
CREATE NEW TRENDS**

Los Al saw the arrival of two new clubs dedicated to rather original causes this year. The Cow Club sought to bring greater public awareness to the significance of the cow in daily life and to arouse the level of consciousness of the bovine beauty of the cow.

The Gumbi Revival Association was a club for those who shared a common interest in restoring Gumbi to the high-ranking position of a well-loved American hero. While some found this to be humorous, the members were quite serious about their work. As a result, they were a successful, trend-setting group.



Cow Club: Sandra Larson, Danita Humphrey, Steve Wolf, Rick Murray, Jodal Saremi, Devora Binder, Jan Maulhart, Erica Huang-John Jost, Mike Wellington, Jennifer Phillips, Tam To, Andrea Dickens, Amy Cross, Holly Vineyard, Marisa Macris, Kelley Shifflett, Mike Chen, Kiana Cheng, Angie Boling, Darren Glaudini, Jeff Harman



As a member of the Cow Club, **Steve Wolf** takes pleasure in participating in the canned food drive which proceeds go to needy families.



Gumbi Revival Association: Front Row — Wei-Chao Chang, Terry Liu, Mr. Isaacs (advisor), Ernie Blevins, David Combs Back Row — Scott Rainey, Stan Abrams, and Imre Golden



Senior, **Karen Holstein**, collects the jury's opinions in an award winning Mock Trial Competition. She has been part of the team for two years.



Mock Trial Team: Kenton Brooks, Michael Dawson, Darolyn Hamada, Jan Maulhardt, Jeff Palk, Scott Rober, Grace Wang, David Sohn, Lisa Perles, Erin Raccach, Harjit Dhillon, Judy Holzgang, Robert Barey, Brad Rawls, Debra Ratner, Jill Ensley, Robert Book, Karen Holstein, Mr. Arherton (advisor)



Mr. Phil Singer, the volunteer attorney/coach, contemplates this case at his desk. He has been with the team since it was formed in 1981.



Senior, **Michael Dawson**, acts as lawyer, while junior, **Jeff Palk**, acts as the plaintiff in this case. Junior, **Kenton Brooks**, is a witness ready to tell the whole truth and nothing but the truth when called to the stand. Not only does Mock Trial call for much preparedness, but also quick thinking on everyone's part. All of these boys have spent countless hours studying the steps to a trial, in hope of turning out as the winners.



Freshman, **Jill Ensley** and junior, **Darolyn Hamada**, take notes while waiting to be called upon to speak their knowledge about the "Dennis" case. They must be well prepared to answer any question which may arise.



Junior, **Lisa Perles**, maturely speaks her mind when called to the stand. This procedure is much similar to a "real" trial. The witness takes a solemn oath, in this case, to defend Dennis who is suspected of school vandalism.

MOCK TRIAL LAW CLUB

MOCK TRIAL LAW CLUB OVERULES

The commended **Mock Trial Team** competed with thirty-three other schools at the Orange County Court House. This year's case was called, "the people vs. Dennis" — a criminal case about school vandalism. The team won two consecutive Orange County championships and two third place awards in state competitions.

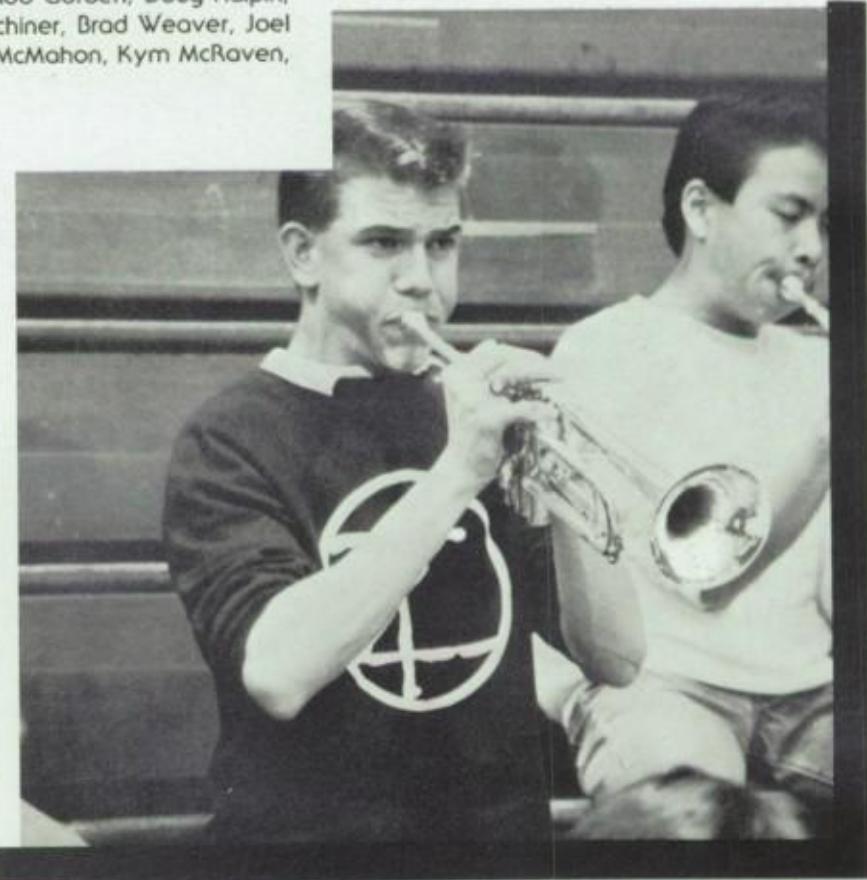
The well known **Law Club** was formed to promote and support students' interests in politics and of course, law. The Law Club supported the Mock Trial Team, sponsored an intramural APT Government field trip, and Prism Preventors Program.



Law Club: Kenton Brooks, Michael Dawson, Darolyn Hamada, Jan Maulhardt, Jeff Palk, Scott Raber, Grace Wang, David Sohn, Lisa Perles, Erin Raccach, Harjit Dhillon, Judy Holzgang, Robert Barey, Brad Rawls, Debra Rattner, Jill Ensley, Robert Book, Karen Holstein, Stewart Kepler, Pat Morrow, Sean Warman, Stephanie Abrego, Devora Binder, Howard Chalowsky, Michell DeMatto, Peter Deneff, Larry Foley, Rob Gorden, Doug Halpin, David Hastie, Elise Herning, Mike Moore, Deborah Namm, Scott Saxon, Andrew Schiner, Brad Weaver, Joel Weiss, Shawn Cordes, Dana Siegel, James Kien, Ann Leonard, Tim Manning, Andy McMahon, Kym McRaven, Michelle Stoll, Lori Sullinger, Gary Wang, Diane Watson, Steve Wolf, Roger Yoh



Mr. Atherton, advisor of the Mock Trial team and Law Club, prepares the team one last time before competing. He is obviously a dedicated man.



Senior **Mike Moore**, blows the trumpet with tremendous school spirit at a pep assembly. Not only is he a four year member of the Olympian Marching Band, but also an active member of Law Club. He is presently making a decision on majoring in either law or music. He joined this club in order to learn more about how justice is officially performed.



Seniors, **Jan Maulhardt**, **Scott Raber**, and **Deborah Rattner**, study their roles carefully before stating their facts in front of the jury. They all have won awards in this area.

ACADEMIC DECATHLETES STRIVE FOR VICTORY

Decathlon 85-86 was a year for celebration in which team members Judy Holzgang, Jeff Harmon, Diane Watson, Malcolm Womack, David Orvis, Kent Nordstrom, Todd Flanagan, and Peter Wilson took many months out of their time and devoted it to prepare for November 7 at Tustin High School. These students were versed in six major subjects: Social Science, Fine Arts, Math, Economics, English Grammar and Literature, and Science. In addition, the team had to have skills in speech, interview, and writing. Los Al, overall, took second place in county against fifty other teams. This year's Super Quiz topic was Immigration and Los Al received first place for the first time ever.

The review provided by several teachers paid off, and former students gave encouragement to this year's team.

It was a challenge for the team to keep up their heavy pressure from the administration and former decathletes. In return this dedication led the Decathlon Team to victory.

Helping the team to victory, Mrs. Steeby prepares the students in subjects as Science and Economics.



Teacher's dedication leads to Decathlon's success. This year Mrs. Wilson put forth extra effort to help students before the big day.



Decathlon Team: Front Row — Judy Holzgang, Jeff Harmon, Diane Watson, Malcolm Womack, David Orvis Second Row — Kent Nordstrom, Todd Flanagan, Peter Wilson



Studying for the Super Quiz portion, Malcolm Womack reads carefully through Lisa Burnbach's College Book. This is Malcolm's second year on Decathlon and is doing tremendously well.



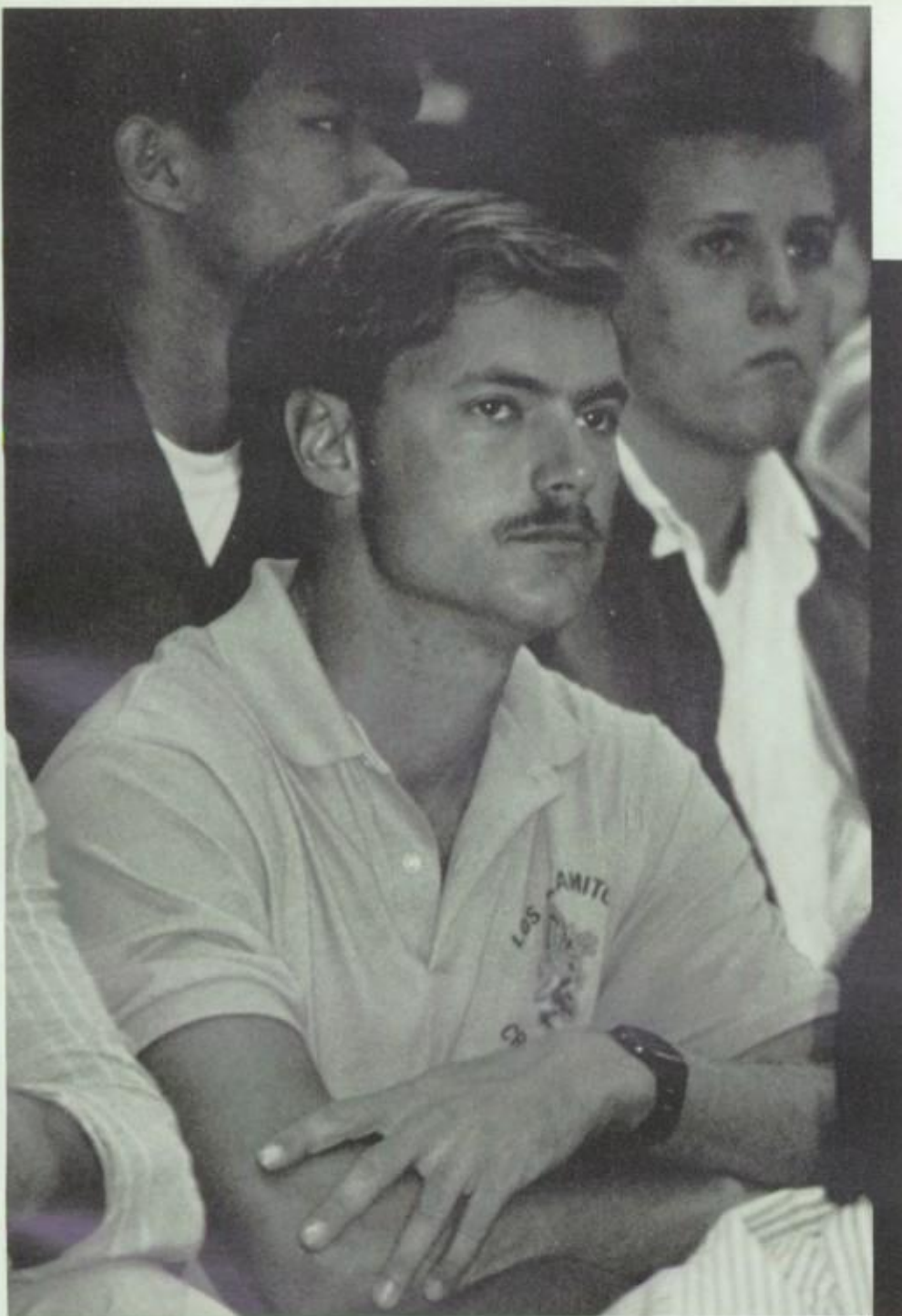
Working together and quizzing each other is all a part of the Decathlon team. Peter Wilson, Kent Nordstrom, Malcolm Womack, and Diane Watson are discussing the various topics for their next competition.

activities

SPIRIT GROUPS GIVE TO OTHERS

All clubs at Los Al promote school spirit, but the Saintly Seniors, consisting of seven girls in their bright, red jackets had special club activities. The club asked the community to donate much needed food and clothing and in return they gave it to needy foreign countries.

Freshman spirit group, L.A. Conspiracy, advised by Mr. Celestin contributed to much of Los Al's spirit this past year. The girls went to football games and basketball games and helped cheer them to victory. This club was high on the spirit scale.



Mr. Celestin, club advisor, track coach, and History teacher intently watches the assembly. Mr. Celestin likes to have a close relationship with his students as it enhances learning.



L.A. Conspiracy: Terri Reingardt, Suzanne Chaves, Holly Noonan, Susan Kuzminsky, Rachel Brophy, Janet Murphy, Amy Merchant, Tarra Hammerschmidt, Laura Leon, Jan Harden, Amy Jenkins, Mr. Celestin, Kim Stanfield



Saintly Seniors: Front Row — Nicole Welsh, Pam Gold, Jill Callison Second Row — Mr. Rutherford, Elise Herning, Kris Greggerson, Cathy Jenner



Passing period allows a few moments to gather books and talk with friends. Nicole Welsh and Elise Herning hurry to class.



Having a good time and sharing a piece of pizza, **Derek Dubordieu** and **Debbie McIntyre** give each other a hug before retiring.



With the enthusiasm of skiing comes the drag of waiting in long lift lines. To pass the time **Julie Jones** and **Kelly Harris** enjoy chatting with a few friends.

FESTIVE TIME AT PARK CITY

Once again the Los Al Ski Club was successful in providing it's members with a wonderful and exciting Winter Vacation extravaganza. The outing consisted of a group of ninety students and faculty members who spent their time at the Airport Hilton in Salt Lake City, Utah. The group tackled many nationally renowned ski slopes at resorts such as Alta, Park City, Park West, and Snowbird. The club is organized by **Mr. Brody**, club advisor, **Debbie Theriault**, President, **Kevin Falsken**, Vice President, and **Maureen Montroy**, Secretary-Treasurer.



Ski Club Members: Greg Hartman, Sky Dubourdieu, Grant VanCleve, Mike Humphries, Gary Cunneen, Brandon Collier, Eric Roberts, Kelli Hawkins, Dana Siegel, Darlyn Sisemore, Debbie Theriault, Debbie McIntyre, Melanie Wood, Maureen Montroy, Juli Fusco, Derek Sparta, Hap LeCompte, Kim Smith, Robin Lindley, Rebeca Copeland, Shon Esparza, Todd Phillips, Gress Alshire, Charito Adle, Kevin Falsken, Aimee Newlander, Vincent Nash, Matt Sweet, Jeff Long, Ron Scanlon, Shawn Cordes, Anita Johnson, Jim Schaffer, Jim Dupuy, Brian Meckler, Jeff Palk, Randy Paine, Eva Kloss, Debbie Wiesler, Matt Singer, David Lowrey, Lisa Spotskey, Jennifer Gorman, Tricia Everson, Kelly Harris, Julie Jones, Tom Metzger, Scott Sargeant, Chris Ziegler, Jeff Barrus, Cliff Kloss, David Maher, Tim Calder, Michael Johnson, Bobby Sylvia, Darren Smith, Bobby Lienau, Mike Thomas, Heather Johnson, Cory Quinn, Mike Mullaney, Ingrid Brain, Dave Curler, Noreen Wenjen, Scott Welsh, Todd Welsh, Brad Cravens, Stacy Thomas, Sara Crumpton, Jodi Shuppara, Jody Crum, Cathy Poe, Rob Gordon, Bucky Kile, Tim LaMance, Karen Klabough, Michele Stoll, Laurel Kergan, Shelley Skoglund, Nicole Furguele, Eva Paine, Tim Manning, John Whitlock, Nick Gianformaggio, Steve Esquivel, Scott Fullerton, Stacy Speights, Keala Walker, Wendy Anthony, Matt Famolaro, April Bartrom, Colleen Kimball



Heather Johnson, **Karen Klabouch**, **Jodi Shuppara**, **Jenni Gorman**, **Sara Crumpton**, and **Lisa Spotskey**, enjoy a good, but quick breakfast before a long day of skiing.



Taking a break, **Wendy Orr**, **Debbie Theriault**, **Kelli Hawkins**, **Melanie Wood**, **Shawn Cordes**, and **Dana Siegel** contemplate about whether to eat lunch at the bottom or going to the mid-way lodge.

SKI CLUB WINTER FORMAL '86

WINTER FORMAL '86 DANCE THE NIGHT AWAY



The 1986 Snowball Queen Candidates and their Escorts: Eddie Roche, Ella Turrintine, Jim Devlin, Ronna Coulter, Steve Iseda, Linda Jensen, Kirsten Shaw, Doug Wadleigh, Kim Rodefled, and David Alvarez.

January 11th marked the date of an extravagant and memorable event for many students. It was the night of the Winter Formal. The evening, for many, began with dinner on the town and then a ride to the fancy Hyatt Regency Hotel in Los Angeles. The ballroom was filled with tables of unique d'oeuvres, beautiful ice sculptures, a pop band, and people dressed in luxurious formals and tuxedos. The highlight of the evening was the announcement of the Snowball Queen. Linda Jensen, the 1986 Snowball Queen, reacted with much excitement. All of these events put together created a special night to remember.



Many people consider dancing as the best way to work off a big dinner. Suzie Pray, Scott Welsh, Jody Crum, Tracy Melton, and Wendy Poe take advantage of this and dance the night away.



Seniors, Stacia Copeland and Michael Bernstein, dance in harmony to the strings from the band Paradox.



Juniors, Teri Dean and Wendy Nugler, take a break in between songs. This is their second winter formal together and it is getting better as the years go by.



John Vreeland and Kim Eckertt enjoy the fancy d'oeuvres served at the dance. "Special" is the perfect word to describe this night, as they revel in each other's company.

SENIORIOTERS FORM TO SUPPORT COMMITTEE MEMBERS COALESCE

Seniorioters was a very active spirit group involved in many different activities. At Los Al, they "strutted around" in custom-made white jackets with jail bars and red fingernails on the back as their logo. Decorating their cars, and making grand parking lot entrances during football season was their trademark. With red visors displaying the Seniorioters '86 name, this group of seniors definitely stood out in the crowd!!

The Los Al Senior Selebriteez were a group of twenty spirited senior girls. All of these "groupies" were members of the senior class committee, and everyone was also involved in a variety of other clubs. When it came right down to it, they were always there to support the football, soccer, basketball and the rest of the Los Al athletic teams.



Shawn Cordes and Dana Siegel share a hug after a Griffin victory.



Top to Bottom — Heidi Gray, Dana Wadleigh, Dana Siegel, Shana Kellman, Donna Hardin, Cathy Poe, Jody Crum, Debbie McIntyre, Kelli Hawkins, Melanie Wood, Debbie Theriault, Tracy Sternin, Gina Turi, Shawn Cordes, Darlyn Sisemore, Brooke Burtzell, Suzy Prey, Sara Brain, Michele Stoll, Maren Kussler, Christine Dennis, Andrea Barrows, Wendy Orr, Dina Reyes, Julie Johnson, Cindy Pittsey, Shanna Hemmings



In her best hair-do, Paula Wasikowski gives her winning "nerdy" grin.



Alphabetically: Chiki Aurang, Stacy Burris, Stephanie Graham, Donna Hays, Cindy Johnson, Lara Listavich, Von Orrick, Kristin Pipal, Shannon Polacek, Stephanie Polacek, Debra Rattner, Michelle Shanon, Carole Shane, Cathy Siler, Janan Springer, Tracy Stowell, Traci Trombino, Grace Wang, Paula Wasikowski, Kathy Woltavich.



SENIOR RIOTERS
SENIOR SELEBRITEEZ
WJTL
JENERIC JUNIORS

JUNIORS' SPIRITS SOAR

T-shirt clubs have been a tradition at Los Al for many years. Clubs such as the **Jeneric Juniors** and **WJTL** help support the many Los Al teams and organizations by cheering them on to victory and joining in during the pep assemblies. The friends that make up these clubs are also making memories that will last forever.

First Row — Ann Tarlton, Ella Turrentine, Ann Sauve, Stephanie Snow, Allison King, Pam Rozalis, Vanessa Thomas
Second Row — Linda Jensen, Jennifer Swanson, Laura Huff, Tally Trujillo, Michelle Schuman, Michelle Schuman, Michelle Overbeek, Kim Rodefild, Robin Lindley
Third Row — Christina Weltr, Anne Buonocore, Dawnielle Congiardo, Ronna Coulter, Wendy Poe, Ann Marie Hagmann, Kirsten Shaw, Rebecca Copeland, Nora LaBouff



Astonished by what she sees, Jeneric Junior, **Anne Buonocore** looks on for more eye-opening entertainment.



New to America, **Julius Ypma** takes a look around his new school. Things are a little different than they were back home in Holland.



First Row — Sally Lee, Lisa Perles, Jami Mack, Jannis Billon, Rosmari Peters, Joelle Anisman
Second Row — Stacie Light, Mark Reutzel, Scott Rainey, Greg Saylin, Julius Ypma, Carol Roberts

FROSH-SOPH VIE FOR SPIRIT STICK

T-Shirt and jacket clubs are very popular on the campus. The purpose of these fun-filled clubs are to get students joyously involved in school activities. Two such clubs were Klass Act and L.A. Anonymous.

Klass Act was a group of spirited and involved sophomores, with **Erin Raccach** as the president and **Julie Seaborn** as vice president. **Erin** and **Julie** were actively involved in extracurricular activities as well as in academics.

The main objective of L.A. Anonymous was to show up at every varsity game and vie for the spirit stick. **Erin Cordes** was the president of L.A. Anonymous, and was also a member of the Omega drill team. Vice-president, **Denise Seifel** also was a member of the Omega drill team.

Spirit clubs like these are prevalent at Los Alamitos. The screaming dedicated fans wore flashes of red, blue, and gold to exhibit their pride and spirit in the traditional Griffin fashion.



Holly Crum of L.A.'s Anonymous turns around to talk to one of her friends during the Varsity football game.



Sophomore, **Melinda McDonald**, watches enthusiastically as the game begins. Not only is Melinda an active member of club Klass Act, but she is also our school mascot.



L.A.'s Klass Act: **Front Row** — Erin Raccach, Lauren Reeves, Mindy Hancock, Vicki Kuzmich **Second Row** — Jennifer Maitlan, Kris Gibson, Heather Heyer, Sharon Bordas, Melinda McDonald, Julie Seaborn **Third Row** — Marci McGolden, Laura Dawson, Brigitte Biringer, Deanna Barber, Chalyce Deyries, Amy Holzgang



L.A. Anonymous: Michelle Arkin, Natalie Bourdy, Jennifer Brooks, Joan Burtzell, Lisa Caudillo, Jennifer Cheroske, Susan Collins, Kary Commings, Erin Cordes, Dana Cippollone, Holly Crum, Alyson Davis, Tanya Ellis, Julie Eshenbrenner, Julie Everett, Megan Fife, Wendy Goodman, Debbie Gunderson, Tiffany Hall, Lori Maulhardt, Collen May, Nida Naffarrette, Kristen Nicolaou, Tricia Pettigrew, Amy Ripplemeyer, Julie Roupenper, Toadie Sander-son, Denise Seigel, Lisa Shilisky, Yasmine Tifrit, Suzanne Turrentine, Anne Ward, Tanya Weth, Princina Wong

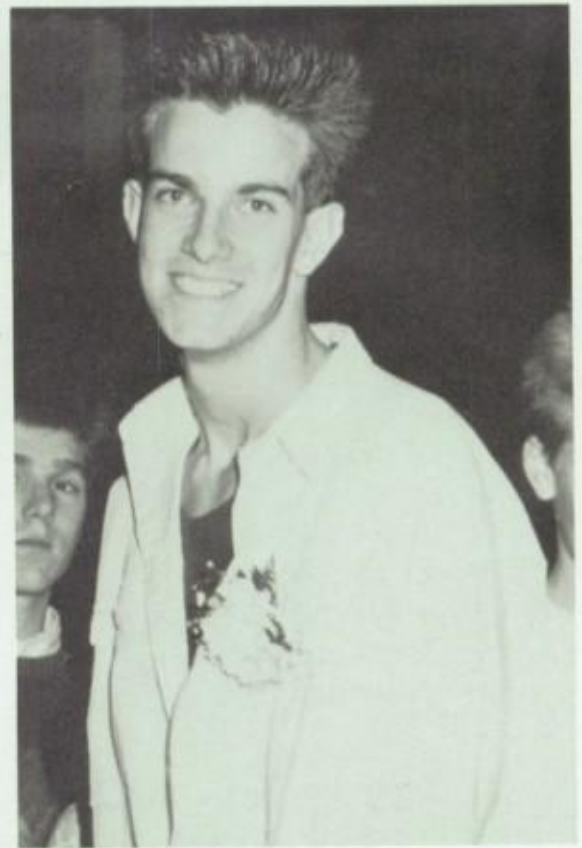
CLUB CANDIDS



Senior, **Cathy Jenner**, enjoys participating in many clubs. Some of them include yearbook staff, photography, and the Olympian Marching Band.



Keeping busy is what **Cindy Pittsey** does best. Her activities include color guard, Senior Rioters, and National Honor Society. She has been able to maintain a 4.0 GPA.



Kent Wells never hesitates to perform on stage. He dances at the Sweetheart Dance to set the pace.



Junior, **Margi Hibschan** is a well-known performer, both on stage and as a Varsity Songleader.



Suzanne Turrentine, member of the Omega Drill Team, takes a break from practice in order to visit with her friends.



Friends are an important part of school. **Bucky Kyle** shows his lunchtime smile as he and his friends reminisce about fun times.



Carol Shane, member of Senior Selebriteez and Choir, is a very busy senior at Los Al. Along with learning, friends are an important part of her life at school.



Jason and Elena share a moment of peace with each other at the annual Winter Formal. This will be a night to remember for always.

NEW TO THE COURT, QUEEN LAUREL KERGAN TAKES CROWN

This past basketball season proved to be a great one. Along with many victories, there was also the celebration of the **Queen of Courts**. The 1985-86 candidates nominated by the players were **Cassie Beyer, Wendy Orr, Sara Brain, Suzie Prey** and **Laurel Kergan**. The student body chose **Laurel Kergan** to reign for the next year. It was clear that Laurel would be an excellent representative of the basketball team because of her extensive school participation and warm personality.



New to **Los Al**, junior **Ryan Blasse** shoots, hoping to score and bring the team to another Griffin victory.



First Row — Cassie Beyer, Wendy Orr **Second Row** — Suzie Prey, Laurel Kergan, and Sara Brain

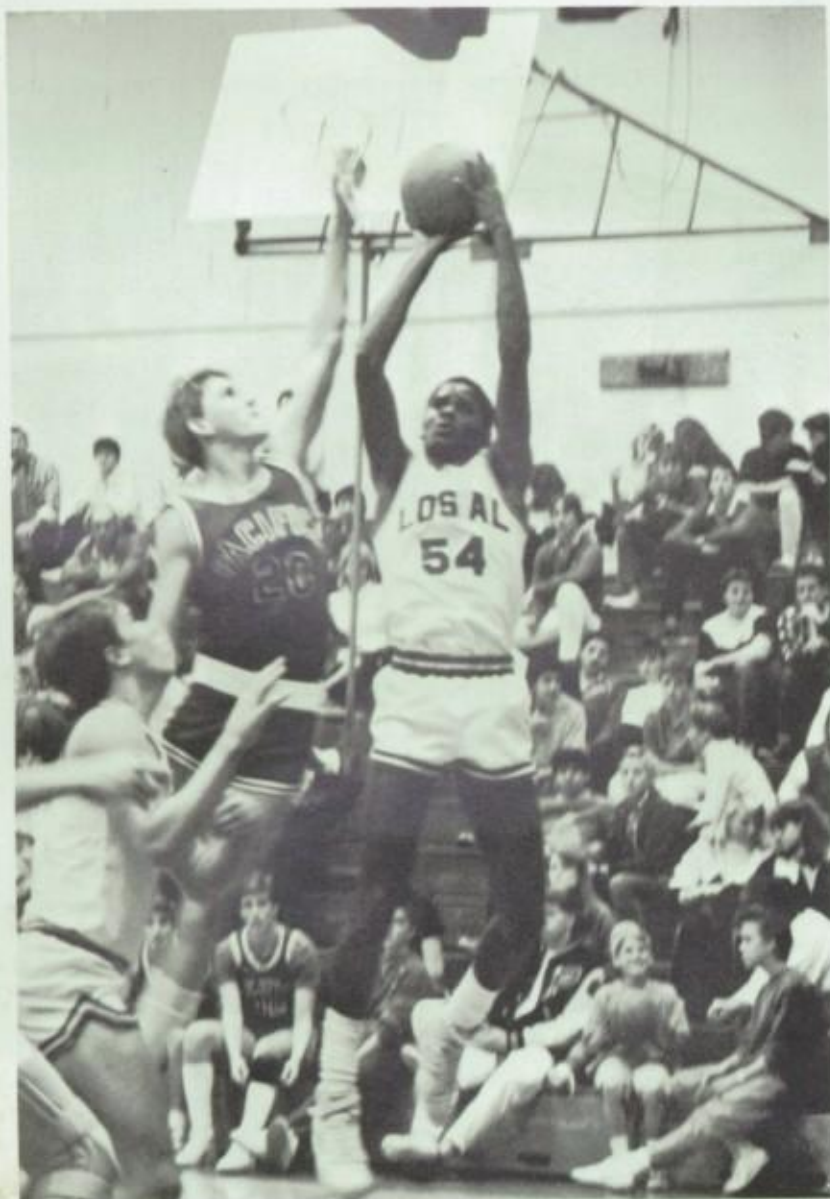


The proud fathers of the girls watch the Queen of Court, **Laurel Kergan**, smile at the crowd and begin her promenade around the gym.

QUEEN OF COURTS



In perfect form, captain of the basketball team J. T. Snow shoots another basket during the warm-up action of the Queen of Courts game.



Leaping to the basket, the six foot-six inch player Mo Warner goes for two more winning Griffin points.



The 1984-85 Queen of Courts Mary Kate Hagmann returns the scepter to Mrs. Hart and prepares to crown the new queen.



With crown and scepter, Laurel Kergan begins her reign. She graciously watches the applauding crowd in awe of the evening's events.

FOREIGN EXCHANGE VENTURES TO AMERICA

Welcoming fine students from different countries, Los Al provided homes and an American learning experience for those individuals.



Thomas Metzger came to us from a small town in Switzerland called Zweisimmen. He came through the organization called "Youth for Understanding." Thomas entered Los Al as a senior and was 17 years old. Thomas arrived on August 26 and stayed with the Triplets of Seal Beach. According to Tom, school here was easier. Back in Switzerland they went to school six days a week and had eight to ten lessons a day. Tom still has to wait to graduate because you must be 20 years old to graduate in Switzerland. Tom's favorite thing about Los Al was "the girls." Back at home there was only one or two girls to a class. Thomas enjoys snow skiing in Switzerland but likes the California beaches just as well.

I'm Joaquin Garcia, an exchange student from Spain. I think Los Al is a great school. The teachers and people of Los Al make me feel as if I were in Spain. Here at Los Al there are so many activities that you always have something to do. I'm enjoying the soccer team and the players are wonderful people, so I don't have any problems. In the second semester I'm going to try tennis and see if I'm able to make the team. I think that this school is perfect with its well equipped rooms, its beautiful grass and its big and great courts and fields in sports. I'm really glad that I could come to this school and if I could do it once more I surely would.

— Joaquin Garcia



Patrik Stenberg, senior, was one of our new foreign exchange students traveling all the way to Los Alamitos from Gothenburg, Sweden. Although Patrik enjoyed being in America he did miss his family and friends back at home. He also missed his mother's cooking and all the wonderful food there, like potatoes, meatballs, and cheese. Patrik does enjoy the weather here because he says Sweden is too cold in the winter. Patrik was living with the Robinson family in Rossmoor and enjoyed them very much. He also attended badminton practice



every morning at 6 a.m. Patrik's hobbies include mono skiing, and playing the guitar in a small band. The main reason Patrik came to America was to learn more about our culture and how we lived and also to better learn our language.



On August 6, Ann Faber, a foreign exchange student from Copenhagen, Denmark arrived in Los Alamitos where she was to live with Bruce and Joanne Robinson. Ann was a senior and seventeen years old when at Los Al. Ann got a kick out of how everyone at school called each other "honey" and "sweetheart." She really enjoyed all the classes she was able to choose from. According to Ann, school in the United States was very different from her school in Denmark. In Denmark, her schedule changed from day to day, whereas Los Al kept the same schedule. Ann enjoys playing tennis, snow skiing, and making some of her own clothes. She very much enjoyed our California beaches and our warm climate. Ann's favorite class was drama with Mrs. Trujillo.



My name is **Marc Dourdin** and I am from France. I love the California climate because it's hot in the summer and mild in the winter. I also enjoy the school here because the teachers are friendly and relaxed. However, I think American schools don't have enough classes. I believe this because students don't have a bases in each subject. Every subject is important to have a good formation for a good job. Although American schools don't require enough classes, they do offer each student a choice. I like to choose the classes I want. I also like to get out of school at 2:40 p.m. because I have a lot of free time.

I'm from Rome, Italy. I came at the end of August and after a little bit of home sickness, I can say that I'm having a really good time. I'm living with Carol Scott and Sheri Millar, and I like it a lot. My first impression of Southern California was the wonderful weather and the possibility of enjoying the beach all year long. I really like Los Al, maybe because it is easier than my school, but especially because I have more freedom to choose my classes and participate in sports. It is going to be a great experience for me. I will learn a new language, meet new friends, and have a lot of fun. I know I'll miss everything very much when I go home, but I hope to come back to America soon.

— **Francesca Tozzi**



Hi my name is **Julius Ympa** and I'm a foreign exchange student from the Netherlands. At home I lived in a real small village with about 500 inhabitants, and that was quite a change when I came here. I'm living in Rossmoor with the Fuelleman family. I arrived last August, and I've seen a lot of interesting things already. I really like the school here because it's so different from our school. I've got much more fun classes here than in the Netherlands, where I graduated last



year. I like it a lot here in California, especially the weather and I hope to come back sometime so I can visit all my new friends again.



Hi! For those who didn't meet me during this year I spent at Los Al as an exchange student; I'm **Katja Werner** from Munich, West Germany. I'm one of those people who are crazy enough to leave their family and friends, their world, to experience something they are completely unfamiliar with and to find themselves in 100 e m b a r r a s s i n g, frustrating, but also funny situations. There are not only highs when you do something like that, the ups and downs alternate and sometimes it's pretty hard, but I think I've done quite well with surviving — thanks to a lot of wonderful people and very close friends that I've made here. They were always there to talk and to share "the fun of life." I appreciate every one of you because you are the ones that helped make this not only unforgettable, but also one of the best years of my life. It's been the greatest experience I've ever had, every minute of it was worth being lived — only, now that my time is almost up, I think it's too short! I would very much like to stay longer and I know that I'll miss you all very much, but we'll keep in touch and I'll come back some day. Just make sure you let me know when the class reunion is! Con mucho amor, love and thanks.

— **Katja**

As an exchange student from "Youth for Understanding," I have enjoyed my year at Los Alamitos High School very much. In Denmark I came from a small school with only 500 students. So in the beginning it was quite a difference. But as time went by I got settled down and began to feel that I belonged to Los Al. One of the things that I like about Los Al is the spirit. In Denmark we had no school sports, except P.E. So I have been very glad to be involved in school sports and spirit. I also like all the classes one can take here in the U.S. In the European school system, one doesn't have that many different classes. So as a conclusion, I would like to say thanks to everybody who I have known and to those that helped me through the year. Thank You!!!

— **Jacob Rava**



WOMEN'S CLUB HONORS ROTARY

The Vocational Education Students of the Month were chosen by a Los Alamitos faculty committee. These students received a \$100 check and were honored at Rotary Club luncheons. The Rotary of Los Alamitos sponsored the awards.

Karen Holstein was honored in October by Mr. Atherton. Karen is enrolled in many business classes and hopes to pursue a career in Business Management.

Kristen Pipal was Career Student of the Month in November for her studies in Commercial Art and Word Processing. Kristen is interested in Retail Merchandising for her future.

Glen Kaneko was chosen for the month of December. Glen was chosen by Mr. Considine for his efforts in photo, newspaper, and yearbook.

Tom Olszewski was honored by Mr. Ellis for his drafting skills in January. Tom has taken four years of Drafting plus Auto 1 and Electronics 1. Tom would like to become a Mechanical Engineer.

Ken Murai was chosen for the month of February for his Art and Architecture skills. Ken placed first in Orange Youth Expo and second place for the State Fair. Ken would like to become an Architect in the future.

Pam Gold was chosen by Ms. Smallfield in the month of March for Pam's interest in Word Processing. Pam is employed by Rockwell International.

Jim Dorsey was Career Student of the Month for April. Jim was nominated by Mr. Broadhurst for his wood and welding abilities. Jim would like to become a Jet Engine Mechanic.

Tim O'Keefe was honored in May by the Women's Club for his woodworking abilities. He was chosen by Mr. Becker and Mr. Ellis.

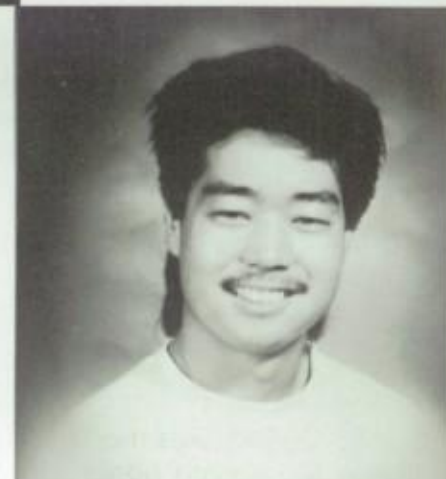
Tim Hamdorf was selected for the month of June by Mr. Broadhurst. Tim is very involved in his welding classes.



Karen Holstein
October



Kristen Pipal
November



Glen Kaneko
December



Tom Olszewski
January



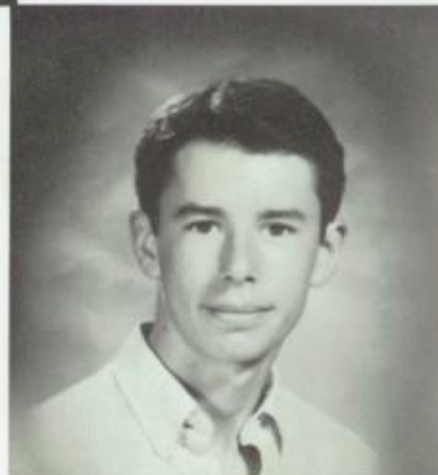
Ken Murai
February



Pam Gold
March



Jim Dorsey
April



Tim O'Keefe
May



Tim Hamdorf
June

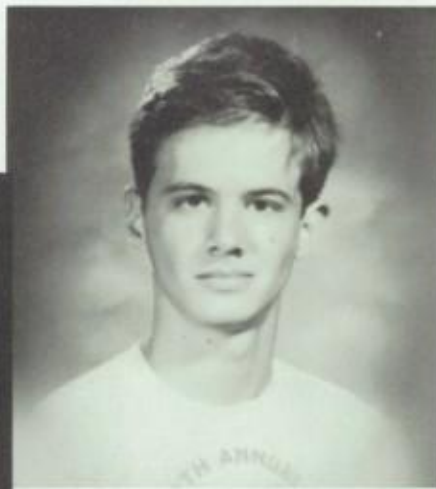
Kent Nordstrom had the honor of being 1985-86 first Student of the Month. Kent was a National Merit Semi-Finalist as well as ASB President. He was also active in the Speech Team and Decathlon Team as well as on the Crusader Staff.

Judy Holzgang was honored in October. Judy was the student representative to the Board of Education and manager of the Decathlon Team. Judy hopes to major in dietetics/food, administration, or Political Science.

Darren Glaudini the planning commissioner in Cabinet was November Student of the Month. Darren was very active in choir and drama as well as being L.A.'s Boys' State Representative of Southern California.

Lance LeCampte was December Student of the Month. He was the captain of the varsity yell squad as well as named a National Merit Commended Student for his outstanding PSAT score. In his spare time Lance is a junior life guard in Long Beach.

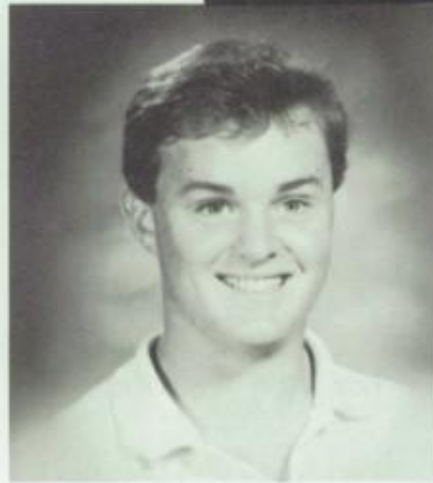
Tracy Gibson was the Student of the Month honored in January. She was awarded for her outstanding achievement academically and socially. Tracy was the Girls' State Alternate for 1985 and has been a cheerleader for four years.



Kent Nordstrom
September



Judy Holzgang
October



Darren Glaudini
November



Lance LeCompte
December



Traci Gibson
January



Jan Maulhardt
February

Amy Cross was the committee's choice for June. Amy has academically achieved as well as being in many school activities like government, Interact, Keywanettes, and all Class Committee's.



David Sohn
March



Mike Chen
April



Scott Raber
May



Amy Cross
June

ACADEMIC HONORS ACHIEVE, RECEIVE

Rossmoor Women's Club was proud to honor an outstanding senior at each of its General Meetings during the school year. After being nominated by a teacher, the student's qualifications were reviewed by a panel of teachers, counselors and the RWC Scholarship Chairman. The 10 students were chosen for their high scholastic achievements, academic excellence and leadership abilities both on campus and in the community. Each student was honored with a \$100 savings bond given at the Club meeting.

Jan Maulhaurt was honored in February. She also was active in Student Government serving as Commissioner of Publicity. Jan keeps busy with Mock Trial, CSF and her membership in the Cow Club.

David Sohn had the honor of being March's Student of the Month. David served as Student Body Treasurer and was an honor student. David is also very dedicated towards drawing and art.

Michael Chen, Editor of the Crusader, was chosen for April Student of the Month. He had been on the Speech Team for 3 years, was active in CSF, and Quill and Scroll. Mike was also chosen by Press Telegram to work in the Minority Journalism Seminar.

Scott Raber had the honor of being Student of the Month in May. He was Co-Editor of the Crusader, 4 year member of CSF, Kiwanis Bowl Team, and Mock Trial. Scott also was in Quill and Scroll.



At 10:00 p.m., students put a halt to their dancing shoes and gather around to witness the coronation. **Nida Nafarette** and **Brett Rinella** proudly accept the prestigious honor. All freshmen and sophomores nominated other classmates, and from this vote, it was narrowed down to ten finalists from each grade.



Sophomore Class President, **Shubert Koong**, takes the stage and announces the winners of the door prizes. With the supervision and help from **Ms. Long**, he was able to attain spectacular prizes. Some included, record gift certificates, fitness club guest passes, and an adorable Teddy Bear. This was a big hit among the students.



Accepting their title with pride, **P. J. Long** and **Kent Wells** make their way onto the dance floor. They will now reign as Sophomore Queen and King. Both Queens were awarded with a Teddy Bear and a crown which sparkled just like their eyes.



Enjoying her Friday night, **Mrs. Steeby** shows her school spirit by welcoming each person to the Sweetheart Dance. Like many students, she did not come alone. Mrs. Steeby brought her husband along to help out. This annual event is memorable and spine-ringing for everybody.

ANNUAL SWEETHEART DANCE

VALENTINE'S ROMANCE AT SWEETHEART DANCE

March 7, 1986 marked the celebration of the crowning of the new royalty. Alumni, **Chuck Dubourdieu**, was the D.J. at the annual Sweetheart Dance. The gym, decorated with pink and red balloons, was the setting for this special event. After the door prizes were awarded, it was time for the coronation. As the audience hushed and suspension filled the air, **P. J. Long** and **Kent Wells** were crowned Sophomore King and Queen. **Nida Nafarrete** and **Brett Rinella** were then given the title of Freshman King and Queen. Following the announcement, couples filled the floor and danced the night away. Other Sophomore nominees were **Janie Kurtella**, **Brandie Shields**, **Vicki Kuzmich**, **Linda Done**, **Royal Reed**, **Eric Prussel**, **Paul May**, and **Sean Patrick**. Completing the Freshman court were **Darren Anthony**, **Mike Deckert**, **David Haub**, **Joan Burtzell**, **Crystal Carrol**, **Kim McNamer**, and **Tanya Weth**.



Junior, **Greg Saylin**, gives a last minute goodluck wish to his valentine, **Linda Done**. This is a very special evening to remember because Linda is up for sophomore queen. Dancing for a long while can be quite exhausting, therefore, this time of relaxation is much needed.



Julie Simmons, **Michelle Malkemus**, and **Kristi Shelly** appreciate this time to rest their feet. They anxiously await to hear who will be the new royalty, but first they check to see if they have the winning raffle ticket.



Dances are often times a social event. **Gerry LeDoux**, **Naomi Nafarrete**, **Virgil Nafarrete**, **Nida Nafarrete**, **Bill Lansford**, **Scott Omohundro**, **Franklin Quenga**, and **David Haub** use this time to reminisce about old times and dream about future events.

SPEECH TEAM CARRIES ON

The Speech Team, advised by the popular teacher **Mr. Jack Schlatter**, continued its dominance in the Orange County Speech League. They competed in many local competitions against dozens of other schools. Members may have entered individually or with a partner. Some of the categories included humorous and dramatic interpretations, impromptu, and prepared speech. Our school performed well in the overall sweepstakes category and members were awarded individual awards throughout the year.



Junior, **Kim Fuelleman**, practices her speech with great enthusiasm and emotion.



The well-known sophomore, **Julie Seaborn**, waits patiently at the Speech Team rehearsal. She is going to be competing in the humorous category. Having much practice on stage, this should be an easy task for Julie.



Speech Team: **Front Row** — Kent Nordstrom, Malcom Womack, Erin Raccach, Julie Seaborn, Jennifer Phillips, Barbara Ewing **Second Row** — Robert Book, Pam Fitzgerald, Karyn Cook, Steve Evang, Mark Salamon, Rick Bernstein **Third Row** — Kim Fuelleman, David Sohn, Jeff Harmon, Scott Rober, David Haven, Lorraine Harding, Melinda McDonald, Ari Martini, Justine Henshaw, Robert Tuttle, Sean Anderson, Holly Vineyard, Lori Hagen, Debbie Klein, Grace Wang



Memorization is an important skill to attain for any type of acting. Senior, **Scott Rober**, makes his first attempt to memorize his part of the dialogue which he will be performing in front of the judges. He is one of the more serious actors.



Freshman, **Rick Bernstein**, reaches into the files for his cue cards that he will be practicing with. At a past Speech League competition he won a trophy in original oratory. Rick is quite interested in drama.

KIWANIS BOWL HONOR SOCIETY

KIWANIS BOWL QUIZES HONOR SOCIETY WHIZZES

For most people, trivial pursuit is a difficult game, but for the **Kiwanis Team**, it is not just a game — it is an acquired skill. The Kiwanis Bowl Team was a quick quiz competition team that practiced four or more hours a week. They rehearsed quiz game techniques and researched different areas for answers. This year the team played Edison High twice — they won one and lost one. March third marked the date that we defeated Trabuco Hills High School, 85-4, it was a very close match. As a tradition, they played the faculty in a friendly contest. Advised by **Dr. Cross**, this year's team was the best in Los Al's history. They were a group that sparkled.

The **National Honor Society** was definitely a prestigious group on campus. It was reserved for those students who received at least a 3.6 grade point average during the first seven semesters of their high school years.



Kiwanis Bowl: Front Row — Jeff Palk, Robert Batey, Sean Anderson, Dr. Jim Cross, Jim Oberacker, Pam Fitzgerald, Chris Brown, Lorraine Harding; Back Row — Jeff Harmon, Steve Wolf



Team work is the key to success. Kiwanis Bowl members, **Lorraine Harding**, **Pam Fitzgerald**, and **Steve Wolf** help each other study for their upcoming competition.



National Honor Society: Robert Batey, Michael Dawson, Stefani Canin, Michael Chen, Johnny Dunn, Roseanne Garcia, Traci Gibson, Joey Grosso, Michael Bernstein, Shalesh Gupta, Erica Huang, Elisa Langsam, Adam Lief, Christina Martinez, Carmine Napolitano, Kent Nordstrom, David Orvis, Todd Paulos, Cindy Pittsey, Scott Raber, Kevin Roe, Cathy Siler, David Sohn, Arhanasia Syrenges, Paula Wasikowski, and John York

THE GOOD DOCTOR

ACT ONE

The WriterMALCOLM WOMACK

THE SNEEZE

WriterMALCOLM WOMACK
 CherdyakovDARREN GLAUDINI
 GeneralKENT NORDSTROM
 WifeJAN MAULHARDT
 Madame BrassilhovHEATHER HOPPUS

THE GOVERNESS

WriterMALCOLM WOMACK
 JuliaSUSAN EGAN
 MistressLAURA MEALS

SURGERY

WriterMALCOLM WOMACK
 KuryatlnKENT NORDSTROM
 SextonEDDIE ALLEN

TOO LATE FOR HAPPINESS

ManDARREN GLAUDINI
 WomanJULIE SEABORN

THE SEDUCTION

WriterMALCOLM WOMACK
 PeterDARREN GLAUDINI
 HusbandEDDIE ALLEN
 WifeSUSAN EGAN

ACT TWO

THE DROWNED MAN

WriterMALCOLM WOMACK
 ManKENT NORDSTROM
 SailorDARIN ANTHONY
 PolicemanEDDIE ALLEN

THE AUDITION

WriterMALCOLM WOMACK
 GirlJULIE SEABORN

A DEFENSELESS CREATURE

AssistantEDDIE ALLEN
 KistunovDARREN GLAUDINI
 WomanHEATHER HOPPUS

THE ARRANGEMENT

WriterMALCOLM WOMACK
 FatherKENT NORDSTROM
 SonDARIN ANTHONY
 LadyJAN MAULHARDT

CREW

DirectorJUDY TRUJILLO
 Stage ManagerSTEVE STOEWER
 Lights/SoundBILL BUSENKELL

CRAIG MALONE, STEVE EVANS, LOUIS YOUNG

CostumesJILL RIORDAN AND CHRYSTIE PLATIS
 PropsVANESSA GONZALES AND TRACI GIBSON



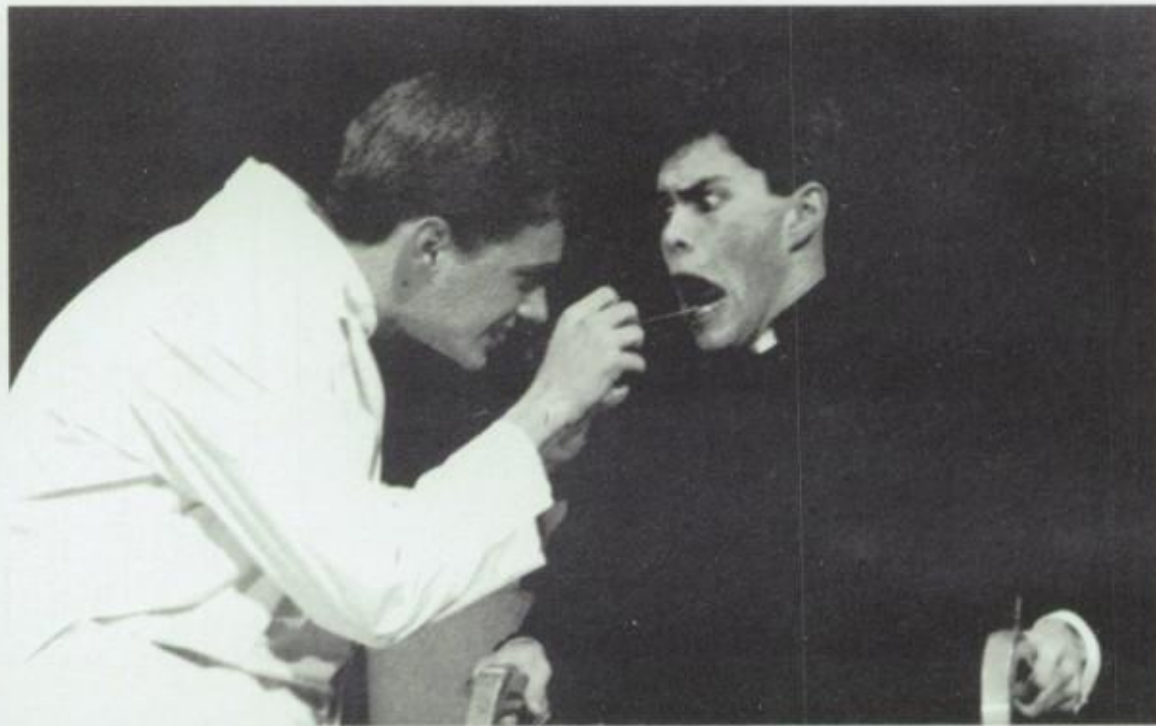
Portraying the role of a wife in the skit, "The Seduction," Susan Egan displays a casual yet conniving smile towards her husband. Then she glances toward Peter with wishful thinking.



In "The Governess," the mistress, played by Laura Meals chastises Julia, played by Susan Egan. The mistress cuts Julia's pay whenever she can as she finds the tiniest errors intolerable.



Heather Hoppus in her role as the woman, shows Eddie Allen, the assistant, her husband's doctor's certificate showing how sick her husband is in the skit "A Defenseless Creature."



Malcolm Womack, as the writer, upper left, narrates the *Good Doctor*. He wishes he could conclude all of his stories with the happy thought "May you inherit five million rubles."

Kent Nordstrom, as Kuryatin, upper right, looks into the Sexton's (Eddie Allen) mouth. Kuryatin, a dental assistant who has never pulled a tooth, insists that the Sexton must lose a few teeth. From the expression on his face, the Sexton isn't exactly excited about Kuryatin's decision.

Kistunov, the banker, portrayed by Darren Glaudini, middle left, pleads with "the woman," Heather Hoppus, begging her to leave his office immediately, before his hair starts falling out. She insists she is a "weak, defenseless creature," but he appears to think otherwise.

Julie Seaborn, above, smiles as she receives a congratulatory hug from a close friend. He came to see Julie and the cast opening night.

Darin Anthony, Julie Seaborn, and Heather Hoppus, left, smile together as they receive well earned applause during the curtain call. Working together, all of the cast learned how much hard work theatre involves, but the work is rewarding when the performance is successful.

IN GOOD "COMPANY," DRAMA PROJECTS GREAT YOUNG TALENTS

Under the direction of Mrs. Trujillo and musical director Mr. Opacic, the production of *Company* rapidly became a smash hit. This musical comedy by Stephen Sondheim was full of many sparkling performances by stars Darren Glaudini and Julie Seaborn. Rey Lozano choreographed the dance numbers in the play, helping to tie in the many talented performers at Los Al. This musical production helped raise money for the new performing arts center — providing better facilities for talented students.

CAST

(In order of appearance)

Robert	DARREN GLAUDINI
Sarah	JENIFER SWANSON
Harry	BRIAN EAST
Susan	SUSAN EGAN
Peter	MATT MCSHEEHY
Jenny	TRACI GIBSON
David	KEN STOCKWELL
Amy	JULIE SEABORN
Paul	RICK MURRAY
Joanne	HEATHER HOPPUS
Larry	DAVID SIDONI
Martha	MARGI HIBSCHMAN
Kathy	KIM MARTIN
April	VANESSA GONZALES
Jan	LAURA MEALS
Angie	HOLLY WATSON

COMPANY

STEVEN WOLF	VICKI KUZMICH
BOBBY JACK	SHAHANA HASSON
DEVIN BUDD	KIM RODEFELD
LANCE LE COMPTE	MALCOLM WOMACK
MELINDA McDONALD	

CREW

Director	JUDY TRUJILLO
Musical Director	RALPH OPACIC
Choreographer	REY LOZANO
Accompanist	PETE WILLIAMS
Set Design	LANCE LECOMPTE
Stage Manager	STEVE STOEWER
Light Crew	BILL BUSENKELL
	TIM DE YOUNG, ED KNIGHT, ERIC HAPPOLT
Make-Up	DEJA CORCORAN
Program/Poster Design	KRISTIN PIPAL
Props	MARGARET SAVAGE
Costumes	JILL RIORDAN
Curtain	DARIN ANTHONY

Julie Seaborn sings "I'm Not Getting Married Today," even as she prepares to tie the knot. She obviously feels panicked on her wedding day.



Darren Glaudini as "Bobby" attempts to turn on the charm as he tries to "seduce" Vanessa Gonzalez who plays "April."



Susan Egan, also known as "Susan" from *Company*, whole heartily sings about divorce which brings her closer to her ex-husband.



COMPANY



The chorus surrounds "Bobby" who is portrayed by Darren Glaudini, and sings the title song "Company."



With fully extended arms and voices, the cast of *Company* finishes the first part of act two singing "Side by Side."



Heather Hoppus who plays "Joanne" expressively sings "The Ladies Who Lunch." Heather delights audiences with her charm.

performing arts





Drama Club Officers: **Front Row** — Malcolm Womack **Second Row** — Melinda McDonald, Laura Meals, Karen Holstein, Jennifer Swanson, Susan Egan

SPOTLIGHT SHINES ON TALENTED THESPIANS

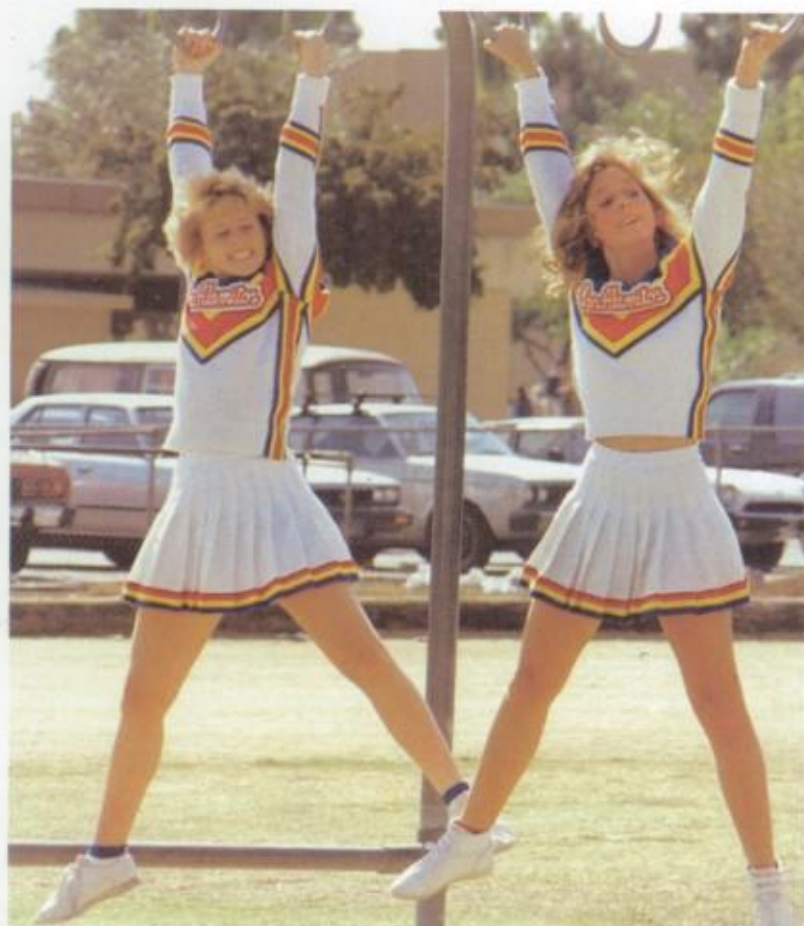
As one of the most active clubs on campus, Drama Club was made up of some of the most energetic students at Los Al, who enjoyed performing, and who had the talent needed to act in the many plays which the Drama Club staged. Members of the Drama Club performed many tasks to help with the productions, such as working as ushers and selling tickets. Among the numerous productions this year were **Company** and **Music, Music, Music**. The latter was a benefit concert to raise money for the Performing Arts Center. In order to pay for the expenses involved in a drama production, the club earned money through various candy sales held throughout the year, and the money obtained through ticket sales from the plays themselves.



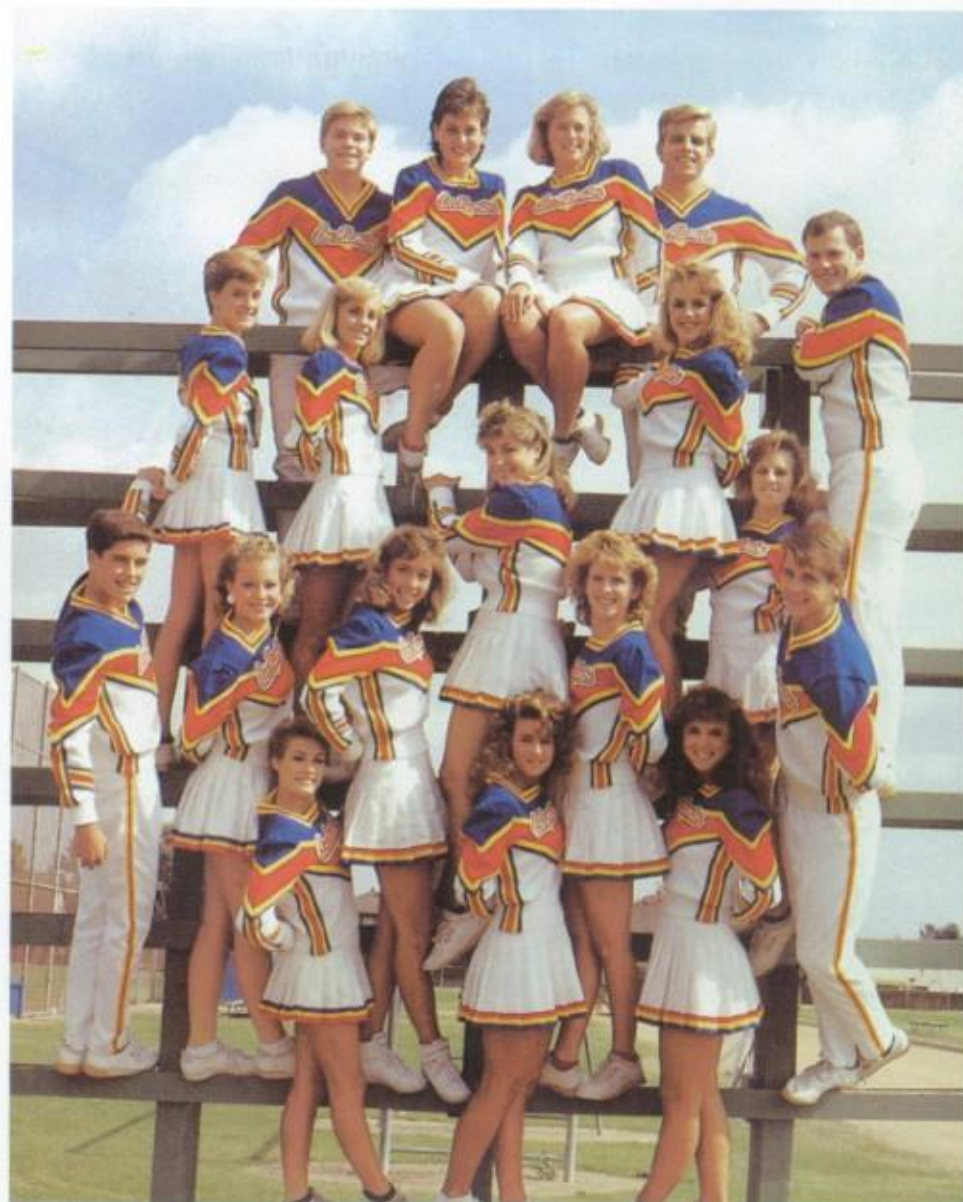
Drama Club: **Front Row** — Traci Gibson, Tally Burkhart, Matt McSheehy, Jean Sickel, Holly Watson, Julie Seaborn, Susan Egan, Lisa Perles, Julie Coontz, Danita Humphrey, Sandy Daniels **Second Row** — Kam Lewis, Rick Bernstein, Stacie Ray, Melinda McDonald, Jennifer Swanson, Kristina Alvarez, Julie Siler, Jill Riordan, Jennifer Booth, Karen Holstein, Laura Billon, Kathleen Gannon **Third Row** — Barbara Ewing, Nancy Lee, Anne Save, Alison King, Heather Hoppus, Melinda Berber, Rachel Brophy, Jennifer Slusher, Kim Engel, Tracey Doyle, Steve Wolf, Rachel Kurkus, Sean Creasy **Fourth Row** — Katy Bryson, David Haven, Darren Glaudini, Kent Nordstrom, Scott Rinella, Craig Malone, Mark Solomon, Tommy Caruso, Robert Book, Alison Chafe, Eric Kahler, Brad Schultz **Fifth Row** — Sarah Libby, Dave Sidoni



Vicki Kuzmich sings in the benefit concert, **Music, Music, Music**, which helps raise money for the Performing Arts Center.



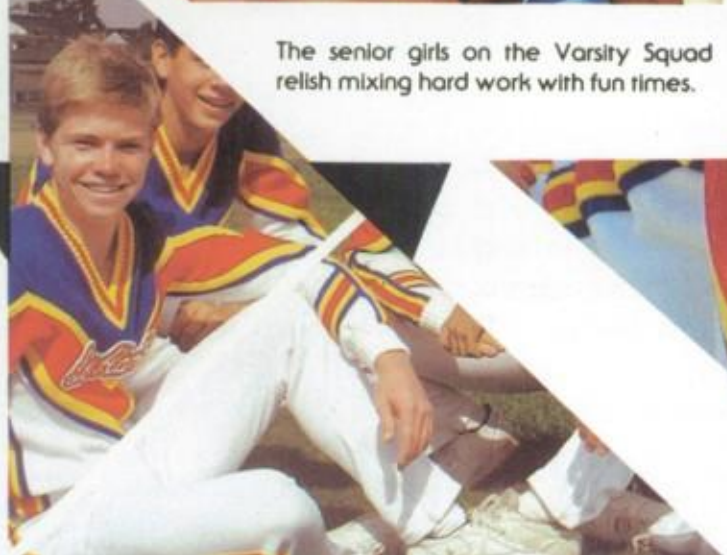
Cheerleading is not just fun and games, it is hard work. Cathy Poe and Suzie Pray are able to maintain smiles while doing the obstacle course.



Varsity Cheer and Yell: **Front Row** — Chris Degregory, Michele Stoll, Laurel Kergan **Second Row** — Devin Budd, Jody Crum, Suzie Pray, Cathy Poe, Ron Wilhelm **Third Row** — Michele Overbeek, Kim Rodefeld, Traci Gibson, Sara Brain, Missy Munsterman, Rick Murray **Fourth Row** — Jim Devlin, Donna Hardin, Cathy Siler, Lance LeCompte



The senior girls on the Varsity Squad relish mixing hard work with fun times.



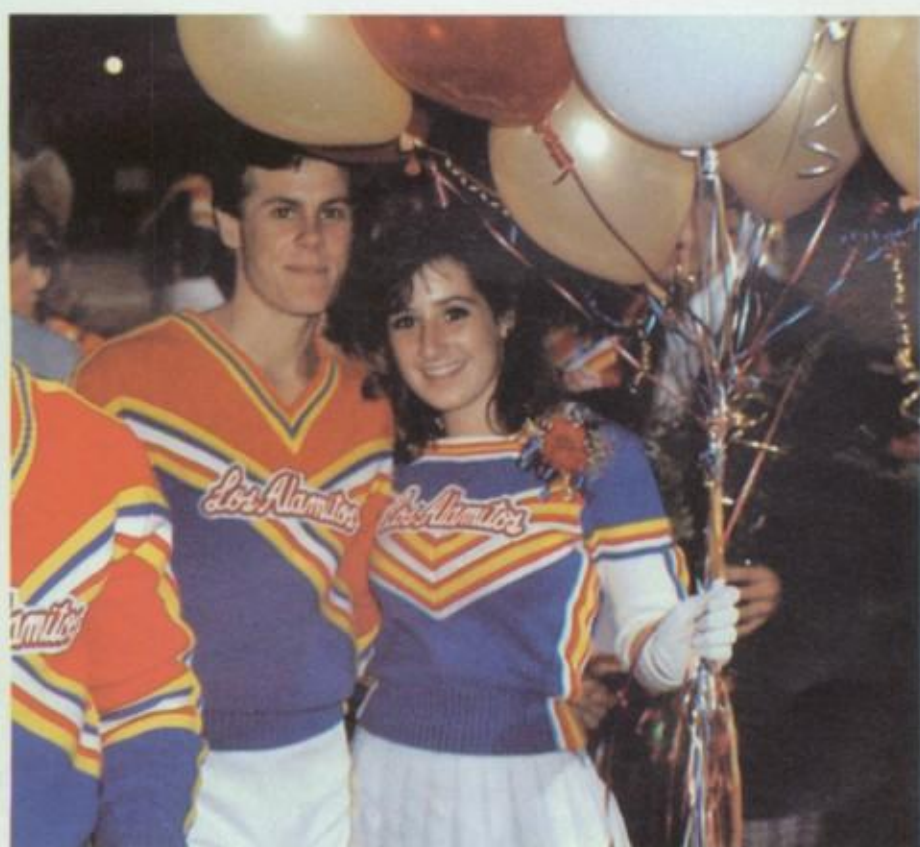
Jim Devlin manages to rest up before building the next strenuous pyramid.



Senior yell leader, Lance LeCompte, enthusiastically watches the other squads perform. He is ASB pep commissioner and captain of varsity yell. Spirit and support is what cheerleading is all about.



Varsity Song: Front Row — Naomi Nafarette, Heather Hoppus, Christine Dennis Back Row — Vanessa Thomas, Anne Save, Stephanie Snow, Linda Jensen, Margi Hibschrman, Ronna Coulter



Along with Homecoming festivities comes a time to celebrate. Former yell leader, Guy Woodson and song leader, Margi Hibschrman join in on the excitement. During halftime, multicolored balloons and flags cover the field making an aisle for the Homecoming Queen candidates.

VARSITY CHEER, SONG PAINT THE SCHOOL RED

Under the instruction of Rey Lazano (above), the Varsity Yell and Cheer squad was defending the National Champions. They competed throughout the whole year at local and state competitions; they then went on to nationwide competitions. The Varsity Song Leaders were another busy squad working hard to maintain their superior reputation. They started practicing over summer and continued until spring. In August, all squads attended a US Spiritleaders camp at the University of Santa Barbara. This gave them a chance to perfect their routines for the numerous competitions.

Naomi Nafarette, Linda Jensen, Anne Save, and Ronna Coulter (above), practice a kick line at camp in order to perform it for other schools from around the state.

CHEER CELEBRATES VICTORIES

The Junior Varsity Cheer squad consisted of sophomores, juniors and seniors. The sophomores cheered at their grade level games; the juniors and seniors cheered at varsity games. However, when it came to competitions, there was a Varsity Competition squad, consisting of all grade levels. There was also a small girls' varsity which consisted of junior and senior girls. Both squads competed in numerous competitions throughout the year. The freshman girls also put in a great amount of effort to maintain the superior reputation of the school.



Getting ready for the big game, Dana Rosenfeld helps paint posters in support of the J.V. Football Team during Homecoming Spirit week.



J.V. Cheer: **Front Row** — Sharon Weinstein, Kim Ramseyer **Second Row** — Almee Lewis, Kanani Turco, Julie Siler, Yvonne Soule, Dana Rosenfeld **Third Row** — Kelly Clark, Cinnamon Chaney **Fourth Row** — Darlane Kamm, Susan Egan

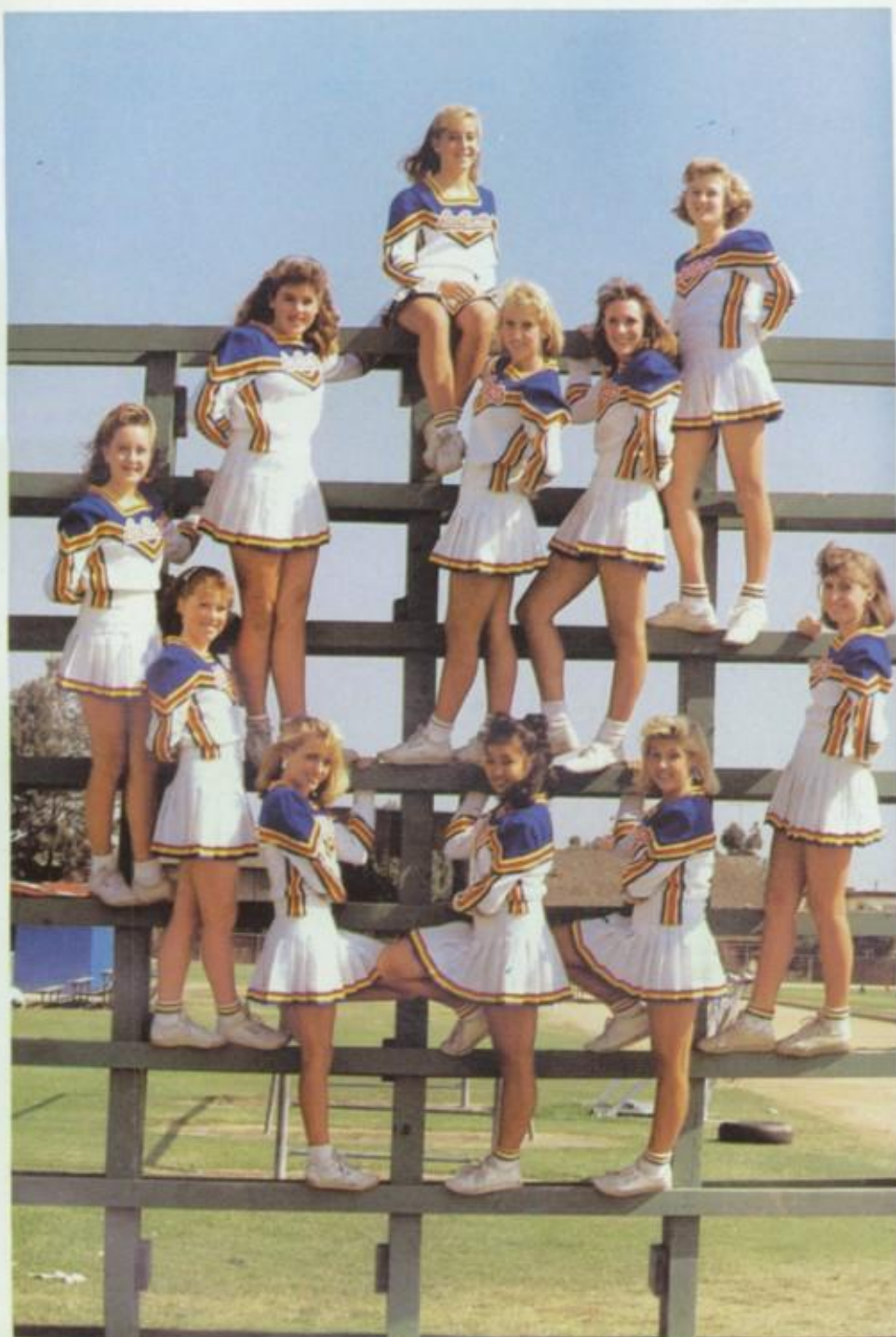


Watching the Homecoming half-time celebration, Kanani Turco waits patiently for the return of the football team and the remainder of the game.



As the sun sets, J.V. Cheerleader Kelly Clark raises posters at Gahr Stadium for the Homecoming game. Her help shows enthusiasm for the victory ahead.

junior
varsity
and
freshman
cheer,
mascots



Freshman Cheer: First Row — Colleen May, Nida Nafarrete, Joan Burtzell Second Row — Sarah Libby, Marti-Jo Spurlock Third Row — Holly Crum, Wendy Hines, Katy Comings, Tracy Delaney Fourth Row — Julie Eschenbrenner, Holly Noonan



Gertrude and Gunther Griffin are animated by two sophomores, Jennifer Maitlen and Melinda McDonald. As Los Alamitos Mascots they bring spirit and celebration to pep assemblies as well as at the games. Griffin pride is celebrated in living color.



In order to do high kicks, freshman girls Wendy Hines and Colleen May help Tracy Delaney stretch down to her toes during practice fifth period. Stretching is a daily warm-up which none can miss.



Dressed up in his finest attire, Gunther Griffin jumps around the gym at a pep assembly. He leads the crowds in Homecoming festivities.

BATEY, TWIRLES OUT IN FRONT

As the year progressed, the Los Alamitos Olympian Marching Band has many victories to celebrate. They went to such competitions as the Artesia Parade, they defeated other schools winning their first Sweepstakes Award of the year.

Virgil Nafarrete was the 1985-86 Drum Major and under the direction of Tom Hrbacek, the Los Alamitos Olympian Marching Band continually achieved superior marks and represented our highly ranked school.

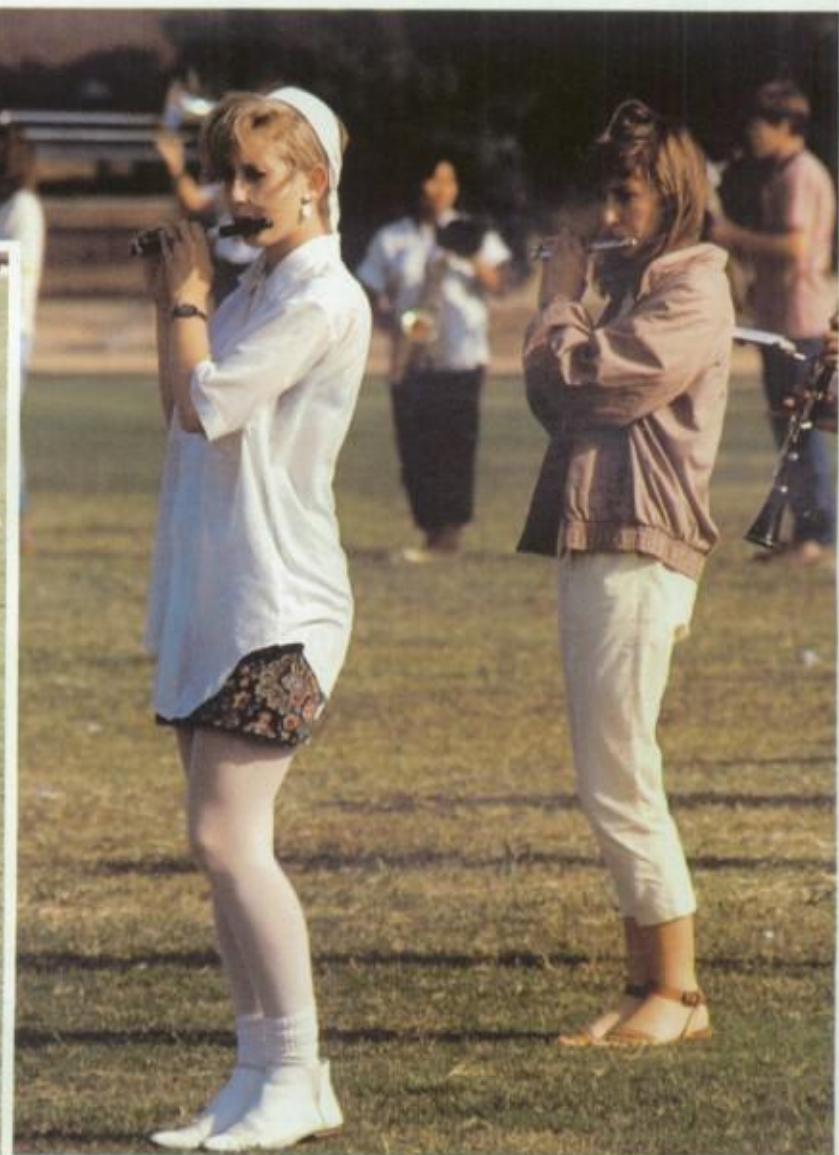
The Advanced and Intermediate Bands helped the Freshmen Band and together they helped bring spirited celebration to games of all types and pride to Los Alamitos.



Jazz Band: **Front Row** — Lisa Defalas, Michele Gener, Daralyn Hamada, Evan Kunst, Mike Klenitz, Ron Muir **Second Row** — Pam Armstead, David Lamb, Brian Ehler, Allison Cook, Eric Mellencamp, Tom Anderson, Chet Silvers, Chris Lamb, Duncan Davidson **Third Row** — Imre Golden, Tim DeYoung, Mike Moore, Tom Foden, Virgil Nafarrete.



Although wearing a band uniform is an honor, John Jost and Virgil Nafarrete still cannot wait for that moment to take off their band uniforms and put on a pair of jeans.



Jennifer Younghusband and Alissa Robinson play their flutes tall and proud to show Mr. Hrbacek they are ready to perform at the Griffin football game tonight.



olympian marching band



Every once in a while you have to let that energy out. Showing off how zany our Olympian Marching Band members can be after too much practice is Carolyn Kolb, Shelby Gilroy, Janice Turby, Dan "The Man" Squyres, and Suzi Alstrom.



Olympian Marching Band: **Front Row** — Virgil Nafarrete, Lisa Kim, Puanani Pereira, Ericka Boone, Erin Osburn, Arthur "AJ" Rathke, Karen Oca, Joelle Anisman, Annette Borja, Randy Bugge, Erin McBride, Dawn Locerte, John DeGregory, Teresa Gonzales, Susan Elston, Jennie Sheley, Tina Calderon, Jenny Bostain, Jennifer Batey **Second Row** — Suzanne Bazan, Gail Fridlund, Marianne Carroll, Mary Houghton, Christina Trice, Ron Vega, Michele Gener, Debbie Ramchandaini, Chanda King, Lisa Kefalas, Mike Kienitz, Erin Anderson, Alissa Robinson, Stacey Jordon, Stephanie Sanchez, Amy Polakoff, Jennifer Slusher, Jenny Levin, Lisa Orvis, Stacie Light **Third Row** — Laurel Creasey, Jeremy Trammel, Brad Bills, Jennifer Younghusband, Paul Ottone, Chris Brown, Jennifer Booth, Cristine Clabaugh, Shelby Gilroy, Jennifer Simmons, Cindy Schild, Tami Lucas, Kym Guinn, Kirk Saylin, Tara Nummedal, Ken Bishop, David Brown, Carolyn Kolb **Fourth Row** — Veronica Woodie, Phil Raymond, Christina Lucas, Linda Palmer, Renee Menard, Elise Herning, Cathy Jenner, Jon Maples, David Lamb, Margaret Savage, Danny Kolodzieg, Arron Wheeler, Phil Hsueh, Ann Faircloth, Laura Murray, Ann Mellencamp, Yvette Powell, Chris Brophy, Janice Terby **Fifth Row** — Bill Busenkell, Chad Manning, Marc Jessener, Tim Calder, Duncan Davidson, Karl Oneyear, Chris Burnett, Kurt Spurgin, Pat Leon, Craig Wiblemo, Imre Golden, Darren Blan, Tony Tredway, Laura Cannon, Marc-Eric Molnar, Greg Carson, Dave Schultren, Louis Young **Sixth Row** — Tim DeYoung, David Carlen, Chet Silvers, Mike Moore, John Hrbacek, Jeff Lyons, Mike Greuter, Mark Reutzel, John Jost, Julius Ypma, Casey Dankers, Eric Roger, Greg Saylin, Sarah Mueller, Jeff Amhad, Derek Baker, John Turby **Not Pictured** — Steve Sroewer, Randy Hawk

BAND SHOWS A MANIA FOR MUSIC



Throwing her baton high, **Jennifer Batey**, hopes to catch it on the way down.



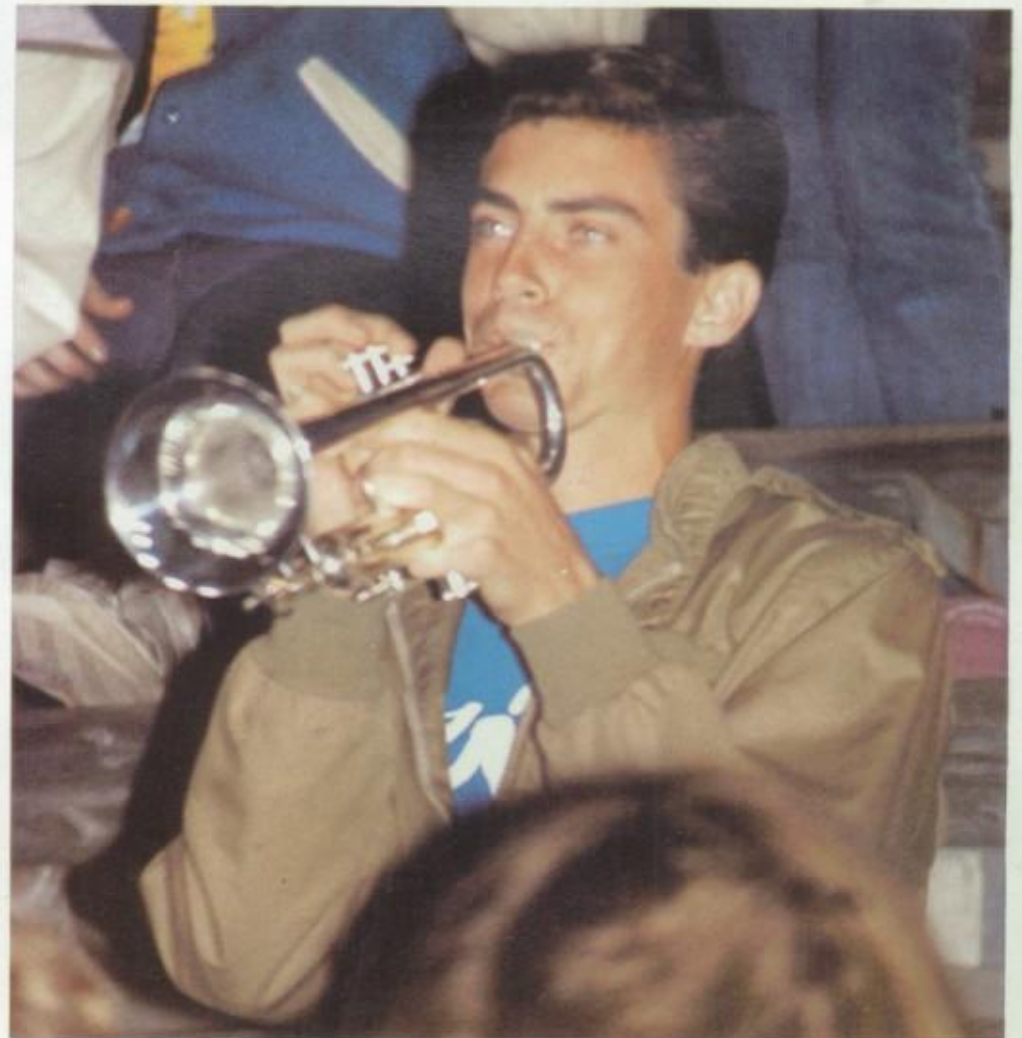
Eagerly waiting to board the bus, **Elise Herning, Ann Faircloth, Renee Menard, and Laura Murry** mentally prepare themselves for the upcoming competition. The band participates in many competitions which require them to have determination to win.



As **Virgil Nafarrete** plays his trumpet at the football game, he thinks about this coming up weekend. The Olympian Marching Band will be performing at the Silverado Days Parade in Buena Park. Not only is Virgil a trumpet player but also the drum major.



Tim DeYoung plays a trumpet solo from the Gahr Stadium stands while the mighty Griffins go on to score a touchdown.



In the midst of a tedious practice period, **Jeff Lyons** must put aside his thoughts of homework and direct his attention to **Mr. Hrbacek**.



Member of the band, Marianne Caroll plays "Los Gallos" on the xylophone. It is a song for the field show that the band performs during football season.



Stacey Jordan, and Elise Herning believe that pure concentration is needed to perform our National Anthem before the actual starting of the Pep Assembly.

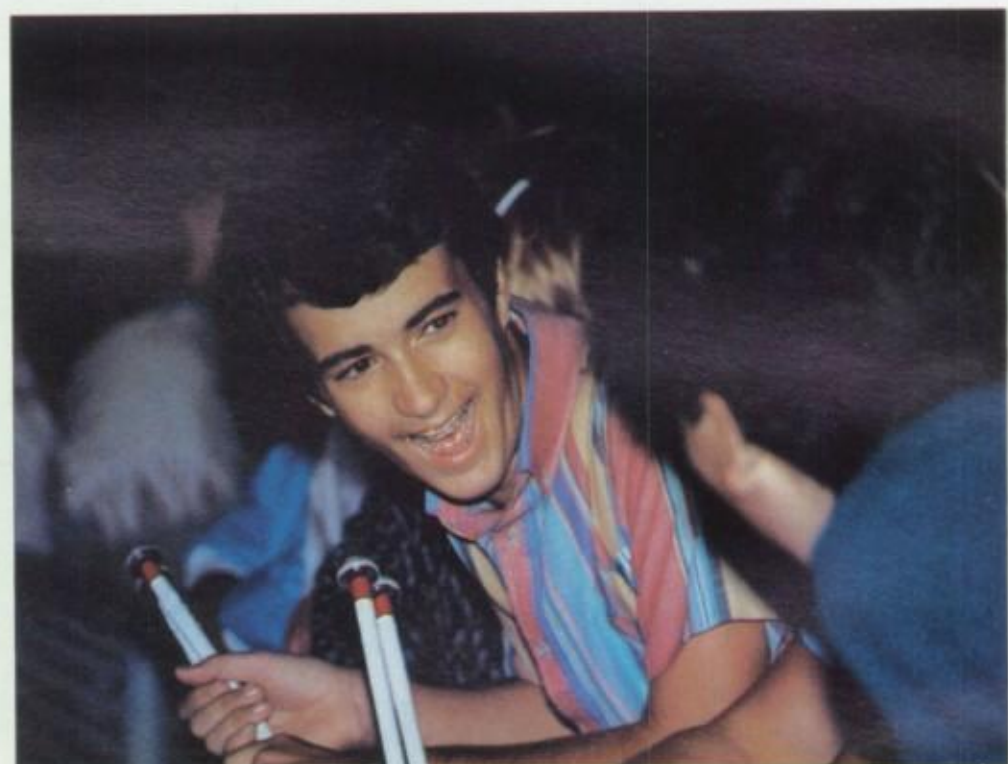
olympian marching band



Chet Silvers stands daydreaming with his trombone at his side during practice. He cannot figure out why Mr. Hrbacek is jumping up and down yelling at him.



Carl Oneyear, Chet Silvers, foreign exchange student Julius Ypma, and Kurt Saylin wonder how much longer they will have to practice for the field show until they get it perfect.



Jeff Lyons is one of those drummers who likes to play the drums when no one else is around. Looking up for his next cue, Jeff suddenly realizes he is the only one playing.



Omega Drill Team: **Front Row** — Christy Howe, Darilyn Sisemore, Maren Kussler, Debbie Sittler, Wendy Orr, Kelli Hawkins, Diane Erickson, Dana Wadleigh, Karen Maestas, Christy Martinez **Second Row** — Julie Swanson, Jodi Hemphill, Gina Schuman, Wendy Kjorness, Michelle Schuman, Michelle Haub, Pam Rozolls, Stacey Hawthorne, Allison King, Cindy Orr **Third Row** — Julie Roumimper, Dina Reyes, Christine Van Kampen, Erin Cordes, Michelle Walker, Helen Herring, Jennifer Labar, Kelly Gallagher, Lily Truong, Jane Chapman, Jane Yoh **Fourth Row** — Denise Siegel, Suzanne Turrentine, Carolyn Howard, Judy Dazis, Michelle Palermo, Christina Welter, Jessica Haberman, Amy Rippelmeyer, Kassie Hjelmstad, Heather Heyer, Megan Wood



Omega Drill Team Captains: **First Row** — Kelli Hawkins, Captain **Second Row** — Debbie Sittler and Diane Erickson, Senior Leaders **Third Row** — Wendy Orr, Co-Captain



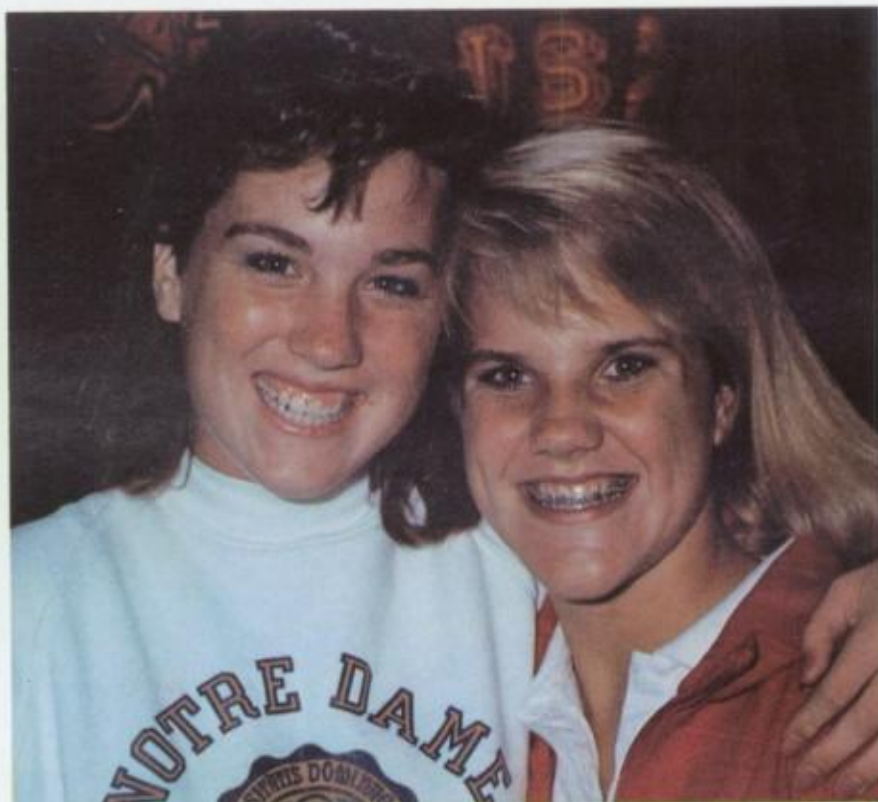
Standing at attention, Judy Davis smiles as she watches the crowning of the 85-86 Homecoming Queen, Christine Dennis. Judy is a first year member of the Omega Drill Team.



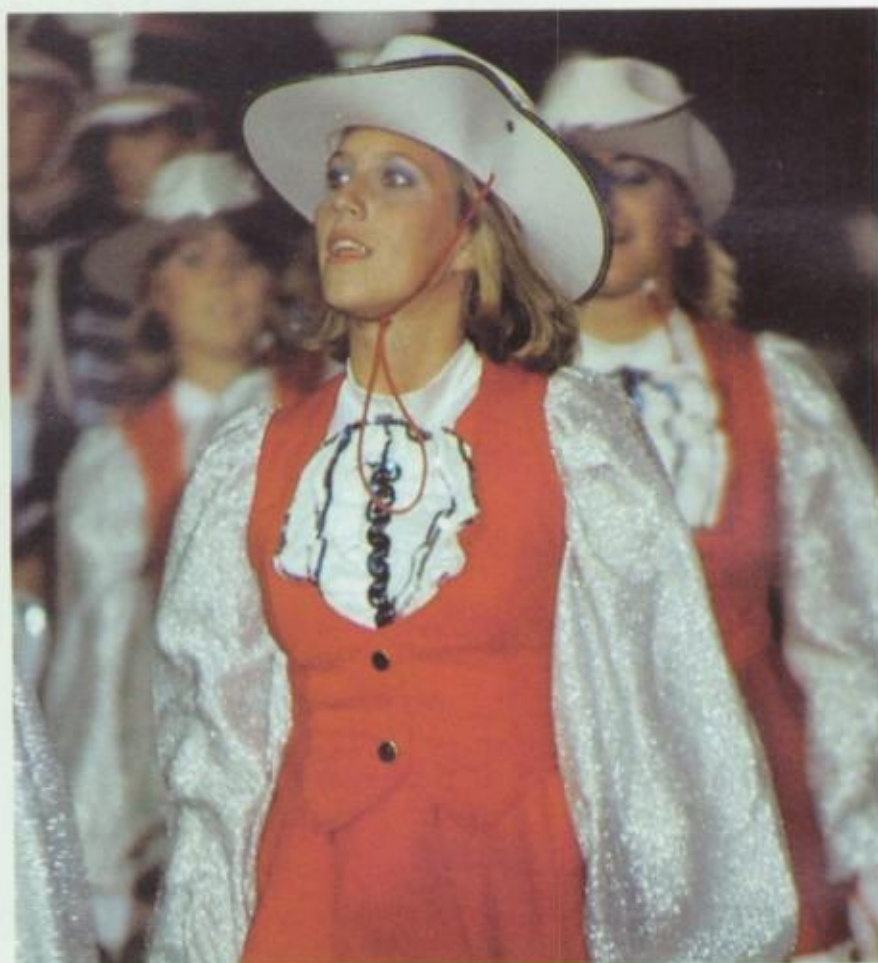
Smiling with enthusiasm, **Michelle Polarmo** marches proudly to her place in line during a half time performance at Gahr Stadium. She looks forward to seeing the results of the game.



While performing at one of Los Al's home games **Caroline Howard**, a first year member of the Omega Drill Team concentrates hard on doing her best at the evenings routine.



After performing their show at half time **Christina Welter** and **Stacy Hawthorne** beam with pride because of their excellent routine. They cheer from the grandstand during the rest of the game.



As **Julie Swanson**, senior parades past the judging panel at Mt. Carmel she looks up at the judge with confidence that the Omega Drill Team will win, yet another competition.



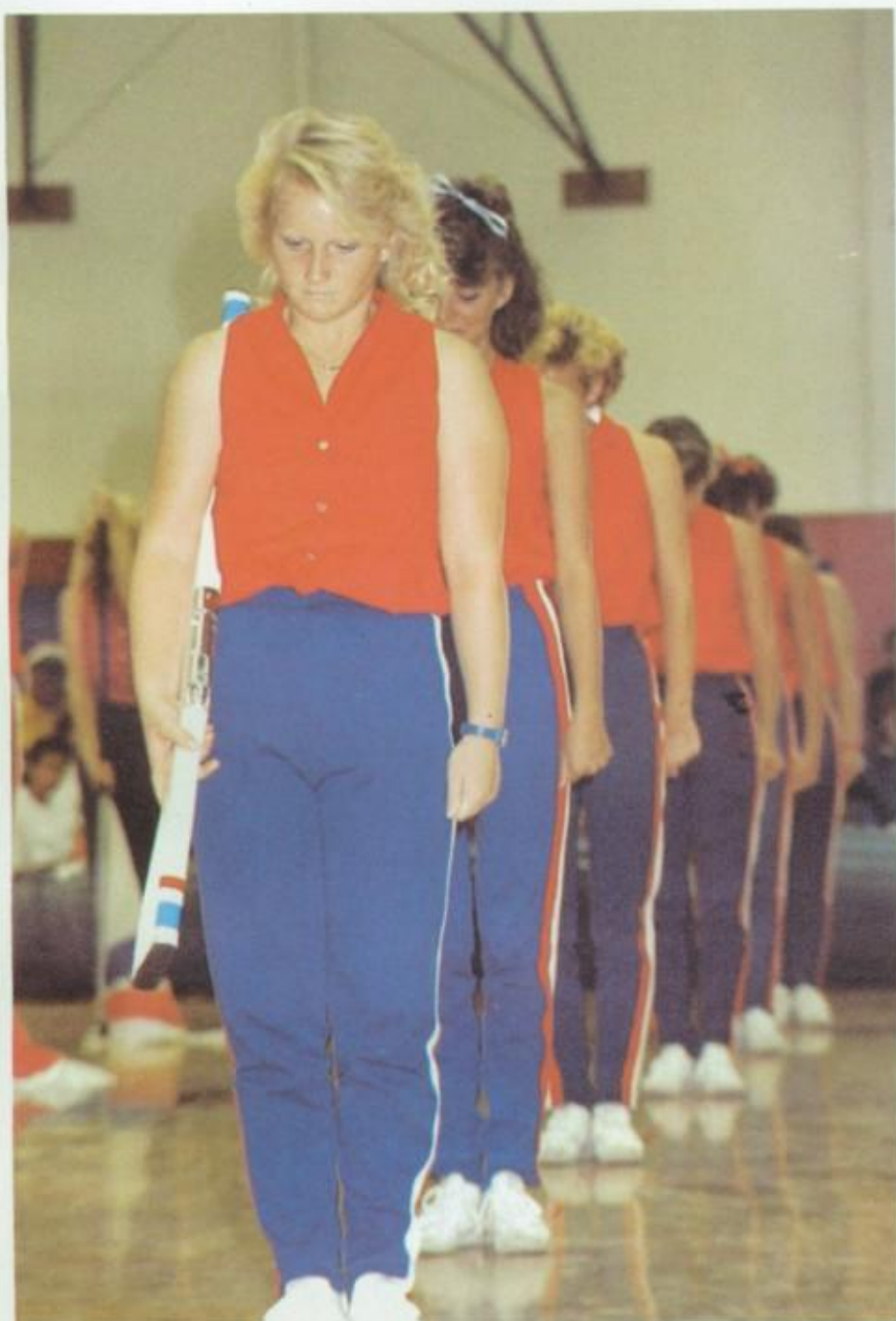
Color Guard: **Front Row** — Gayle Gunderson, Kris Johnson, Heidi Gray, Andrea Barrows, Debbie Theriault, Shanna Hemmings, Leslie Bruce, Heidi Stauch
Second Row — Yasmine Tifrit, Debbie Aragon, Deborah Namm, Cindy Pittsey, Wendy Schwantes, Cassie Beyers, Elsa Longsam, Linnette Donohue, Raquelle Sprague, Tiffany Hall
Third Row — Eva Kloss, Gail Checkouras, Ella Turrentine, Lisa Toomey, Kelly Spaulding, Anne Buonocore, April Delaney, Nancy Logan, Kristin Tseko, Jennifer Brooks, Jennifer Maurer, Ann Tarlton
Fourth Row — Shana Binder, Rebecca Hewitt, Andrea Sprague, Debbie Gunderson, Laura Bowden, Linda Done, Lynne Clissold, Tanya Maskalenko, Sheri Wixom, Kathy Weist, Shannon Bruce, Kristi German



Junior, **Anne Buonocore**, stops and looks to see what is going on in the quad area. Anne is an active member of both the rifle team and the popular T-Shirt club, "Jeneric Juniors."



Color Guard Captains: Flag Co-Captain: **Heidi Gray**, Rifle Captain: **Andrea Barrows**, Flag Captain: **Debbie Theriault**.



Heidi Stauch holds the rifle team in position for the cue to start their routine. Being on time is real important in their famous routine to Axle F. Theme.



Standing at attention is one of the important positions to hold in rifles. Shannon Hemmings, four year member, shows how well she has mastered this position.



FLAGS, BANNERS, CAPTURE TROPHIES

Advised by Mr. Hrbacek, headed by Erin Linsky and Susie Wuestoff all forty-two Colorguard members have accomplished a tremendous amount. The **Olympian Marching Band**, **Color Guard** and **Omega Drill Team** have competed together. Some of the many competitions were Artesia, Silverado Days, Mt. Carmel, and Chino. At Artesia, the first competition of the year, Color Guard received a first place trophy, Drill Team received a second and our band also received a second place trophy. At Silverado Days our school captured the Grand Marshall Award.

Color Guard does not just go out and win competitions. Hard work goes into every routine they perform. Practices are every day Monday through Friday from the beginning of sixth period to about 4:00 to 4:30 p.m.

Summer was also spent practicing and introducing new members to the team. During the summer they practice from 7-9 a.m. About three days were also spent at spirit camp in Santa Barbara learning new routines and techniques that they can use in future routines. Weekends were spent on football games and competitions. The main schools competed against were Mater Dei, Arcadia, Wilson, and Kennedy. Such stiff competitions give reasons for the hard work and dedication of the Los Alamitos Color Guard.



Waiting patiently for half-time is Shannon Bruce. Shannon is a first year member of rifles and is very nervous to perform in her first half-time show.

VOCALISTS SING OUT IN NEW NUMBERS

The '85-'86 choir was the largest in Los Al history. It included 115 people who made up four separate choirs.

The Concert Choir met every morning at 7:00 am, and was an assembly of talented individuals.

The Show Choir, consisted of thirty select singers that performed in the concerts at school, and also made special performances and benefits for the community. Their first benefit was **Music Music Music** to raise money for our new Performing Arts Center.

The Chamber Choir is an advanced group who concentrate on musical techniques.

The Freshmen Chorus joined our established choirs this year. They performed this year in the combined choir concerts, and spent time developing their talents.

All the choirs were directed by **Ralph Opacic**, who devoted many hours to the newly developed program. The choirs' accompanist, **Pete Williams**, arranged most of the choirs' music. Another important part of the choir program is the help of **Rey Lozano**. His expertise in choreography is the key to every show's vitality.

This year, the combined choirs produced three shows: A Broadway revue entitled **All That Jazz**, a Winter Concert in December, and a Pops Concert in May.



Choir Officers: Lori Jack, Judy Holzgang, Lance Lecompte, Kim Martin, David Sidoni, and Tracey Gibson sit together at the piano to rehearse a new number for the musical revue **All That Jazz**.



Darren Glaudini, and Julie Seaborn, members of the Show Choir, perform **Charlie Brown** for a benefit.



Show Choir members Darcy Owen, and Tracy Gibson, sing **A Wonderful World** during the show **All That Jazz**. It benefits the new Performing Arts Center.



Concert Choir: Jennifer Booth, Sharon Bordas, Hena Borneo, Chris Brophy, Devin Budd, Tally Burkhart, Julie Campbell, Lynne Clissold, Rory Collins, Julie Coontz, Joe Coulter, Jaime Coultrice, Brian East, Susan Egan, Leonard Fontanez, Julia Francis, Kimberly Fuelleman, Kelly Gallagher, Traci Gibson, Vanessa Gonzales, John Graham, Elizabeth Grueter, Jill Gude, Samuel Hardin, Shahana Hassan-Reep, David Haub, Michelle Haub, Kathrine Headley, Lisa Hess, Rebecca Hewitt, Margi Hibschan, Nanci Hibschan, Wendy Hines, Judy Holzgang, Heather Hoppus, Denise Horner, Nolan Howe, Lori Jack, Robert Jack, Leland Jay, Karen Johnson, Eric Kahler, Laurel Kergan, Alison King, Chanda King, Rachel Kirkus, Abigail Koehring, Heather Koehring, Vickie Kuzmich, Andre Lamoureux, Elisa Langsam, Lance LeCompte, Robert Lee, Helaine Levitt, Lara Listavich, Mark Magana, Jennifer Maitlen, Kimberly Martin, Melinda McDonald, Kelly McHale, Matthew McSheehy, Mellissa McSheehy, Julie Meadows, Laura Meals, Sarah Mueller, Eric Murray, Naomi Nafarrere, Darcy Owen, Kaiulani Perelra, Rosemary Peters, Patricia Pettigrew, Christin Platis, Angela Puhl, Kimberly Ramseyer, Bradley Rawls, Royal Reed, Kevin Reekes, Matthew Rickerd, Stephani Robertson, Kim Rodefild, Ana Saladrigas, Monica San Vincente, Tom Sanders, Nancy Sands, Jennifer Saurenman, Julia Seaborn, Casey Shaffer, Carole Shane, David Sidoni, Julie Siler, Jennifer Simmons, Tonia Sisson, Yvonne Soule, Chris Spoden, Ken Stockwell, Stephen Stroewer, Steven Swagel, Traci Trombino, Ella Turrentine, Robert Tuttle, Grace Wang, Shirley Wang, Paula Wasikowski, Diane Watson, Holly Watson, Katharin Werner, Peter Wilson, Malcolm Womack, Allan Wood, Stephen Woods, Laura Younkin, Julius Ypma.



Show Choir: Front Row — Kenny Stockwell, Laura Meals, Traci Gibson, Darren Gladini, Brian East, Darcy Owen, Vicki Kuzmich, Dave Alvarez, Lance LeCompte, Shahana Hassan, Susan Egan, Royal Reed, Neil Sorenson, Kim Martin Second Row — J. J. Cisneros, Vanessa Gonzales, Heather Hoppus, Mark Magana, Kent Wells, Margi Hibschan, Michelle Haub, Devin Budd, Melinda McDonald, David Sidoni, Sharon Bordas, Chris Spoden, Steve Stroewer, Julie Seaborn, Judy Holzgang, Bobby Jack.



The song McCavity gets their point across. Chamber Choir Members: From Left to Right — Lori Jack, Matt McSheehy, Julie Coontz Second Row — Stacie Light, Angela Puhl, Kathryn Sichel, Helaine Levitt, Lisa Hess Third row — Tom Sanders, Scott Kondra, Mike Torquato, Mellissa McSheehy



Brian East and David Alvarez give much support to each other during practices and performances.



Chamber Choir: Left to Right — Kathy Sichel, Scott Kondra, Stacie Light, Lori Jack, Stephanie Christ, Tom Sanders, Debra Devlin, Angie Puhl, Helaine Levitt, Matt Rickerd, Mellissa McSheehy, Anne Bounacore, Matt McSheehy, Lisa Hess, Julie Coontz, Mike Torquato, Judy Davis, Tania Sisson, Corey Confer, Jeanne Sichel.



Freshman Chorus: **Front Row** — Wendy Hines, Sina Fanene, Tisha Shaffer, Jenniger Hein, Micah Gemme, Jeannette McCulley, Becky Gregg, Tricia Pettigrew, Jennifer Booth, Kirstin Tancre, Tracy Pereira **Second Row** — Jenny Bostian, Andrea Gunn, Lisa Craig, Jane Blackmun, Nicole Hutton, Barbara Ewing, Cheryl Rutledge, Elizabeth Sharp, Jaime Halaby, Leslie Bryant, Kelly Hall, Suzette Kron **Third Row** — Joseph Dvornekovic, Htoo Win, Tim Householder, Stephen Covall, Adam Mucci, Wendy Pfeiffer, Tabitha Jewett, Shannon Jankowski, Ralph Jones, John Graham, Ricky Bernstein, David Haub, Mark Salamon



Susan Egan, Vanessa Gonzales, and Leonard Fontanez, members of the Concert Choir, sing Put On A Happy Face, for a dress rehearsal.



Stephen Covall, Leslie Bryant, and Mark Salamon perform a skit from the fairytale Peter Pan. They are in the Freshmen Chorus which is new to our choir program this year.

sports



GRIFFINS CAME ALIVE IN '85

"He goes for the pass and scores!" This was often heard at the games in which our Griffins were victorious. The team beat Esperanza at the Homecoming Game, and were also Empire League Champions for the first time since 1976. Their record was 10-2 and they made it to the second round of CIF playoffs. The captains this year were; J. T. Snow, Marc Trachtman, Jerry Le Doux, and Chris Theodore. The head coach was John Barnes.

At the annual banquet, special awards were distributed. Most valuable players were J. T. Snow and Robbie Katzaroff. Chris Rose and Chris Theodore were chosen for first team all league. J. T. and Robbie were awarded the all country and all CIF awards. The Griffins came alive in 1985!



Varsity Football: Front Row — Doug Ramsey, Robbie Katzaroff, Jerry Le Doux, William Libby, Winston Wolf, Scott Welsh, Mark Johnson Second Row — Mark Trachtman, John Olsen, Jim Howard, Chris Theodore, Cory Quinn, Brian Molles, J. T. Snow, Randy Hacker Third Row — Franklin Ponte, Robert Trice, Lawrence Wolf, Joe Coulter, Mr. Randal, Kevin Jeanotte, Don Dubry, Rob Gordon, Robert Brackley Fourth Row — Mike Cole, John Cisneros, Dino Serengleas, Coach Doretti, Coach Van Gorder, Coach Brakke, Coach Barnes, Coach Sher, Coach Castles, Bill Salas, Len Fontenez, Phil Pinto Fifth Row — Gleen Barratt, Roger Roadstrom, Don Van Winkle, Kenny Montgomery, Pat Brown, Mike Damato, Neil Sroensen, Chris Spoden, Brett Minor, Chris Rose, Jeff McCoy Sixth Row — Robbie Nen, Tommy Williamson, Mike Baker, Mike Rogers, Mike Mullany, David Hughes, Matt McCabe, Jason Davenport, Steve Wood, Steve Tarver



After a great recovery by our defense, Coach Barnes paces as he thinks of the next day.



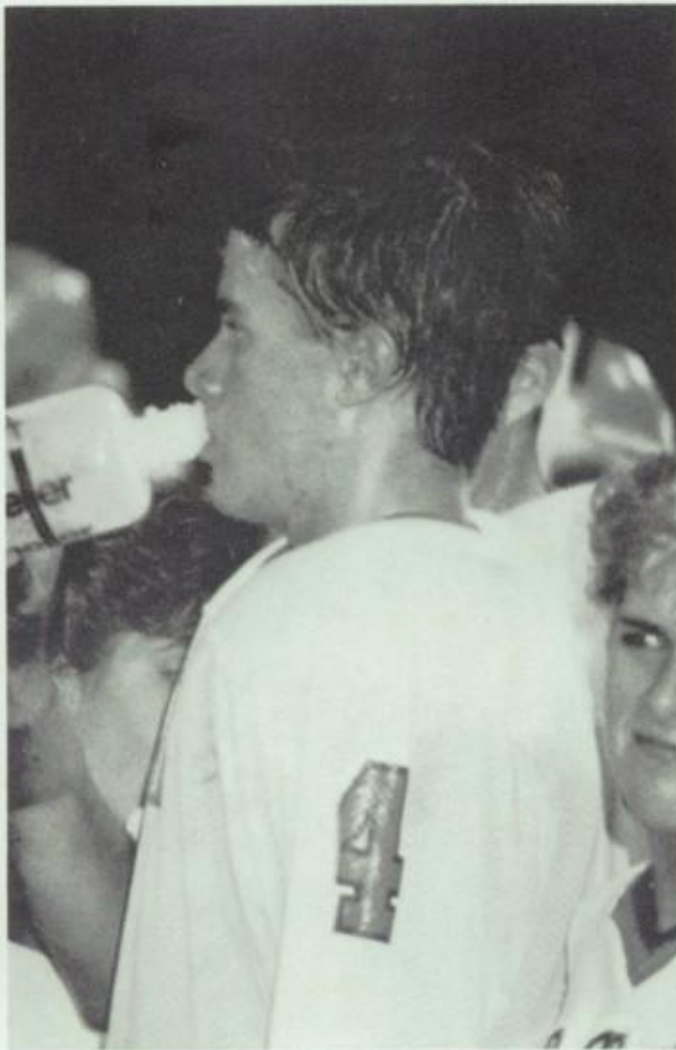
After a stupendous victory, some of the proud Griffins took some time to talk with the local cable station about the game. Chris Theodore; defensive end, J. T. Snow; quarterback, Robbie Katzaroff; running back, and also on defense Don Dubry.



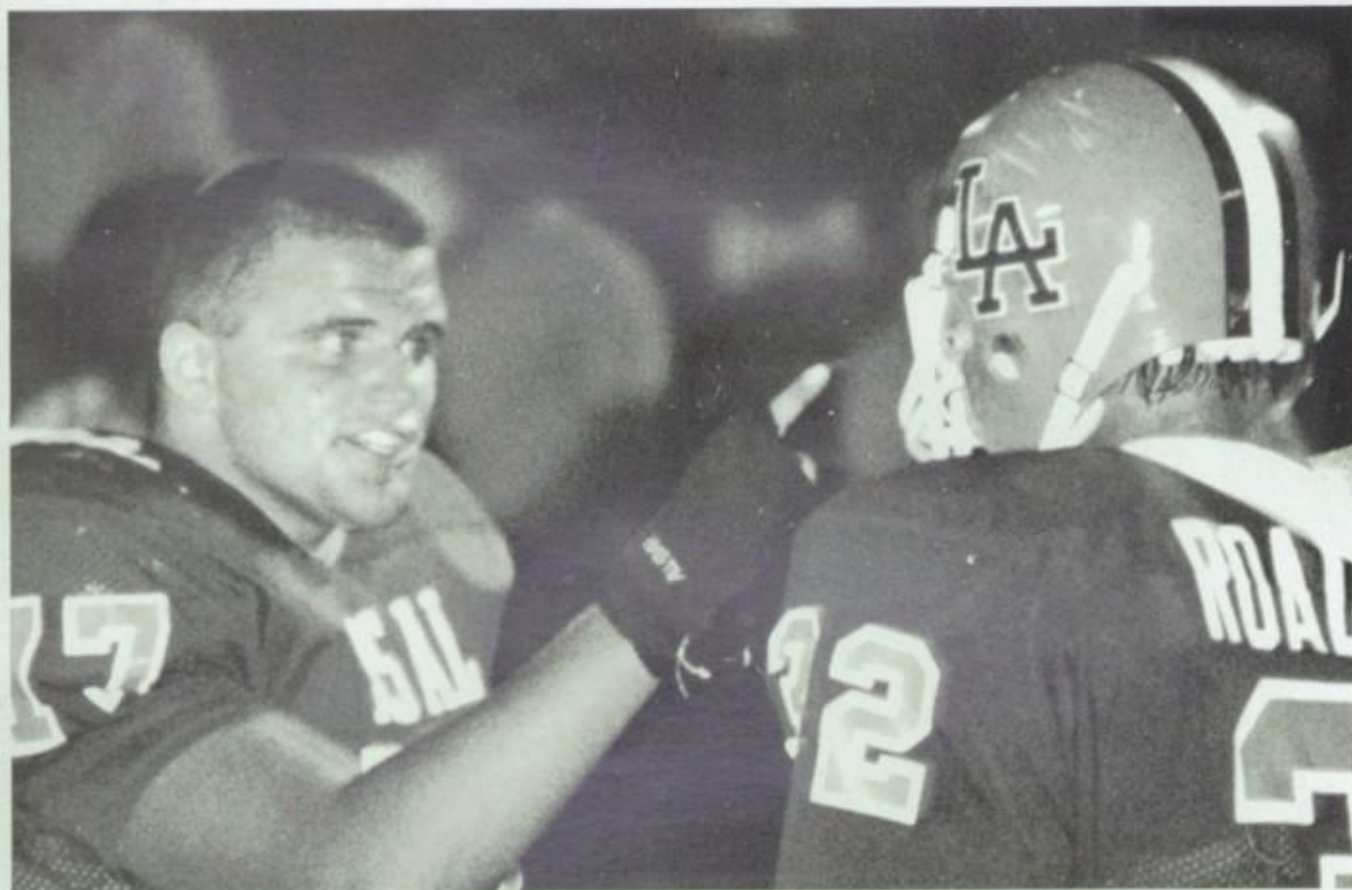
Pre-game festivities are put on by all the talented auxillary units, and they create a lot of spirit in both the players and the audience. Before the kick off the team members break through a huge poster.



Robbie Katzaroff, voted most valuable player, smiles after a victory that put Los Al in first place in Empire league.



During the game against Cerritos, quarter back J. T. Snow regains his strength after throwing a touchdown pass to even the score.



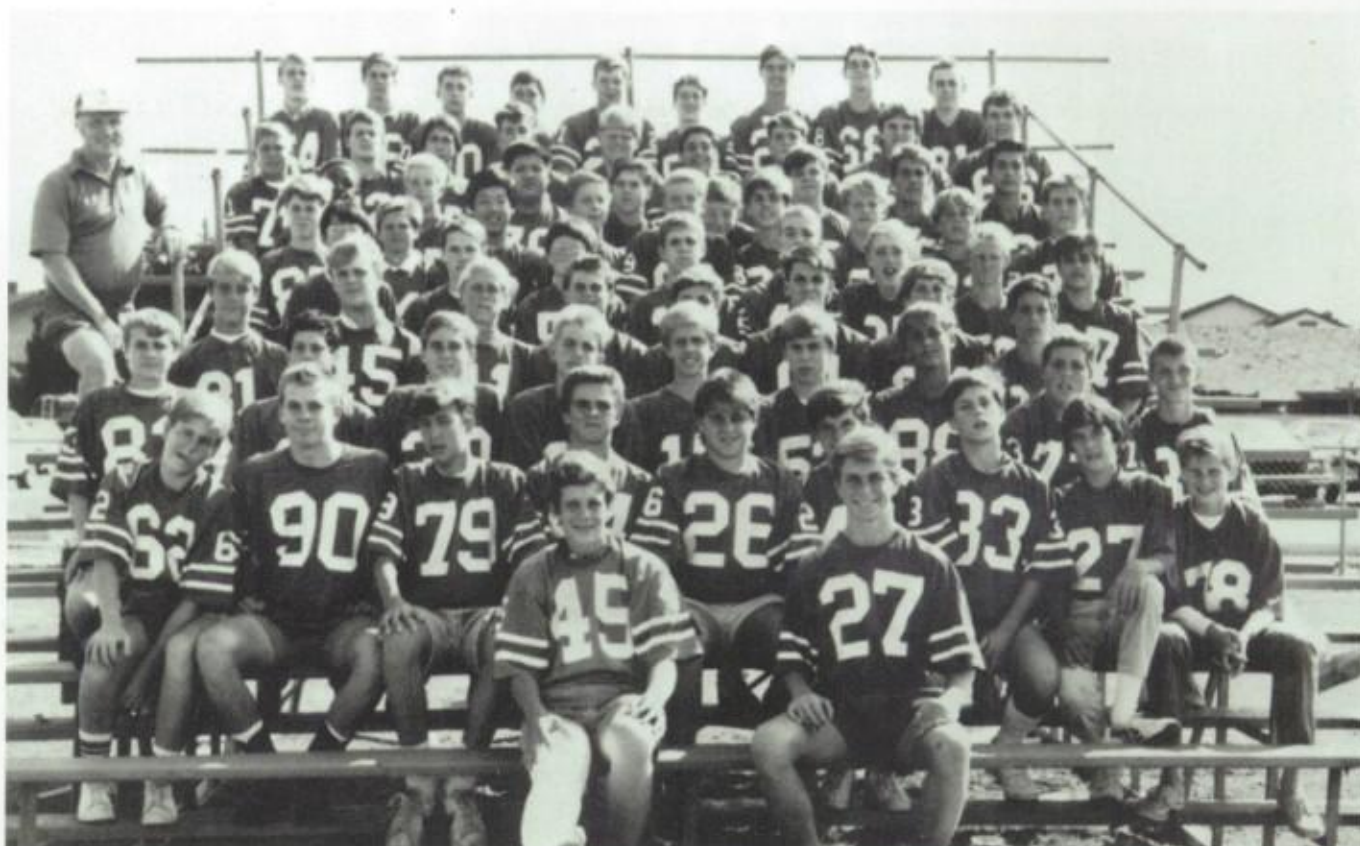
Between plays Chris Rose has a few words with Roger Roadstrom about the intensity he has to have for the next play. It is important that everyone pay close attention to constructive criticism. Chris still has another year for varsity football.

SCORES

HOME		VISITORS
21	Loara	7
24	Esperanza	21
17	Cypress	7
35	Kennedy	0
0	Pacifica	20
31	Katella	7
24	El Dorado	21



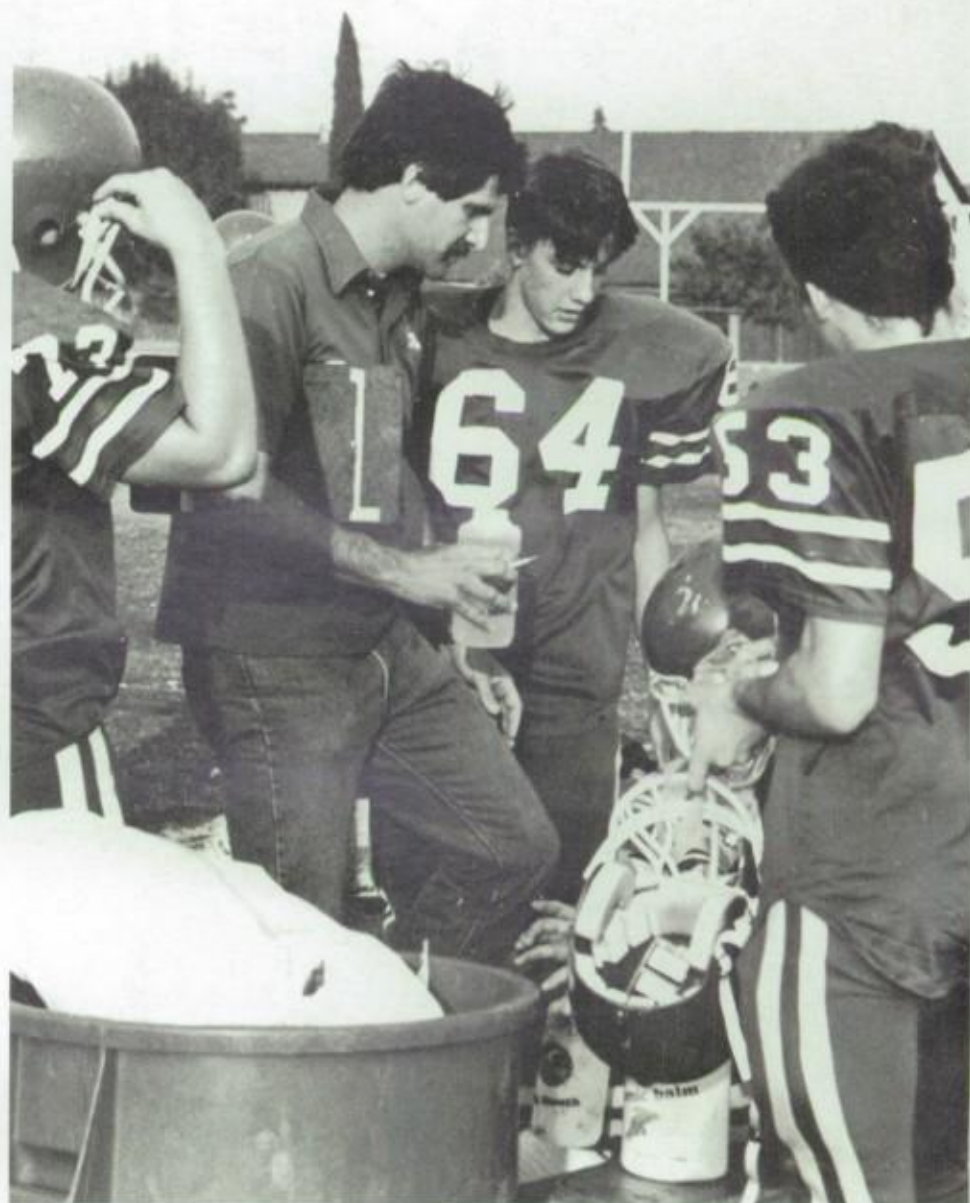
After an exciting game John Olson smiles at his friends and shows his enthusiasm.



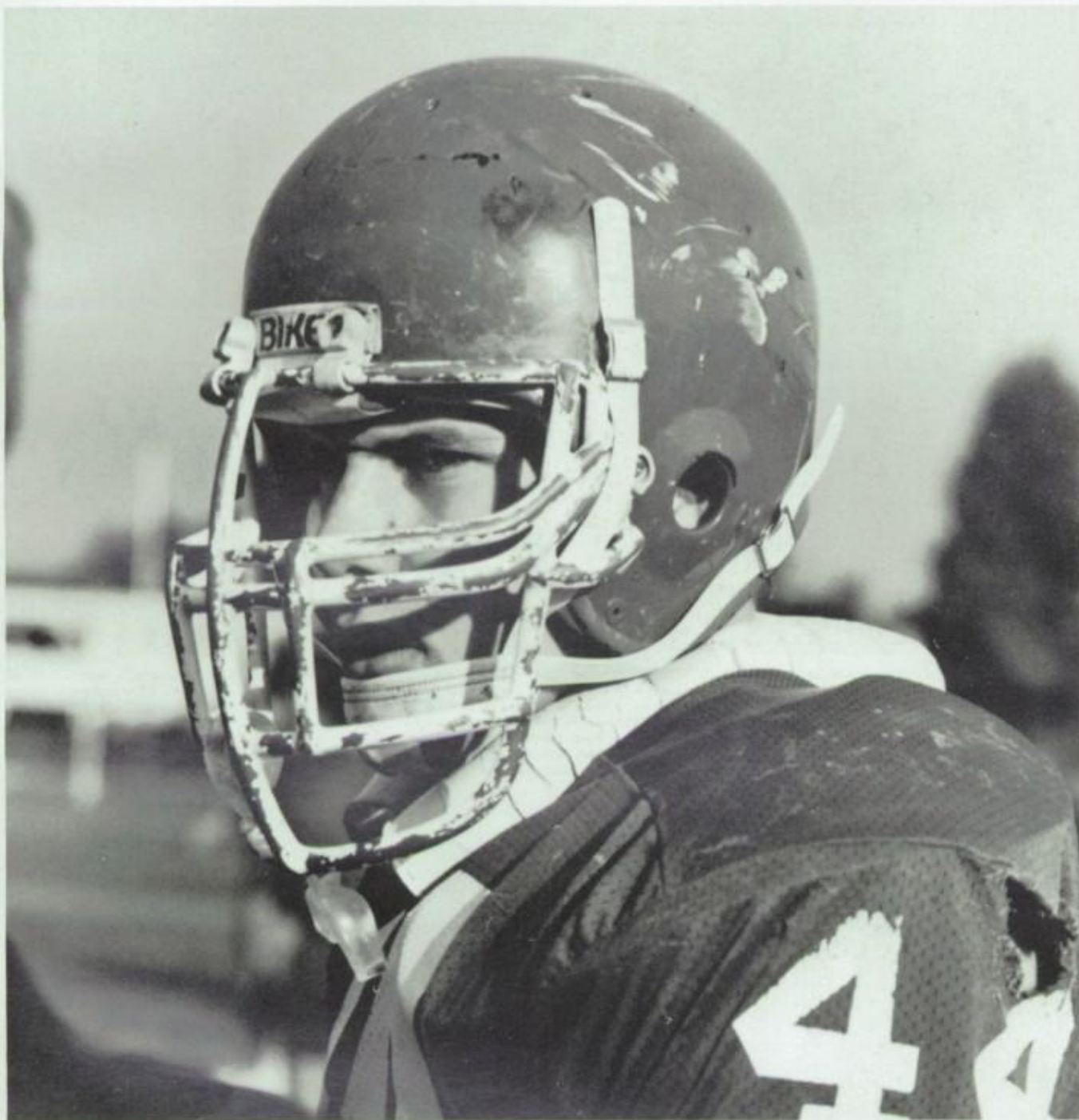
Freshman Football: **Front Row** — Ronnie Stamper, Jason McEachren **Second Row** — Jared Welz, Chris Park, Dave Moradich, Glouanni Carolina, Sean Cronin, Bill Hoggard, Jason Clark, Carl Frayter, Bill Miller **Third Row** — Darrin Anthony, Buck Drunkenmiller, Brent Bacher, Don Leonard, Russ Biringer, Bill Walters, Eric Bloom, Blair Slak, Zack Young **Fourth Row** — Parker Pollack, Stuart Murray, Joe Bram, David Strong, Chris Hamel, Mike Rosetti, John Ghram, Craig Ohlrich **Fifth Row** — Coach Lung, Shin Wu, Frank Jordan, Jason Coons, Jeff White, Hon Whitney, Jeff Blanco, Mike Gallagher, Kevin Castro **Sixth Row** — Blake Pederson, Thierry Fairon, Sean Thomas, David Welz, Joel Fisher, Phil DeMatteo, Eric Thompson, Ryan Herricks, Garrett Guavain **Seventh Row** — Adrian Duncan, Todd Gibson, Pete Wu, Shane McGinnis, Ryan Herricks, Sean Aldridge, Mark Kimball, Mike Deckert **Eighth Row** — Rick Nugent, Chris Grimes, Larry Lindquist, Pete Van Zantphen, Cole Blossy, Kamran Auring, Jacob Gromet, Joe Dvareckovich, David Haven **Ninth Row** — Ken Gajeski, Bobby Farrell, Sylvester Trino, Bill Mahlohn, Eric Caesar, Angus Duncan, Mark Salamon, Damian Knowlton



During halftime, Joe Brain and Thierry Fairon take a much needed break. Water, fruit, and a victory help to beat the heat.



Working with the freshman team brings both headaches and victories to Coach Pazeian. Los Al is lucky to have teachers who are able to share their time and knowledge of sports with the students.



Sophomore football team member **Robert Decker** waits patiently on the sideline for an opportunity to get in the game. He watches as they hold the opposing team who relentlessly fall in their attempts to score. Robert's daily practice enables him to play well.

SOPHOMORES TOUCH- DOWN TO VICTORY

Coach **Steve Rothbloom** coached the sophomore team to a second place finish with a record of eight and two. **Tim Wynn**, **Sam Hardin**, and **Sean Fournier** shared the prestigious position of team captain. The offense was led by the combined efforts of the team's two quarterbacks, **Tony Fusco** and **Royal Reed**, who's combined passing yardage added up to over 2,000 yards. Tight End, **Tim Wynn**, was the top scorer for the team, while **Damon Davidson**, defensive back, led the Griffin defense with ten interceptions for the year.



Runningback **Pete Scanlon** thinks about the formation he must run once the ball is snapped.



Sophomore Football: **Front Row** — Tony Fusco, Toyal Reed, Tim Wynn, Jim Laughlin, Scott Stevens **Second Row** — Mike Sanders, Stefan Koleff, Mark Vera, Sam Hardin, Bill Emfinger, Damon Davidson **Third Row** — Jeff Kanow, Ryan Sutton, Todd Welsh, Robert Sylvia, Shane Loftis, Dave DuBourdieu, Paul May, Sean Fournier **Fourth Row** — Scott Wilford, Pat Fairon, Marcus Garcia, Matt Fosdick, Gabe Arnold, Larry Pircher, David Lattanzio **Fifth Row** — Brent Durhie, Chad Campbell, Coach Jeff Nicks, Mike Ball, Brian Levine, Jeff Platt **Sixth Row** — Pete Kropf, Pete Scanlon, Jeff Barrus, Josh Musselman, Robert Decker



The two sophomore quarterbacks **Royal Reed** and **Tony Fusco** warmup before the game.

GRIFFINS SHOOT FOR BACK OF NET

The 1985-86 men's varsity soccer season was one that was to be remembered. The team was crowded with talent and drive. They finished second place in League, but the season didn't end there; the Griffins weren't finished yet. Those determined boys pushed themselves all the way to the third round of the play-offs. High scorers **Rob Katzaroff**, and **Eric Schwandt** led their team to an exciting season of nothing but victories.



Men's Varsity Soccer: **Front Row** — Jim Devlin, Eric Schwandt, Dino Syrengales, Eric Lange, Mark Magana, David Combs, Jeff Ferrario, Derek Sparta **Second Row** — Joaquin Garcia, J. J. Cisneros, Jason Zommick, Mike Bernstein, Carmine Napolitano, Scott Sargeant, Geoff Bickel, Robbie Katzaroff, Wim Libby, Coach Schwandt **Not Pictured** — Joe Carpentier



Halfback **Carmine Napolitano** takes a direct kick for the Griffin. He looks beyond the Katella defenders to one of his open players.



Mike Bernstein watches from the full-back line as his team manipulates the ball on the other side of the field. Mike is one of the many senior members of the team.



Jason Zommick brings the ball back up to the offensive side of the field. Jason is a halfback and is one of the high scorers for the Griffins with six goals.



Running at top speed, Jim Devlin a center half back for the varsity team, moves forward to overload the offense enabling the team to score. Jim is also a member of the varsity cheer squad.



During warm-up before the game against Pacifica, the two varsity goalies, Eric Lange, and Mark Magana block the shots from their teammates.

SCORES		
HOME		VISITOR
9	Artesia	2
2	Lakewood	0
1	Gahr	2
5	Downey	0
1	Lakewood	0
0	Millikan	2
2	Loara	2
1	Esperanza	1
2	Cypress	1
2	Kennedy	1
4	Pacifica	4
5	Katella	0
2	El Dorado	2
0	Esperanza	4
4	Loara	4
2	Kennedy	1
3	Cypress	0
4	Katella	3
3	Pacifica	3
2	El Dorado	0



Joaquin Garcia, a foreign exchange student from Spain, proves through his performance during the game that soccer is an art.

GIRLS' SOCCER TAKES THIRD

The women's varsity soccer team pulled together to make their season one of great accomplishment. The girls brought their season with a thrilling close by winning their last two Empire League games in a row, and brought themselves into C.I.F. range. They met Esperanza in a play-off to see who would go on the C.I.F., but lost one to zero in the last minutes of the game. The Griffins had tough competition but upset an undefeated Kennedy team one to zero in the fourth game of the regular season. They finished in third place.



Girls' Varsity Soccer: **Front Row** — Danelle Burick, Joanna Willemse, Nancy Clark, Heidi Sendro, Mara Bloom, Margie LaCasto, Aimee Newlander, Juli Fusco, and Charito Adle **Second Row** — Coach Waechter, Sherry Long, Stacey Wilford, Laurie Navarro, Kieran Gunsulus, Stephanie Welch, Lisa Kanasi, Candi Chesebro, and Teri Hubert



Stacey Wilford dribbles the ball away from her opponent to set up another play for her team. She knows that she must make a good pass.



A visor, sunglasses, and a blanket aren't her usual soccer gear, but an injured Teri Hubert supports her team from the sidelines instead of from midfield where she usually plays.



Nancy Clark screens the ball from her opponent, turns it up the field, and makes a pass to her left wing, while her teammate, Amy Newlander, comes to back her up. Halfbacks are vital because they control the center of the field.

HOME	SCORES	VISITOR
3	Tustin	2
6	Millikan	0
3	Troy	3
2	Loara	0
1	Esperanza	1
2	Cypress	1
1	Kennedy	0
1	Pacifica	4
1	Katella	1
1	El Dorado	1
4	Loara	0
1	Esperanza	1
2	Cypress	1
0	Kennedy	1
0	Pacifica	2
2	El Dorado	1
2	Katella	0



Junior, Laurie Navarro takes advantage of this rare moment during the game to catch her breath while her team has control of the ball on the other side of the soccer field.



Center forward, Charito Adle, turns the soccer ball towards the goal and takes a shot. Charito is a senior, and is one of the two team captains.

GRIFFIN SOCCER TAKES THE LEAD

The Frosh-Soph boys' soccer team coached by Mr. Stowell, finished the season with a bang! Finishing first in league, their overall record remained outstanding. Out of twenty games played, they won sixteen and lost one, and tied three. Mr. Stowell coached four championship teams, such great coaching continues to carry on Los Al's winning tradition.



Men's Frosh/Soph Soccer: **Front Row** — Roman Stowell, Dean Braunstein, Giovanhi Catalano, Jeff Regnier, Mike Waechter, Anger Fagardo **Second Row** — Mark Vela, Robert Mora, Mauricio Ingrassia, Eric Caesar, Christopher Park, Kurt Pipal, Mark Salamon, Coach Jerry Stowell



After making an excellent goal David Sidoni slowly walks back to the middle of the field.



Men's J.V. Soccer: **Front Row** — Andy Syrengales, Mike Sandler, Mike Thomas, Tony Blaising, Stefen Kileff, David Carlin, Leland Jay **Second Row** — Coach Kist, Mike Humphries, Eddie Manfro, David Hastie, Roger Roadstrom, Gary Sinclair, Mike Hastings, Kenny Montgomery **Not Pictured** — Pat Brown, Brandon Collier, John Guest, Paul Reyes



Mauricio Ingrassia fakes out his opponent and dribbles off with the ball. Agility and quick thinking make for good effective soccer plays. The students were able to enjoy lots of fast paced action during the 1985-86 season.



While stretching out before the game against Esperanza, Dave Carlin takes a second to show off his unique personality.



GIRLS' J.V. SOCCER SHOOT AND WINS

The Women's J.V. soccer season was one of great excitement and fun. The team worked hard, and put in many hours of practice to perfect their game. The captains **P. J. Long**, **Tracy Doyle**, and **Holly Kunst**, kept their teammates going during the long pre-season weeks. But all of their hard work and determination paid off when they finished the season winning the first place title. Coach Lopez's first year at Los Al turned out to be one of great triumph. This J.V. team had great ability and depth. The girls clinched their first place spot by beating El Dorado two to zero in the last game of the season.

Women's J.V. Soccer: First Row — Tracy Doyle, Chalyce Devries, Tara Chadwel, Leanna Jay, Holly Watson, Nicole Hutton, Kevin Reekes Second Row — Kathy Lee, Marlo Hutton, Mary McGill, Tiffany Corwin, Kim Able, P. J. Long, Tanja Werh Third Row — Coach Leonard Lopez, Julie Simmons, April Corbin, Jean Leonard, Cathy Corliss, Mary Younkin, Holly Kunst



Chalyce Devries traps the ball and turns it up the field. One must be thinking all the time to keep the ball under control and work it up for a shot or goal.



One of the team captains, **P. J. Long**, waits for her team to get ready to give a cheer before the game.



Kevin Reekes makes a diving catch to save a goal from being scored. A goalie must have quick reactions to be successful.

FROSH-SOPH POLO GLIDE THROUGH YEAR

Standing victorious, Los Al's Water Polo team ranked second in the Empire League, and made the first round of CIF. Los Al has made it to CIF nine out of ten years. Each player put forth his best effort which contributed to the phenomenal year they had. **Marc Alpert**, most valuable player, **Dave Fusco**, captain, and **Jon Wimbish**, most improved player, were all awarded for their performances.

Year around practice helps develop and refine the players abilities. The day began at 6:30 am, when they weight lifted for one hour. Pool practice began at 2:00 pm until 4:00 pm. That two hour practice was the time that they worked on plays. The last hour, **Coach Ploessel** insisted that they swim their pool laps. The players had to be extremely strong in the upper body. They had to hold high morale and express their emotions nonchalantly.



With a quick reaction, **Dave Fusco** races down the pool to help a teammate. Quick reflexes in water polo are important to be able to keep possession of the ball.



Jeff Wimbish guards his opponent from making the winning goal. Jeff has been a member of the varsity team for one year.



Dave Fusco reaches high in the air to catch the ball being passed to him. Having the ability to jump high while in water takes practice and stamina of the legs, which Dave possesses.

Matt Carter, **John Caughlin**, **Tom Anderson** gather together to figure out how they are going to get the ball back so they can get their game winning goal. Working together on team strategy is very important.





John Englert, Marc Alpert, and Tom Anderson wait patiently for the next clue as to what they will be doing for practice from Coach Ploessel. John looks around to see what the girls at the other end of the pool are doing.



Tom Anderson passes the ball just in time before his opponent tries to get the ball. Timing and strength are the key factors in having a good water polo player. Tom has been involved with the team for one year.

SCORES		
HOME		VISITOR
18	Loara	2
12	Esperanza	9
11	Cypress	9
11	Kennedy	8
21	Pacifica	1
13	Katella	4
2	El Dorado	19



Coach Ploessel and Coach Turner



Varsity Water Polo: **Front Row** — Marc Alpert, Steven Mucciario, Dave Fusco **Second Row** — Jeff Wimbish, John Englert, Scot Listavich **Third Row** — Brian Lawrence, Tom Anderson, John Caughlin **Fourth Row** — Phil Barnes, Jon Wimbish, Craig Malone, Kevin McIntyre **Fifth Row** — Matt Carter, Gary Sinclair, Eric St. Martin



Jeff Wimbish swims vigorously down the pool to score a goal while his opponent is close behind him and ready to get the ball. Jeff knows better and will not give his opponent a chance.



Coach Turner gives specific strategy instructions so the team can get the winning goal. Coach Turner believes that good coaching, good facilities, and dedicated team members are necessary for what it takes to be the number one team.



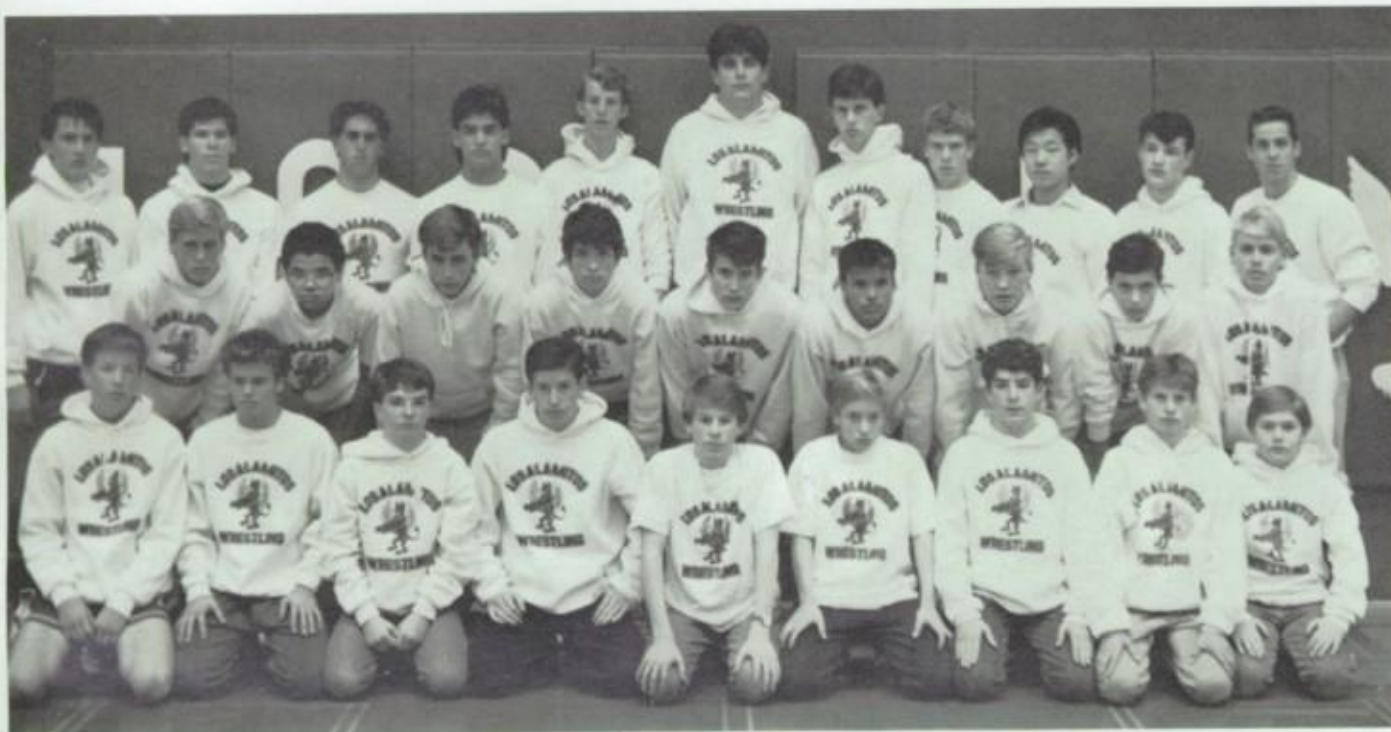
Frosh/Soph Water Polo: Front Row — Jill Ensley Second Row — Cliff Kjoss, John Stephenson, Chris Silvers, Jeff Brussel Third Row — John McMann, Mike Palermo, Jon Choman, Eric Lynch Fourth Row — Drew Bazz, Jack Saunders, Dave Mahar, Craig Agosta Back Row — John Downs, David Smith, Eddie Scandleberry, Robert Tuttle



John Stephenson waits nervously for his first water polo game of the year. He has been practicing all summer and he hopes he has what it takes to be the best.



Robert Tuttle enjoys the sun while waiting to enter the match, but he keeps his mind on the play at hand. He knows what to do when he goes in.



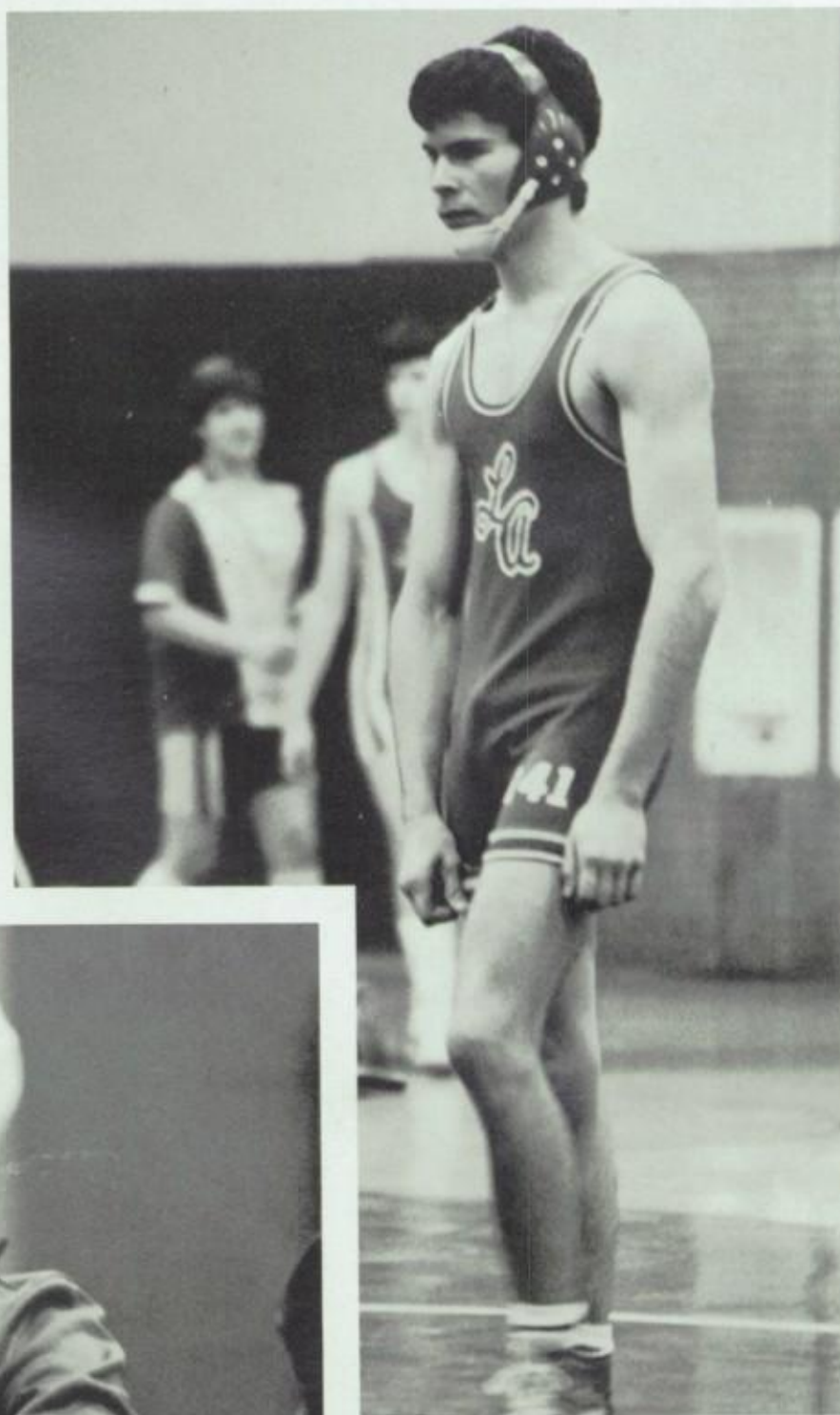
WRESTLERS PIN TO WIN

This year's wrestling team had the aggression and enthusiasm to pin their opponents to the mat. The Los Al J.V. wrestling team displayed the qualities of a winning team by overpowering the other teams in the Empire League. The incoming freshmen strived to keep up with the veteran members and added a new spark to the program.

Men's J.V. Wrestling: **Front Row** — Eric Hapelt, Rorey Collins, Brad Cravens, Tim Clark, Chris Crockett, Lance Jorganson, Michael Langsom, Bill Miller, Rodney Phelps **Second Row** — Joe Brain, Matt Phillips, Bill Bixby, Matt Toben, Tim Gouseholder, Chris Brophy, Mike Sockett-Jester, Tony Radaich, Brian Ehler **Third Row** — Mike Kuderman, Robert Napolis, Matt Verga, Marcus Garcia, John Morgan, Drey Lamoureux, Steve Wood, Neils Jorganson, Thomas Sohn, Mike Godoy



Thinking about his match coming up, J.V. wrestler Drey Lamoureux gets some last minute advice from one of his friends and a teammate.



Going over some moves in his mind, J.V. wrestler Robert Napolis stores down his opponent across the mat.



Before his match, J.V. wrestler Rorey Collins receives advice from veteran varsity wrestler, Marc Albert. This encouragement is appreciated and Rorey's confidence for a victory on the mat is evident in his cheerful smile. Within the season, friendships often blossom between J.V. and Varsity members.

TEMPERATURES HIGH IN 86

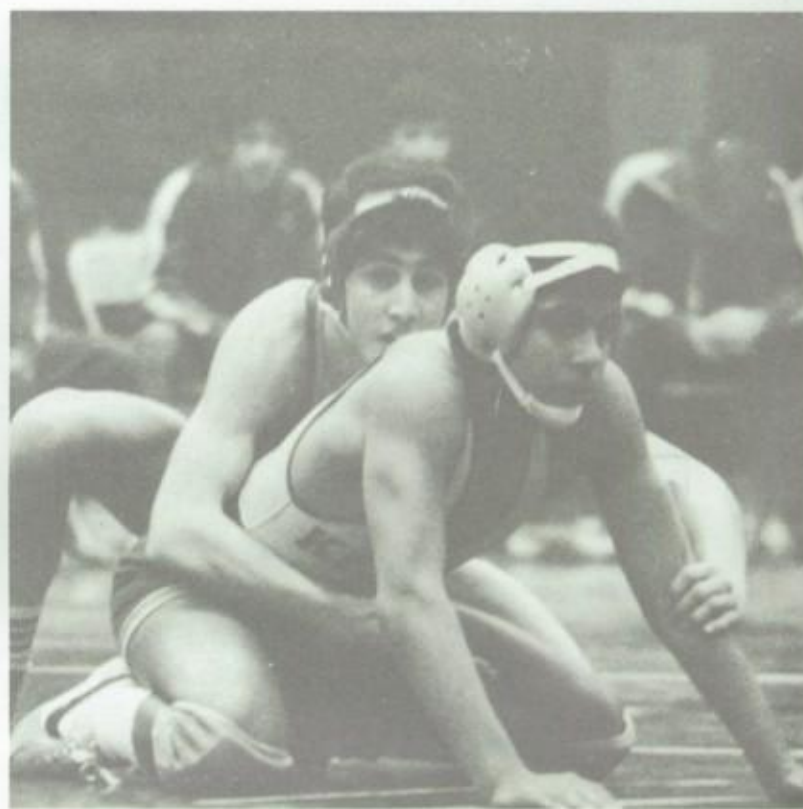
With the temperatures soaring inside the gym, the wrestlers never grew listless. Headed by new coaches and new captains, the Grif-fins had another outstanding season. A new addition to the coaching staff was Jim Sweeter. Along with alumni Kurt Ripplemeyer and Rob Brakke, captains Derric DuBourdieu and Scotty Welsh lead the wrestlers to victory. Weight classes were consistent throughout the season, with freshman Willie Hawthorne in the lightest class, and sophomore Chris Spoden wrestling in the heaviest class. Congratulations to the team!



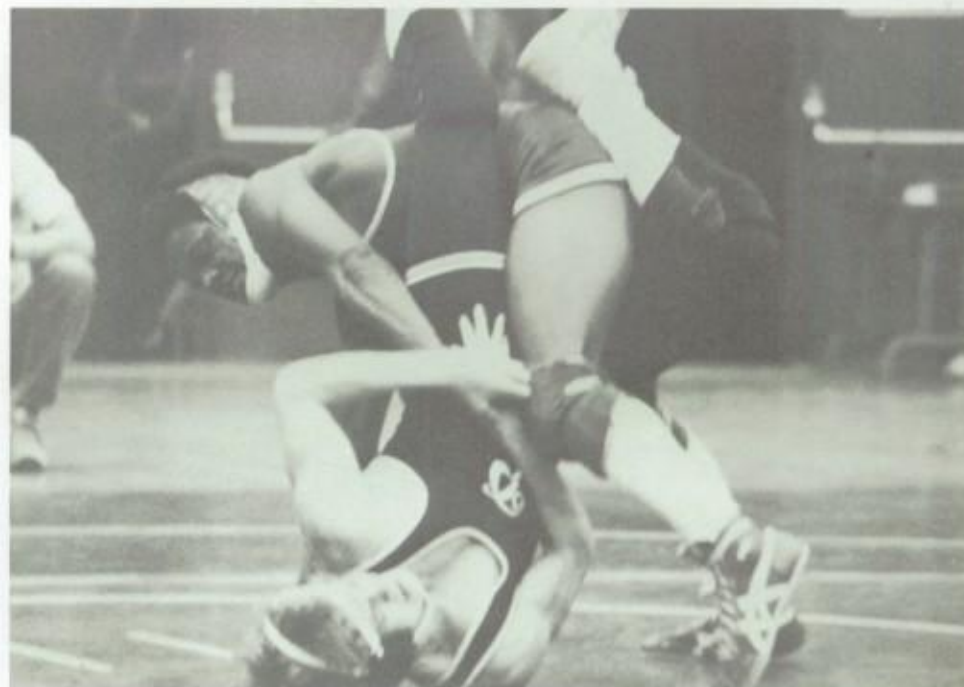
Front Row — Willie Hawthorne, Deric Dubourdieu, Scott Rose, Marc Alpert, Scott Welsh, Lenny Fontanez Second Row — Jim Schaffer, Glenn Barrit, Dan Van Winkle, Mike Mullaney, Corey Quinn, Chris Spoden



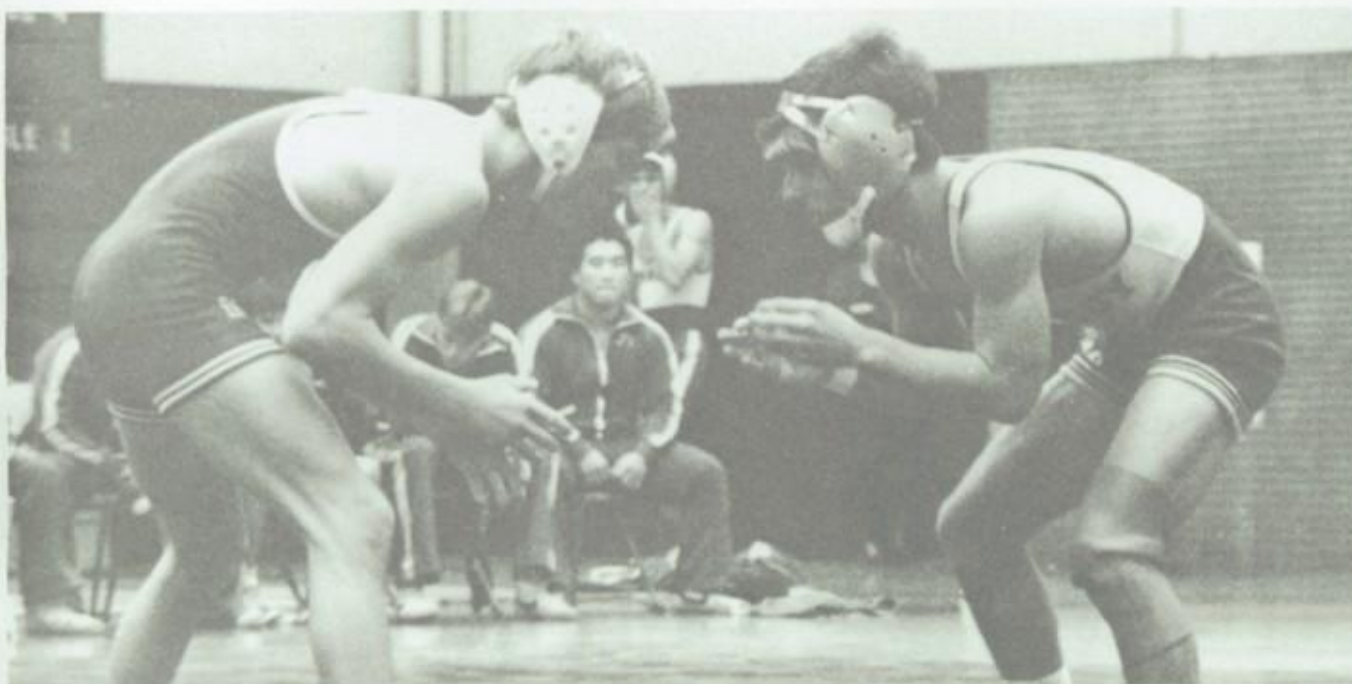
Junior Glenn Barret has his Pacifica opponent stuck with a near side cradle. Its a sure near fall for Los Al. Glenn is an enthusiastic and spirited wrestler for the team this year.



Marc Alpert, a second year member on the Varsity team is in the ready position. Marc is also actively involved on the varsity water polo team.



As Lenny Fontanez scissors his opponent the crowd roars with excitement.



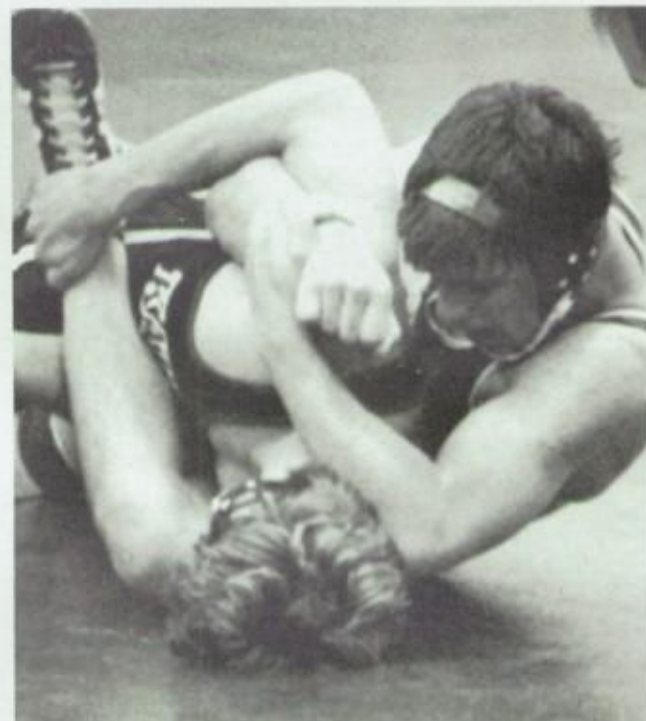
Waiting impatiently for Derric Dubourdieu's opponent to attack, he mentally prepares his strategy. This is Derric's fourth year as a member of the wrestling program. This year he wrestled at the 115 weight. He is also an active member of the spirit group LAPD.

SCHEDULE

Los Al at El Rancho
Los Al at Gahr
Kennedy at Los Al
Los Al at Bolsa Granda
Pacifica at Los Al
Los Al at El Dorado
Los Al at Cypress
Esperanza at Los Al
Los Al at Katella
Los Al at Loara



Tough practice and weekend tournaments throughout the country give the wrestlers a chance to improve their skills. Holding his opponent in a helpless position senior Corey Quinn takes charge. Only one quick jerk — Corey knows that is all he needs to take him down.



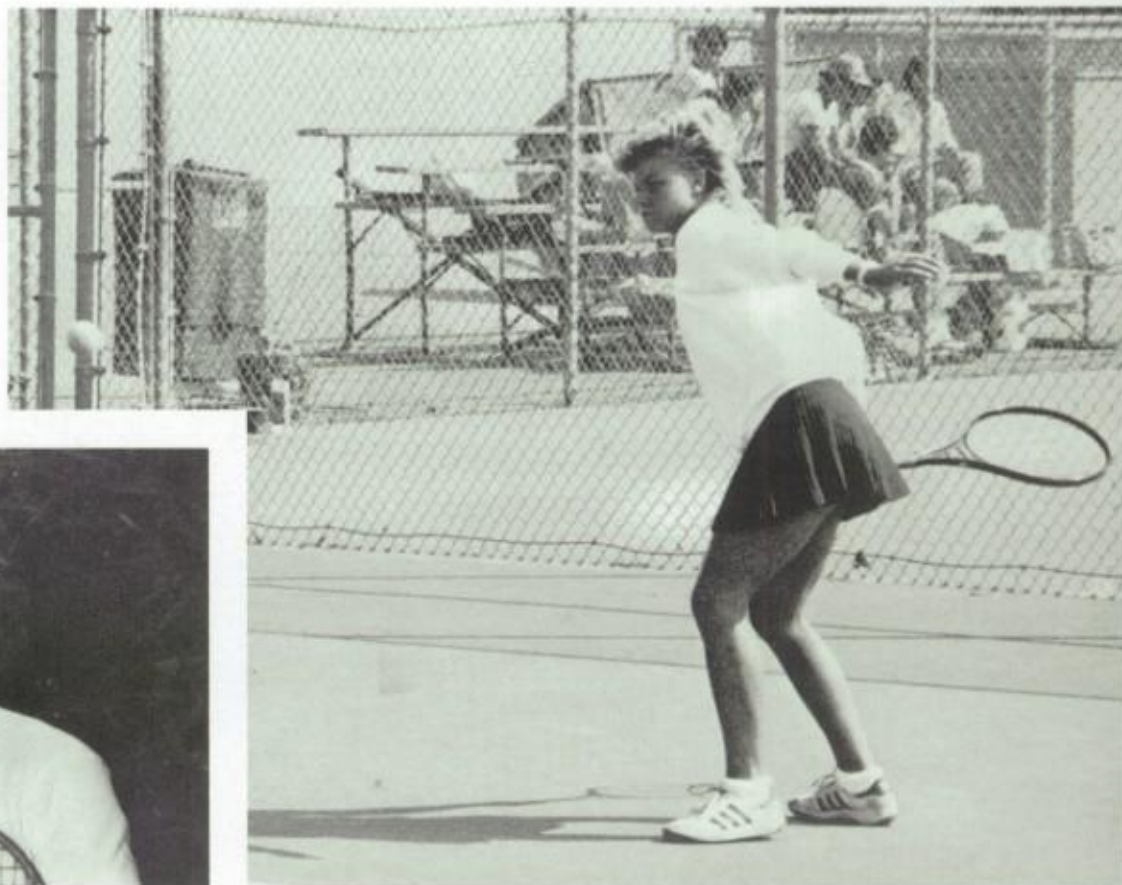
Admirably referred to as "Wolf Boy," the crowd hoots and hollars for Dan Van Winkle. At the Katella tournament, Dan pins his opponent.



Marcus Garcia, sophomore, takes the top position and waits patiently for the referee to blow his whistle for the start of the period.

TENNIS BACKHANDS THEIR WAY TO SECOND PLACE

Ken Parker coached the girls' varsity tennis team to a second place finish in league competition with a record of ten and two. It was an exciting season for the entire team, but the spotlight shines on junior **Kelli Moore**. Kelli won the **Dr. Pepper** award and was the first Griffin ever to win this award in singles. Kelli shares the position of captain with two other girls; junior **Laura Junkerman**, and senior **Erica Huang**. These players contributed to the team's overall standings in the league, and all three girls were chosen **Most Valuable Player** for the season. Other seniors on the team were **Maureen Montroy**, and **Melanie Wood**.



Women's Tennis Coaches: **Debbie Fleming**, and **Ken Parker**.

Junior **Kelli Moore** sets herself up for the return shot to her opponent. Kelli is the first student at Los Al to win the **Dr. Pepper** award for singles competition.



Women's Tennis: **Front Row** — Kelli Moore, Erica Huang, and Laura Junkerman **Second Row** — Stephanie Pszyk, Farren Last, Michelle Vergara, Kathy MacKay, Maureen Montroy, Melanie Wood, Julie Everett **Third Row** — Leslie Kretchmer, Diana Cheng, Allison Perkins, Ellen Wilkerson, Keala Walker, Rebecca Copeland, Allison Cook, Shelly Gregory, Laura Chee, Ashley Brooks, Dana Kelley, and Shawn Carlson **Fourth Row** — Coach Parker, Kristy Shelly, Sherry Albert, Jana Wong, Julie Scott, Toodie Sanderson, Andrea Bloom, Vi Pangelinan, Bonnie Vlets, Cindy Ludlam, Johanna Richard, Kathy Fitzer, Jennifer Hunt, Jendy Saureman, and Coach Fleming



Farren Last concentrates on the tennis ball as it approaches her racket. Keeping your eye on the ball is the key to a successful tennis game. Farren is a sophomore and a two year member of the J.V. tennis team.



Varsity Team Captains: Laura Junkerman, Erica Huang, and Kelli Moore.

SCORES

HOME		VISITOR
18	Loara	0
16	Esperanza	2
8	Cypress	10
10	Kennedy	8
13	Pacifica	5
13	Katella	5
16	El Dorado	2
17	Loara	1
15	Esperanza	3
6	Cypress	12
14	Kennedy	4
17	Pacifica	1
13	Katella	5
15	El Dorado	3



Laura Junkerman proudly displays her letterman's jacket at practice. She is one of the three varsity team captains.

VOLLEYBALL SETS UP FOR VIVACIOUS YEAR

Volleyball is a very demanding sport; it requires physical and mental agility. The girls' varsity volleyball team achieved many personal and team goals this year. The varsity squad consisted of only five Seniors and five Juniors. The varsity team finished second in the league and went on to CIF and proved that they had what it took to make a good volleyball squad. Coached by Mrs. Bohannon and JV coached by Jamie Moore, all the teams pulled together and enjoyed a fun and exciting season.



Varsity Volleyball: **Front Row** — Paula Wasakawski, Nancy Clark, Barrie Dafforn, Jeanne Allard, Diane Sands
Second Row — Ashley Reeks, Joy Whitney, Laurie Navarro, Terri Hubert, Candi Cheesbro



Learning how to spike the volleyball takes not only practice, but patience too. Barrie Dafforn and Nancy Clark demonstrate how well they can perform this move during one of their many hours of practice.

Volleyball Team Members: Jeanne Allard, Paula Wasakawski, Joy Whitney, Ashley Reeks, and Terri Hubert gather around Barrie Dafforn to decide on what strategy they should use for the next game.



Terri Hubert is positioning herself to retrieve a hard spiked ball from the opposing team. This is a difficult move and takes deep concentration.

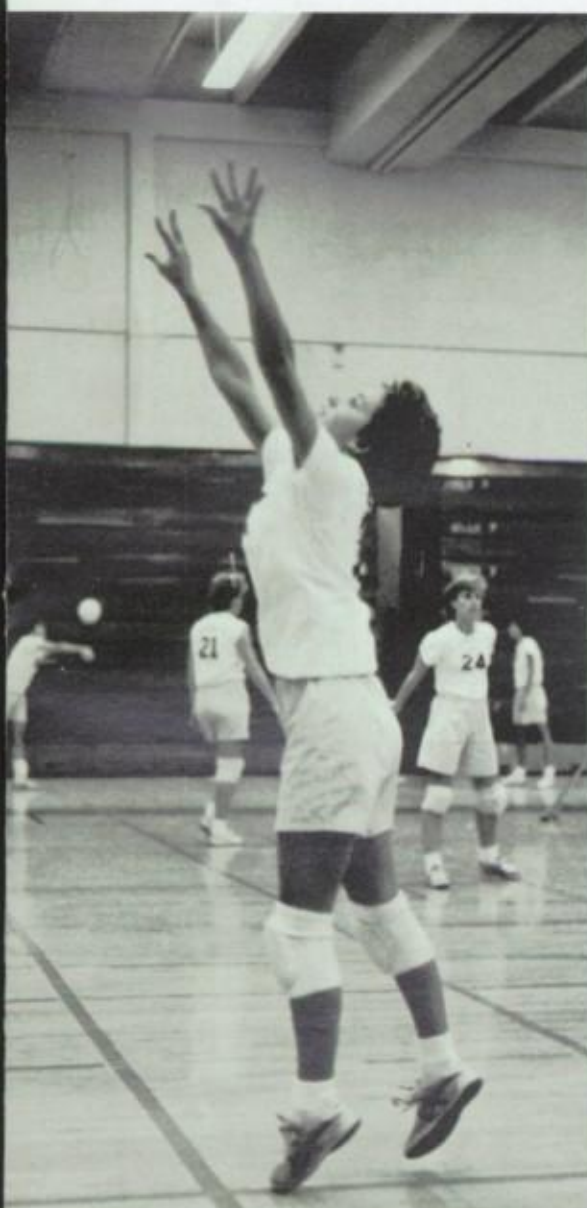




Fresh/Soph Volleyball: Front Row — Kim Engel, Mary Rous, Michelle Reyes, Zoe Syrengelas, Lisa Caudillo Second Row — Laurie Perkins, Torri Tarchione, Erin McGlone, Kelly Achziger, Tanya Weth, Krissi Moretta



Teri Hubert tapes teammate Barrie Dafforn's hand in order to avoid injury. Helping each other is essential in volleyball.



Lori Navarro practices setting the ball. A good set is important in order to have a successful spike.



JV Volleyball: Front Row — Nancy Sands, Nicole Furgiuele Second Row — Tracy Doyle, Jonna Artukovich, Lauren Reeves, Kirstin Shaw Third Row — Robin Linsley, Jennifer Ensley, Elli Exacoustos, Kim Paluwek

CROSS-COUNTRY RUNS AHEAD OF THE PACK AND ONTO C.I.F.

The men's cross-country team, led by captains **Doug Fatone** and **Gene Lyon**, enjoyed an inspiring year, finishing second in league competition. The Griffins completed the season with a record of five wins and two losses. They went on to CIF competition for the first time since 1980.

Highlights of the season included the team's third place finish in the Woodbridge Invitational, and second place finish in the Fountain Valley Invitational. Junior **Gene Lyon** and sophomore **David Sanford** were chosen for the All League second team.

The women's varsity team was led by sophomore standout **Lara Swann** and junior **Melissa Maloney**. The girls finished with a record of four and four at the season for fourth place. **Lara Swann** was chosen most valuable runner for the women's team and was chosen for all All League second team. Captain **Melissa Maloney** finished first in the Laguna Hills Invitational, while teammate **Janet Murphy** was chosen most improved.



Men's Varsity Cross-Country: **Front Row** — Dave Carlin, Carl Wenz, Eric Prussel, Roger Mike Martinez **Second row** — Coach Gregnanno, Greg Reyes, Greg Lyon, David Sa Doug Fatone, John Laisy, and Coach Celestin



Dave Carlin gives a reassuring smile to a teammate before the meet begins. He knows the team will do well.



Dave Stanford listens closely to **Coach Celestin's** pre-meet pep talk. The team's excellent status must be upheld and will be determined by the results of this meet.



Girls' Varsity: **Front Row** — Denise Kaneko, Kelli Hall, Brenda Bosanko, Melissa Maloney, Janet Murphy **Second Row** — Rachael Strickland, Tina Alvarez, Kim Able, Jill Ghormley, Brooke Mabe, Amy Merchant **Third Row** — Coach Celestin, Susan Collins, Carolyn Parton, Cynthia Albert, Laura Swann, Holly Watson, Kristin Parker, Coach Gregnanno

CROSS-COUNTRY

Los Alamitos, Fullerton at Anaheim
 Los Alamitos at Magnolia
 Los Alamitos at Laguna Hills Invite
 Kennedy at Los Alamitos
 Los Alamitos, Loara at Pacifica
 El Dorado, Cypress at Los Alamitos
 Los Alamitos at Fountain Valley Invite
 Los Alamitos, Esperanza at Katella
 Los Alamitos at Costa Mesa Invite
 Los Alamitos at Mt. SAC Invite
 Empire League Finals at Esperanza



Cynthia Albert and Ron Muir prepare themselves for the meet against El Dorado. The look of determination on Cynthia's face shows her dedication and the intensity that she must feel before running the race.



Greg Reyes looks over his shoulder and grins at a fellow team member who is stuck in a hurdler's stretch.



Men's J.V. and Frosh. Soph.: **Front Row** — Max Nishi, Chad Calhoun, Dave Banning, Toni Blasing, Sung Lip Chun **Second Row** — Joe Millar, Darren Fatone, John Phan, Bill Orvis, Ron Muir, John Martin **Third Row** — Kyle Ledesma, Greg Murphy, Dave Horowitz, Carl Wenz, Aaron Pedroza, Coach Celestin

GRIFFINS JUMP UP TOWARDS VICTORY



Coach Brookes

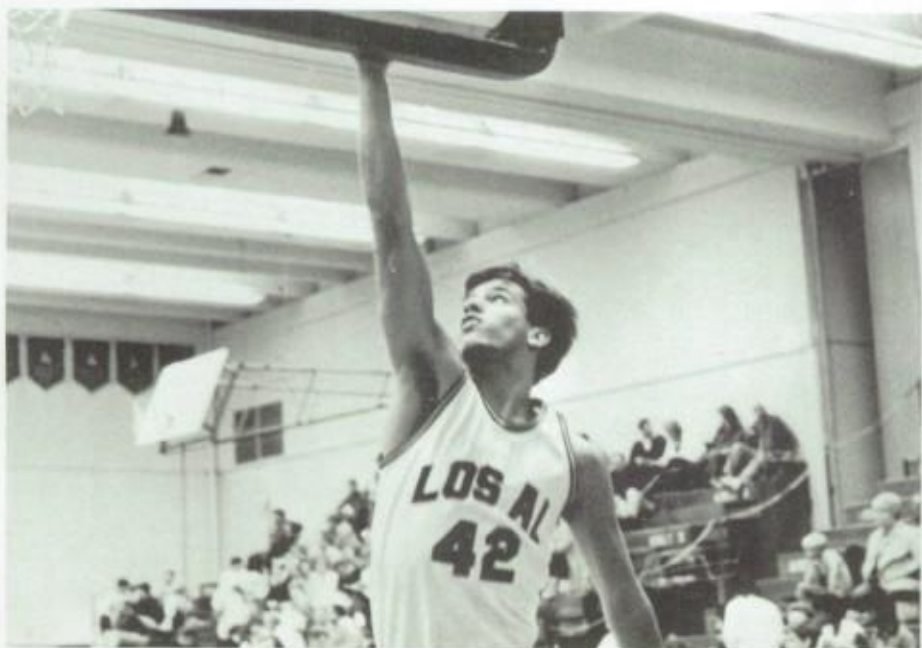
It was no surprise this year when Coach Brookes led the Los Al Griffins to a fantastic season. They were ranked sixth in Orange County and tenth in CIF. Halfway through the season, the Griffins were 5-0 in league and 11-3 for the year. Star player, J. T. Snow lead the team with 18 average points per game. Ryan Blosssey and Mo Warner followed with averages of 11.2 and 10.6. Hard work, commitment, and consistency is what the players need to continue performing well throughout the entire season.



Varsity Basketball: Brett Pagett, Tommy Foster, J. T. Snow, Derek Bowen, Mark Schmitz, Chris Anderson, Mo Warner, Gary Loe, Ryan Blosssey, Mark Trachtman, Matt Treece, Mark Parkinson, Coach Nicolson, Coach Brookes, Coach Mahoogian



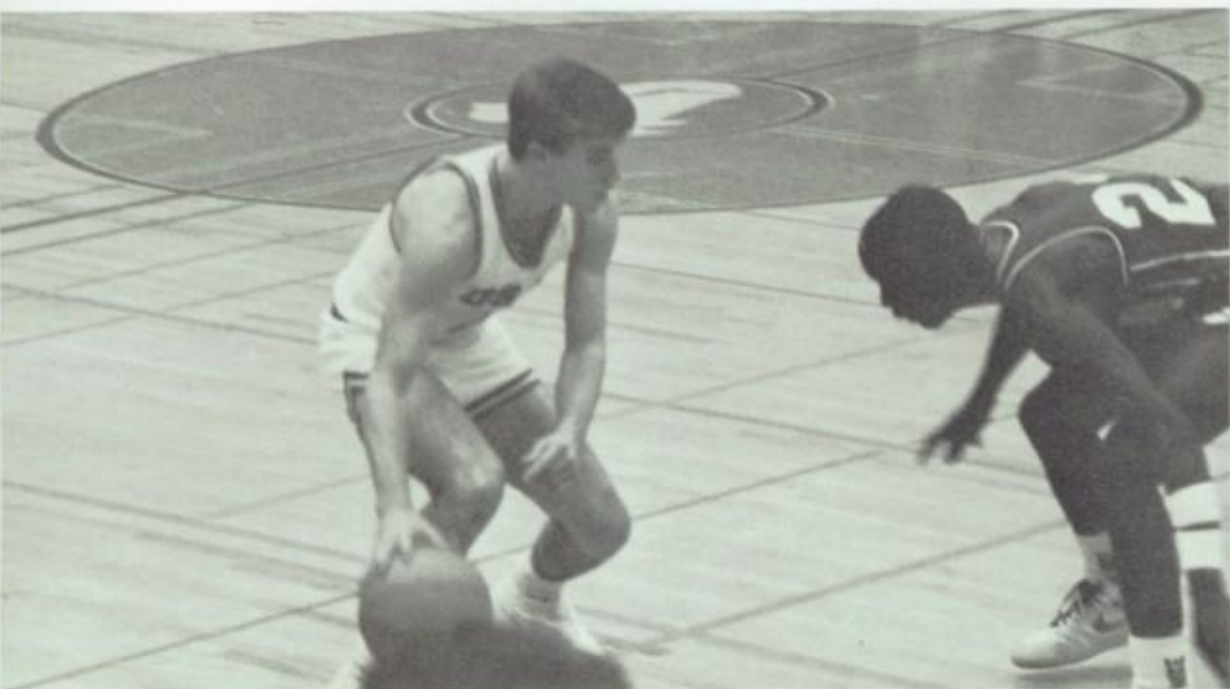
Mo Warner practices his free throw shot very hard and with concentration. When it comes down to that final tie breaking basket, Mo is assured he will make it.



Mark Schmitz reaches high to catch the rebound, in order to pass the ball to J. T. Snow so he can run down court and make the winning basket against El Dorado.



J. T. Snow take a jump shot to widen the gap between us and Kennedy. J. T. has been a varsity member for three years and this year he is the co-captain.



J. T. Snow dribbles the ball low in order to figure out a way to get around the guard that is blocking him. J. T. is well known for the fabulous control he has of the basketball.

SCORES		
HOME		VISITOR
71	Loara	51
80	Esperanza	44
65	Cypress	59
66	Kennedy	61
90	Pacifica	57
59	Katella	69
81	El Dorado	86
59	Esperanza	57
64	Loara	46
72	Kennedy	68
83	Cypress	69
56	Katella	65
73	Pacifica	71
71	El Dorado	59



During warm-up Mark Schmitz practices his outside shots. As a forward, being able to shoot from outside of the key effectively is important.



Tommy Foster concentrates on the court and visualizes the plays that Coach Brooks has drawn up for them to execute.



At warm-up Mark Parkinson and Mark Schmitz practice their jump shots. Afterwards, Mark Parkinson shows off his talent of spinning the basketball on his fingers.

J.V. BASKETBALL STRIKES GOLD PULLING OFF THE CHAMPIONSHIP

The incredible Los Alamitos J.V. basketball team was the Empire League champions for this year. It took much concentration, teamwork, and the devotion of team members to achieve this goal. With the help of some of the most valuable players, **Rick Helms**, **Bernard Peters**, and the leadership of **Coach Canin**, this year's junior varsity team finished with a stunning record of 13 and 1 in league. With a record like this, the team will undoubtedly have a lot of confidence next season.



Junior Varsity Basketball: **Front Row** — Frank Quanga, Coach Canin, Scott Omohundro **Second Row** — Bill Lansford, David Stanford, Greg Irwin, Rob Lester, Rick Helms, Nick Woods, Doug Wadleigh, Doug Davidson, Deron Scott, Bernard Peters.



Sprinting down the court, **Rick Helms** glances back to his teammate to estimate which direction the ball is coming. The team is depending on him to make those vital points.



With a quick flick of his wrist, player 44, **Rob Lester**, slaps the ball away from his two foes. Both players were so stunned, that they never knew what happened.

Junior Varsity Basketball players, **Deron Scott** and **David Stanford**, watch the moves of their teammates from the sidelines. Even though they are resting they are still involved in the game.



Sophomore Basketball: **First Row** — Brian Parkinson, Coach Ploessel, Steve Pawlacyk **Second Row** — Randy Blancq, Steve Mihatov, Robert Callaway, Geoff Harper, Greg Reyes, Adam Meirovitz, Craig Edmunds, Tony Ware, Steve Rubenacker

FROSH SOPH BASKETBALL BRINGS ANOTHER EXCITING SEASON TO LOS ALAMITOS

This year's Sophomore basketball team consisted of a group of well oriented, high spirited young men who had led quite a successful season. The Sophomore team finished with an exciting record of 11-3 in the league. These diligent young men were co-champs with Katella High. **Coach Ploessel** was very pleased with the team and hopes for the team to excell in future games.

The new Freshman team finished 8-6 in the league standings. The most difficult foe they went up against was Sunny Hills High. Team leaders **Mark Wasikowski** and **Tim Glaudini**, along with the rest of the team, fought hard this season to maintain the level of intensity. **Coach Anderson** teaches his players to do well as they can as the season goes on and to keep working hard.



Freshman Basketball: **First Row** — Joe Sweeney, David Vale, Todd Anisman, Coach Anderson, Steve Vos, Rick Adams, Brett Rinella **Second Row** — Todd Browne, Brent Bacher, Brent Overbeek, Scott Reid, Robby Farrel, Mark Wasikowski, Tim Glaudini, Cole Blosssey, Brian Haub, Ken Goodman

GRIFFINETTES SCORE POINTS INTO BASKET

The 1985-86 season proved to be successful for Women's Junior Varsity, Soph-Frosh, and Varsity basketball teams. The Soph-Frosh team finished in third place with the assistance of Coach Mark Celestin.

With the team's hard work and the help of captains Deanna Blythe and Kim Taylor, the junior varsity team was crowned second place for the season.

Leading the varsity team into their second round in CIF were captains Mary Reis and Anthanasia Syrengalas. "Individual talents in hand with improved skills directed the team through a successful season." Coach Robin Farrington proudly remarked. The team strode on the court into second place in Empire League.



Women's J.V. Basketball: Front Row — Shirlene Miyake, Tineka Barrs, Kim Engle, Michelle Reyes, Cindy McSelurny Second Row — Coach Lori Rienstra, Monica Fett, Marcy McDannel, Kim Taylor, Deanna Bluthe, Lara Swann, Stacy Thomas



During the game against El Dorado, Stacy Thomas, Monica Fett, and Tineka Barrs sit on the side lines watching and smiling as one of their teammates steals the ball and makes a basket.



Women's Frosh/Soph Basketball: Front Row — Paulette Jones Secod Row — Lisa Reddick, Kristen Anderson, Cheri Stephens, Lara Swann, Judy Davis, Sarah Steles Third Row — Coach Celestin, Michelle Reyes, Angela Craven, Grace Fallin, Kathy Fireer



Dribbling down court during warm-ups, Paulette Jones, gets serious as she prepares herself for the game against Katella.



Front Row — Traci Engel, Diane Sands, Elli Exacoustas, Jennifer Ensley Second Row — Gina LaNuevo, Kelli Moore, Mary Reis, Tricia Hatfield, Anthanasia Syrengelas, Jeannette Dorsey

SCHEDULE

Los Al vs Loara
 Los Al vs Esperanza
 Los Al vs Cypress
 Los Al vs Kennedy
 Los Al vs Pacifica
 Los Al vs Kerella
 Los Al vs El Dorado
 Los Al vs Loara
 Los Al vs Esperanza
 Los Al vs Cypress
 Los Al vs Kennedy
 Los Al vs Pacifica
 Los Al vs El Dorado
 Los Al vs Katella



On a fast break, Kelli Moore, takes an outside jump shot for two points.



Mary Reis turns on the radio during warm-ups. Music before the game helps put the girls in the right frame of mind.



While the Griffins are in the lead against Kennedy, the starters, Traci Engel, Gina LaNuevo, Elli Exacoustas, and Kelli Moore, are able to sit on the bench and rest awhile. But they don't get long because basketball is a fast moving game.



During warm-ups, Tricia Hatfield, practices her lay-up, which takes a special touch to always make it.

LA GYMNASTICS TUMBLE TO WIN

Dedication, hard work, and extra time were utilized in order for the 1985-1986 gymnastics team to come out on top. In the past Los Al gymnasts have won two CIF championships, and eleven out of twelve league championships. The gymnasts strove for excellence, strength, elegance, and endurance. Teamwork, daily practice, and self-discipline kept the team ready for Empire League competitions. Energy and enthusiasm had compelled the team to be one of the best.



During her floor routine, **Christine DeGregory** playfully poses. Chris has been on the varsity team for three years.



Gymnastics: **Front Row** — Beverly Kester, Amie Jenkins, Suzanne Chaves, Sara Loisch, Lisa Bryant **Second Row** — Dawn Goldsmith, Julie Williamson, Abigail Koehring, Lara Swann, Kelly Matheney, Kim Ramseyer, Denelle Flynn, Lisa Boyd **Third Row** — Mr. Flynn, Kristina Morris, Gna McAfee, Tracy Dolan, Lisa Chow, Zoe Syrenges, Kim Stanfield, Daniel Giles, Francesca Tozzi **Not Pictured** — Chris DeGregory and Kirstyn DeVries



Gina McAfee, practices her split leaps during warm-ups. In order to get a perfect score that everyone would like, you have to make sure your legs are parallel. This is Gina's second year on the Los Al gymnastics team.



Before approaching the uneven parallel bars, Lisa Chow, puts some chalk on her hands so that she will not slip off of them. Keeping a tight grip on the bars is imperative for a good score.



After doing a castrap and going for an eagle, Kim Starfield, reaches for the bar behind her. Timing is the most important part of bars, and if you miss your timing you could miss the bar.



Getting ready to attempt a back walker, Sara Loesch concentrates. Balance and careful precision are important aspects of doing tricks on the balance beam.



Balancing yourself in a handstand on the beam is one of the more difficult tricks, but, Tracy Doland performs this trick like an expert.

LOS ALAMITOS GOLF TEAM SWINGS INTO ACTION

Although golf is not considered a team sport, a mixture of individual talent, practice, and dedication, created a unified team. This year's golf team proved this through their performance at their tournaments during the 1986 season.

The Griffins golf team had a good season with three people from last year's team. Impressive returners were **Jeff Long**, **Sanford Rose**, and **Frank Dick**. These boys led them to several seasonal victories.



On the putting green practicing his delicate touch, **Jeff Long**, concentrates on a smooth stroke which will help cut down on his scores.



After a round of golf, **Eric Patrick**, goes over the game in his mind so he will achieve a lower score next time. Eric is a first year member of the golf team.



Practicing at the driving range, **Dan Leonard**, looks forward to the round of golf he is going to play and he hopes to do well.



Brad Benkey takes a hefty cut out of the sand which will put him on the green for a chance at a birdie. Brad did extremely well on this year's golf circuit.



Golf Team: **Front Row** — Jeff Long, Brad Benkey, Jon Theriault, Dan Leonard **Second Row** — Sanford Rose, Ryan Blossey, Frank Dick, Eric Patrick, Coach Dixon

- OPPONENTS**
 Long Beach Wilson
 Fountain Valley
 El Toro
 Loara
 Esperanza
 Cypress
 Long Beach Wilson
 Pacifica
 Katella
 El Dorado
 Esperanza
 Loara
 Katella
 Cypress
 Pacifica
 Estancia
 El Dorado



Coach Dixon gives a few very helpful pointers to, Jon Theriault, a new member of the Los Alamos golf team.



While swinging the club, Ryan Blossey, keeps his eye fixed on the ball so it will get to the green.



Frank Dick is stuck in the sand trap and needs a good strong swing to get out.

MEN'S J.V. AND VARSITY TENNIS SWING INTO A WINNING SEASON

One of the more popular spring sports at Los Al is tennis. The warm sun encourages many people to come out and get a little exercise while still experiencing the thrill of competition. Tennis is a sport that involves good eye-hand coordination, endurance, and flexibility, all of which the boys' varsity team possess and use to defeat the opposing teams. The team keeps up the Griffin tradition of striving for excellence and giving that extra push needed to make Los Al number one.



Left to Right — Larry Reinking, Matt Bateman



Left to Right — Joaquin Garcia, Chris Codik, Shubert Koong, Coach Parker



Men's Varsity Tennis: **Front Row** — Anthony Bateman, Hahn Lin, Shubert Koong, Joaquin Garcia, Jason Zommick, Gary Sinclair **Second Row** — Wing Chen, Kit Codik, Jon Imel, Matthew Bateman, David Candiotti, Jeff Mackewicz, David Schultren, Larry Reinking **Third Row** — Coach Parker, Jason Binder, Tom Foden, Marco Silva, Cary Chee, Ramchand Partiarcho, David Cheng, Mike Sandler, Craig Halker, Mark McCoy, Gary Wisniewski, Rob Willkerson, Willie Hawthorne, Coach Rubonis **Fourth Row** — Brian Meckler, Devin Last, Ernie Blevins, Gary Cuneen, James Ken, David Jenkins, Tom Nickold, Eric Roberts, Sean Carlson **Not Pictured** — Chad Calhoun, Robert Leff, Danny Psyzk, Matt Rickerd, and Darren Smith



Senior Jason Zommick returns a shot to his opponent on the other side of the net. Jason perfects his backhand by listening to the advice of his coaches, friends, and by practicing.



As David Shulton, works on his forehand after school at practice, he thinks of the big tournament that is coming up this weekend. Practice is the best way for a tennis player to improve his skills.

SCHEDULE

Los Al at Pacifica
 El Doardo at Los Al
 Los Al at Loara
 Esperanza at Los Al
 Los Al at Cypress
 Kennedy at Los Al
 Pacifica at Los Al
 Los Al at Katella
 Los Al at El Dorado
 Los Al at Esperanza
 Loara at Los Al
 Los Al at Kennedy
 Cypress at Los Al
 Katella at Los Al



Hahn Lin serves up trouble for his opponent as he takes control of the match.



Jon Imel practices his serve while teammates Gary Sinclair, and Marco Silva, give him constructive criticism.

BADMINTON CONDITIONS

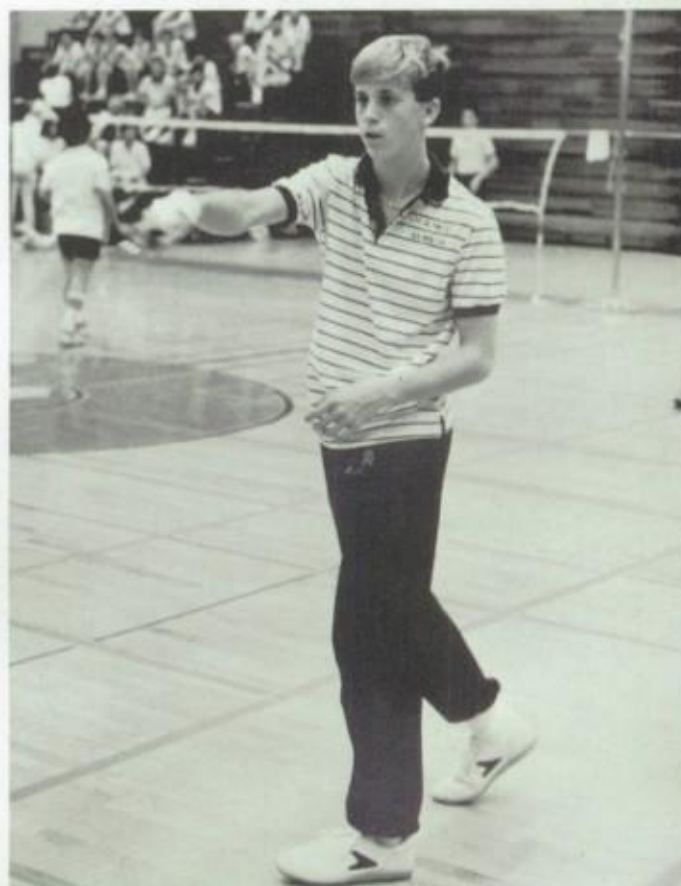
Badminton is a popular racquet sport at Los Al, especially for those tennis players who want to keep in shape and maintain their timing in the off season. It is a sport of coordination, and skill. Many people join the team because it is a way to meet friends. This year's badminton season proved to be a learning experience for all.



Junior **Malini Gupta** hits the birdie back over the net to her opponent who is awaiting the return shot. Malini is a first year member of the varsity badminton team.



Practicing his serve, junior **David Rayburn**, plants his left foot to make sure he has good balance. David takes practice very seriously.



Casey Fierce a member of the J.V. team warms up before a match by practicing his follow through on his swing.

Badminton: **Front Row** — Malini Gupta, Johanna Richard, Kristin Shelly, Jon Armijo, Casey Fierce, Coach Giarratano **Second Row** — Coach Brian Ng, Julie Simmons, Farren Last, Andrea Bloom, Roger Yoh, Julius Ypma, Jake Ravn **Third Row** — Patti Ivins, Ashley Brooks, Cindy Ludlam, Michelle Perslow, Laura Patterson, Patricia Vaca, Sharon Bordas **Fourth Row** — Patrick Campuzano, Bonnie Viets, Kristin Gibson, Gary Wang, Jimmy Wu **Fifth Row** — David Rayburn, Shih-hun Wu, Angel Fagardo, Partik Stenberg **Sixth Row** — David Banning, Brent Bolton, Aaron Simmons, Sean Aldridge



LOS ALAMITOS TRACK TEAM JUMPS INTO THE GROOVE

The 1986 track season was one of many triumphs. But bad weather conditions early on in the season prevented the staff from getting a team picture. We would like to acknowledge the following people as members of track team for 1986: Charito Adle, Cynthia Albert, Sheryl Albert, April Allen, Todd Anisman, Tineka Barrs, Gene Blackmun, Vanessa Blanco, Jeremy Blomgren, Brenna Bosanko, Cameron Briggs, Danelle Burick, William Burkett, Margi Campbell, Kenny Canardky, Howard Chalowsky, Sung-Lip Chun, Jdn Cisneros, Vince Cisneros, Susan Collins, Stephen Covall, Gary Covington, Barrie Dafforn, Kedia Davis, Jacqueli Doxey, David Dubourdieu, Reginald Dunn, George Eaton, John Espinoza, Jeffrey Fairbanks, Darren Fatone, Kristan Fett, Monica Fett, Mark Finkenhagen, Daniel Foster, Timothy Fritcher, Anjolett Fruehan, Nicole Furguele, Donald Gerber, John Guest, Kelly Hall, Geoffrey Harper, Eric Henrickson, Ray Herring, David Horwitz, Jennifer Hunt, Lori Jack, Leanna Jay, Steven Johnson, Paulette Jones, Emil Jorge, Lance Jorgensen, Neils Jorgensen, Jarrett Keck, Tammy Kelso, Holly Kunst, Janie Kurtela, John Laisy, Andre Lamoureux, Kyle Ledesma, William Libby, Yvette Lugo, Gregory Lyon, Brooke Mabe, Cynthia MacSelwiney, Melissa Maloney, John Martin, Michael Martinez, Roland Martini, Amy Merchant, Joseph Millar, Patricia Montoya, Ronald Muir, Gregory Murphy, Janet Murphy, Jim Nguyen, Max Nishii, Denise Novack, William Orvis, Alan Padua, Eva Paine, Kristin Parker, Aaron Pedroza, Bernard Peters, John Phan, Matthew Phillips, Mark Platenberger, Mary Raus, Royal Reed, Jeffrey Regnier, Gregory Reyes, Michelle Reyes, Steven Rogers, Mike Rosetti, Roger Ross, Mark Salamon, Michael Sanders, Brian Sandoval, Glynn Sanford, Donald Santos, Scott Sargeant, Eric Schwandt, Kim Sederstrom, Karen Self, Ilona Sendro, Neil Sorensen, Scott Sorensen, Robin Southerland, Robert Stamer, Konstantino Syrengelos, Undreal Todd, Suzy Triplett, Robert Tuttle, Michelle Vergara, Alex Vidal, Michael Waechter, Chevelle Walker, James Weber, Kent Wells, Todd Welsh, Carl Wenz, Natalie Wenz, Scott Wilford, Htoo Win, Eric Wood, Gina Young, Marcus Garcia, Duncan Davidson, Leonard Fontanez, Jim Devlin, Grace Faron, Peter Kropp, Matt Famelaro, Stewart Murry, Roger Roadstrom, Parker Pollock.



Upper left: Running hurdles requires speed and endurance of the part of the athlete. Senior, **Lori Jack**, demonstrates this combination which makes her a valuable part of the track team. **Below left:** Pole vaulting is one of the most demanding track events. The vaulter, must not only have the speed to get him off the ground but the agility to maneuver himself over the bar. **Gary Covington** demonstrates his ability to force his body and mind to work together to excell in this difficult event. **Lower left:** A relay team is a combination of individual talent. Each member must move with the precision which makes the four members perform as one. **John Castro** hands the baton to **Neil Sorenson** in their practice before the race. **J. J. Cisneros** and **Jim Devlin** watch intently waiting for the hand-off. **Above:** **Emil Jorge** demonstrates the mental concentration and muscular strength needed to hurl a twelve pound shot-put.

VARSITY WOMEN SWIM WITH STYLE

The Women's Varsity Swim team had a very outstanding 1985-1986 year. The team had many returning members which helped lead them to their victory. In addition, the players experienced many hours of vigorous practice, which were obviously worthwhile. The women swimmers were well prepared for the competition brought to them from the other schools. The team won many meets, therefore, making our school extremely proud of them.



First Row — Captain Shari Carll, Jeni Buys, Susan Guthrie, Kristine Ogle, Toadie Sanderson, Rebecca Copeland, Stephanie Welch, Allison Cook, Nancy Sands **Second Row** — Janet Buys, Lisa Lerno, Amy Holzgang, Patty Jetli, Peggy Gross, Karen Rothery, Kelly Chaides, Tina Alvarez, Holly Watson, Kim Browne **Third Row** — Amy Whitlock, Misty Patz, Jill Ensley, Lori Garcia, Sonet Sierz, Corinne Haskins, Moiken Emmerich **Fourth Row** — Melinda Murphy, Julie Meadows, Catherine Gaw, Joey Kleinman, Chalyce DeVries, Jennifer Mairlen, Stephanie Schweig, Kristin Skurvik **Fifth Row** — Denise Kaneko, Jennifer Nunes, Lisa Craddock, Jill Simundza, Rachel Corley, Cheron Harville



Swim team members **Peggy Gross** and **Shari Carll** take a breather before beginning another set of grueling laps across the pool.



Shari Carll relaxes and slowly backstrokes across the width of the pool grateful that her many hours of practice are over.



Coach **Debbie Fleming**, of the Girls' Varsity Swim team, pauses for a brief moment as she explains the proper swim strategy and gives extra helpful hints to the Varsity members.



SCHEDULE

Los Al at Millikan
Los Al Invitational
Los Al Invite Finals
Loara at Los Al
Esperanza at Los Al
Los Al at Cypress
Kennedy at Los Al
Pacifica at Los Al
Los Al at Karella
Los Al at El Dorado

Freshman **Sonet Sietz** and sophomore **Lisa Lerno** rest on a starter's block before their afternoon practice. Since the beginning of the year, they have learned that endurance and strong arms are the sure keys to victory.



In the number one spot, **Peggy Gross** prepares to take the dive that would mark the beginning of the challenging freestyle race.



With a smile of contempt, three year swim-team member **Susan Guthrie** reaches the end of the pool before the other swimmers.



Coming to the surface for a quick breath of air, senior **Shari Carlil** pushes for the finish line. Shari has been a member of the varsity team for four years.



Going in for the pitch, **Lori Halbig** smiles with joy. Lori is a two year member of the J.V. team.



Junior Varsity Girls: Canki Chesebro, Tracy Doyle, Traci Engel, Trista Escudero, Jennifer Gorman, Lori Halbig, Julie Jones, Vickie Kuzmich, Phyllis Long, Kevin Reekes, Cheryl Rutledge, Kim Engel, Lisa Reddick, Marci McDaniel
Coach: Lorie Rienstra **Managers:** Shirlene Miyake and Lona Makim



Feeling proud to coach the Girls' J.V. Softball team, **Coach Rienstra** waves happily to the camera. She knows that her team of diligent young women will do just fine in this year's league.



J.V. Girls' Softball player **Tracy Engel** sits on the side lines waiting for her turn to bat. Tracy is one of the many players who work hard to help the team win.



Kevin Reekes takes a rest after a long hard game. Kevin enjoys being a member of the J.V. Girls' Softball team.



Junior, **Teri Hubert**, positions herself at the plate anxiously waiting for the pitch so she can improve her batting average. Teri is a three year member of the softball team. She acts as catcher on the offensive side.



Varsity Girls: Jeanne Allard, Leslie Baker, Mara Bloom, Lisa Caudillo, Dana Cipollone, Nancy Clark, Jeannette Dorsey, Gerri Glover, Lisa Halaby, Terri Hubert, Laura Junkermann, Margie La Castro, Kelli Moore, Diane Sands **Coach: Jami Moore**
Manager: Harold Gotlieb



Two year member, **Geri Glover**, meets with her teammates and her coach to have a last minute pep talk for their game against El Dorado. It is an honor to be on varsity softball as a sophomore since varsity is such a prestigious team.

SCHEDULE

Esperanza at Los Al
Kennedy at Los Al
Los Al at Pacifica
Katella at Los Al
El Dorado at Los Al
Los Al at Loara
Los Al at Cypress
Los Al at Esperanza
Los Al at Kennedy
Pacifica at Los Al
Los Al at Katella
Los Al at El Dorado
Loara at Los Al
Cypress at Los Al



Coach **Jami Moore** reviews the signs with the players inbetween the innings of the game against Esperanza.

BOYS CELEBRATE A GREAT SEASON

The 1986 Griffin Baseball season started off with a bang in a double header scrimmage against Huntington High School in a non-league game. Their win proved to be the start of a great season. With Randy Hacker as pitcher and Mark Wolfe catching, the offense had no chance. Lead hitters, J. T. Snow, Robbie Katzaroff and Kevin Jenanotte brought in many of the runs that lead the Griffins to victories.



Men's Varsity Baseball: Front Row — Kevin Jeanotte, Randy Hines, Robby Katzaroff, Tony Muser, Ron Scanlon, Darren Scott Second Row — Randy Hacker, Tom Williamson, Matt Treece, Dale Lane, Mike Kelly, J. T. Snow, Mark Wolfe Third Row — Coach Loftus, Brooks Peters, Gary Loe, John Olsen, Robby Nen, Coach Gibson



Varsity Stat Girls: Dawnielle Congiardo, Stephanie Snow, Ann Marie Hagman



Coach Kevin Loftus



Coach Mike Gibson



Varsity Captains: Rob Katzaroff, J. T. Snow



SCHEDULE

Los Al at Cypress
Kennedy at Los Al
Pacifica at Los Al
Los Al at Katella
Los Al at El Dorado
Los Al at Esperanza
Loara at Los Al
Los Al at Kennedy
Cypress at Los Al
Katella at Los Al
Los Al at Pacifica
El Dorado at Los Al

Catcher **Mark Wolfe** puts his face mask back on after picking a man off at second base. A catcher must have quick reflexes and a strong arm to repeatedly make the throw out to second.



Coach Loftus reviews some of the basics of baseball with some of his players. From L. to R. — Gary Loe, John Olsen, J. T. Snow, Rob Nen, Randy Hacker, Brooks Peters, and Randy Hines.



John Olsen congratulates his teammate, Matt Treece, for a good game with a jubilant smile and a handshake.



Men's J.V. Baseball: Front Row — Tony Fusco, Winnie Wolf, Steve Pallock, John Caudillo, Brett Pagett Second Row — Josh Musselman, Steve Rubenaker, Pete Scanlon, Mike Falbo, Nick Beljajev Third Row — Coach Brooks, Mark Wasakowski, Doug Davidson, Greg Pirkl



Throwing a difficult pitch, Greg Pirkl, of the J.V. team lets his form show through.

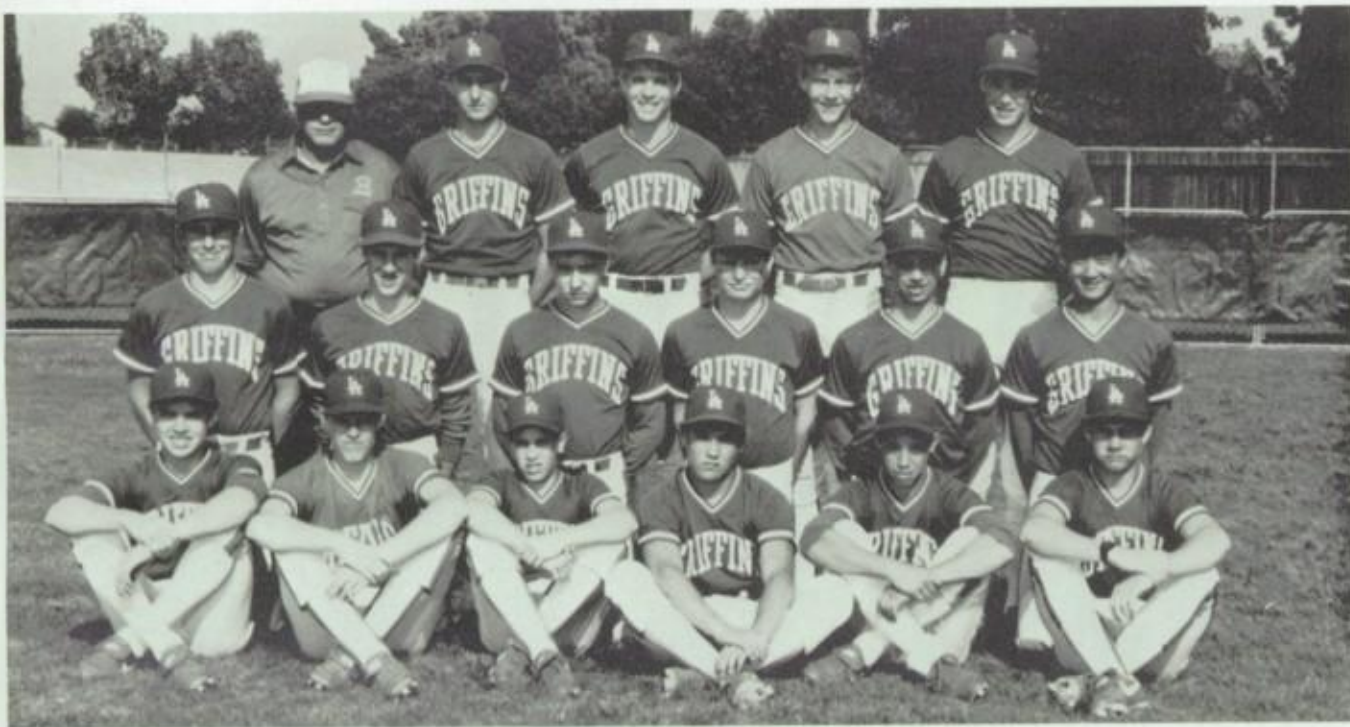
Winnie Wolf, fields a sharp grounder and throws it back to home plate. Winnie is one of the few freshmen on junior varsity baseball.



Catcher Pete Scanlon stands by himself at home plate thinking about his last throw to second base.



During a practice game, outfielder Tony Fusco takes a break from the scorching sun, finding refuge in the dugout.



Men's Fresh/Soph Baseball: Front Row — Philip DeMateo, Jeff Blank, Trey Garman, Bobbie Sylvia, Craig Olrich, Max Moore Second Row — Dave Wilkins, Randy Blank, Joey Croce, Chuck Miller, Mike Barlo, Craig Sugiyama Third Row — Coach Treece, Scott Reed, Mike Scott, Bobby Callaway, Thad Mumford



Craig Olrich, pitcher on the Fresh/Soph team, winds up to throw his fastball.



Men's Freshman Baseball: Front Row — Mike McAtee, Todd Gibson, Adam Musi, Mike Gallagher, Todd Brown Second Row — Kenny Gayeski, Phil DeMateo, Joel Fischer, Brent Blocker, John Hyatt Third Row — Coach Eddie Foster, Bobby Farrell, Chris Park, Sal Mancuzo, Eric Caesar



Freshman Trey Garman keeps his eye fixed on the pitcher while waiting for the pitch.



Racing to home plate hoping to score another run for the Griffins, shortstop for the Fresh/Soph team, Darren Sugiyama, looks up to make sure he can beat out the throw to home.

MEN SWIM TO CONQUER ALL

The Los Alamitos Men's Swim Team, headed by coaches Dennis Plossel, Bob Turner and Phil Malone, started off the season with a bang. Such competitors as Loara and Esperanza proved to be victorious for the team.

Practices were held Monday thru Friday, before and after school. Participants were required to swim from 5,000-8,000 yards a day. Such conditioning was needed for the tough competition they faced at the many meets during the season.

Los Alamitos continued to remain one of the top competitors among the surrounding schools and always strove to be the best.



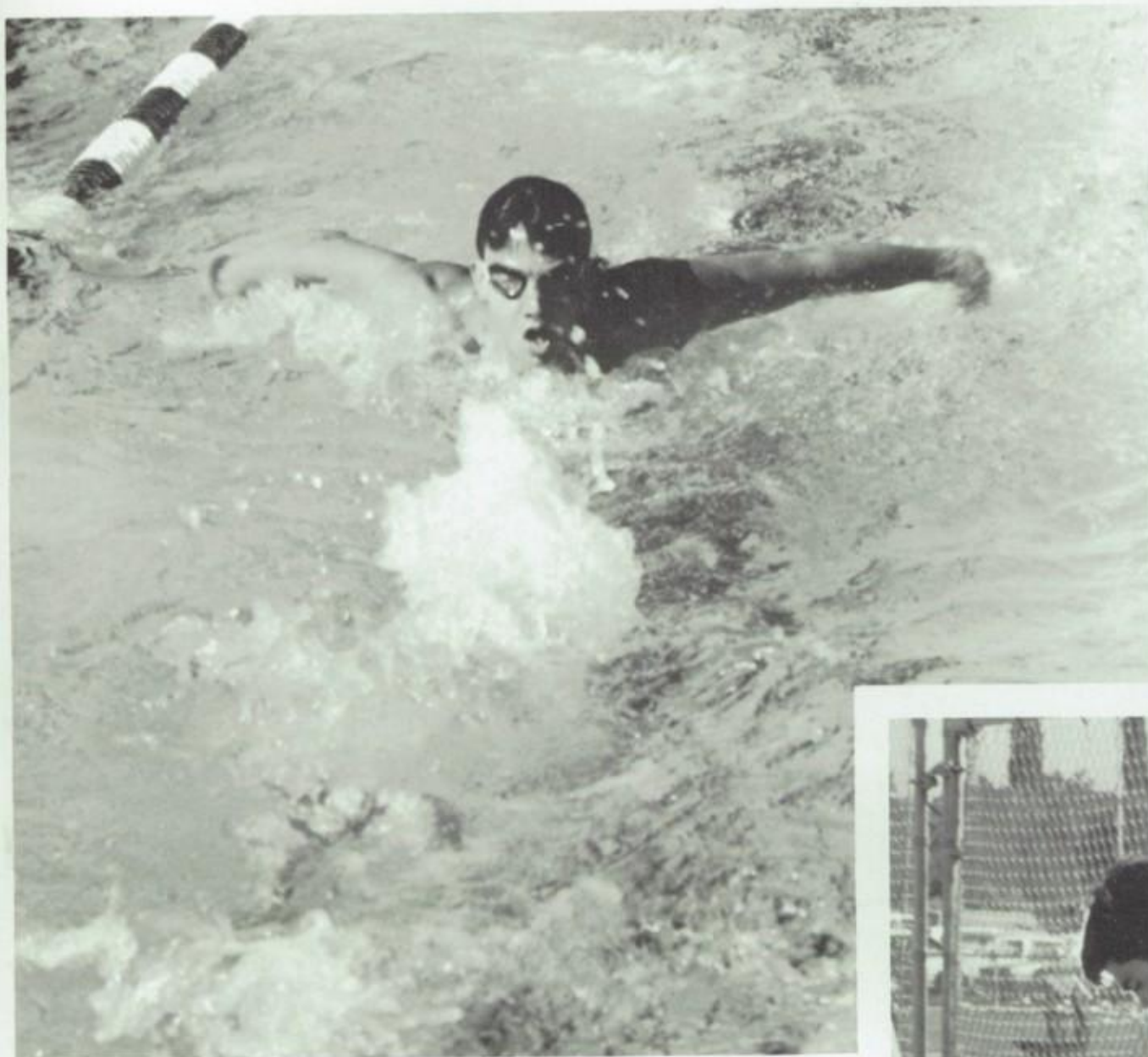
Men's Swimming: **First Row** — John Downs, John McMahon, John Stevenson, Marc Alpert, Dave Fusco, Scot Listavich, Jeff Dressel **Second Row** — Jimmy Obreacker, Chris Silver, Jack Souders, Daved Maher, Mike Broderick, John Caughlin, Eddie Scandleberry **Third Row** — Eric Prussell, Chris Geer, Cliff Khoss, Tom Anderson, Craig Agosta, Craig Malone, Brian Lawrence **Fourth Row** — Andrew Schiemer, Lance Schiener, Andy McMahon, Sean Patrick, John Chomin, John Fisher, Dru Bazz **Fifth Row** — Jeff Ahmad, Kevin Welch, Steve Evans, Rocky Parks, Matt Carter, Kevin McIntyre, John Wimbish, David Smith



Varsity Team: **First Row** — Andy McMahon, Mark Alpert, Dave Fusco, Andrew Scheiner **Second Row** — Craig Malone, Jimmy Obereaker, Scot Listavich, Lance Scheiner **Third Row** — Jon Wimbish, Matt Carter, John Chomin, John McMahon **Fourth Row** — Jeff Wimbish, Brian Lawrence, Kevin McIntyre **Fifth Row** — John Downs, Tom Anderson, John Caughlin

Discovering a leak in his goggles, John McMahon displays a face often seen at practices. Not even goggles can keep the chlorinated water from irritating his eyes.





Men's swimming participant, **Brian Lawrence**, puts forth all his effort while competing in the 1,000 meter butterfly against Loara. Swimming continues to be one of the many sports that Los Al excels in.



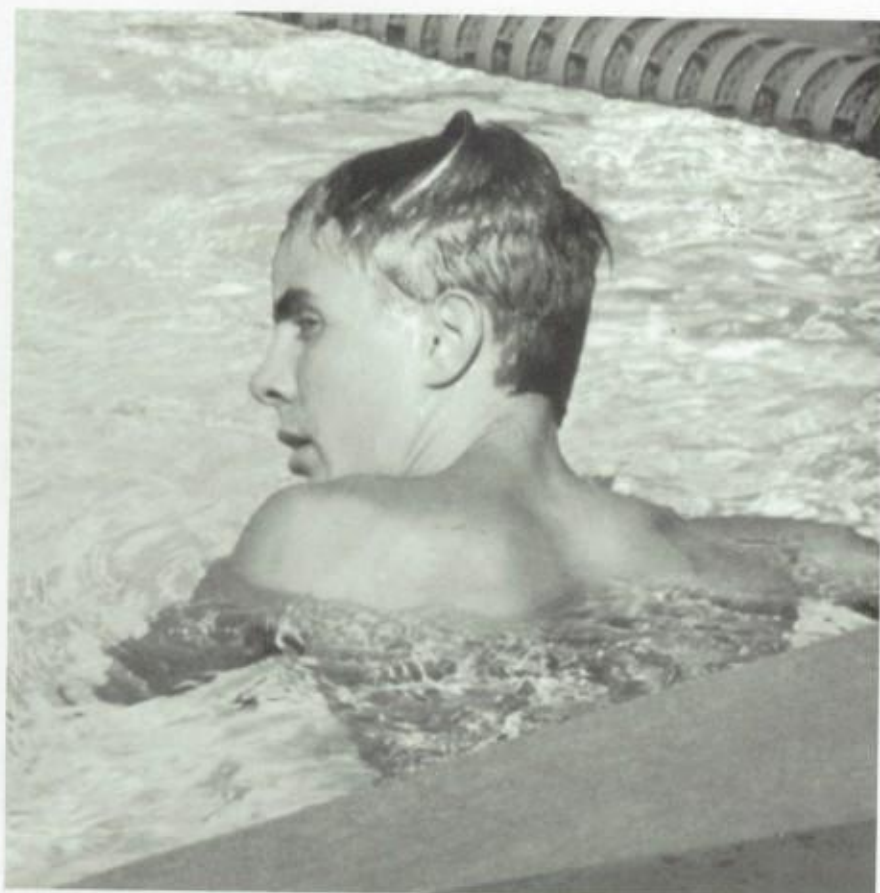
Pousing to adjust his goggles during early morning practice, **John Chomin** thinks about the rough competition at the upcoming meet. Such competitors like El Dorado give cause for the many long practices.

SCHEDULE

Los Al vs Loara
Los Al vs Esperanza
Los Al vs Cypress
Los Al vs Kennedy
Los Al vs Pacifica
Los Al vs Katella
Los Al vs El Dorado



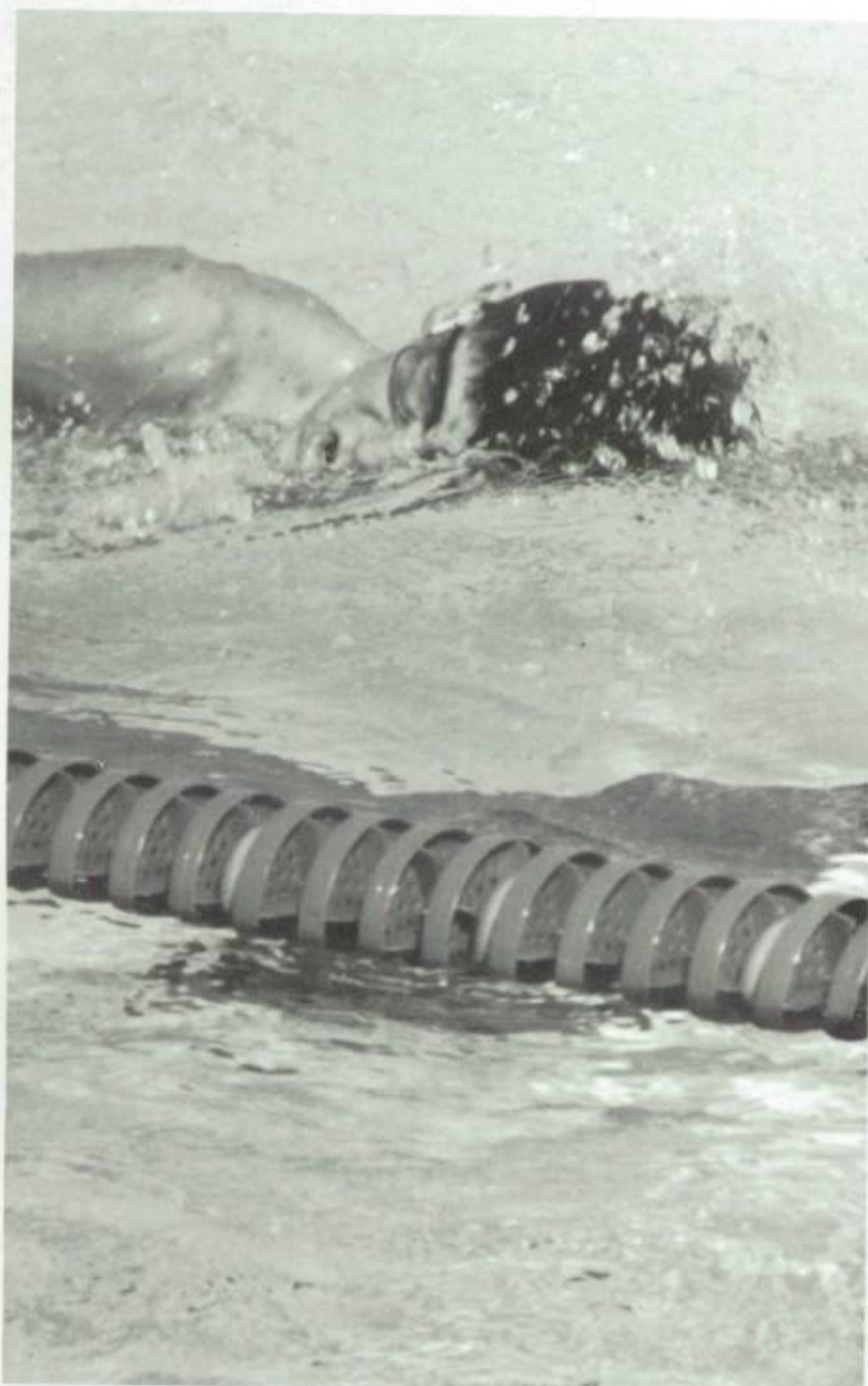
Exhausted after a rough competition, **Matt Carter** walks over to join the rest of the team. Practices before and after school help to condition the team.



Varsity swim team member **Scott Listavich** watches his coach and waits for some instructions. Many hours of practice are spent to make team members like Scott fine, competitive swimmers.



After one of the many varsity swim team practices, members of the team take time out to enjoy the sunny day. A chance like this doesn't occur very often.



While doing his daily warm-up exercises, a swimmer shows the perfect overhand form. Good swimming techniques are vital for each swimmer to get the most out of each workout.



After many long laps across the length of the pool, a varsity swim team player is thankful to finally be reaching the end of his strenuous practice for the day.



James Oberacker, a dedicated swim team member forces himself forward with great diligence and passes a fellow swim team member. Such simulated races help swimmers see how well they're performing.

faculty



Carol Hart: Principal
UC Berkeley, MA

Tom Anthony: Assistant Principal
USC, MA

Gary Rutherford: Dean of
Attendance
Pepperdine University, BA

Larry Thompson: Assistant Principal
USC, MA



As the new activities coordinator, **Mr. Kelly Godfrey** schedules school assemblies throughout the year. He is often seen attending the various assemblies as well as the sports events at Los Al.

LOS AL WELCOMES NEW PRINCIPAL

In the school year of '85-'86, Los Alamitos had a new principal enter its doors. **Mrs. Carol Hart** sought the role as principal at Los Al due to the outstanding reputation of the school.

Mrs. Hart had attended U.C. Berkeley where she majored in history; English and political science served as her minors. She taught social studies and English at the junior high level at McGregor Intermediate School. **Mrs. Hart** served as an assistant principal at Newark Memorial High.

Mrs. Hart has gained knowledge through her experience as a school administrator. Master schedule building, curriculum development, and community relations are only a few of the tasks she has in her weekly schedule.

Improved test-taking skills and implementing the increase of critical and creative thinking in the classroom are two Board goals being strived for.

Mrs. Hart welcomed the parent community to become involved in the Parent Teacher Student Association organization. She also encouraged parents to be involved in the various booster club organizations.

Mrs. Carol Hart has strived to make Los Al an active, academically fulfilling, and enjoyable high school. In return, Los Al thanks her for becoming a part of our school. **Mr. Gary Rutherford**, dean of attendance, lassoed truancy into a tight minority. As truancy was kept at a minimum by **Mr. Gary Rutherford**; **Mr. Tom Anthony**, **Mr. Larry Thompson**, and **Mr. Kelly Godfrey** all joined in improving Los Al.

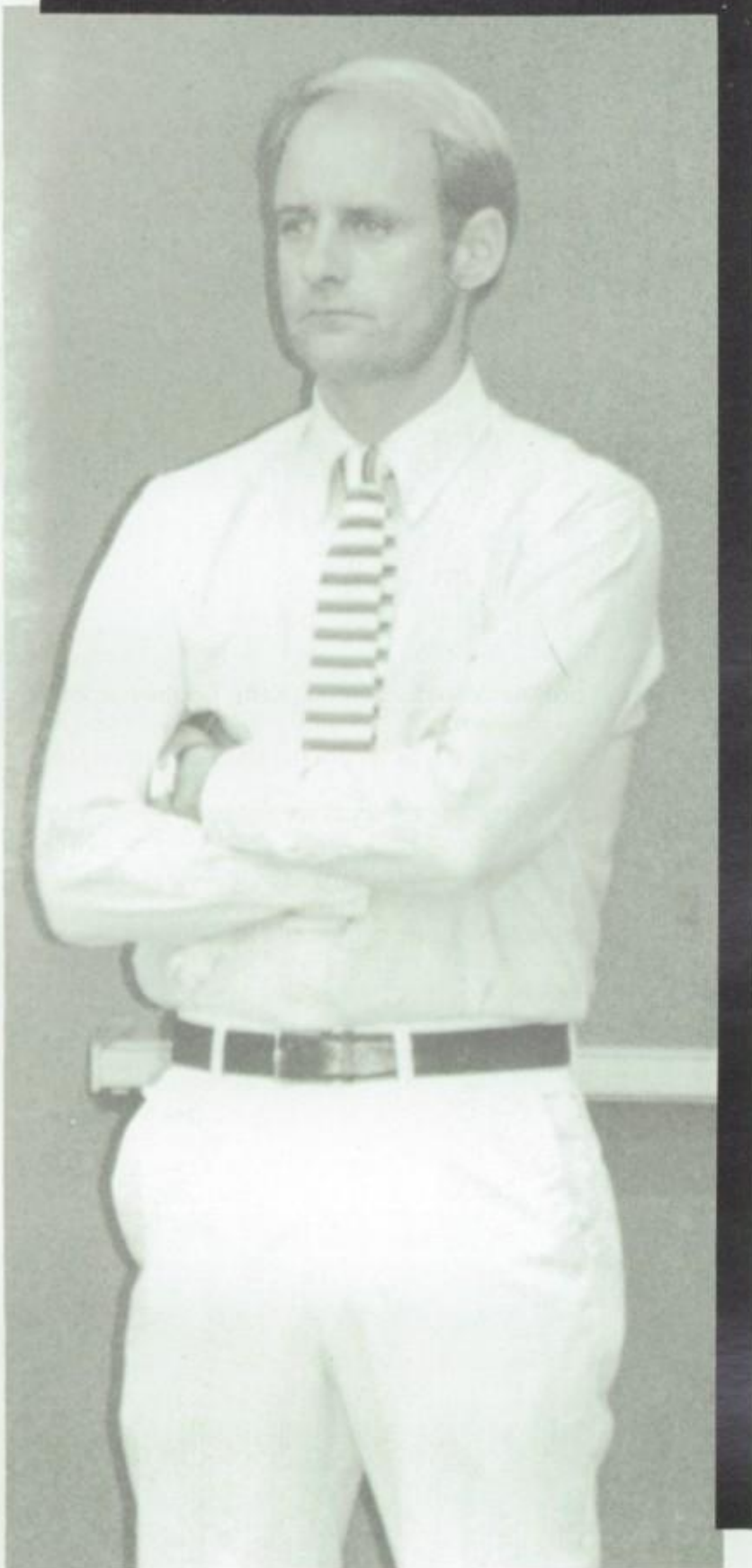


Before opening the door to his green Porsche, **Mr. Tom Anthony** gazes into the early morning traffic on Cerritos Avenue on the way to an early board meeting. Trekking to early meetings is one of many things done by **Mr. Anthony**.



A low truancy rate is one of many things that makes Los Al a proud high school. The Dean of Attendance, **Mr. Gary Rutherford** often makes room in his busy schedule to discuss problems with the students on campus.

AIDS AND SECRETARIES



As the cheerleaders perform a routine, Mr. Kelly Godfrey attentively watches. As a new principal, he attends and enjoys the various performances at the pep assemblies.



Surrounded by papers as the school day progresses, Mr. Larry Thompson pauses for a brief moment to relax. Constant paper work keeps Mr. Thompson active.



Lue Adamson: Attendance Clerk



Olga Alvarez: Career Center Assistant



Connie Anderson: On Campus Aide



Patrick Barr: MC Audio Visual Assistant



Julie Crumpton: Activities Secretary



Carol Dalton: Library Media Specialist



Margret Dechko: Clk., Asst. II, English



Don Dusterhoft: Day Custodian



Nola Ezell: School Nurse



Herman Fisher: Head Day Custodian



Kathy Foss: Library Media Specialist



Colleen Golden: Clk. Asst. II



Mary Haas: Dist. Switch Operator



Sharon Martin: Stud. Records Clk.



Chris Mazet: Clk. Assistant II/Social Science



Gail McGill: Attendance Clerk



Displaying her friendly and helpful attitude, librarian **Kathleen Foss** smiles enthusiastically as she informs an inquisitive student of the reference materials available in the library.

MEDIA CENTER MEETS NEEDS

The school library has been a homework escape route, a meeting place for clubs, and a place to hit the books for many of Los Al's students. When term papers and book reports were assigned weeks ago and the due date was coming up, students filed into the library and utilized the information found there. **Mrs. Carol Dalton** and **Mrs. Kathleen Foss** were followed around for much needed help during those particularly stressful cram sessions.

Microfiche, videotapes, and floppy disks contained potential information for oral reports. **Mrs. Patrick Barr** often assisted those who sought his help. **Dr. Jean Cross** and **Mrs. Olga Alvarez** contributed their help with career guidance and occupational opportunities. As the school year progressed, sounds of microfiche machines, computers, and typewriters combined with the noises of pages turning in books indicated that students were working hard.



Mrs. Olga Alvarez posts the latest job offers in the community of which interested students may take advantage. When interested in a particular occupation offer, the student may simply enter the career center and ask Mrs. Alvarez how to apply.

SECRETARIES AND AIDES



Confirming a local business firm about a career field, Dr. Jean Cross takes note of the pay rate, working hours and age requirement for Los Al's potential working students. Inflation has taken toll on the students' wallets as well as on the older working class, Dr. Cross always sets time aside to assist those in need of employment.



Jeanne McMahon: Principal Secretary II



Anna Packard: Clk. Assistant / Math



Sherill Razor: Acct. Clk. I/Student Activities



Carol Scott: Clerical Assistant II

"Just knowing that there are various alternatives to attending colleges relieves the anxiety of many students and that is what vocational courses are for."

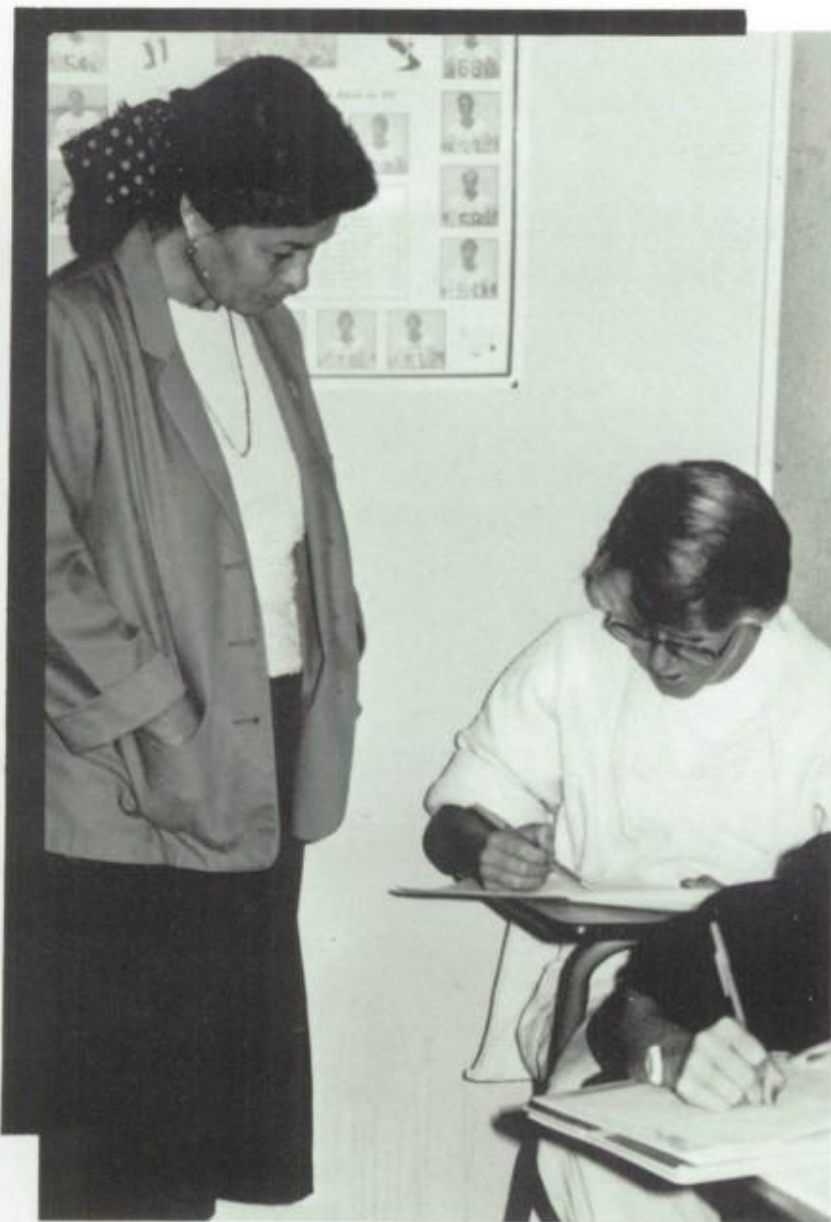
— Dr. Jean Cross

"Often times, students may need employment for personal expenses. The ROP courses fulfill those needs as well as rewarding high school credit."

— Mrs. Olga Alvarez



Ms. Jean McMahon pauses from scheduling appointments with Mrs. Hart. As the new principal's secretary, Ms. McMahon can often be spotted typing letters for Mrs. Hart in the office. She answers important phone calls concerning Mrs. Hart's plans, and sees to it that the paperwork is in complete order. She likes to chat with the faculty on her break.



Not quite positive about his grammar usage, freshman, **Jerry Blomgren** asks for **Ms. Norma Barger's** assistance. As a new teacher at Los AI, she meets many new students.

NEW STAFF ADDS CHARISMA

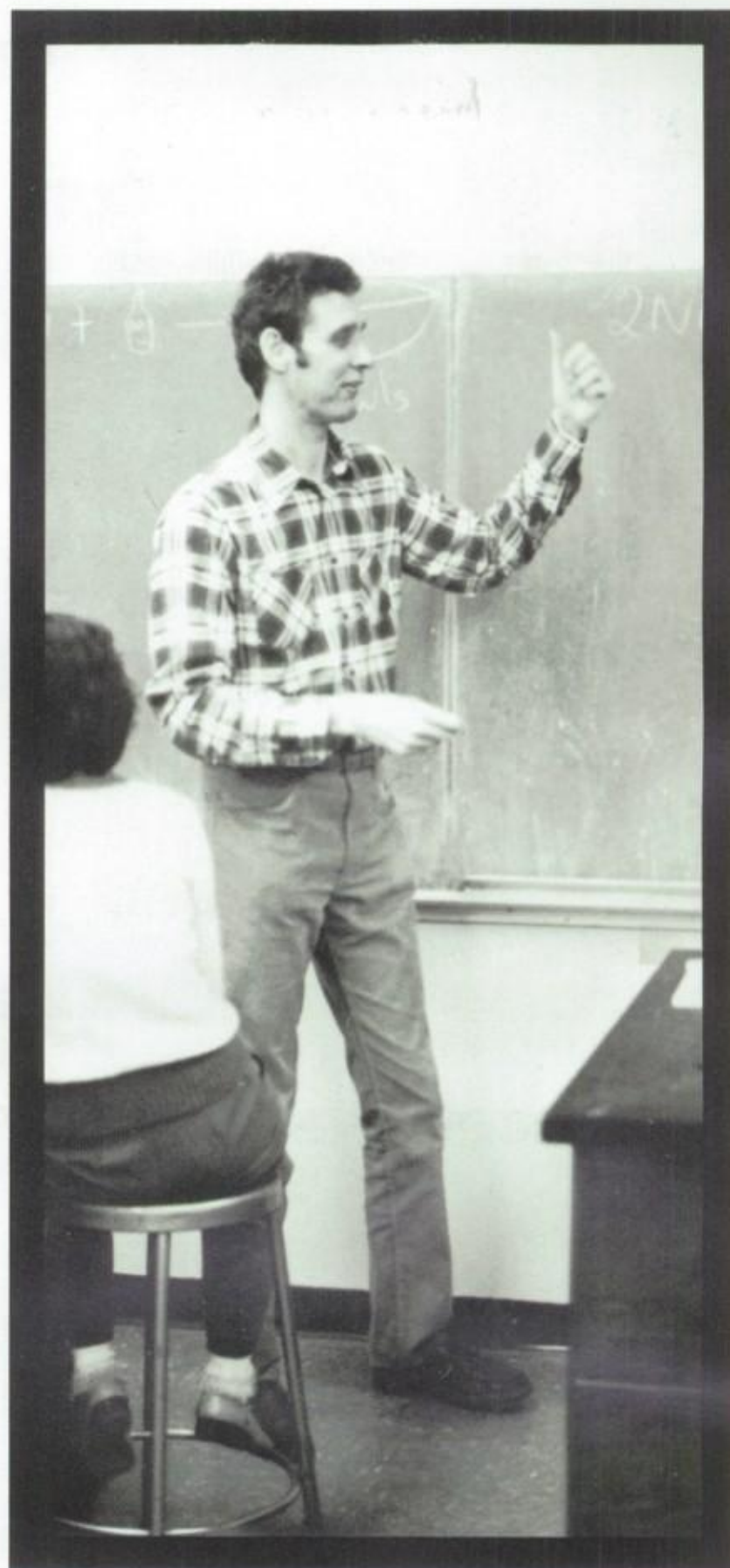
As the new school year opened at Los AI, eight new teachers entered through the doors. Two of the teachers are **Carina Jackson** and **Norma Barger** who are both foreign language teachers. In the science and math area, **Stuart Nowinski**, **Sherry Kropp**, and **Jeri Karasik** are all new teachers. **Janet Fitzgerald** teaches English and **Michael Pazeian** instructs social science classes. Special education had the privilege of having **LaRae Dillman** teach the section. This past year at Los AI has been an exciting teaching year for the new staff members.

"Los AI has a great deal of school spirit, cheerful students, and concerned faculty members."

— **Mr. Stuart Nowinski**

"This school year has been unpredictable, successful, and extremely busy. Last but not least, it was fun!"

— **Ms. Sherry Kropp**



Explaining how to compose a chemical "recipe," **Mr. Stuart Nowinski** shows how a formula resembles a Betty Crocker recipe. This way, students can see the simplicity of chemistry.



Mrs. Hemmeter watches a puppet show put on for the preschool children. When grading, she looks at the enthusiasm of the presentation.



As a new member of the Los Alamitos School Board, Mrs. Jeannie Flynt smiles happily during a regular meeting of the board. Mrs. Flynt is honored by her new prestigious position.



Los Alamitos School Board: Arthur Genet, Nancy Landers, Virginia Wilson, Jeannie Flynt, Mary Holzgang

BOARD RECRUITS NEW MEMBER

The school board meets on a regular basis to set policies in the school district. These range from mandatory course offerings to the types of books to be used in certain classes.

Jeannie Flynt has been accepted into the school board as a new member. As a parent, Mrs. Flynt is concerned with her children's future education. Contributing in determining school policies is one of Mrs. Flynt's tasks as a member.

"The education system will improve as the children grow older," states Mrs. Flynt. Set goals were accomplished by the board.



After hearing the definitions of Johannes Kepler's three laws, juniors, **Denise Horner** and **Lara Obradovitch** are still in utter confusion. They seek **Mr. Steve Wagner's** advice on how to apply the formula in order to find time. The study of Physics may seem less confusing to students after the lecture notes are applied to the problem; assignments then seem less complicated.

SCIENCES ADVANCE INTO FUTURE

Twenty units of science courses must be completed in order for a student at Los Al to graduate. A variety of science classes were offered to fulfill this graduation requirement. A student could choose classes from: Life Science, Physical Science, Biology, Physics, Chemistry, and A.P. Biology.

"The science department is a dynamic and energetic department!" stated **Ms. Jean Sleeper**, head of the science department. New faces have shone through at Los Al. **Mr. Stuart Nowinski**, chemistry instructor, is a new faculty member at Los Al.

"I would like to start on AP Chemistry class," expressed **Nowinski**, "I feel those who are ready to advance into a higher level of Chemistry should be able to take this class now rather than wait until college." A student himself, **Mr. Nowinski** knows the frustrations of not being able to take a desired class.

"I have always excelled in Physics rather than my Chemistry."

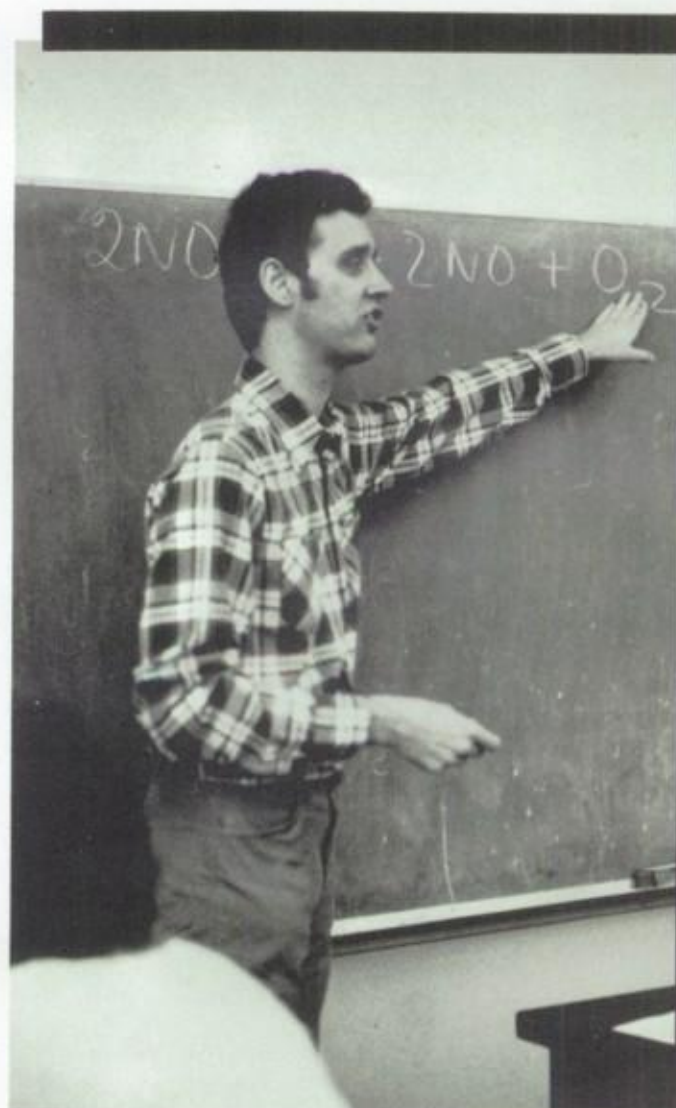
— **Mrs. Diane Johnson**

"Chemistry is everywhere and one can not escape from it."

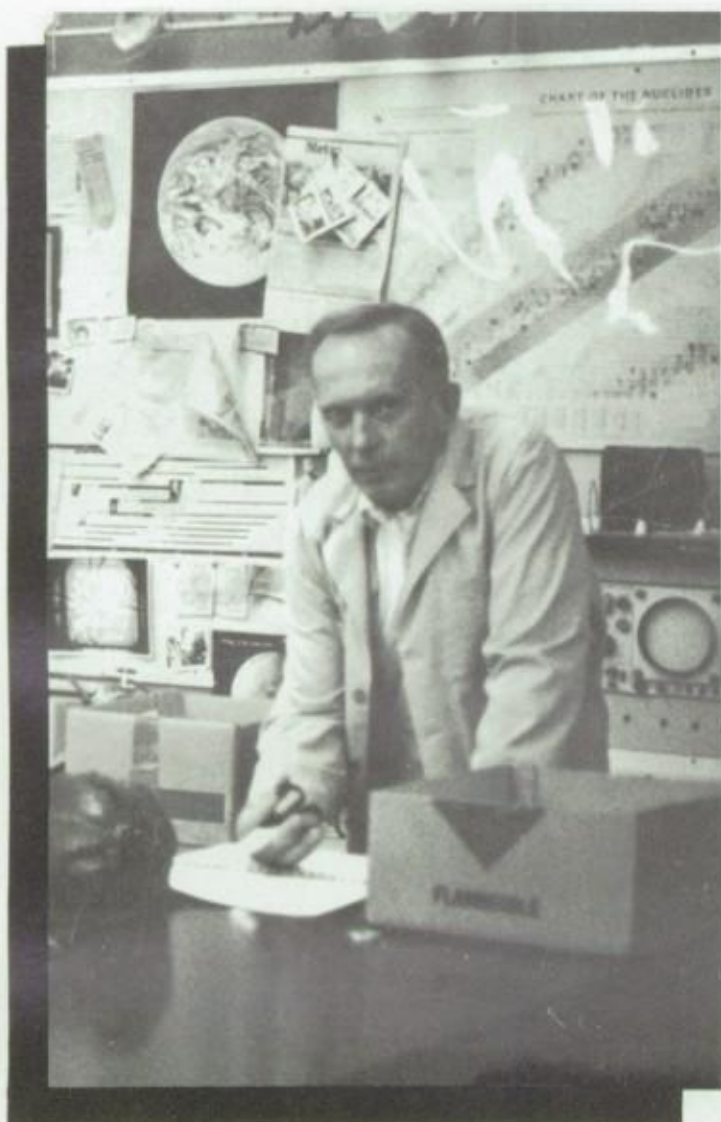
— **Mr. Stuart Nowinski**

"There is more to science than equations and formulas."

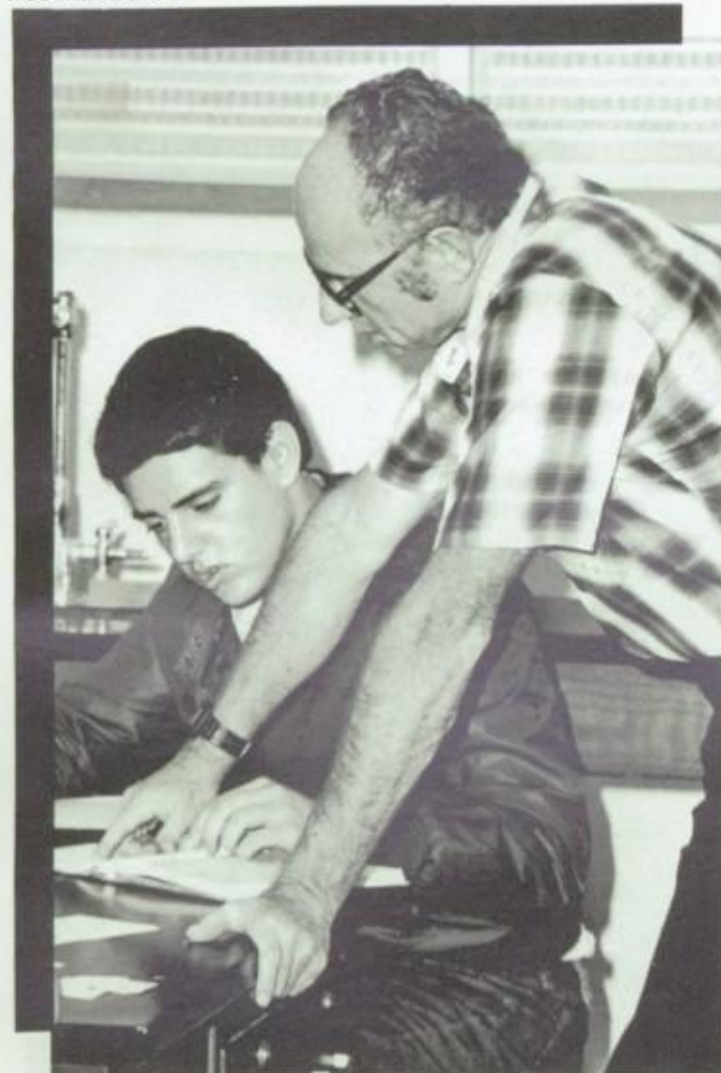
— **Mrs. Jean Sleeper**



Chemistry instructor **Mr. Stuart Nowinski** demonstrates how to isolate a single mole of oxygen gas compound to his fifth period class.



Mr. Chuck Scott, a Physics instructor at Los Al schedules his lesson plans for the week. Mr. Scott always dedicates ample time for his students' needs.



Mr. William Schneider assists a budding scientist in his fifth period Biology class. Most students consider Biology class easy because there is no math involved.

SCIENCE



Al Davenport: Biology/Life Science
CSULB, BA



Mike Gibson: Health/Varsity
Baseball
CSULB, BA, MA



Bob Gilchrist: Biology/Pre-Algebra
CSULB, MA



Diane Johnson: Physics/Biology
UCLA, BS



Sherry Kropp: Physical
Science/Math/Pre-Algebra



John McManus: Biology/Life
Science
UCSB, BA



Stuart Nowinski: Chemistry
CSULB, BS



William Schneider:
Biology/Physical Science
USC, BS



Charles Scott: Physics
Georgia Tech, BS, MS



Jim Van Gorder: Health
USF, BA, MA



Steve Wagner: Biology/Life Science
CSULB, BS



Jean Sleeper: Biology
College of New Rochelle, MA

"Today's curiosity brings tomorrow's technology through the future; scientists of youth will guide us."

— Ms. Sherry Kropp

"Science is a language of communication and not just a high school graduation requirement."

— Mr. Bob Gilchrist

MATH DEPT. STRIVES TO EXCELLENCE

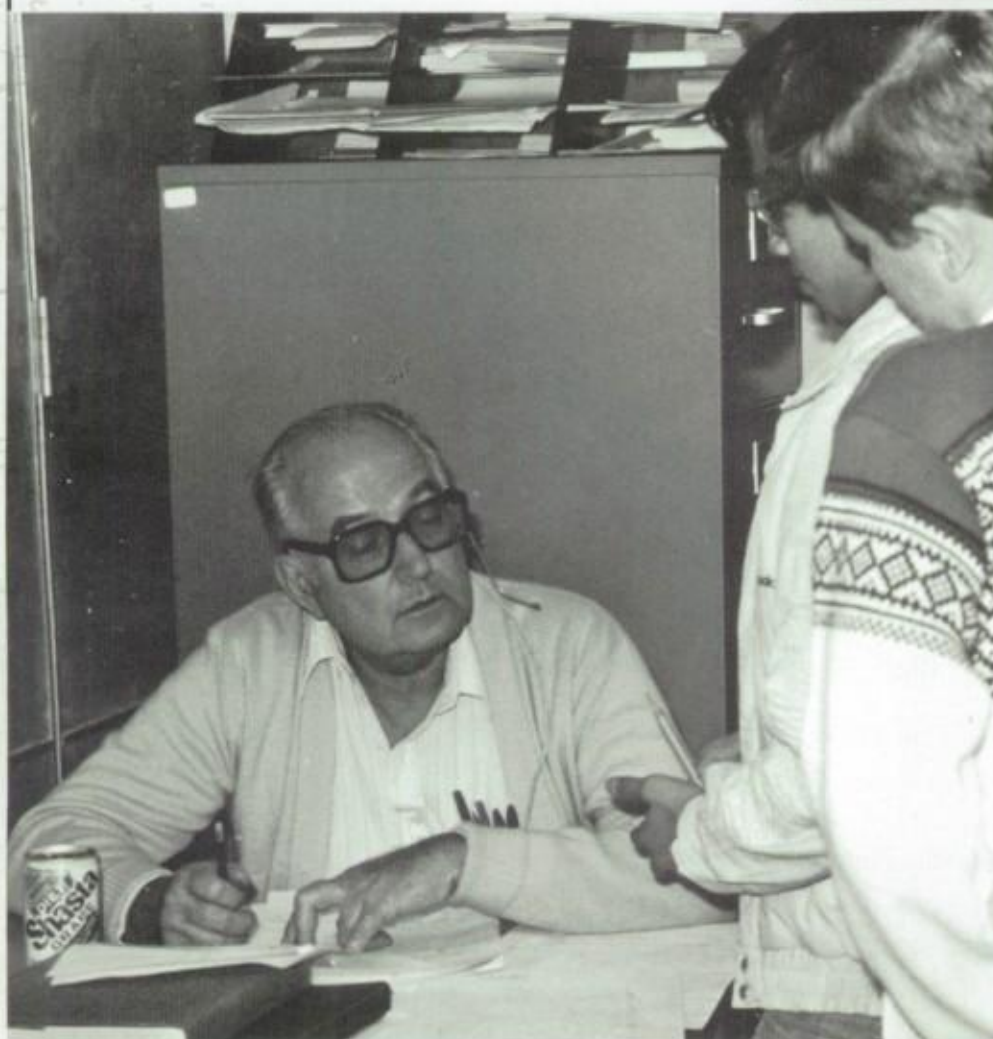
Many improvements have taken place in both the Math Department and the computer science classes during the past year at Los Alamitos High School. Students in computer classes, taught by Mr. John Leonard, have learned how to use Basic or PASCAL and how to solve a wide variety of problems on the computer, including accounting, physics, and mathematics. In addition they have learned how to organize information to be saved and recalled on a later date. Knowledge of computers can be useful in applying for a summer job, during the school year, or to help a student financially through college.

Math classes are important for those who either want to have a career in business or wish to attend a major university. Now that the requirements for math have been raised to a minimum of three years, a higher demand for classes has brought new additions to the Math Department. In the last year, Mrs. Sheri Kropp, Mr. Robert Logan, and Mrs. Jeri Karasik became new assets to both their students and the department.

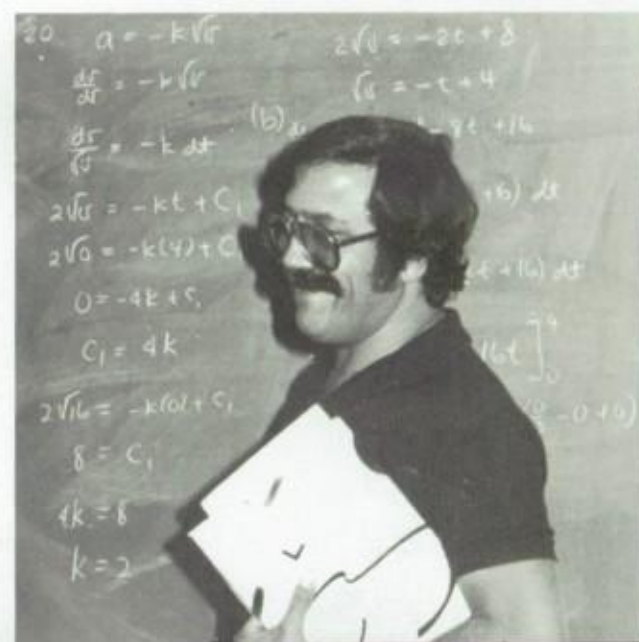
Mrs. Haas, as the head of the Math Department, described the staff as a group of excellent and dedicated teachers who are qualified to teach the full spectrum of mathematics including the complex courses of analytic geometry and calculus. Because of its great dedication and quality teaching, the Math Department remains one of the best and strongest departments on campus.



While correcting an Algebra test, Mrs. Kincaide smiles when she sees that one of her students received a perfect score. She realizes that teaching pays off.



Always willing to help, Mr. Jaegar looks up from his work to answer questions that a few of his math students have.



Going over the homework on the chalkboard, Mr. Isaac listens to a suggestion from a student on an easier way to solve the problem.

MATH DEPT.



Gerry Beach:
Analytic
Geometry/
Trigonometry
UCI, MA

Ken Becker:
Woodworking/Math
CSULB, BA
"Never give up!
Don't be a quitter or
a loser."

Steven P. Brooks:
PE/Math
SCULB, BA



Looking over her math students' work, Miss Kropp is willing to help with any problems. As a new teacher at Los Al she has met many enthusiastic students.



Debbie Flemming: PE/Math
CSULB, BA
"Let's go, we can do it!!"

Doris Gerry: Algebra II/Geometry/
Pre-Algebra
Kent State University, BA, MA



Patricia Giarratano: PE/Pre-Algebra
CSULB, BA
"Go for it!"

Dorothy Haas:
Trigonometry/Algebra
University of Arizona, BS
"Choose to be up instead of
down."



Edward Isaacs:
Trigonometry/Calculus
UC Berkely, AB, MA
"Don't sit on the desk!"

Gene Jaeger: Algebra/Geometry
University of Minnesota, BS, MSED,
CLU



Jeri Karasik: World Culture/Math
CSULB, MS, BA

Myra Kincaide: Math
University of South Mississippi, BS



Sherry L. Kropp: Pre-
Algebra/Practical Math
Washington State University, BA
"Be the best that you can be!"

John D. Leonard: Developmental
Algebra
PASCAL, CSULA, BS, MA



Erna Ann Lowe: Algebra
II/Geometry
CSULB, BA

Gladys Stough: Math
CSULB, BA



Mariann Walker: Geometry
University of North Dakota, BS
"Give me a BREAK!"

Sue Willard: Algebra II/Pre-Algebra
Cal State University Fullerton, BA



Robert Williston: Pre-
Algebra/Practical Math
Providence College, BS

Susan Woirol: Art/Math
UC Berkeley, BA



Mrs. Norma Barger finishes instructing her class before letting them begin working on their own. Her students realize that she is there to help.

ENGLISH TAUGHT THE RIGHT WAY

The English Department is the largest department in our school. A large variety of classes are offered that will suit each individual's abilities and interests. Because four years of any English course are required for graduation, over fifteen different classes are available so choosing an elective is not such a difficult task.

But the courses taken are, most definitely, not easy. Each course is geared toward these three aspects of the English language: spelling, grammar, and usage of vocabulary. For the underclassmen, there are Basic English courses or Honors I and II. But for Juniors and Seniors, there are over fifteen one-semester courses to choose from. Classes such as American Short Story, American Literature and Composition, Thanatology, and Creative Writing are quite popular. Each of these courses stress writing good compositions.

These classes and their teachers make up only a small part of the department that is determined to make their department the best.



Judy Trujillo, one of the busiest people on campus, pauses between lines in a play. Because she's the drama coach and Cheer advisor she's very involved in extra curricular activities.

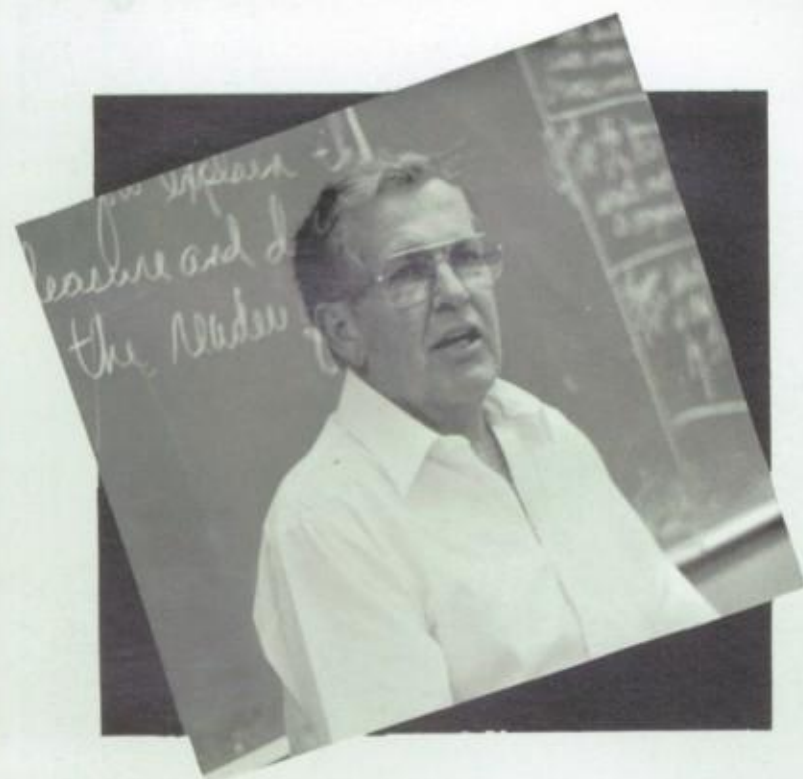


Mrs. Fitzgerald, helping sophomore Brian Rak, explains the assignment. Knowing that not all students will understand, Mrs. Fitzgerald allows time for her students to ask questions.

ENGLISH DEPARTMENT



Mr. Al Gragnano teaches both English I and Tennis. Such multi-talented teachers make Los Al one of the most competitive schools both academically and athletically.



Carefully explaining yesterday's lesson, Mr. Wayne Schroeder dictates the meaning behind a story. Students are encouraged to add their comments in class discussions.



Sabrina Arney: English/Yearbook
CSULB, BA
"OK class. Be quiet! We have a lot of work to do today!"



Norma Barger: English 9
CSULB, BA
"Do your best, have FUN and remember the GOOD times."



Joyce Bennet: English
Honors/Mythology
CSULB, BA
"Don't procrastinate!"



Ann Busenkell: English
CSULB, BA



Merrilee Desatoff: English 10
Cal State University Fresno, BA



Phil Doran: Ceramics/English/Photo
CSULB, MA



Martha L. Durham: AP
English/Creative Writing
Cal State Fullerton, BA, MA



Diane K. Eastman: English
II/Composition
UC Santa Barbara, BA
"Worksheets are due TOMORROW."



Janet Fitzgerald: Reading/English
CSULB, BA, MA



Sharon Marie Flynn: English 9
Eastern Washington University, BA



Al Gragnano: English/PE
CSULB, BA, MA
"Study hard and plan for the future."



Jan Kenny: English/Yearbook
Cal State Fullerton, BA



Brad Lane: English I & II
Indiana University, MAT





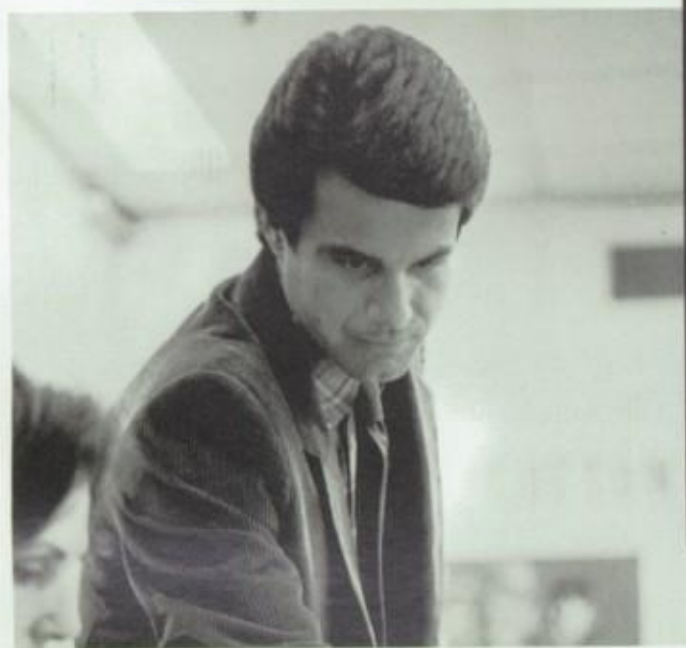
Inspecting a layout that one of her students created, Mrs. Kenny makes improvements where they are needed. Her expertise in the field of journalism aids in the making of a terrific yearbook that becomes a memorable piece of one's life in High School.



Reading a meaningful and symbolic passage out of a book, Mrs. Fitzgerald tries hard to make her students understand the intent of the author.



While reading one of her student's poems, Mrs. Span stops to contemplate an intriguing line. Her knowledge of poetry aids her student's understanding and comprehension of their own works.



Pointing out one of the more common mistakes in English writing, Mr. Doran shows his student how to correct it.



Despite her broken leg, Mrs. Bennet looks up from her students' work and smiles knowing that her cast will soon be removed.

ENGLISH DEPARTMENT



Linda Lewis: Typing/English
CSULB, BS
"Listen, Listen! Listen!!!"



Patti Long: English II/English 12
CSULB, BA
"Hey Mouseketeers!"



Ralph Opacic: Vocal Music/English
CSULB, BA



Wayne Schroeder: English Literature
Cal State University Fullerton, BA,
MS



Patty Seymour: English II/American
Short Story/Composition
CSULB, BA



Malinda Sizemore: English
CSULB, MA



Marsha Span: Poetry/Advanced
Poetry
CSULB, BA



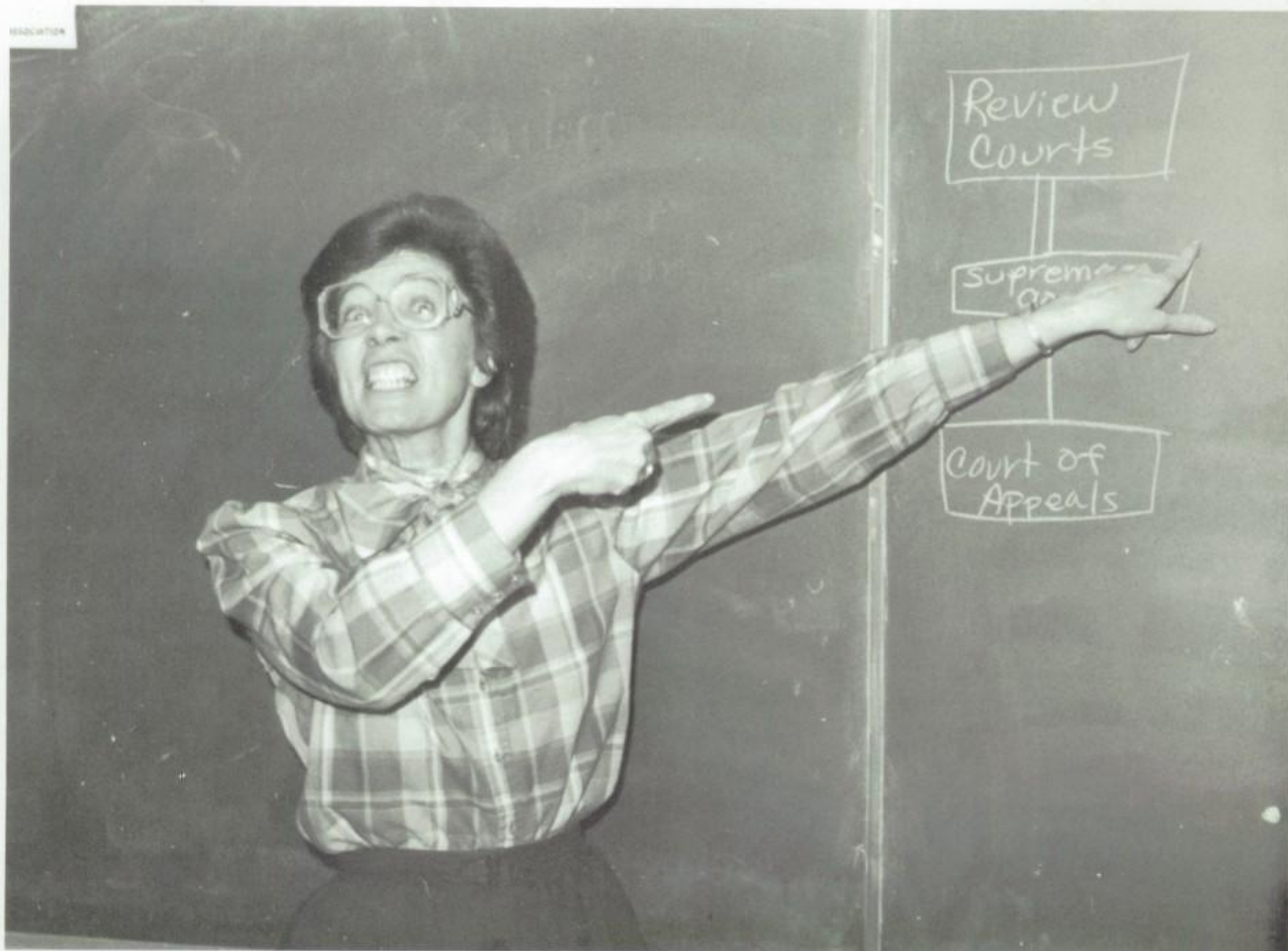
Judy Trujillo: Drama/Yell Song
Cheer
University of Colorado, BA, MA
"I spent 8 years in college to learn
how to sell Blow Pops"



Kathy Wilson: English/Newspaper
Idaho State University, BA



Willing to help, Mrs. Eastman listens to the problem presented by Zoe Syrengelas about her English essay. Zoe knows that asking for help from such a qualified teacher aids in writing a perfect paper.

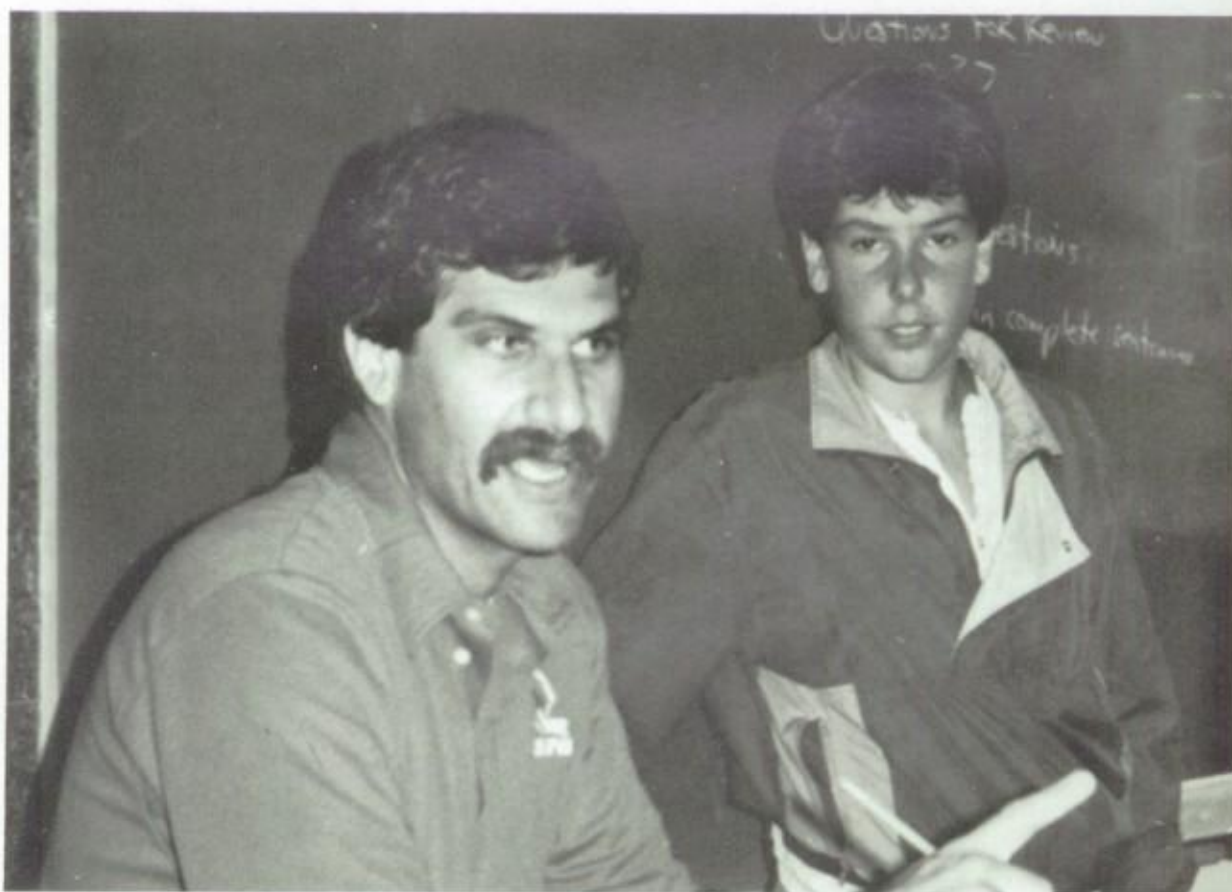


Frustrated with her class, Mrs. Pam Steeby is trying to teach her Government students about the levels of courts in the United States judiciary system. Mrs. Steeby is a dynamic teacher who has taught at Los AI for several years.

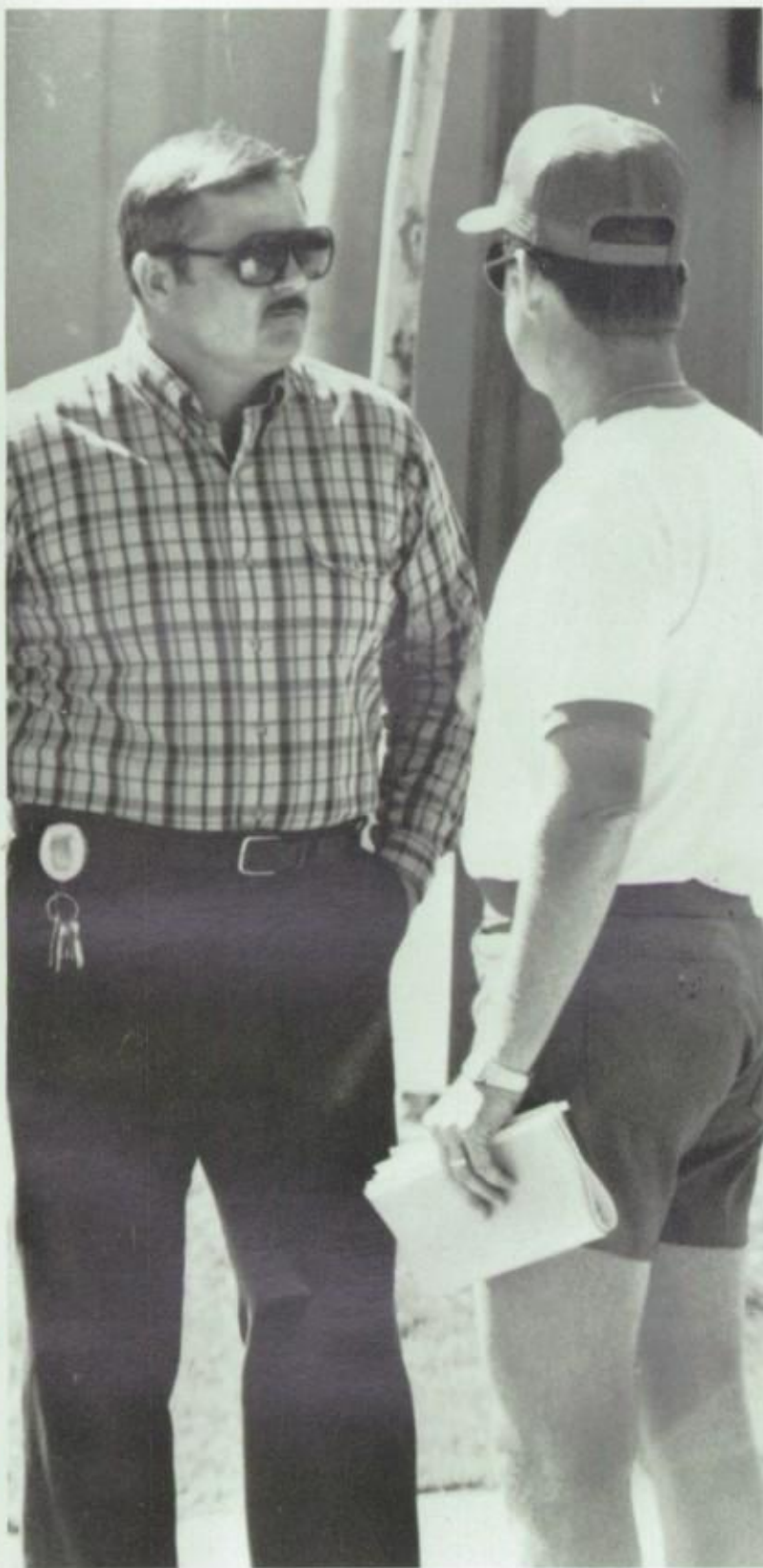
SOCIAL SCIENCE RISES TO THE TOP

The Social Science department demonstrates what a great selection of classes we had at Los AI. The department, fourteen members strong, was headed by **Walt Hauenstein** who taught three subjects himself. Two of the fourteen teachers were new to the department. Mrs. Jeri Karasik, who taught new United States History came here from Oak Middle School where she taught seventh and eighth grade Social Studies. Mr. Mike Pazeian, who taught World History and California History, came from Pine Middle School where he taught eighth grade World History. Both teachers were valued assets to the department.

Because the social sciences are so important for scholastic development, students are required to take two semesters of Social Science electives. These electives vary anywhere from Futures, taught by Dr. Jim Cross, to Psychology. The department also realized how important the social sciences are, so a great number of electives were offered. Students at Los Alamitos usually have no trouble picking their electives. This year we had a really great department that worked hard at making Los AI the best school possible.



World History teacher, Mr. Mike Pazeian makes the concluding statement for his lecture on World War II and the Nazis before helping freshman student Brent Balton. Mr. Pazeian, originally from Pine, is new to the Los AI staff this year.



Varsity football coach Mr. Steve Bowers and Head Coach John Barnes discuss the past football season. Los Al made it to the C.I.F Championship this year.

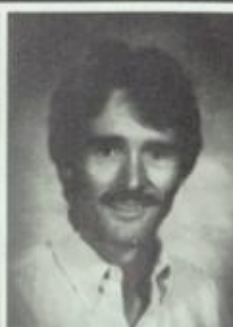


Mr. Mike Pazeian helps one of his freshmen students, Susan Collins, with her history assignment. Mr. Pazeian is new to the faculty this year.

SOCIAL SCIENCE



Bob Atherton: Law, Government,
On your Own
Chapman, BA
"Commitment is the key to any
success."



David Bouchier: US History
Cal State University Fullerton, BA



Steve Bowers: World Culture, US
History
CSULA, BA, MS
"Have a good day!"



Mark Celestin: Current Issues, US
History
UC Irvine, BA
"Everything's going to be O.K."



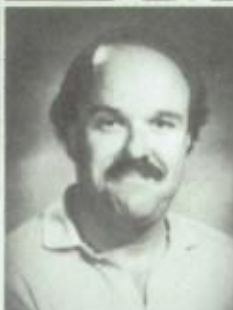
Dr. Jim Cross: World Cultures, Future
Stanford University BA, MA
"I Love You Jeanne."



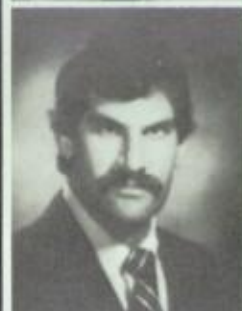
Don Ellis: Drafting, Electronics,
History
CSULB, BA



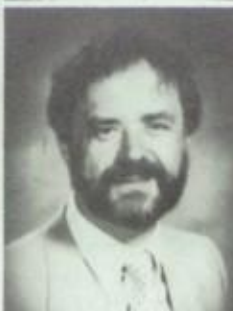
Walter Hauenstein: AP/US History,
Military
Cal State University Fullerton, BA,
MA
"No one passes until their time"



Kevin Loftus: World/U.S. History
CSULB, BS
"You either do it or you don't."



Michael H. Pazeian: World Culture,
California History
CSULB, BA, MA
"Whatever suits you, tickles me
plum to death."



Frank Petrick: APT
CSULB, MA



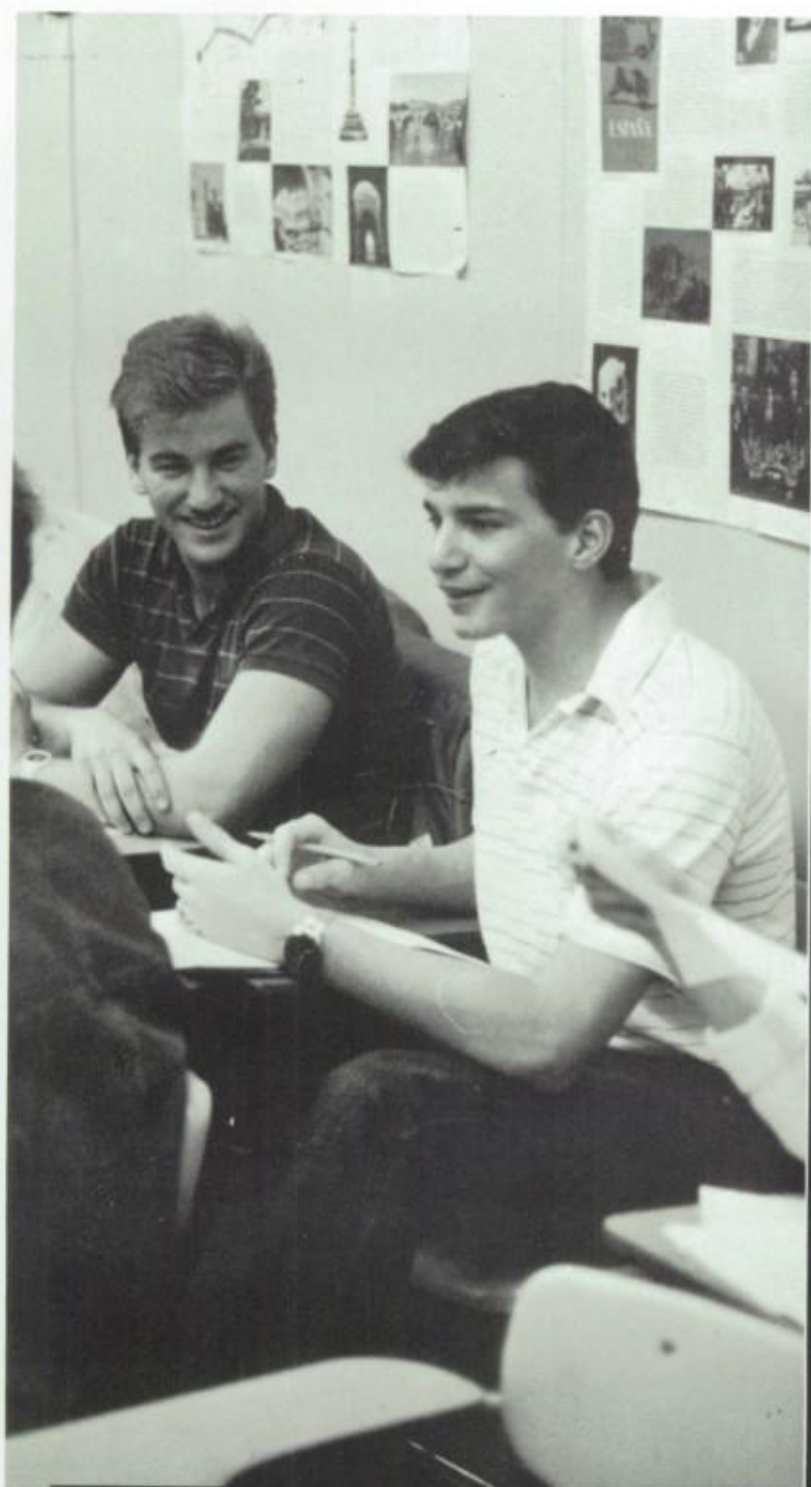
Pat Ramsburg: AP/US History,
Sociology, Psychology
University of Colorado, MA



Pam Steeby: Psychology, Social
change
CSULB, BA



Robert Wilkoff: European History,
AP/US History
Colorado University BA, MA
"The truth shall make you free."



During study time in Mr. Robert Clairmont's fourth period. Spanish level four class, senior **George Lambrakis** discusses uses of the pluperfect tense with junior **Matt McCabe**.



Stressing the importance of the uses of the preterit verbs, **Ms. Murnez Blades** gives examples of more common verbs to conjugate. "You must memorize the stems of irregular verbs!" She exclaims.

LINGOS SHINE

Students may select from French, German, or Spanish when fulfilling their two-year foreign language graduation requirements. These courses are helpful in future college enrollments.

Spanish was the most popular foreign language class. This section was taught by eight teachers: **Aldona Stanton**, **Graciela Tynning**, **Carina Jackson**, **Norma Barger**, **Peggy Hernandez**, **Murnez Blades**, **Carole Roberts**, and **Robert Clairmont**.

Instructing German classes was **Gil Pecot**. The French language was taught by **Carole Roberts**.

Department chairperson **Robert Clairmont** exclaimed, "The foreign language classes **Los Al** offers are very much alive and advancing! Many more activities are in conjunction with foreign language."



Mrs. Tynning helps sophomore **Michelle Vergara** with her independent review for finals. She takes time to assist students who have difficulty in learning a foreign language. As the semester draws to a close, **Mrs. Tynning** reviews verb tenses and nouns.



Mrs. Peggy Hernandez verbalizes how to apply regular tense verbs in speaking the Spanish language. The regular tense is commonly used in everyday Spanish.



Mrs. Norma Barger utilizes class time to explain answers on the subjunctive. She often stays after school to give students the extra help they need.

FOREIGN LANGUAGES



Norma Barger: Spanish



Murnez Blades: Spanish
Baylor University, MA



Robert Clairmont: Spanish
USC, MA



Peggy Hernandez: Spanish
Ohio State University, BS



Carina Jackson: Spanish



Maureen McCoy: Spanish
CSULB, BA



Gil Pectol: German
CSUP, BA



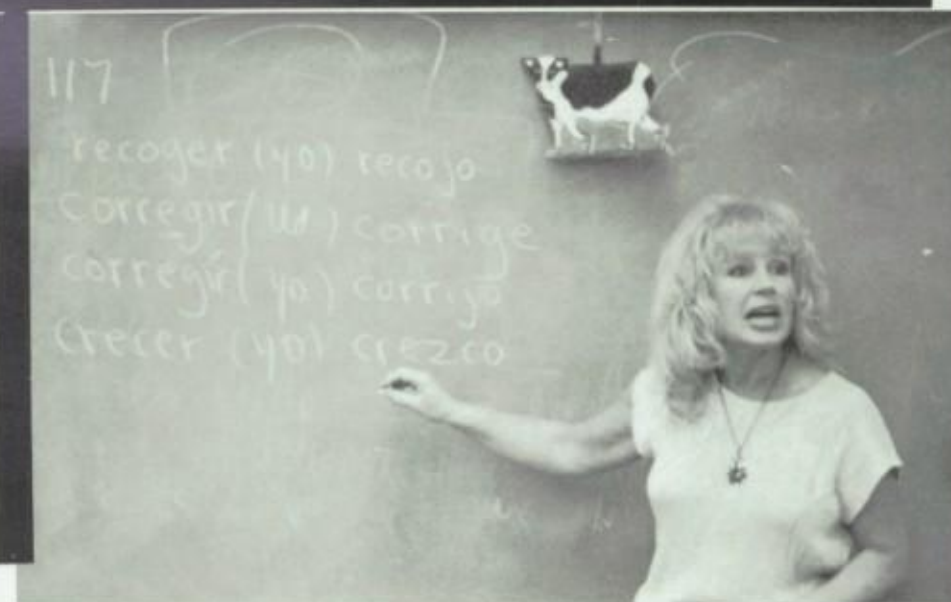
Carole Roberts: French
UC Riverside



Aldona Stanton: Spanish/French
University of Connecticut, MA



Graciela Tynning: Spanish
University of Chile, SA



Mrs. Carina Jackson writes the irregular conjunctions of verbs and their proper usage on the board. Mrs. Jackson has found that when she writes things down, her students tend to learn better.

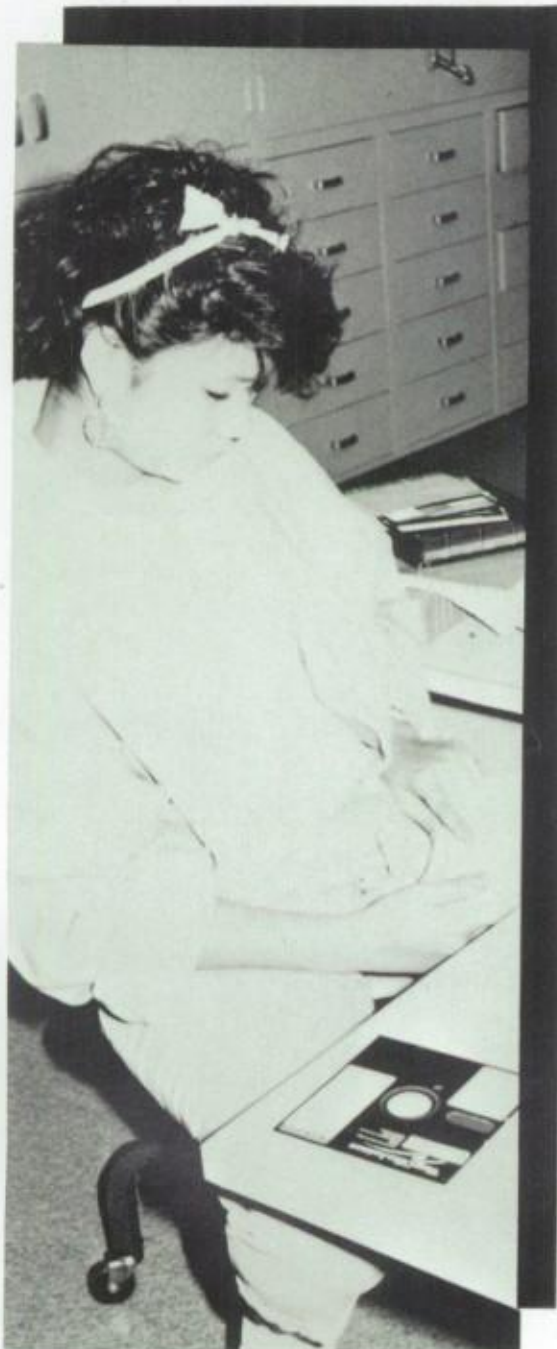
SKILLS IMPROVE

The information processing department consists of four different classes held at various skill levels. Shorthand, typing, data entry, and recordkeeping challenge many students.

Jean Dunn, Barbara Grubb, Linda Lewis, and Fran Smallfield guide students in typing classrooms. Two of these teachers also instruct other types of classes in the information processing department at Los Al.

Ms. Grubb instructs recordkeeping classes as well as typing and Ms. Dunn teaches shorthand and data entry in addition to her instructional typing classes.

Taking lecture notes in shorthand saves time and typing term papers saves extra work. These skills learned in information processing prove to be valuable in later life.



Junior **Mai Ramsey** uses one of the information processing department's many computers to complete her next assignment.



Senior word processing student, **Shareen Scott**, listens intently to her teacher who is lecturing on what will be today's assignment. Word processing is only one of the many classes available that uses the school's computers and printing machines.



Yearbook student **Carolyn Murphy** looks over some copy before she types it. The typing skills that she was taught when she was a freshman are put to good use not only in yearbook but in many other classes.



Dawnielle Congiardo asks a fellow classmate how to spell a difficult word. She knows that correct spelling is very important in all crucial essays.

INFORMATION PROCESSING



Jean Dunn: Shorthand/Typing/Data Entry
CSUSD, BS



Barbara Grubb: Typing/Recordkeeping
Bowling Green State University, MS



Linda Lewis: Typing
CSULB, BS



Fran Smallfield: Typing
Northern State College, BS



Mrs. Fran Smallfield takes valuable time out to help one of her word processing students with her work on the computer. Mrs. Smallfield is always readily available to help out any student who is behind or having trouble with his or her assignments.



Mr. Tom Martinez relaxes and briefly converses with Don Dusterhoft. Time out from auto shop is rare of Mr. Martinez.

SHOP SKILLS EXCELL

Auto shop, woods, metals, and drafting were class choices in the industrial arts department. Fulfilling elective credits, these classes also taught skills in the art of craft making.

The industrial arts were taught by four shop instructors, one for each section. Tom Martinez, Ken Becker, Art Broadhurst, and Don Ellis managed the shop classes.

Driver education is a mandatory requirement to graduate from high school and to receive a license. The driver education department at Los Al increased the student's awareness of the rules of the road. Ron Schwandt, Bill Christie, Gary Dixon, and Ron Lung instructed the driver education classes.



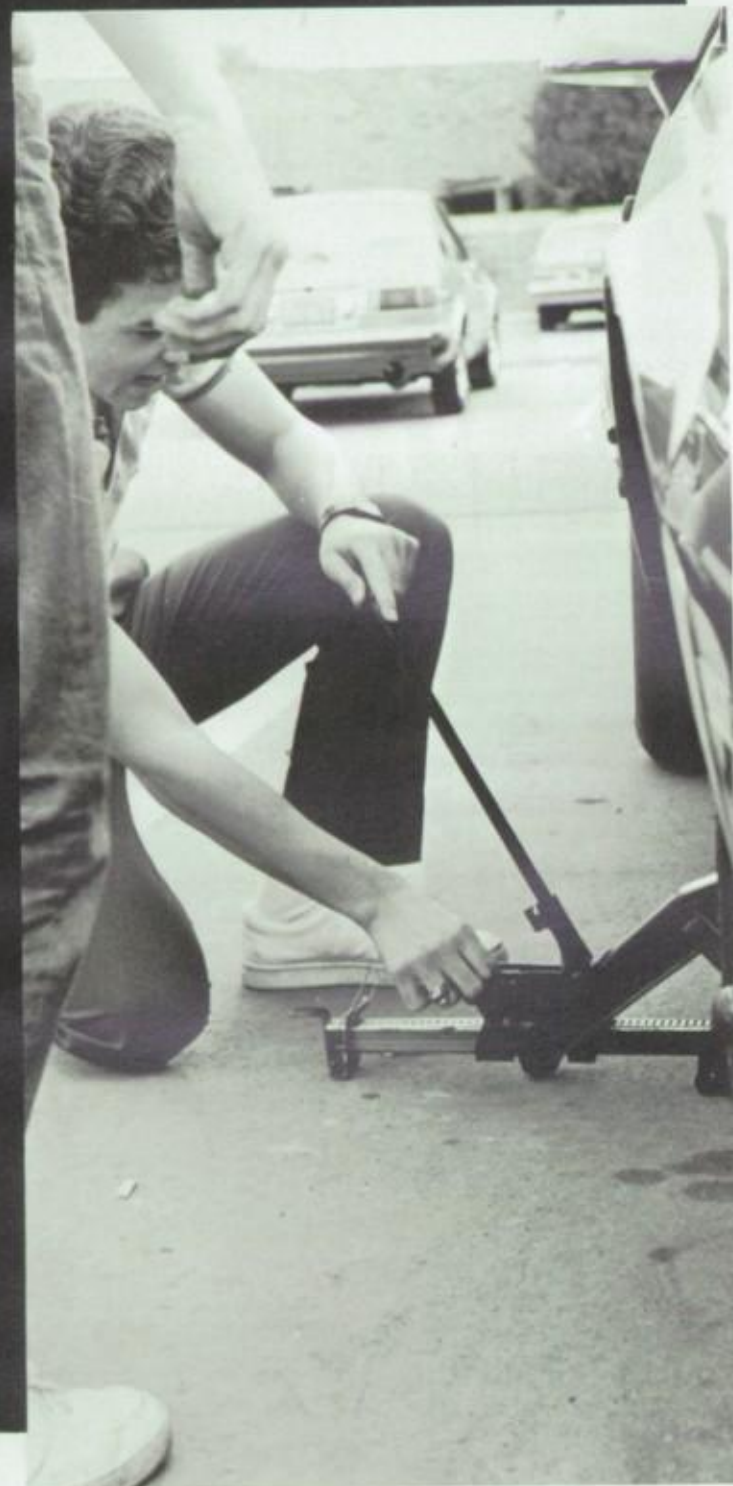
Specializing in metals classes, Mr. Art Broadhurst demonstrates proper tool usage in one of his industrial arts classes. He also keeps the shop rooms a safe place to learn by stressing order when tools are put away.



Woods instructor, Mr. Ken Becker explains how to sand wood with the grain so that the pores are not exposed after proper sanding; the glue is set permanently and will not wear off easily.

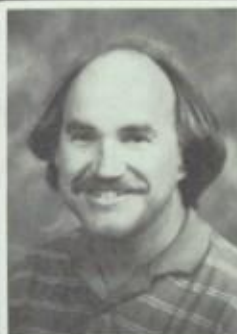


Driving instructor **Mr. Ron Lung** talks to two students about their progress. Mr. Lung is often seen wandering around and talking to students during lunchtime.



Driver's education is important as it teaches students the rules of the road. Students also learn how to react during mechanical emergencies, like a flat tire.

INDUSTRIAL ARTS



Ken Becker: Woods
CSULB, BA



Art Broadhurst: CSULB, BA



Don Ellis: Draft
CSULB, BA



Tom Martinez: Auto
CSULB, MA

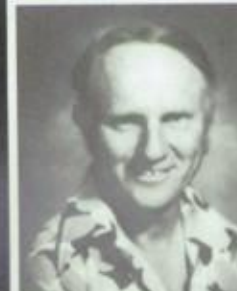
DRIVER EDUCATION



Bill Christie: Driver Education
CSULA, BA



Gary Dixon: Driver Education
Pepperdine University, MA



Ron Lung: Driver Education
CSULB, BA



Ron Schwandt: Driver Education
CSULB, MA



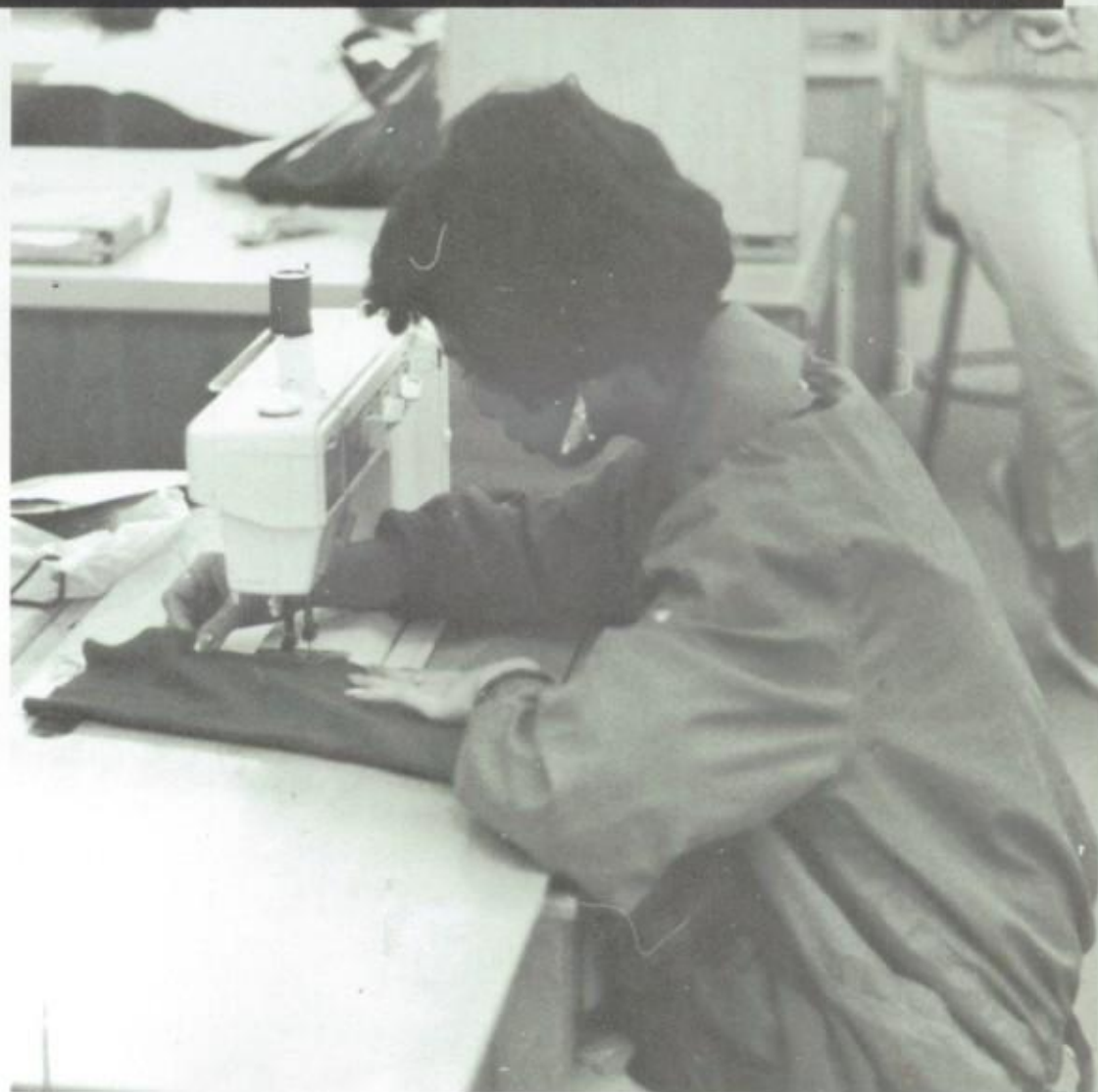
Many teachers, such as this one, feel comfortable knowing that if their car should happen to break down or fail to start, there is always a student of auto shop who can help.



Sherri Wixom, a member of the flag team, works steadily on her embroidery in her needlework class.



Three young preschoolers wash their hands in preparation for a snack that a student is preparing for them. The preschool assistant class is set up so that high school students can have experience in caring for small children.



A student utilizes her home economics skills by seaming a shirt shoulder onto a fitted bodice. Shirts are only one of the many articles of clothing created in class. Sewing allows students to develop their own individual style.



A sewing student carefully looks over her instructions before beginning a project. Sewing is one of many classes offered in the home economics department.



Lisa Kefalas helps two young children with a craft. The preschool class is offered for students who want more experience in teaching preschool-age children.

HOME ECONOMICS



Donna Hulen: Clothing
CSULB, MA



Joan Parent: Foods
CSULB, MA



Kelly Lynch, a student in the preschool assistant class tells a story to an attentive group of children. Several times a week the children gather in the "story circle" and are read to.

ECONOMICS FLY

Elective courses are offered at Los Al's home economics department. These classes are taught by **Joan Parent** and **Donna Hulen**. The courses are cooking and sewing.

This department teaches skills that are essential to everyday living. Sewing is not limited to reattaching a button and cooking does not mean soup from a can. The home economics classes are detailed and allow students to be creative.

ARTISTS CREATE THEIR OWN WORKS

Among the many departments at our school, the Los Alamitos Arts Department gave students a chance to express their talent through Ceramics, Photography, Jewelry and Commercial Art. Ceramics, taught by Phil Doran, enabled the students to make their own creations from clay. Students make pots, vases, and other items they might think up. The photography section of the department, taught by Ron Considine and Phil Doran, provided students with a change: to get out of the classroom and complete their assignments on campus by taking pictures of things that might interest them. Sue Woirol, the jewelry teacher at Los Al, enjoyed helping in the students' effort to create their own jewelry. Last, but definitely not least, was the Commercial Arts class, taught by the head of the department Judy Hemphill. The Los Al Arts Department continues to join the effort to offer a wide spectrum of classes to the students at Los Al through the help of these four Fine Arts teachers.



Many students take an art class as one of their electives. The pen-and-ink work above was done by freshman art student Alex Chang.



Mrs. Judy Hemphill shows student Dean Moore how to use the paint brush to produce different stroke textures. This technique will help in creating a more interesting effect on paper.



Photography teacher Ron Considine advises Stacey Ray on what shutter speed to use with lowlight film. Mr. Considine is always willing to help.



Susan Woirol, the jewelry instructor at Los Alamitos High School, smiles while checking the instruments used by students to create their own jewelry.



Caroline Howe

ART DEPARTMENT



Ron Considine: Photography I, II, III
CSULB, Redlands MA



Phil Doran: Ceramics, Photo I
CSULB, BA



Judy Hemphill: Commercial Art,
Painting
Redlands, MA

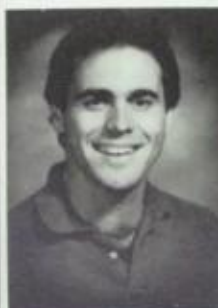


Susan Woirol: Art — Jewelry
UC Berkley, BA

MUSIC DEPARTMENT



Tom Hrbacek: Band, Drill Team
CSULB, BM



Ralph Opacic: Choral Music,
Reading
CSULB, BM



Chuck Wackerman: Jazz Band
UCS, MS



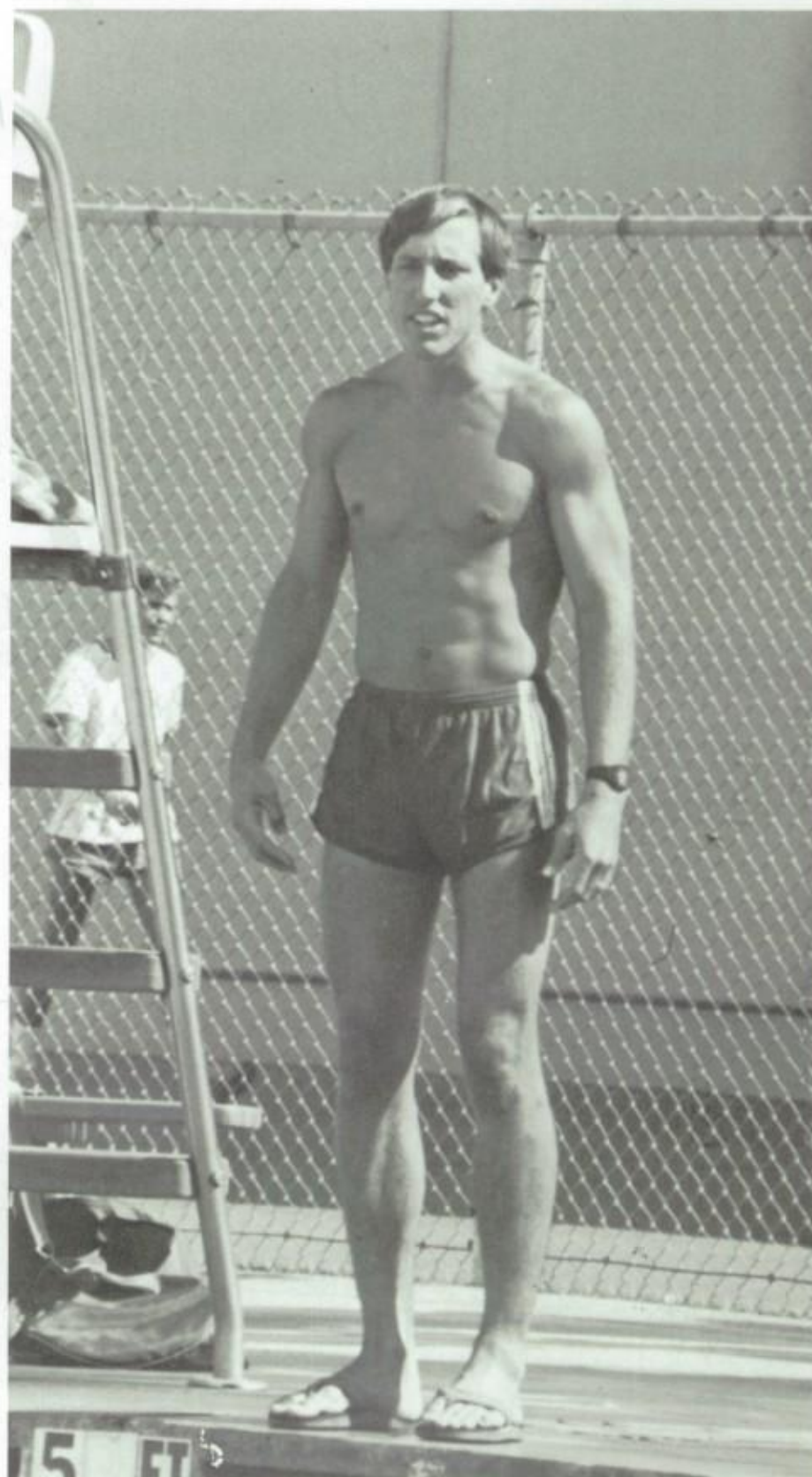
Mr. Mike Gibson, the basketball coach, waters the grass before baseball practice while the team behind him listens to an announcement made by the head of the team.

PHYSICAL ED. SHOOTS THE BEST

Once again this year has proved to be a successful one for the Athletics Department. Along with the devotion of both the coaches and the athletes, Los Alamitos remained one of the top competitors among the surrounding high schools. Every week Los Al provided a variety of sports events that the student body could go to for minimal fee. At any one of the events Los Al spirit groups, students and faculty came to support and cheer on the Griffins to victory.

To encourage participation in these sports, Physical Education is required for both freshmen and sophomores at Los Alamitos. The Athletic Department offered a variety of electives for these students, that included a class that covered a sample of each sport to help the students decide which activity they were most interested in.

Tryouts were available for those who wanted to join one of the many athletic teams. In this way Los Al was able to carry on with their winning tradition.



Mr. Bob Turner, coach of the water polo team stands on the side of the pool giving instructions, when necessary, to the players in the water. Water polo is a physically demanding sport to coach.



Mr. Steve Brooks, basketball coach, talks to a student explaining that she is not allowed to bring food out to the physical education class. This sometimes becomes a problem.



Basketball coach **Steve Brooks** looks up from his work. His extra time is used to review basketball plays. This dedication makes Los Al the best.



Physical Ed. teacher **Mr. Peraulta** finds that student teaching often takes a strong upper hand. Being new to the school he adds new ideas and insight.

PHYSICAL EDUCATION



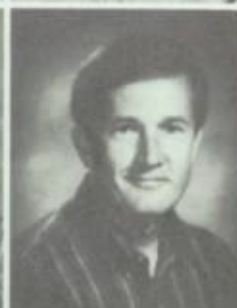
John Barnes: Physical Education
University of Nevada, BS



Donna Bohannon: Physical Education
Cal State Fullerton, MS



Cary Brody: Physical Education
CSULB, BA



Steven P. Brooks: Math, Physical Education
CSULB, BA



Frank Doretto: Physical Education
University of California Berkley, BA, MA



Debbie Flemming: Physical Education
CSULB, BA
"Thanks a bunch."



Sharon Marie Flynn: Gymnastics
Eastern Washington University, BA



Patricia Giarratano: Physical Education
CSULB, BA
"Go for it"



Al Gragnano: Physical Education
CSULB, BA



While slowly driving out to the track field after school was out, Coach Cary Brody explains to Jerry Griffin exactly what he wants done to the field before the next day's practice.

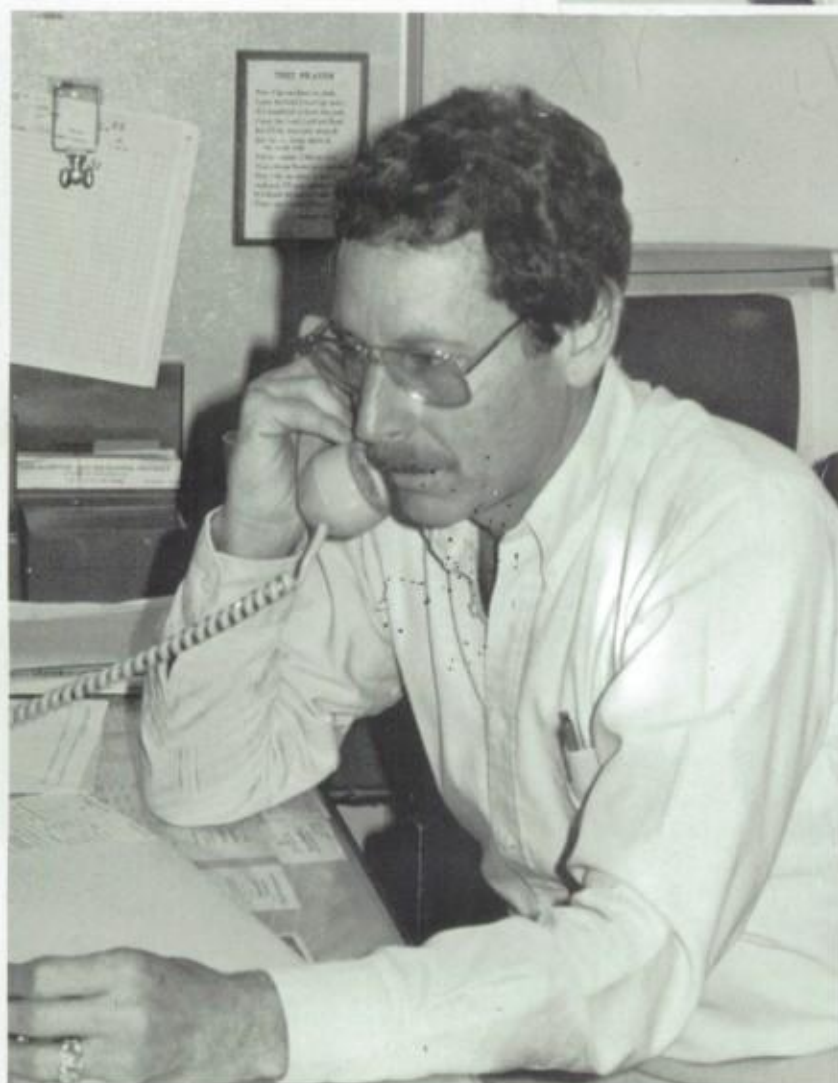
COUNSELORS AND SPECIAL ED SERVE

Guidance Counselors help decide the future for many students at Los Alamitos High School. Through class planning, the counselors create an individual schedule for each student to insure that proper courses are taken for the desired future profession. Along with the counselors, who are assigned to the students alphabetically, Los Al has their very own psychologist for those who need to talk to someone about certain problems they may have. This provides an outlet for many students to release feelings that they may not want to express to either a friend or a family member.

For remedial students who are not up to par in skills that are necessary to excel in general education classes, Los Al provides a Special Education Department headed by Dolores Kane. The classes objectives are to place students in the least restrictive environment for a successful learning experience. Through the help of both the Special Education and Counseling departments, Los Al continues to produce students that carry on its great reputation.



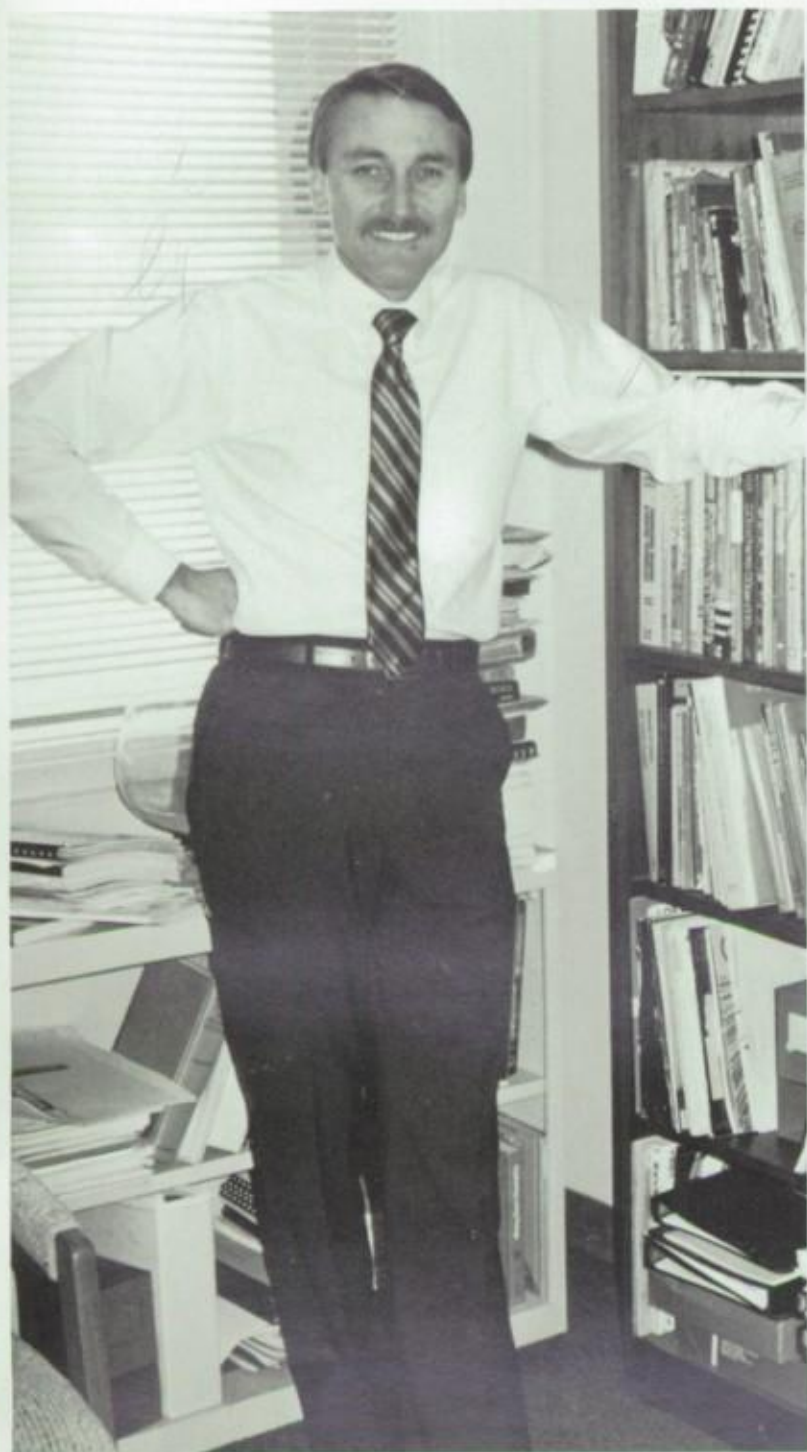
Mrs. Watson, one of Los Al's counselors, smiles while she replaces one of the files on a student. Counselors like Mrs. Watson are always there to solve student's problems with class schedule changes and future schedule planning.



Discussing a student's academic record with a concerned parent, Mr. Dennis Farmer looks over the file to see if there might be any problems. Dealing with parents and students becomes routine for all the counselors.



Mr. Ferber takes time to reflect on the day's consultations with students needing schedule changes. His academic advice often becomes an asset to students at Los Al.



Mr. Tom Anthony, Los Al's associate principal relaxes for a moment during his busy day. His hard work makes our school the best.



Mr. Gary Rutherford, the dean of attendance, looks up from his work and smiles. His voice is on the computer that calls home whenever a student has an unverified absence.

COUNSELING/SPECIAL ED



Judee Comings: Special Education
Chico State University, BA



Dale Ferber: Counseling A-D
CSU LA, BA, MA



Alcena Holzman: Counseling
UCI, MA
"I'll be right back!"



Dolores Kane: Special Education
Cal State Fullerton, BA, MA
"Think before you speak."



Lynda Lockwood: Counselor
UCSB, MA



Dennis A. Parmer: Counseling
UCSB, MA
"You've got to go through hell
before you get to Heaven."



Dennis Ploessel: Special Education
Cal State Fullerton, BS



Linda Stoskopf: Psychologist
CSULB, BA, MS



Betty Thompson: Special Education
Meredith, BA



Mildred L. Watson: Counselor
Cal State Fullerton, BS, MA, MS

Hey
Ray what do you say? I'm really glad I met
you this year cause your really interest-
ing & you make
me laugh when ever I'm around you. You're really different from
any one I ever knew before & I think it is
really strange. Anyway I want to thank you for being
such a neat friend and I hope we
can keep being friends for a total long time I
sure hope you
at of life
ever you're looking
cause you like
deserve it. On well
I'm running out of
room so I'll see ya around.
Keep in touch Brandon

seniors





Stephanie Abrego



Charito Adle
Womens Soccer, Varsity Track,
Ski Club, Senior Rebels



Illina Alanes



Jeanne Allard



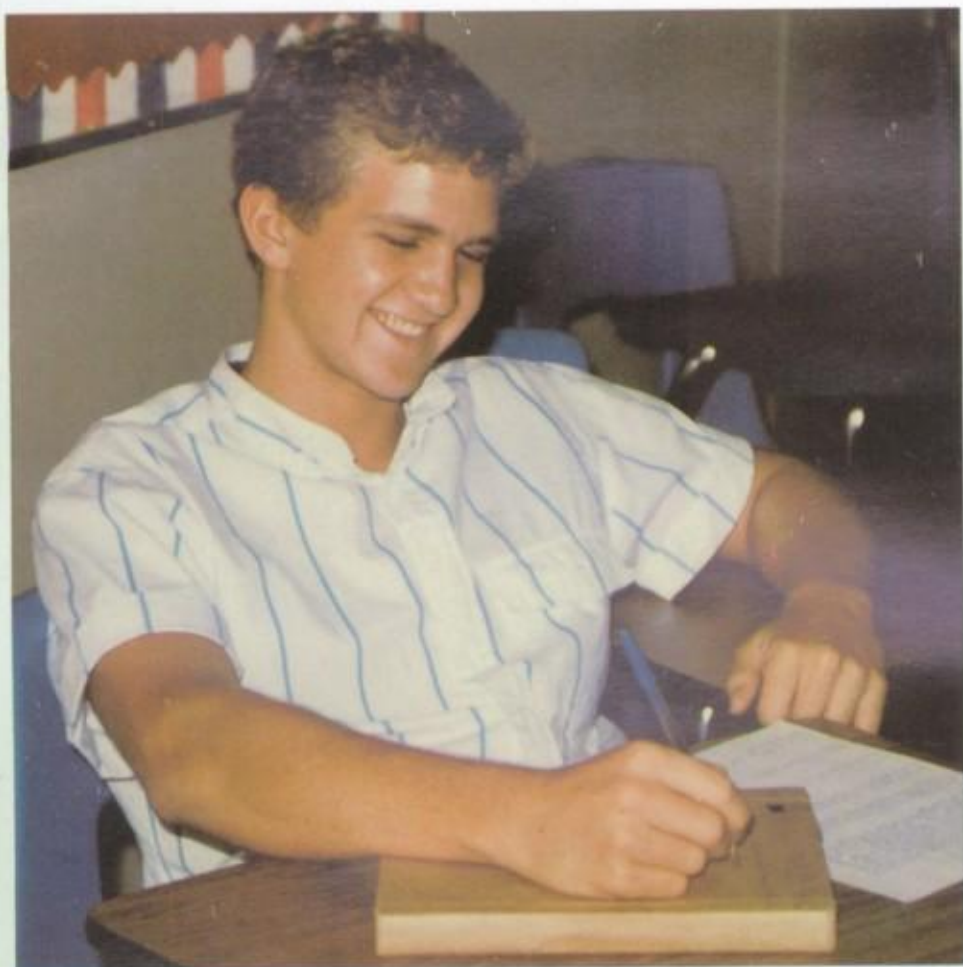
Marc Alpert



Kirsten Anderson



It was a dark night
The lights were shining
All the people gathered
while I stretched out
The butterflies were flying
While my palms sweated
Finally the whistle blew
The ball fell in my hands
A herd of black ran towards me
Then I was hit
The butterflies were gone.
Robbie Kataroff



Watching all the crazy beach bums walking around outside, Jim Dupuy can't help but laugh. Even with the college applications and achievement testing required, the seniors have high hopes.



Chris W. Anderson
Varsity Basketball, CSF



Erin D. Anderson
Marching Band, Concert Band,
Senior Screammers



John Armijo



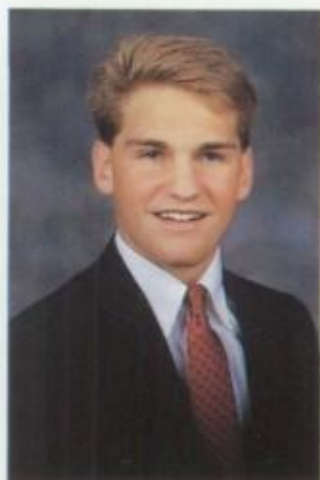
Michael Jon Asher
Wrestling, Ski Club LAPD



Marlo Assad



Chiki Aurang



Darryl Baker



Jennifer Beth Baker



Leslie Baker



Alan P. Barber



Philip J. Barnes
Varsity Water Polo, Varsity Swimming



Andrea Susan Barrows
Rifle Captain, Senioritis, CSF, Quill and Scroll, Yearbook



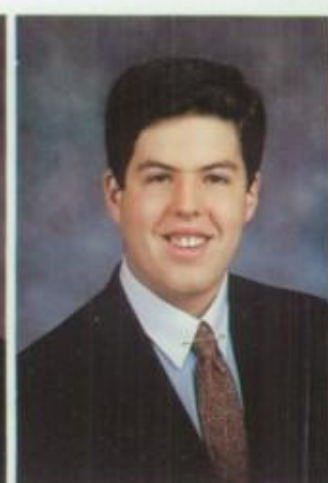
Michael Barton



Matthew Bateman



Robert Batey



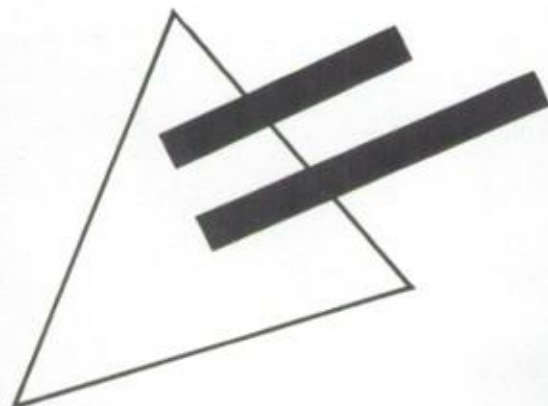
Mark C. Bellwood
LAPD, Basketball, Newspaper



Michael L. Bernstein
Soccer, CSF Senior Class Committee



Cassandra Beyer
Colorguard, CSF



Yearbook photographer, Cathy Jenner and Photo Coordinator, Kristen Kelder, try to make the best of everything. Cathy laughs as Kristen tries to explain what is going on close by.



Geoffrey Bickel



Devora Faith Binder
Interact, Spanish Club, Senior
Class Committee, Senior
Survivors



Eugene C. Blackmun III
Varsity Track, Basketball, CSF



Mary Boland



Angela M. Bolling
Interact, CSF, Spanish Club



Greg Bolmash



Samm Boner



Jon Borbon



Derek K. Bowen
Varsity Basketball, Varsity
Track, LAPD



Lisa G. Boyd
Gymnastic, Ski Club, Senior
Class Committee, Adventure
Club



Sara K. Brain
Varsity Cheer, Senioritors,
Gymnastics



Patrick Brown
Varsity Football



Leslie Jeanine Bruce
Rifles, CSF



Russell Eric Bugge
German Club



Danell Francine Burick
Womens Soccer, Varsity Track,
Senior Rebels



James S. Burns
Band



Stacy A. Burris
Senior Class Committee,
Interact, Senior Selebritiez



Brooke Mary Burtzell
Senior Class President, CSF,
Mock Trial, Senioritors

HOMECOMING

Darilyn Sisemore

You wouldn't believe my thoughts that ran
through my mind in 1:54.
It's Homecoming.
Everyone came back to see their old home
I'll be there next year, just like them
Looking back at memories.
That's not important — there's a game
against Esperanza going on.
We'll beat them . . .
Not Esperanza wouldn't . . . oh no!
It's okay, calm down . . .
We've still got — oh my gawd . . .
look at the clock — STOP!!!
It's our Homecoming game —
Give us the ball!
C'mon Griffins, go for it . . .
Do it for the seniors, they don't have
another chance!
Oh gawd — we've got 4 seconds . . .
we're only on our 25-yard line . . .
No-wait . . . the lights are broken . . .
The scoreboard's playing tricks on me!
9 seconds . . .
Go Robbie (aren't you Mr. Everything?) . . . Go JTL
We did it . . . they did it — Thank you, Lord!
Thanx, guys, for a perfect Homecoming!



Timothy Butler



Jill Callison



Miguel Camarena



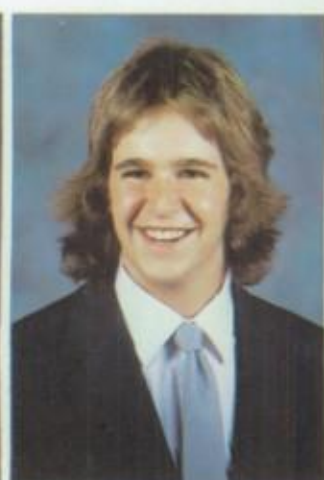
Senior Jennifer Phillips enjoys a relaxing lunch break as she observes the campus life around her. Jennifer prefers a quiet lunch hour sitting in the shady grass.



John Campbell



Julie Campbell



Steven Campbell



Patrick Campuzano



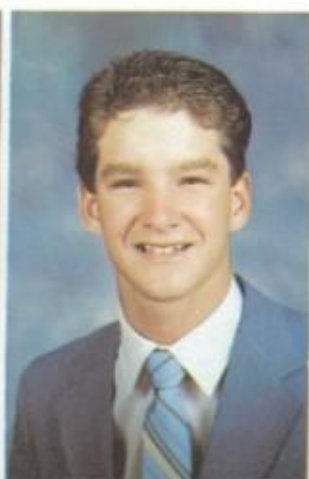
Stefani J. Canin
Crusader Editor, CSF, Interact
Officer



David C. Carlen
Band, Cross-Country, Soccer



Shari L. Carl
Varsity Swimming, Sacred
Seniors



Sean Carlson



Jennifer Carlton



Greg A. Carson
Band



Michael Cassidy



AnnMarie Caudillo



Kelly Chaides



Howard R. Chalowsky
Cross-Country, FBIA, Chess-
Computer Club



Trent Charlton



Enjoying an interesting experiment with Sammy Steeby Dana
Wadleigh laughs. Studying the psychological behavior of animals is only
one aspect of Mrs. Steeby's popular psychology class.



Huey Chen



Michael W. Chen
Editor in Chief of Crusader, JV
Tennis, Speech



Shirley Chiu



Lisa M. Cimmarrusti
CSF, Senior Class Committee



Shawn L. Cordes
Senioritors, Yearbook, T's
Dance Club, Senior Class
Committee



Joe L. Coulter
Varsity Football



Gary J. Covington
Varsity Track, LAPD, Ski Club



Sean M. Creasy
Water Polo, Varsity Track, Cot-
tonwood Staff, Drama Club



Amy L. Cross
ASB Cabinet, CSF, Interact



Kenneth Cross



Jody Ann Crum
Cheerleader 4 years, Senioritors



Jill Cruchley



Casually strolling to class on Hippie Day, **Debbie Sittler** and **Wendy Orr** enjoy playing their guitars all day long. It gives them a chance to see how other generations dressed.



Maria O. Custodio



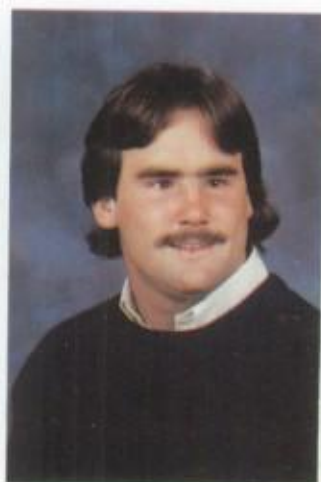
Maribel O. Custodio



Lisa Cusumano



Barrie Dafforn
Senior Rebels, Varsity
Volleyball



Sean Daniels



Casey W. Dankers
Photography Club, Percussion



Michael Dawson



Christine Dennis
Songleader, Seniorloters



Jim Devlin



Timothy R. DeYoung
Marching Band, Jazz Band,
Symphonic Band



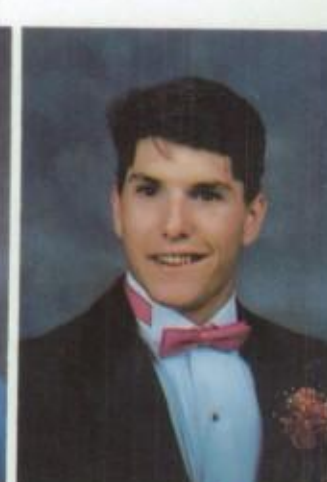
Andria W. Dickens
French Club, CSF, The Cow
Club



James W. Dorsey



Jeannette Dorsey



Robert Druckenmiller



Derric DuBourdieu



Donald Dubry
Varsity Football



Johnny C.M. Dunn
CSF, FBLA, Key Club



Jim M. Dupuy



Jerry Duran

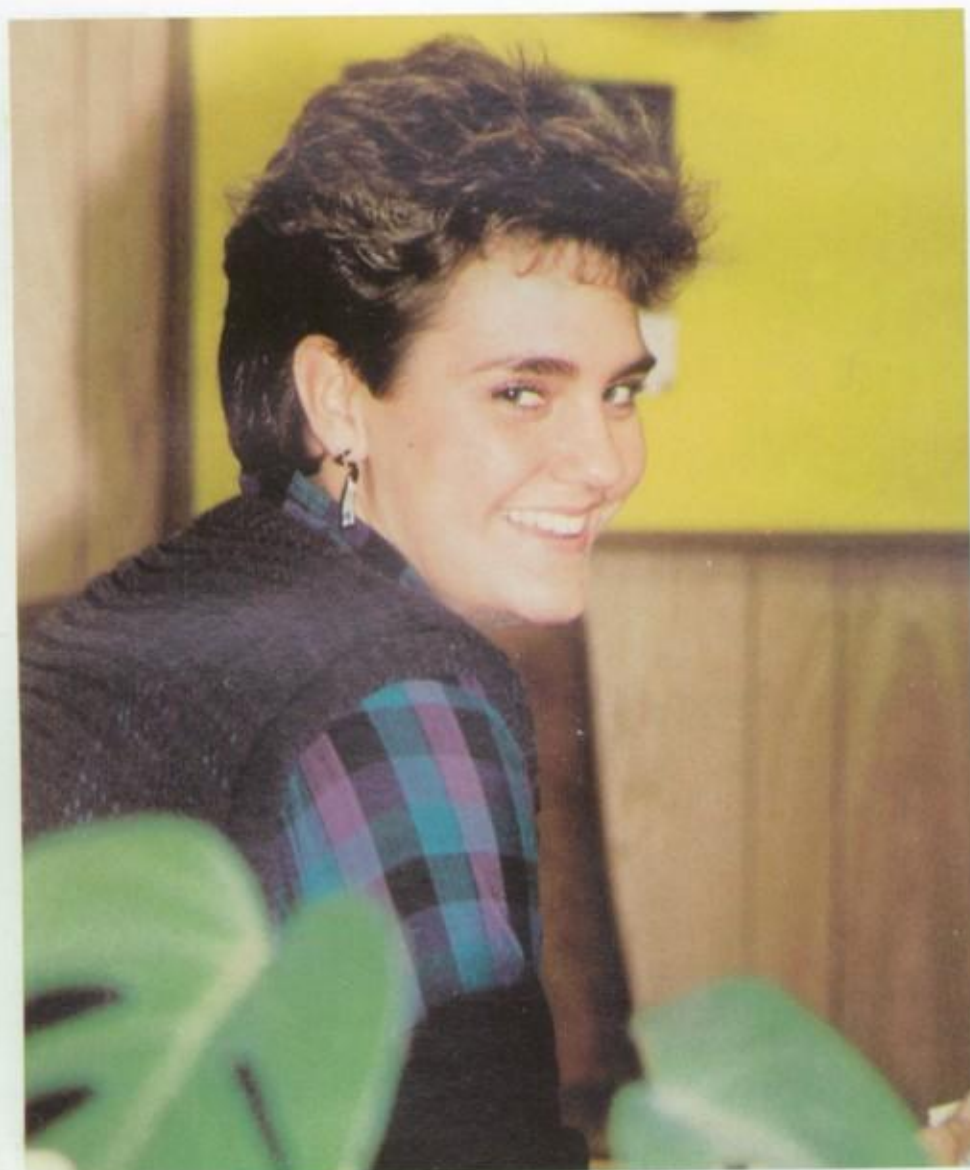


Erik R. Duthie
Wrestling, Football, T58

Thinking Back

Thinking back
I wish it could be
like it used to be
no worries, no cares
Just going to school and finger-painting
No gossip, no rumors
No troubles running through my mind
No car, no nothing
Just going over to a friend's house
to play, or go to the shopping center
I'm not afraid of growing up
I think I just need a break.

Lisa Kanasi



Working in the activities office with other students and teachers, Carol Shane learns many imperative techniques about office work. These techniques will prove to be helpful in Carol's career after college.



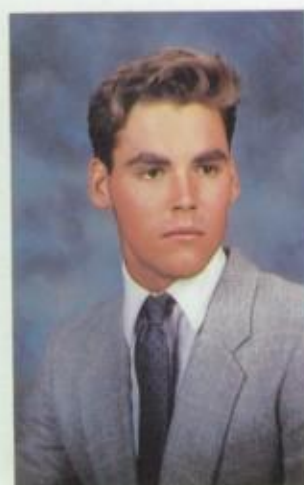
Brian East



Marianna Jeannine Eaton
Drill Team, S Club



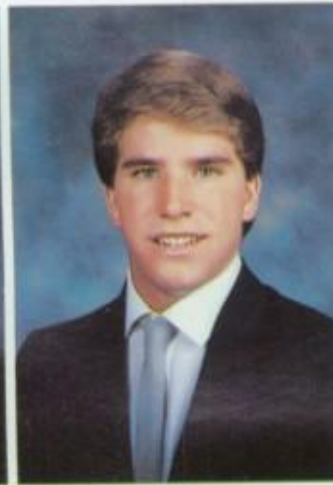
Dave P. Eckles



Christopher Ehler



Wayne D. Ellinger



John Englert
Varsity Water Polo



As the convertible Mercedes make their way around the track, Judy Holzgang makes sure that the queen candidates receive their roses. Judy, Student Representative to the Board of Education, assists the Cabinet with organizational skill.



Diane Elaine Erickson
Drill Team



Kaveh Esteghamat



Teri A. Estes
Swim Team



James D. Estrada



Tricia D. Everson



Suzanne Ewing



Ann Faber



Kevin S. Falsken
LAPD, Ski Club



Matthew J. Famolaro



Joseph Anthony Faragi



Douglas T. Fatone
Anti Complacency League,
Varsity Cross-Country



Jacqueline Fineman
LA Junior Bizarre, Sensational
Sophomores, Seniorators



Matthew J. Fisher
CSF, Quill and Scroll, Spanish
Club



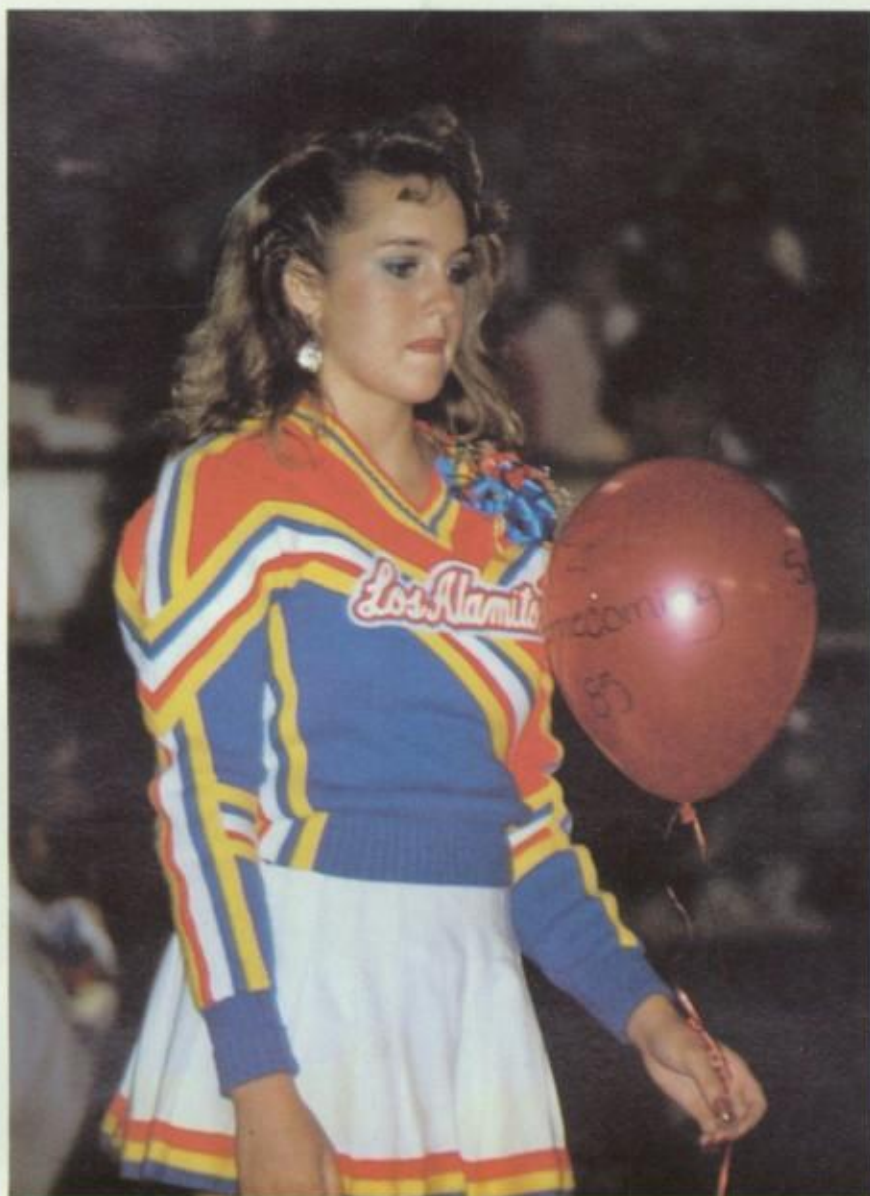
Todd J. Flanagan
Academic Decathlon, Chess
Club, Ski Club



Larry D. Foley
Wrestling, Baseball, Spanish Club



Stacey L. Foster
Supreme Court Members, Keywanettes



Counting the seconds on the scoreboard, Sara Brain pauses to wish for that Homecoming victory.



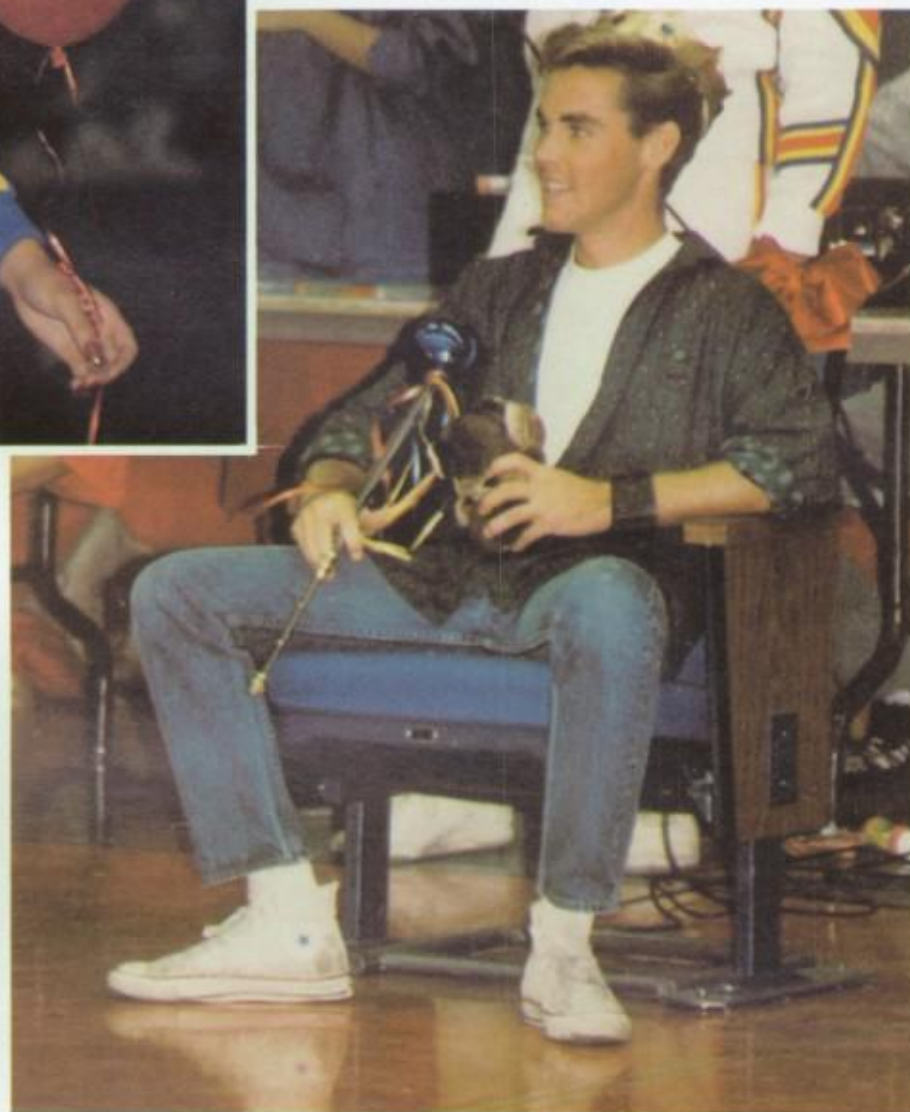
Julie L. Francis
Drama Club, Track, S Club



Cheryl Y. Franco
S Club, Hearts Club



Heather J. Frewin
Band, German Club



Our Mr. Irresistible, Chris Ehler, sits with his crown and sceptor scanning the cheering crowd. His chair, decorated with a red ribbon, remained empty until the second assembly providing unbearable suspense.



Jill T. Fujikawa



Linda Fuller



David E. Fusco
Varsity Water Polo, Varsity Swimming



Julianna Fusco
Varsity Soccer, Senior Rebels, Ski Club, Yearbook



Joaquin Garcia



Patricia Dee Garcia



Complete with the glasses and butterfly barretts, Joy Whitney dazzled the judges and the lunch fashion-show-of-nerds. Afterwards, Joy slipped into her volleyball uniform to volley and spike.



Pat Garcia



Rosanne Garcia



Patricia A. Garvey



Trevor W. Gaumer



Shawn M. Gettler



Traci K. Gibson
Varsity Cheerleader, CSF,
Show Choir



Terry Gist



Lester R. Gjerley



Aaron K. Glatman
Spanish Club, CSF, Interact



Darren A. Glaudini
Drama Club, Speech, Show
Choir



Pamela Gold
Spanish Club, Saintly Seniors
Choir



Tina Goldiano



Robert Gordon
Varsity Football



Finlay Gow
French Club



Stephanie Graham



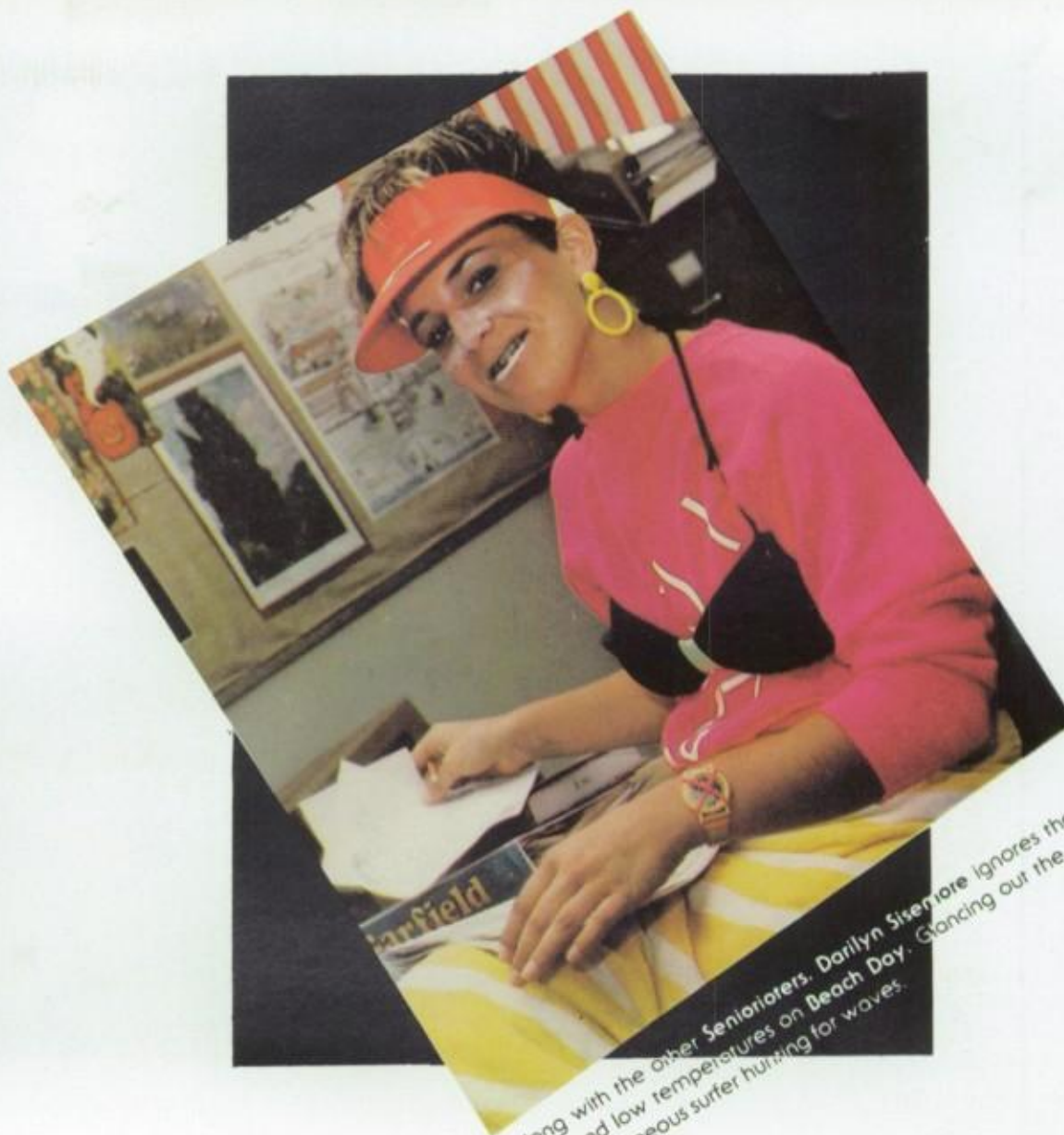
Christopher B. Gray
Adventure Club, Fishing Club



Heidi S. Gray
Tall Flag Co-Captain,
Senioritors



Kristen D. Greggerson
Softball, Saintly Seniors



Along with the other Senioritors, Darlyn Sienore ignores the cloudy skies and low temperatures on Beach Day. Glancing out the door, she spies a gorgeous surfer hunting for waves.



Roxanne Chere' Griffin
Keywanettes, Officer, Spanish Club, Adventure Club



Ralph J. Grosso
CSF, Soccer, LA Underworld



Michael Grueter



Gayle L. Gundersen
Color Guard



Kieran M. Gunsaulus
Soccer



Sharesh Gupta
CSF, French Club, Science Club



Isaac Donovan Guzman
Anti Complacency League,
Speech Team, Newspaper



Randy A. Hacker
Varsity Football, Varsity Baseball



Christopher Halbert



Erik B. Halbig
Jazz Band



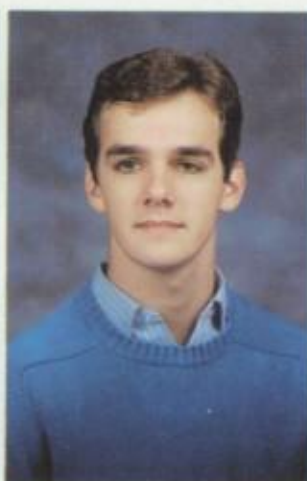
Douglas E. Halpin



Tim M. Hamdorf
Volleyball



Donna Lynora Hardin
LA Junior Bizzare, Senioritors, Varsity Cheer



Jeffrey H. Harmon
Academic Decathlon, Chess Club, Kiwanis Bowl



Shahana Hassan-Reep
Varsity Swimming, Show Choir, Spanish Club



David P. Hastie
Varsity Soccer, LAPD, Water Ski Club



Kelli Lyn Hawkins
Omega Drill Captain, Yearbook Editor, Senioritors, Quill and Scroll, Jr. Honor Guard



Tina M. Haycox



Donna M. Hays



Kathrine Headley



Douglas A. Hein
Newspaper Staff



Tim P. Helgeson
LAPD



To show great school spirit, seniors **Jason Zommick** and **Paula Wasikowski** along with other students in the school, dress up as nerds for Los Al's second annual Nerd Day.



Shanna Hemmings
Colorguard, Senioritors



Julie Herbert
Varsity Basketball



Mike A. Hernandez
Wrestling



Elise L. Herning
Marching Band, Concert Band, CSF, Saintly Seniors



Ray Herring



Carolyn Renee Hess
German Club



Scott Hoffman
Motocross Club



Karen Lynn Holstein
Drama Club, Hearts Club,
Mock Trial Team



Judy M. Holzgang
Student Representative to the
Board of Education



Scott A. Hooker



Heather Lea Hoppus
Songleader, Show Choir,
Drama



James Howard



Steven P. Howard
LAPD, Basketball



Albert Howe
CSF, French Club, Art Club



Christy D. Howe
Drill Team, Keywanettes



John S. Hrbacek
Band, Drama



Adjourning to their locker for their suntan lotion, seniors **Kevin Falsken** and **Derek Bowen** wonder how they're going to fit their surfboard into the locker.



Erica Huang



Mike C. Hudson



Paul A. Huff
Sophomore Class Committee,
Freshman Class Committee



Danita Yolanda Humphrey
Interact Club, Spanish Club,
Drama Club



Rebecca L. Hutcherson
Yearbook



D'Ann K. Hynd



Halloween lets students express themselves in various ways. Nicole Welsh shows her school spirit by dressing up as a flapper. Nicole is also a member of the Saintly Seniors.



Gary S. Iwakoski



Lori A. Jack
Varsity Track, Band, Varsity Soccer



Lisa J. Jasso
Yearbook, Interact



Kevin M. Jeanotte
Varsity Football, Varsity Baseball



Victoria D. Jenkins



Catherine A. Jenner
CSF, Yearbook, Marching Band, Saintly Seniors



Cynthia K. Johnson
FBLA Officer, CSF, Senior Selebritiez



Deron Johnson



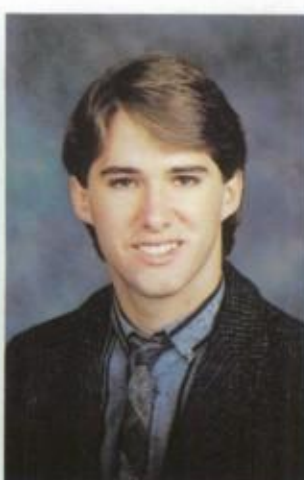
Julie A. Johnson
Seniorators, Honor Society, Varsity Softball



Kristin Johnson
Colorguard



Mark Johnston
Football



Ray D. Jordan II
Custom CALs, Wrestling, Football, Baseball, Track



John M. Jost
Symphonic Band, French Club



Darrin Jury



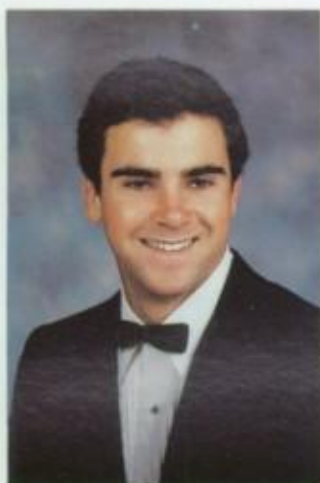
Lisa C. Kanasi
Varsity Soccer, Senior Rebels



Glenn Y. Kaneko
Crusader 4yr., Golf 2yr., Cottonwood 1yr.



Lisa A. Kaplan
Drill Team, Interact, Crusader Staff



Robert A. Katzaroff
Varsity Football, Varsity Soccer, Varsity Baseball



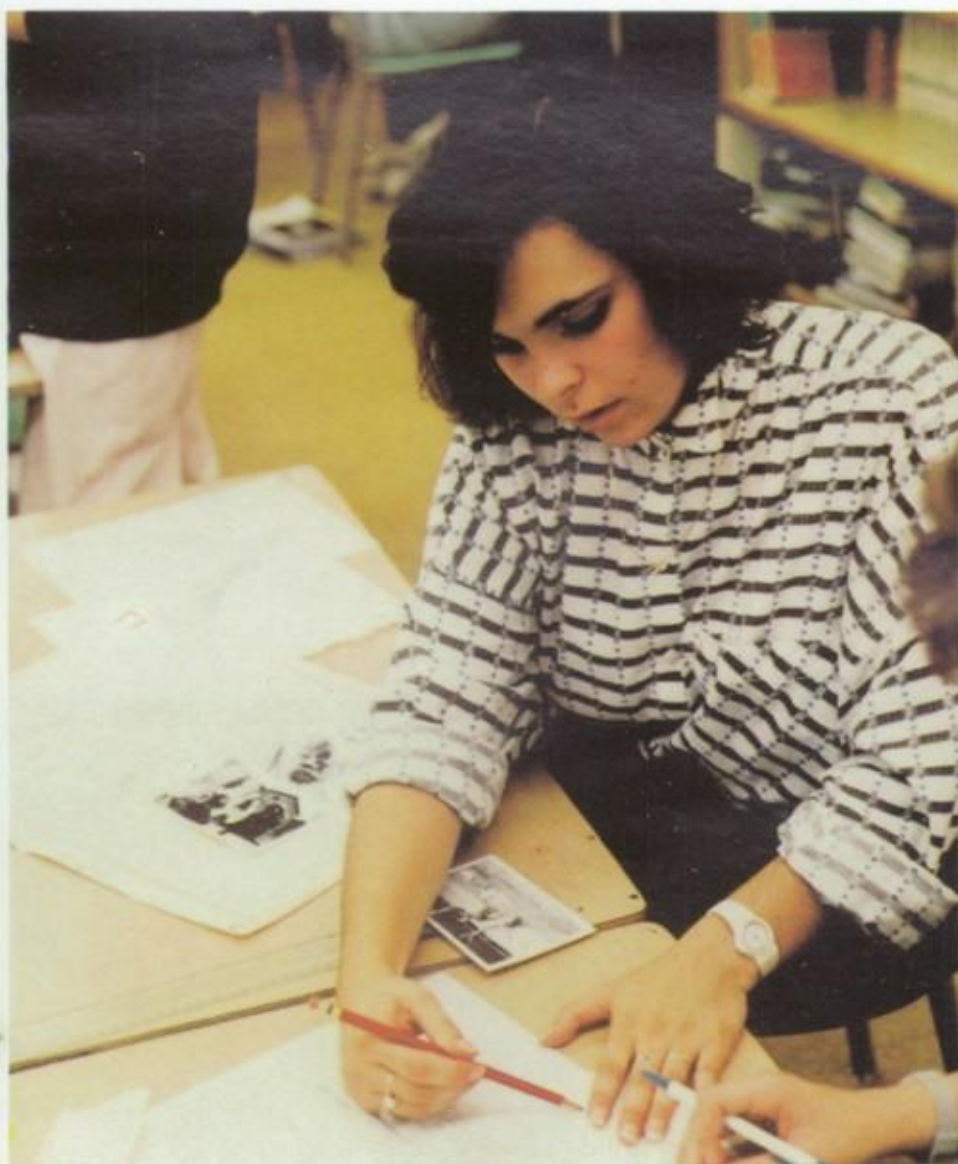
Patrick Kearney



Kristin M. Kelder
Yearbook



Demonstrating her very outgoing personality, **Brooke Burtzell** poses for the camera. Brooke, one of the many well known people on campus was one of the candidates for Homecoming Queen.



Working diligently to complete the senior section before the quickly approaching deadline in four days, **Juli Fusco** proofreads the layouts and cutlines that she has finished for this year's yearbook.



Shana Kellman
Seniorloters



James Ken
Art Club, LA Star



Laurel D. Kergan
Varsity Cheerleading, CSF, Varsity Soccer, Seniorloters



George Kerns



Amy Teresa Kikka



Jamie L. King



Known on campus for his ability as a great photographer, **Glen Kaneko** smiles with his Canon camera patiently waiting for any action.



Marcia D. Kingsbury
Sacred Seniors, Varsity Swimming, Spanish Club



Keith Knittle
Marching Band



Michael Kolster



Evan C. Kunst



Maren Janice Kussler
Drill Team, CSF, Quill and Scroll, Seniorloters



Kerry Kathleen Kyle
Swim Team



Tim G. Lamance



David S. Lamb
CSF, Drum Line, Jazz Band



Sally Lamb



George S. Lambrakis



Elisa Kay Langsam
Colorguard, CSF, Keywanettes
VP



Sandra Kay Larson
CSF, Interact, Drama Club



Devin Last
Varsity Tennis, Key Club,
Sophomore Class President,
Crusader



Diane Marie Lawrence
CSF, Basketball, Interact



T Lance LeCompte
Varsity Yell Leader, CSF, Pep
Commissioner, Show Choir,
Varsity Water Polo

DON'T LET GO

The light gets lighter
each time you try
Don't give up
Keep on digging
You'll find me someday —
I promise —

Dana Siegel



Janet H. Lee
CSF, Interact, Spanish/French
Club



Robert Leff



Marc A. Legros



Ann Leonard



Michele Levitt
SCARED Seniors, Crusader
Staff, Senior Class Committee



Kam A. Lewis
Drill Team, Drama Club, Dance
Club, French Club



Karen S. Lewis



William A. Libby
Interact, Varsity Football, Var-
sity Soccer, CSF, German Club



Adam J. Lief
Chess Club, CSF



Jana S. Lifshin
Cottonwood Staff, CT, CIF
Gymnastics



Geoffrey S. Lindell



Lara J. Listavich
CSF, Drama Club, Speech Club



Gary Loe



Sherry Jannett Long
Soccer, Varsity Track, Senior
Rebels



Tina M. Lucas



Minutes before the Mock Wedding begins, Shana Kellman smiles as she gazes across the campus to see the many other attractive wedding parties.



David R. Lyle



Susan A. Lynsky



Michelle A. Lytch
FBLA, Interact, Adventure Club



Marisa C. Macris
French Club, CSF, Spanish Club



Philip Macy IV



Karyn Cecile Maestas
Drill Team, CSF



Mark D. Magana
Varsity Soccer, Show Choir,
Senior Class Committee



Thida Mahasucon
CSF, Spanish Club



Meri J. Malohn
Band



Paul Mansinon



Nicholas V. Marrick



Janine M. Martin
PTSA, FBLA, German Club



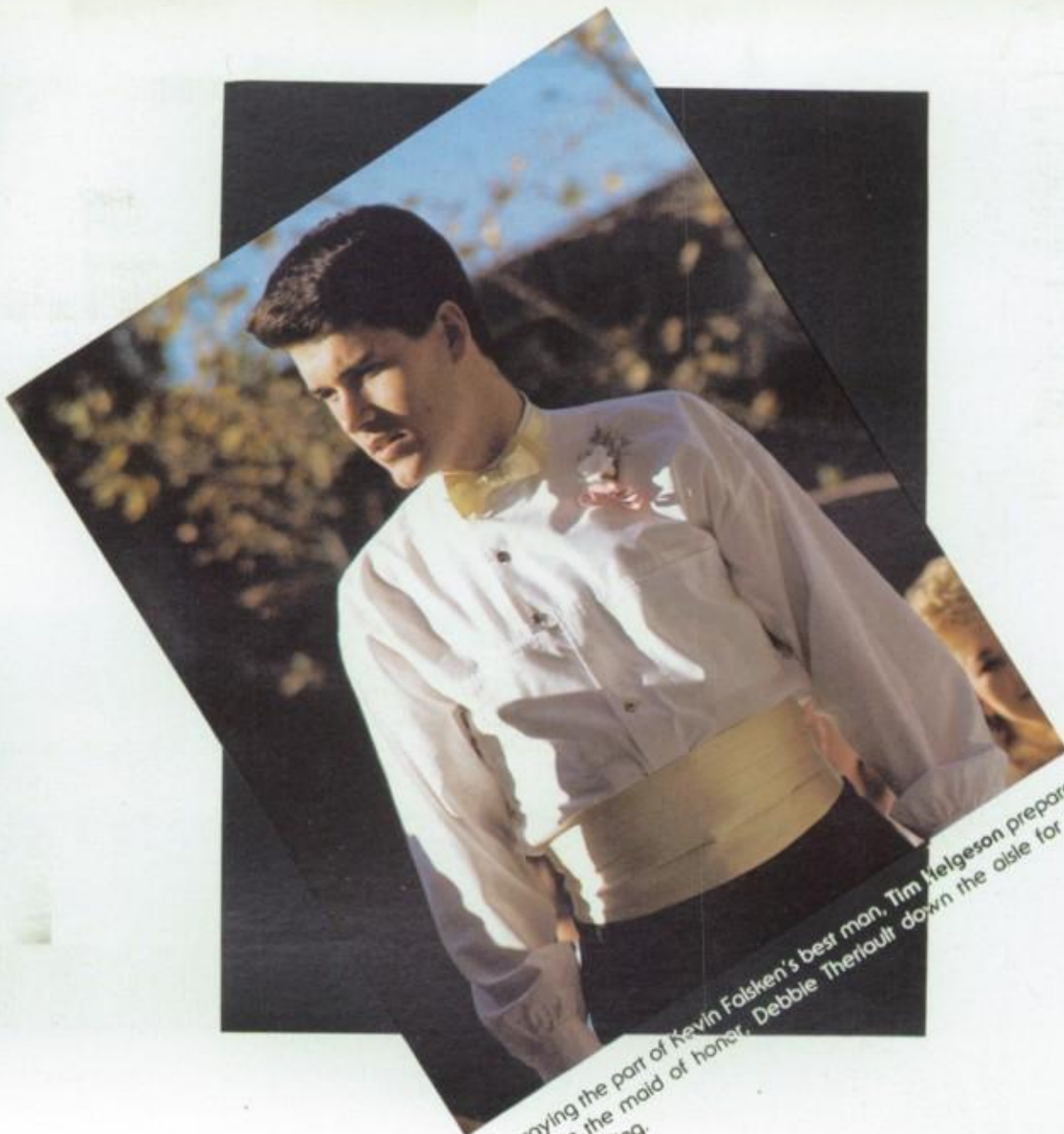
Kimberly Dianne Martin
Show Choir, Math Club, French Club



Christina Michelle Martinez
Drill Team, CSF, Senior Class Committee



Jan Marie Maulhardt
ASB, Publicity Commissioner, CSF, Mock Trial Team



Portraying the part of Kevin Folsken's best man, Tim Helgeson prepares to escort the maid of honor, Debbie Theriault down the aisle for the mock wedding.



Redgie A. McCall
CSF, Chess Club, Interact, Science Club, Senior Class Committee



Matt A. McGann



Patti C. McGlathery



Debra McIntyre
JV Softball, Senioriors, Ski Club, Interact, CSF



Terry R. McKinney
French Club



Andrew F. McMahon
CSF, Varsity Swimming, Science Club



Joni L. McPharlin



Kimberly C. McRaven



Matthew P. McSheehy
Drama Club, Choir, Speech Club



Eric L. Mellencamp
Percussion Section, Jazz Band



Renee L. Monard
Marching Band, Concert Band, French Club



Thomas Metzger
Ski Club



Sheri Millar
JV Soccer, Surfing Club, CSF,
German Club, Senior Rebels



Kim Mirsoltani
French Club, Senior Class
Committee



Anne Marie Mock



Brian Molles



Maureen M. Montroy
Tennis, Ski Club, Senioriors



Donald W. Moore
Art Club, Newspaper,
Yearbook



Michael R. Moore
Jazz Band



Alvaro Morales



Cindy A. Morin
Senior Rebels, High 5, Ski Club



Steven J. Mucciari
Varsity Water Polo, Varsity
Swimming



ASB President, Jason Zommick proves how strong he is by lifting a Los Alamitos hurdle. Jason is well known for his congeniality and his will to work.



Melissa C. Munsterman
JV Cheer, Keywannettes, Var-
sity Cheer



Kenneth T. Murai
CSF



Laura Katherine Murray
Swimming Team, 4-h Club,
French Club



Dianne Elizabeth M. Myers
Congress, FBIA, Senior Class



Naomi D. Nafarrete
Songleader, Drill Team Choir



Deborah Sue Namm
Colorguard, FBIA, Senior Class
Committee



Robert F. Naples
Wrestling



Carmine J. Napolitano
Varsity Soccer, CSF, Senior
Class Committee



Erika Nelson
Quill and Scroll, CSF,
Keywannettes



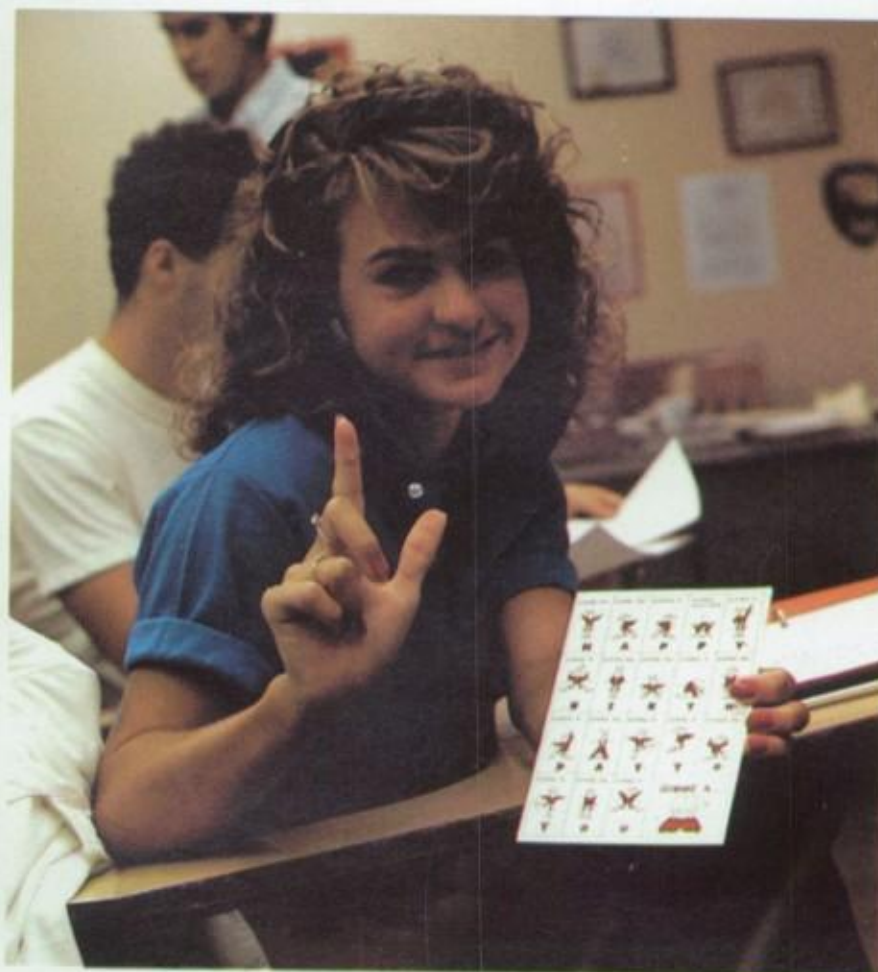
Carla Newlin



Cheri L. Nichols



Thomas M. Nockold
CSF, JV Tennis, Science Club



A spirited birthday card from a special friend is what every Varsity cheerleader should receive. Michele Stoll obviously knows the common letter used around campus.



Kent B. Nordstrom
ASB President, Mock Trial
Team, Academic Decathlon



Tim O'Donnell



Sheri A. Ohlrich
FBLA



Brad Scott Olin



John G. Olsen
Varsity Football, Varsity
Baseball



Tom R. Olszewski



Daniel L. Orme



Wendy Christine Orr
Drill Team Co-Captain,
Seniorloters



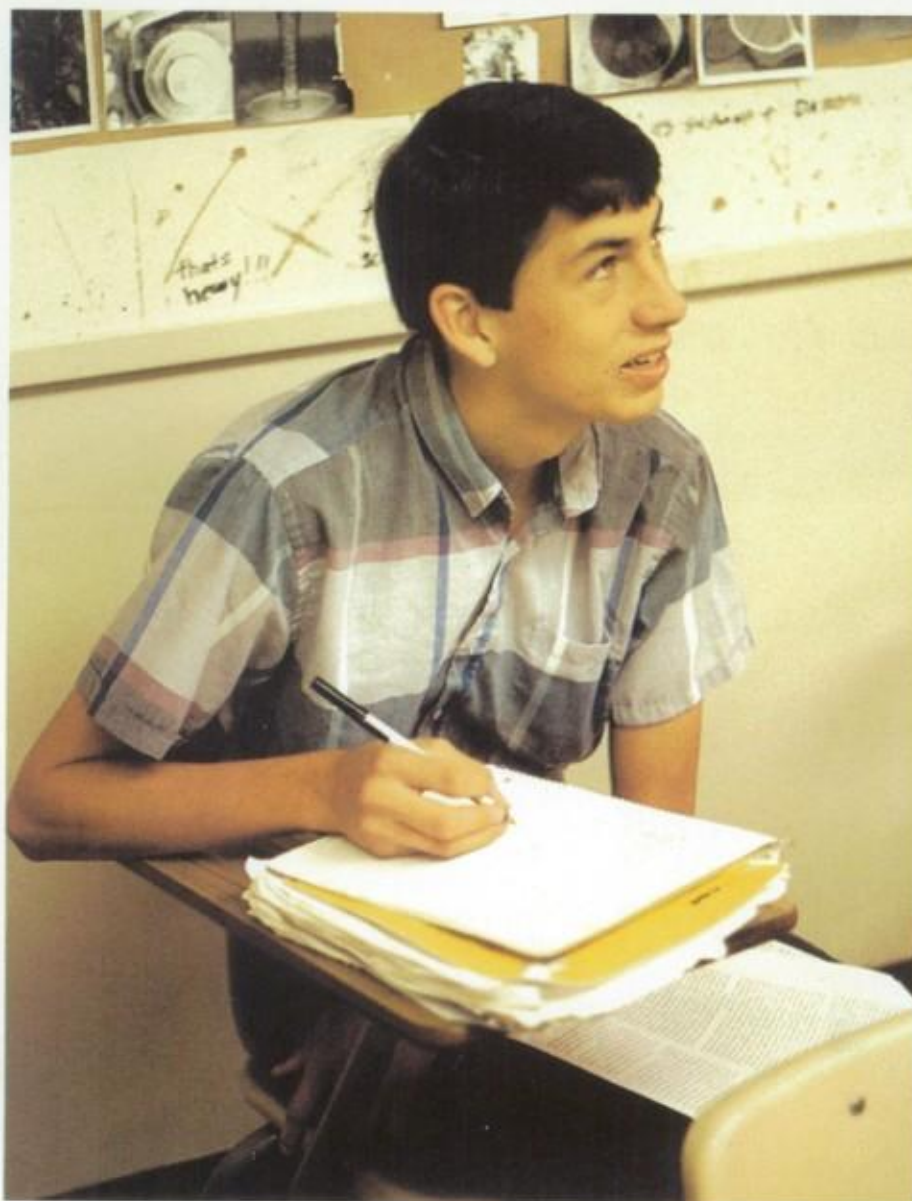
Veronica Lynn Orrick



David Orvis
Decathlon Manager, Chess
Club, CSF



Phillip Ottone



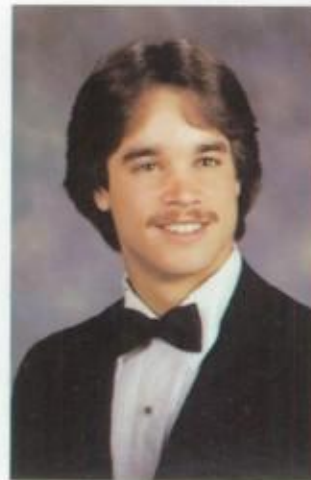
In photo class, Mr. Considine gives his students a chance to show their creativity through photography. **Scott Kolster** learns quickly the art of capturing life's precious moments in a frame.



Jeff P. Overstreet



Randolph Adam Paine
Ski Club, Futures Club



Aaron J. Palagruti



Linda Palmer
Marching Band, CSF, Choir,
FBLA, Interact



Jeannie Park
CSF, French Club, Tennis



**Ramchand Canlas
Patriarca**
Tennis Team



Todd Paulos



Kathleen J. Pellegrino
Varsity Soccer, LA Peles, Senior
Rebels, Ski Club



Brooks Peters



Rhonda L. Peterson
Varsity Swimming



Timothy L. Pettigrew



Jennifer S. L. Phillips
CSF, French Club



Michael Pilatos



Kristin Marie Pipal
Crusader Staff, CSF, Senior
Selebriteez, Interact, Senior
Class Committee



Cindy A. Pittsey
Tall Flags, Junior Bizarre,
Senioritors



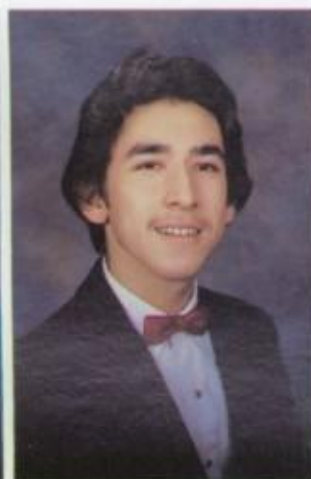
Cathy Marie Poe
Cheerleader, Senioritors



Tom F. Poe
Cross-Country



Shannon Polacek



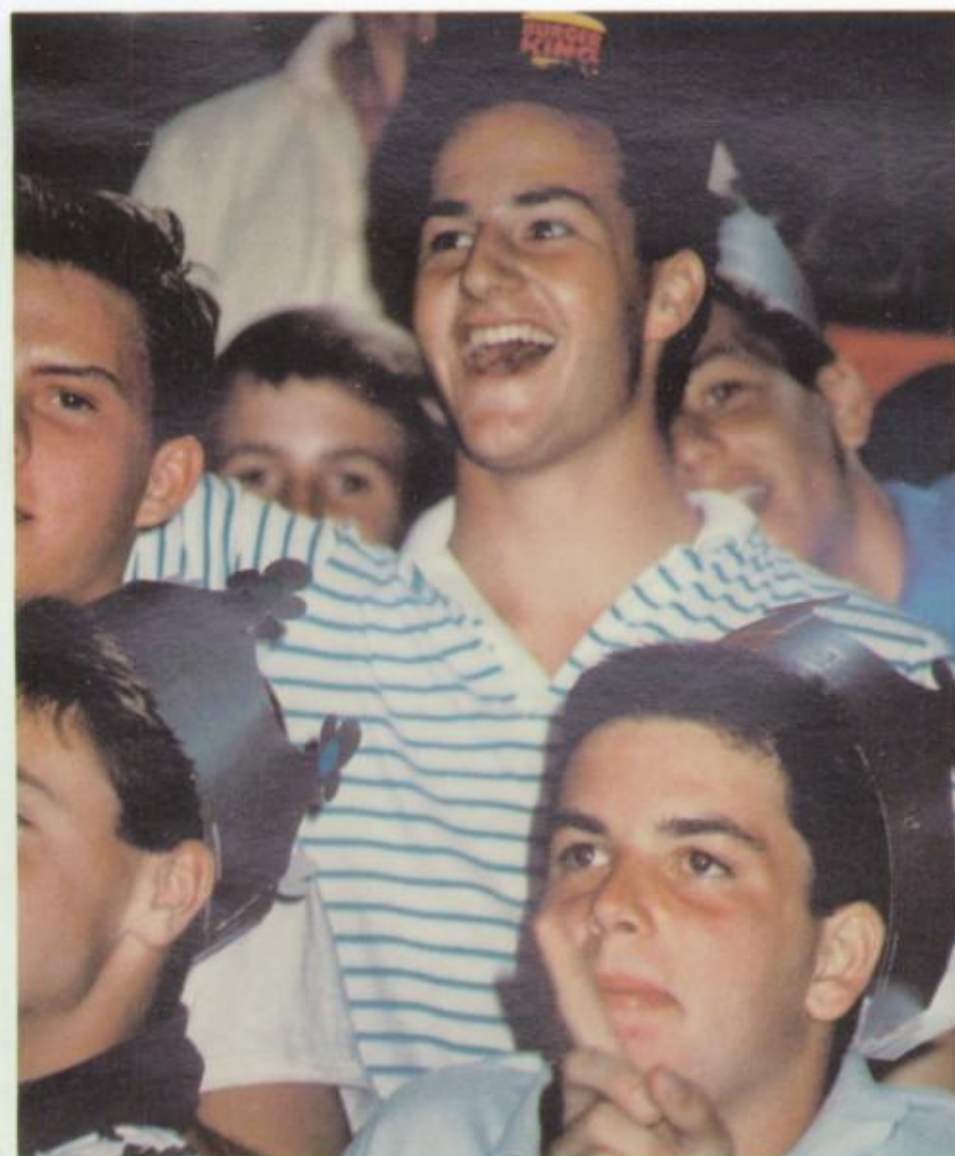
Stephen M. Porras



Kathy Anne Pound
Colorguard, Eyes on LA, Junior
Bizzare



Blue hair? There's nothing like spirit groups and pep assemblies to raise the spirit of the student body. **Stephanie Graham** finds time before her ballet performance in Taiwan to cheer with her friends before the track team runs their meet.



Apart from the football game, another contest is going on. The rowdiest spirit group will be awarded the spirit stick at the fourth quarter. Others like **David Hastie** join in this crazy contest.



Suzanne Elizabeth Pray
Varsity Cheer, Student Govt.,
Senioritors



Stephanie Pszyk



Angela M. Puhl
Concert Choir, Chamber Choir



Corey D. Quinn
Varsity Football, Varsity
Wrestling



Scott R. Raber
Crusader Staff, CSF, Speech
Club



Douglas M. Ramsey
Varsity Football



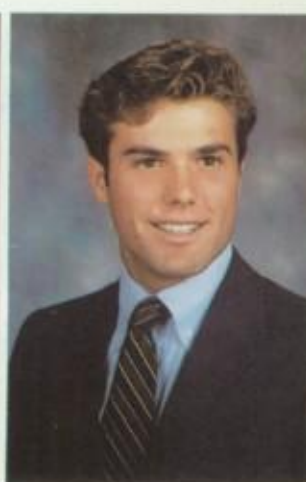
Debra Fran Rattner
Crusader Editor, CSF, Senior
Selebriteez, Senior Class
Committee



Jacob Raun



James Bradley Rawls
Varsity Cheer, CSF,
Newspaper



Glenn, T. Reasbeck



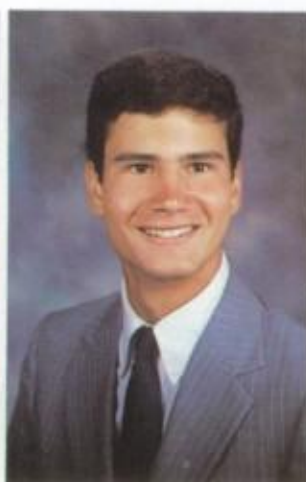
Carloyn A. Reason



Ashley Cameron Reekes
Volleyball, Swimming



Brenda Reidy



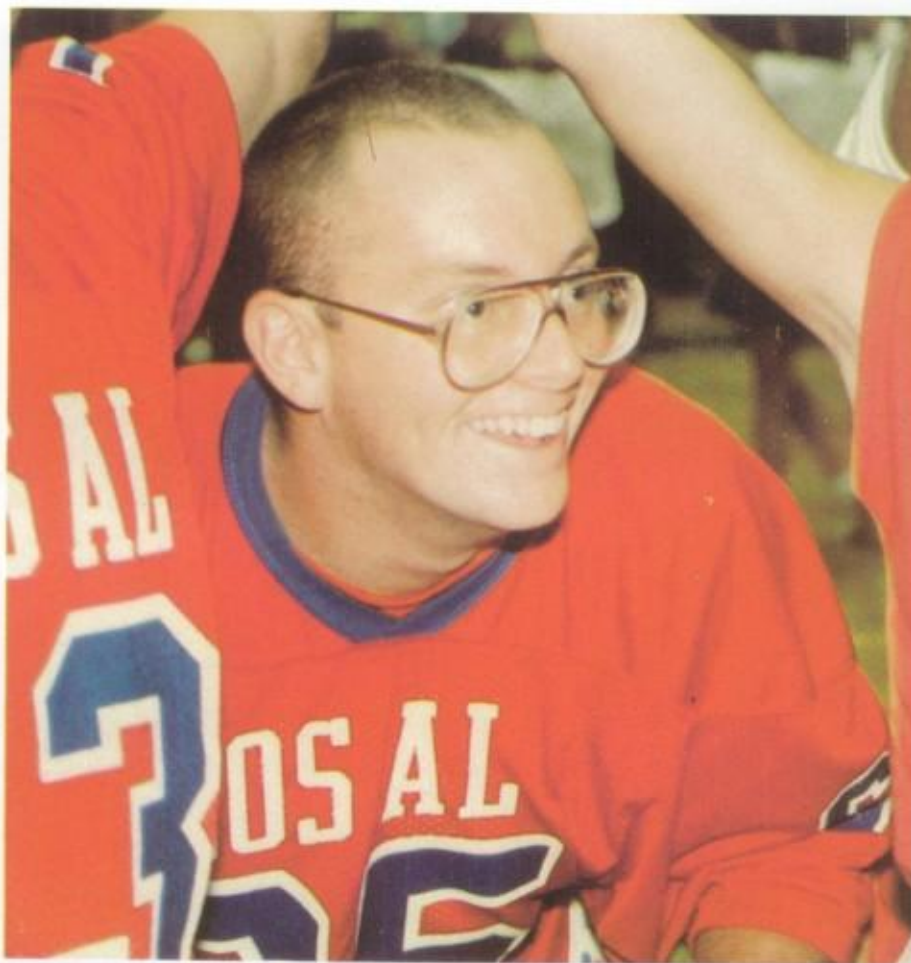
Larry A. Reinking
Varsity Tennis



Brian K. Reno



Dina L. Reyes
Drill Team, Seniorators



At the Homecoming pep assembly, **Joe Coulter** peeps under the Alma Mater Kickline to spy on the mischievous Griffins. These pep assemblies entice all the players and their fans to prepare for their night ahead.



Greg E. Reynolds



Robert M. Rhyu
CSF, Crusader Staff



Oscar Ribadeneira



Edward A. Roche



Rachelle Rodriguez



Kevin J. Roe
CSF, French Club



Steven B. Rogers



Yvette L. Rojas



Carla D. Rosenfeld



Kevin A. Rothery



Monica M. San Vincente
Chorus, Business Club



Kurt M. Sava
TV Tennis



Scott A. Saxon
Yearbook Staff, Spanish Club,
Soccer Team



Michelle Sayers



Other than bringing us entertainment through the drama productions, Darren Glaudini finds time to support our winning Varsity Football team. Like the football team, he is making a profound name for himself.



Andrew D. Scheiner
Varsity Swimming, Water
Polo, Junior Honor Guard



Gregory W. Schenk



Mark C. Schmitz
Varsity Basketball, LAPD



Wendy A. Schwantes
Colorguard



Michelle Scott



Shareen Scott



Bradley C. Seligman
Marching Band



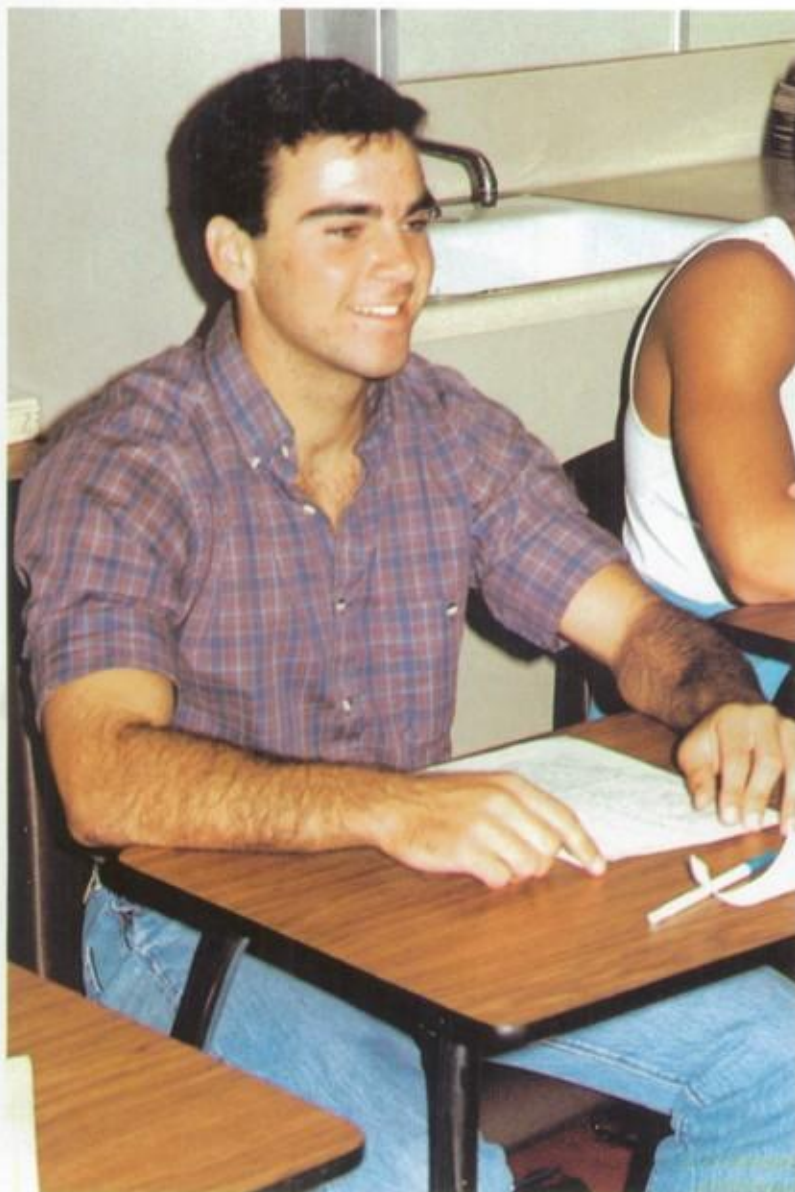
Michelle Beth Shanon
Newspaper, Senior Selebritiez,
Senior Class Committee



Robert C. Shanaberger
Fishing Club



Carole L. Shane
Choir, Jr. Class Committee



Robbie Katzaroff smiles as he takes a break from his government assignment. Besides concentrating on his school work, Robbie must dedicate tremendous effort to his position on the Varsity football team.



Brian Shew



Kelley R. Shifflett
Crusader News Editor, CSF,
Senior Class Committee,
LAUGHS



Jason Thomas Shook
Surf Team Capt.



Kathryn M. Sichel
Chamber Choir, Ski Club,
Senior Class Committee,
Adventure Club



Dana Lynn Siegel
Senioriorers, Yearbook, Drill
Team



Cathy Ann Siler
Varsity Cheerleading, CSF,
Interact



Chester D. Silvers III
Stage Band, Track, Marching
Band



Stacey Lea Simonds
Ski Club, HIGH 5, Senior Rebels



John C. Simundza
Percussion



Barry L. Sinclair
Varsity Water Polo, Varsity
Swimming



Joel M. Singer



Julietta Sippelle
Ski Club, Senior Rebels



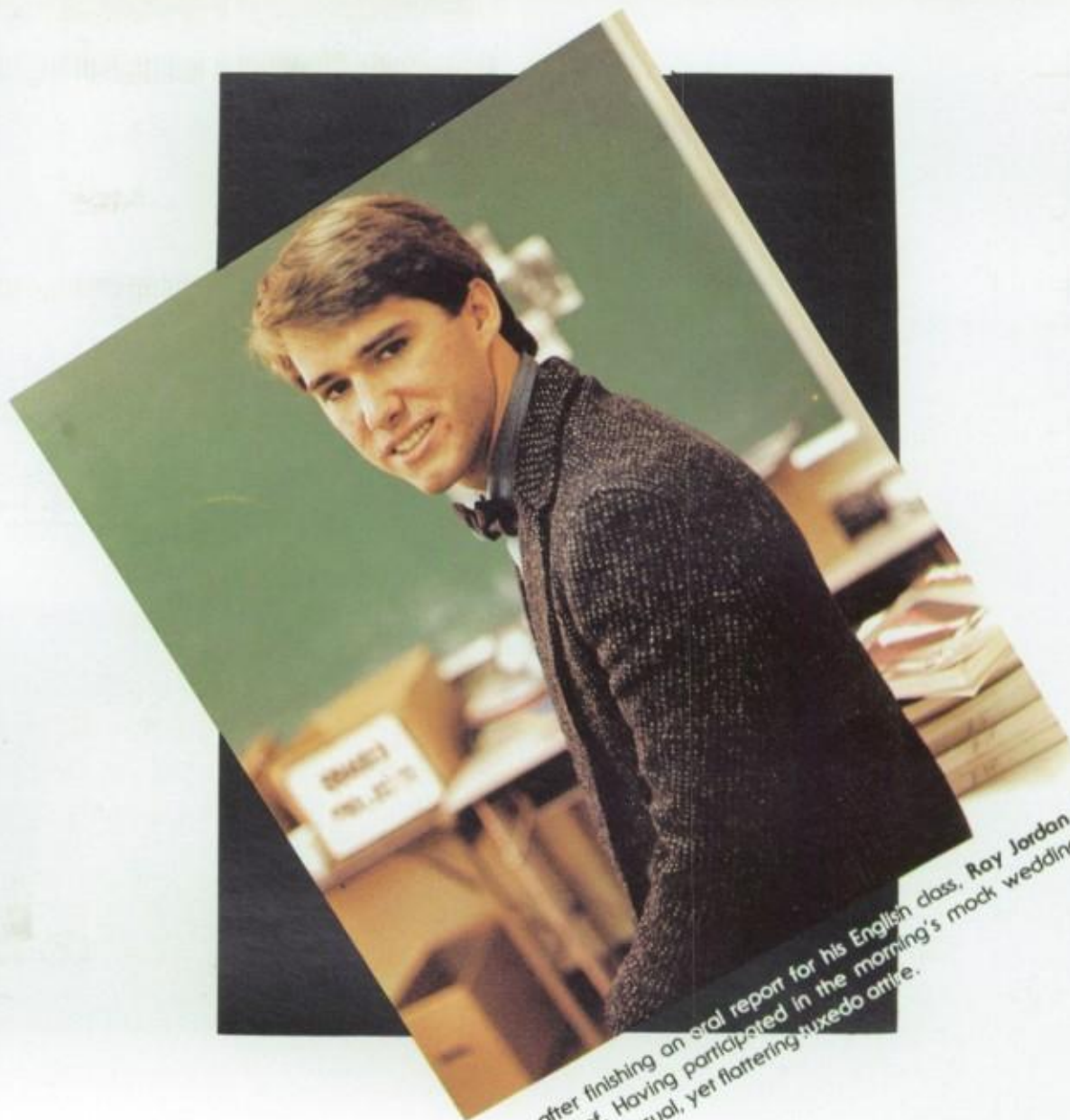
Ellyn Darilyn Sisemore
Drill team 4 yr., Ski Club,
Senioritors



Leikonia A. Sisson
Newspaper



Deborah A. Sittler
Drill Team Senior Leader,
Senioritors



Just after finishing an oral report for his English class, Ray Jordan sighs with relief. Having participated in the morning's mock wedding, Ray flouts his unusual, yet flattering tuxedo attire.



Brian F. Smith



Darren M. Smith
Varsity Tennis, Ski Club



Debi L. Smith



Kevin C. Smith
CSF



William E. Smith
Surf Team Captain



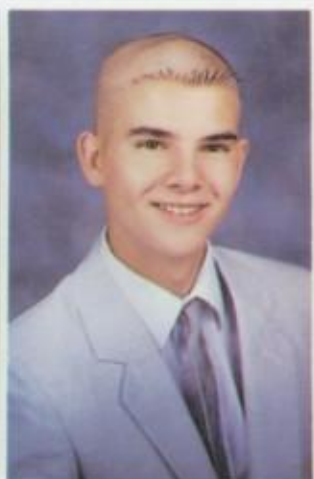
J. T. Snow Jr.
Varsity Football Captain, Varsity
Basketball Captain, Varsity
Baseball Captain, CSI



Timothy R. Snow
Varsity Football



David B. Sohn
ASB Treasurer, CSF,
Newspaper, Yearbook



Doug W. Sparkes



Janan Springer



Eric J. St. Martin
Varsity Water Polo, Varsity
Swimming



Tania L. Stahl



Heidi C. Stauch
Rifles, German Club, Interact, CSF



Anne E. Sterling
Yearbook Staff



Tracy M. Sternin
Seniorators, Junior Bazaar, Sensational Sophomores, LA P-wee's



Christina L. Stevens
JV Softball, Varsity Softball



Kenneth A. Stockwell
Anti-Compacency League, Show Choir, Drama Club



Michele I. Stoll
Varsity Cheer, Ski Club, Seniorators



Tracy L. Stowell
CSF, Senior Class Committee, Senior Selebritez, Crusader Staff, Interact Club



Deborah A. Straub



Lance Stumpf



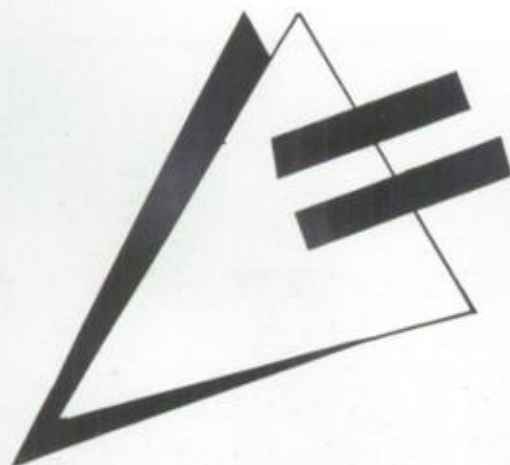
Lori Louise Sullinger
Tennis Team



Mike S. Summers
Baseball



Steven J. Swagel
Advanced Ensemble



Julie Kristine Swanson
Drill Team, CSF



Being the helpful student that she is, **Cindy Morin** helps her teacher by grading tests. Cindy enjoys being a teacher's aide because it gives her a break from her normal hectic schedule.



Athanasia Syrengelas
Basketball, Interact, CSF, All
Class Committees



**Konstantino A.
Syrengelas**
Varsity Track



Thanh-Tam T. Ta
The Cow Club, CSF, French
Club



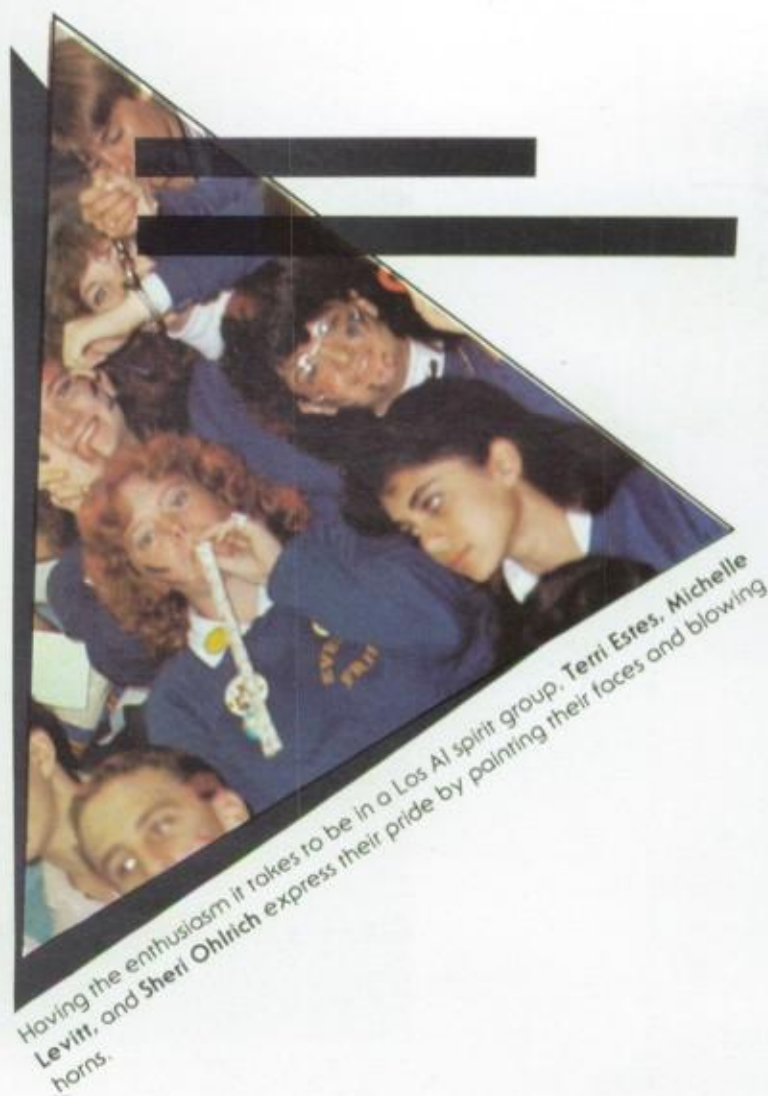
Michael A. Tamares
CSF



Christopher A. Theodore
Varsity Football Captain



Deborah A. Theriault
Yearbook Editor, Ski Club, Tall
Flag Captain, CSF, Senioritors



Having the enthusiasm it takes to be in a Los Al spirit group. Terri Estes, Michelle
Levine, and Sheri Ohlrich express their pride by painting their faces and blowing
horns.



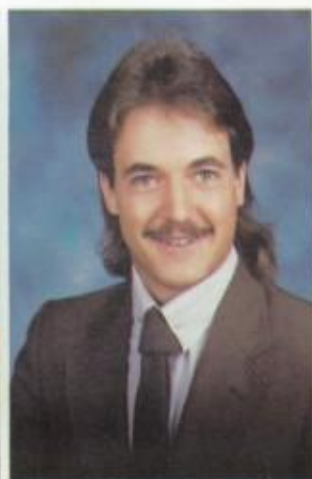
Sabrina A. Thomas
Cottonwood Staff, CSF, Senior
Class Committee, Crusader
Staff



Sandy C. Tietz



Sabrina Tifrit



Todd G. Tischler



Michael N. Torquato
Varsity Track



Francesca Tozzi



Marc A. Trachtman
Varsity Football 3 yr Captain,
Basketball, CSF



Matt Treece



Robert Mercado Trice
Varsity Football



Traci L. Trombino
CSF, Choir



Richard Truett



Mylinh Trong
CSF, FBIA, Spanish Club,
S-Club



Finding out that the achievement tests are a requirement for your chosen college is not always refreshing news. Joy Whitney feels the pressure as soon as her English teacher reminds her.



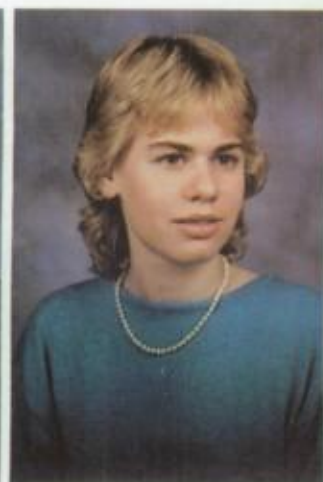
Gina Marie Turi
CSF, Senioritors



William E. Vero



Christian Vesper



Holly K. Vineyard
Crusader Editor, Interact



Theresa Viska



Brenda R. Voorting
CSF



Dana A. Wadleigh
Drill Team, Senioritors



Gary H. Wang
Chinese Clubs



Grace I. Wang
Cabinet, CSF, Tennis



Nancy W. Wang
Interact, Newspaper Staff,
Adventure Club



Paula L. Wasikowski
Varsity Volleyball, CSF



Diane P. Watson



Bradley A. Weaver
FBLA, French Club



Michael Webb
ROP Auto Shop, ROP Masonry



James Weber



Joel I. Weiss



Michael D. Wellington
Spanish Club, CSF, Senior Class
Committee



At the lunch competition, Brian East shows everyone that Darren Glaudini knows how to strut his stuff — even in polyester.



Michael Scott Welsh
Varsity Football, Varsity
Wrestling



Nicole M. Welsh
Saintly Seniors



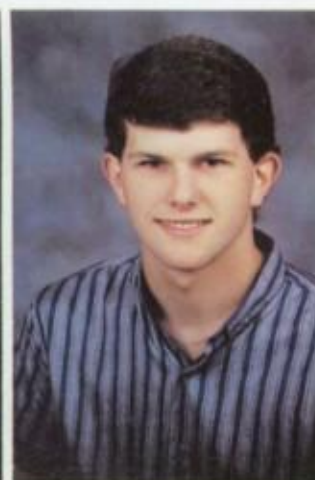
Noreen C. Wenjen
CSF, Ski Club, Senior Class
Committee



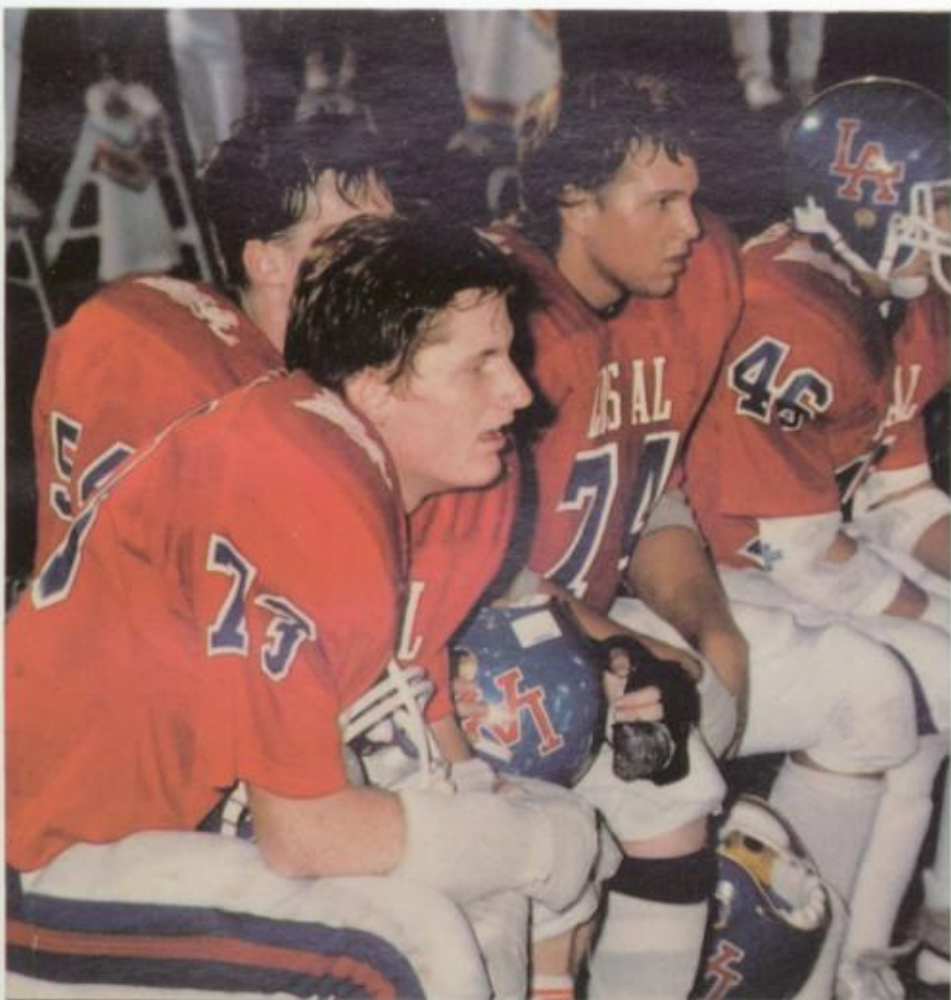
Natalie A. Wenz



Katharina C. Werner
French Club



Michael K. Wheeler
French Club



During a coach's talk, Brian Molles reviews different strategies. Trust and determination are only two important things needed out on that football field, and players like Brian know this brings them victories.



Joy K. Whitney
Varsity Volleyball, Student
Government, Fred -N- Frieda
Club



Debbie L. Wieseler
CSF, Ski Club, Senior Class
Committee



Stacey Wilford
Varsity Soccer, LA Peles



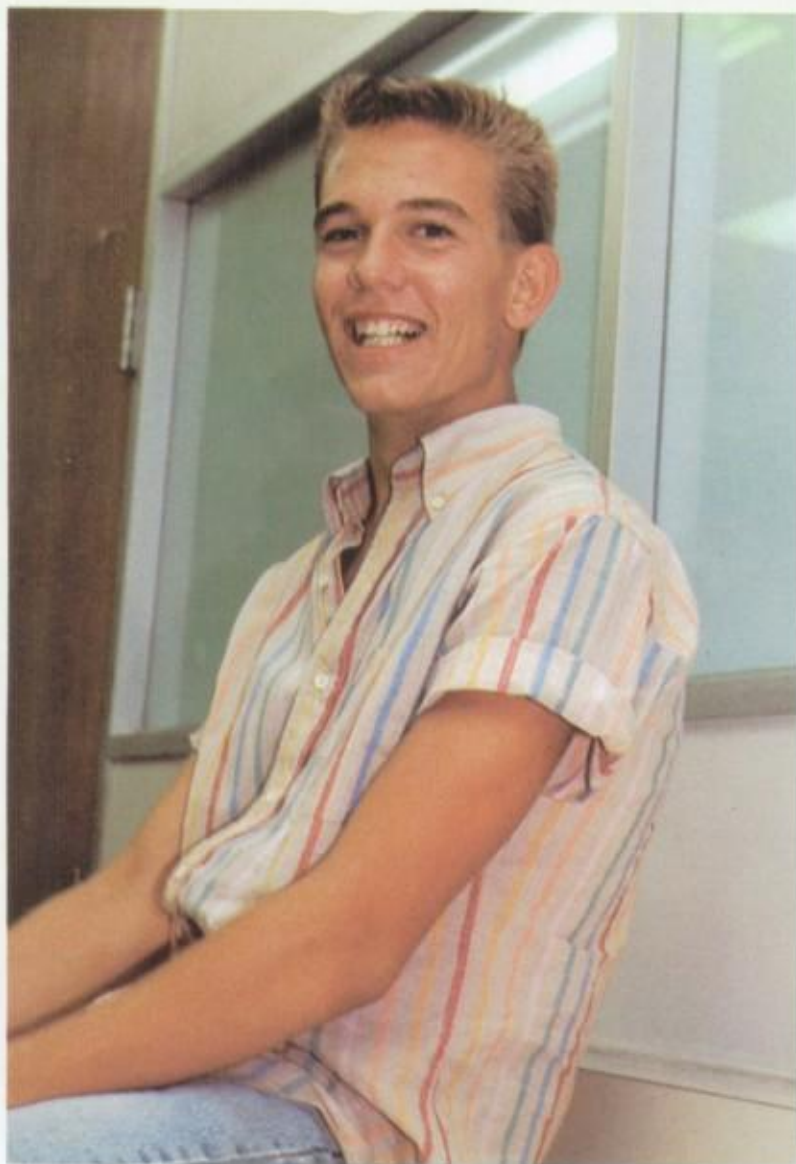
Maria Elena Williams
LABB



Dave D. Wilson



Peter R. Wilson
Academic Decathlon, Chess
Club, French Club



Mike Moore hears his name and the excellent reviews about the weekend's band competition. Hearing congratulations on a job well done on his solo would make anybody happy and proud of his work.



Kathy W. Weitovich
CSF, Keywanettes, Track and Field



Lawrence Wolf



Mark E. Wolfe
Varsity Baseball, Key Club



Malcolm Womack
Drama, Speech, Academic Decathlon



Melanie E. Wood
Tennis Team, Ski Club, CSF Senioritors



Catherine M. Woods



Dorothy Y. Wu
CSF



Stuart Yeh



Craig Roger Yockey



Roger C. Yoh



John E. York



Julius Ypma



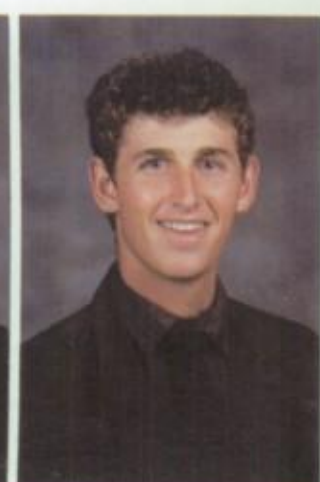
Kristen L. Zentr
Cross-Country, USPA, Futures Club



Carolyn J. Zerwick
Hearts Club

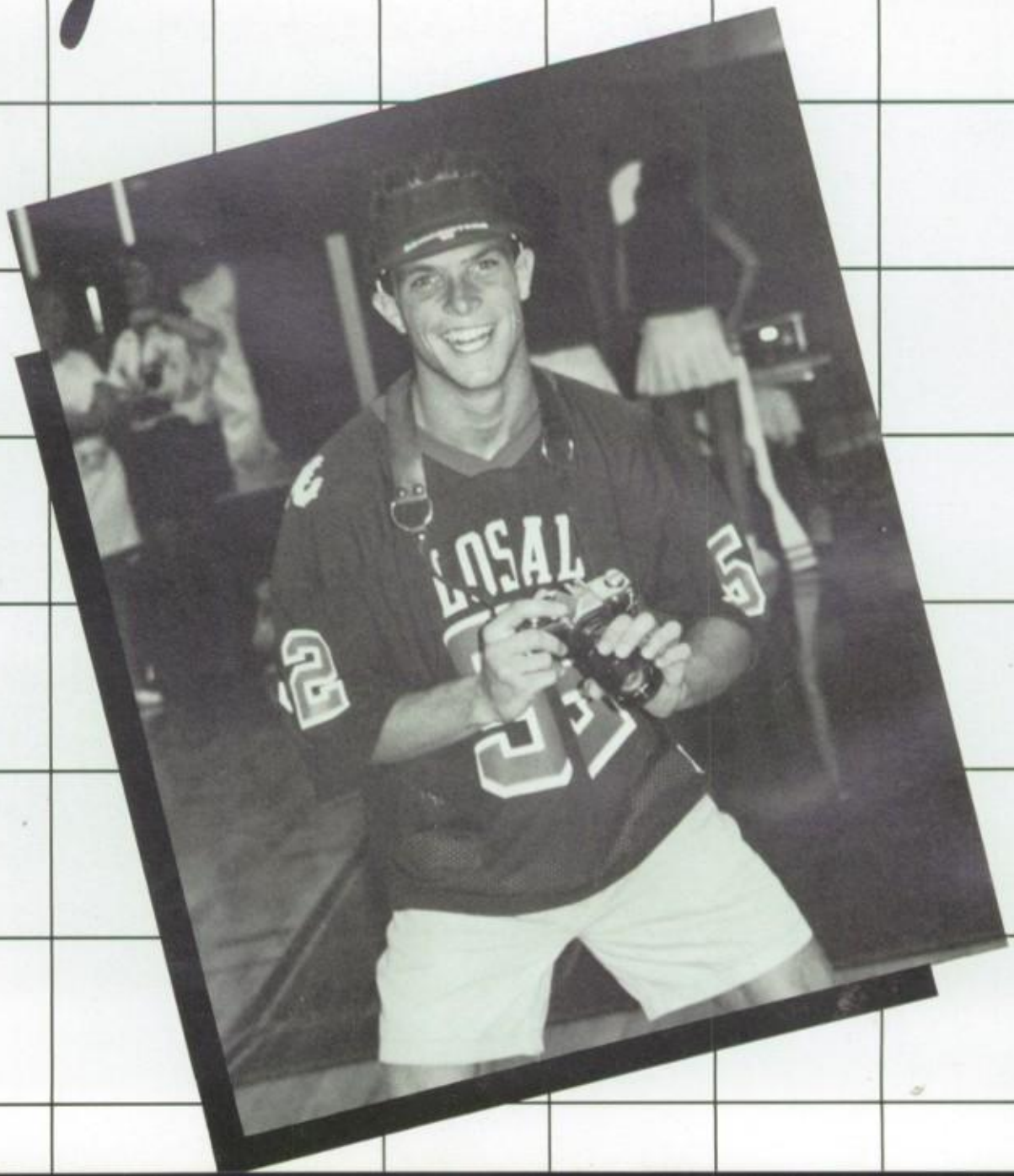


Christain J. Ziegler
Varsity Soccer, LAPD



Jason Zommick

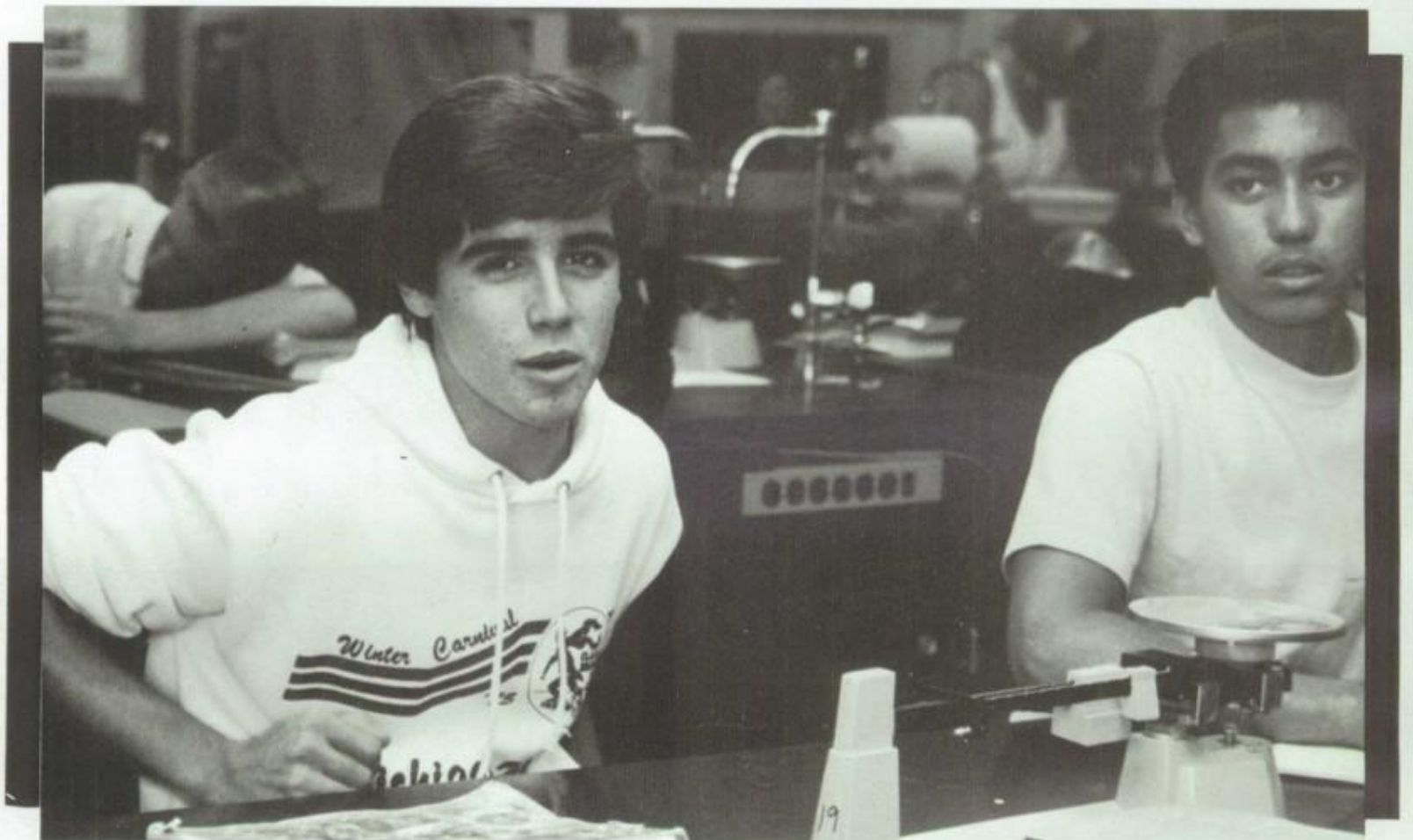
juniors



Stanley Abrams
Kelly Agosta
Danny Allard
Edward Allen
David Alvarez
Daniel Andersen



Joelle Anisman
Daniel Lee Archuleta
Pamela Armstead
Levon Arslanian
Charles Ashley
Nicole Atkinson



As Richard Ramaglia begins to explain what the lab is about, he is interrupted by another question. Physics seems to be a perfect class to be confused in; during lab it is inevitable. Yet, many friendships grow because you work with different people and learn about them.



After a Physics lecture, Janet Wong explains what centripetal motion is and its purpose to keep an object in motion. Physics is a class that demands time, knowledge of math and the desire to learn. Those students who are strong in skills relating to math, often help those who may be confused.



Chris Avery
Mike Baker
Sophia Baron
Glenn Barrett
Tineka Barrs
Jennifer Batey

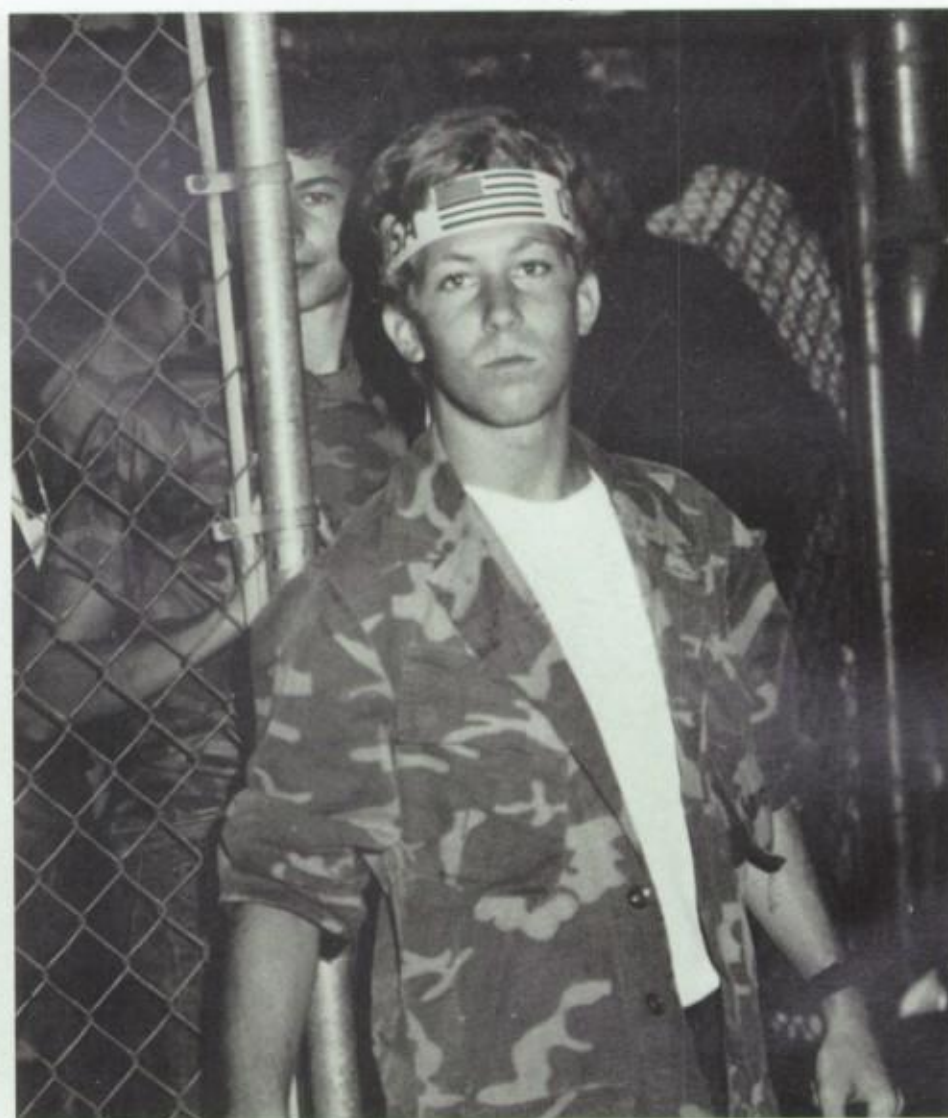
Cinnamon Becker
Juliet Bedell
Cathy Bell
Kirt Bender
Payman Bidari
Michael Bidrawn

Jannis Billon
Shana Binder
Keith Bird
Wayne Bish
Ernie Blevins
Mara Bloom

Ryan Blossey
Deanna Blythe
Lisa Boardman
Robert Book
Beatrice Bourdy
Laura Bowden



Dale Lane looks up from his classwork for a moment, as his classmate, Gary Sinclair turns to ask him a question.

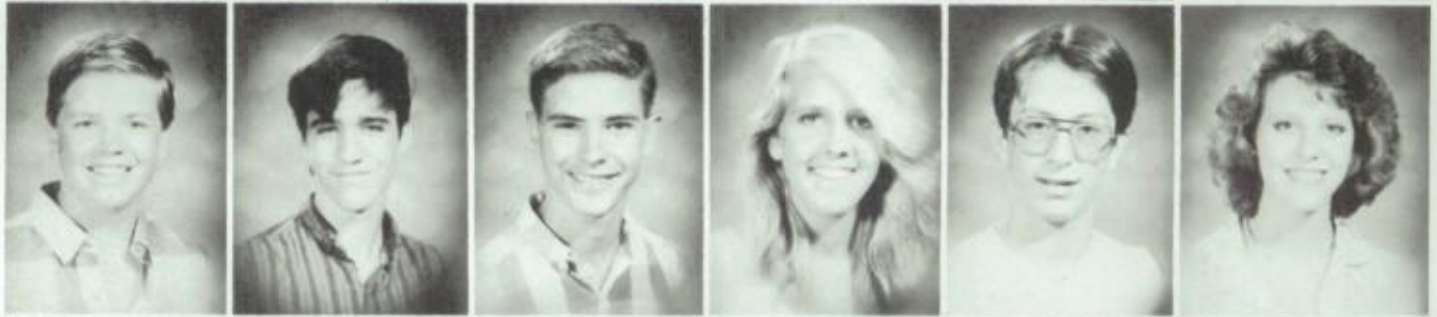


Homecoming Week always brings out unique qualities in some students on our campus. Leland Jay, Junior Class Vice-President, demonstrates his spirit by dressing up and supporting the football team.

Ingrid Brian
Robert Bratner
Patrick Brennan
Cameron Briggs
Kenton Brooks
Blake Brown



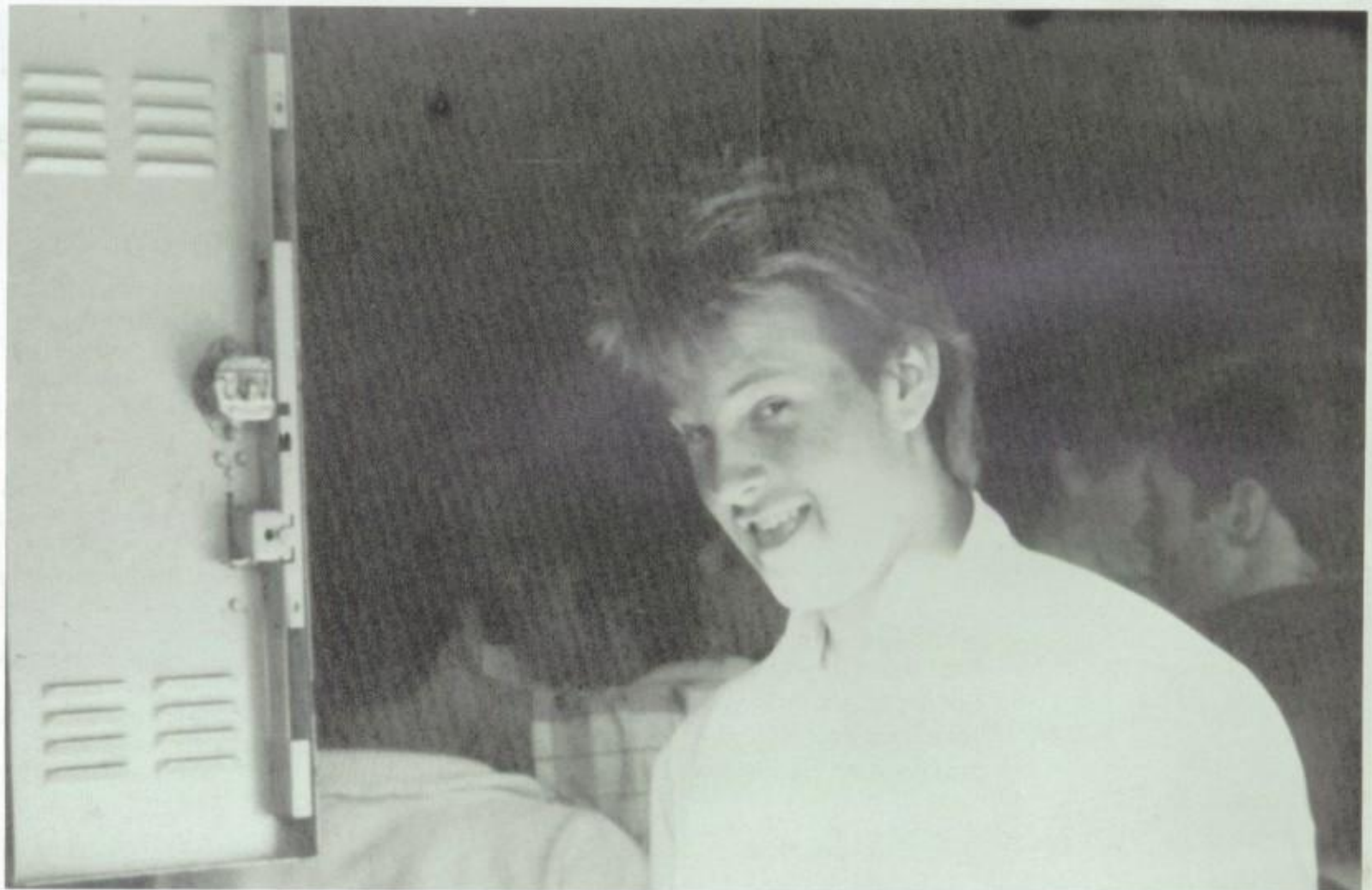
Mark Brown
Marcus Brown
Richard Browne
Shannon Brude
Paul Bunch
Annemarie Buonocore



Tally Burkhart
Jenni Buys
Shelli Byrd
Michelle Calderon
Kelley Callaway
Maria Camarena



Todd Campbell
Rudy Cano
George Cappawana
John Cappawana



Jason Davenport has a look of utter amazement on his face as he cautiously surveys the various items that have made their home in his locker. As the year progresses lockers become accumulated with lost papers, forgotten books, and old lunch bags.



Anne Caraisco
Nydia Cargajal
Angela Carlson



Alexander Carpenter
Joseph Carpentier
Rosa Carillo



Erica Carroll
Julian Carroll
Mqrianne Carroll



Thomas Caruso
John Caudillo
Alison Chafe



Shelly, Chandler
Wei How Chang
Douglas Chapman



Adrianne Chavez

One More Night

Why is it so different with me?
Am I that different from you?
Not really, it's just in your mind.
Take a closer look and you will see
that we are one, not two.

Tricia Hatfield



Morris Warner smiles hesitantly as he tries to maintain his concentration. With so many students in a class, it is difficult for students to stay on task.

"Wondering"

Do I belong here?
It's a good question.
Have you ever wondered?

I often wonder why the grass is green, or why the sun always seems to rise.
Everyone always seems to have all the answers — except me.

I often wonder what it would be like to be something, instead of someone.
Maybe a white snowflake in winter or a flower in spring.
It would definitely be interesting.
I guess what I'm saying is
sometimes I really don't like being me.

Ann Tarlton

Gail Chekouras
Anna Chen
Katherine Chen
Diana Cheng
Candice Chesebro
Lisa Chow



Nancy Clark
Lynne Clissold
Chris Codik
Tanya Cohen
Michael Cole
David Combs



Dawnielle Congiardo
Allison Cook
Julie Coontz
Catherine Copeland
Stacia Copeland
Carla Copola



Junior Class President, **Grant Van Cleve** takes a break from the pressure that surrounds him. Being president is not easy, especially because he wants to make it a memorable year for his classmates.



During Homecoming Week, **Stacey Ray** participates by dressing up as a nerd on Nerd Day. She laughs while someone comments her on her spirit week outfit.



Jeff Cosby
Ronna Coulter
Jaime Coulter
Scott Crenshaw
Laura Cummings
Gary Gunneen



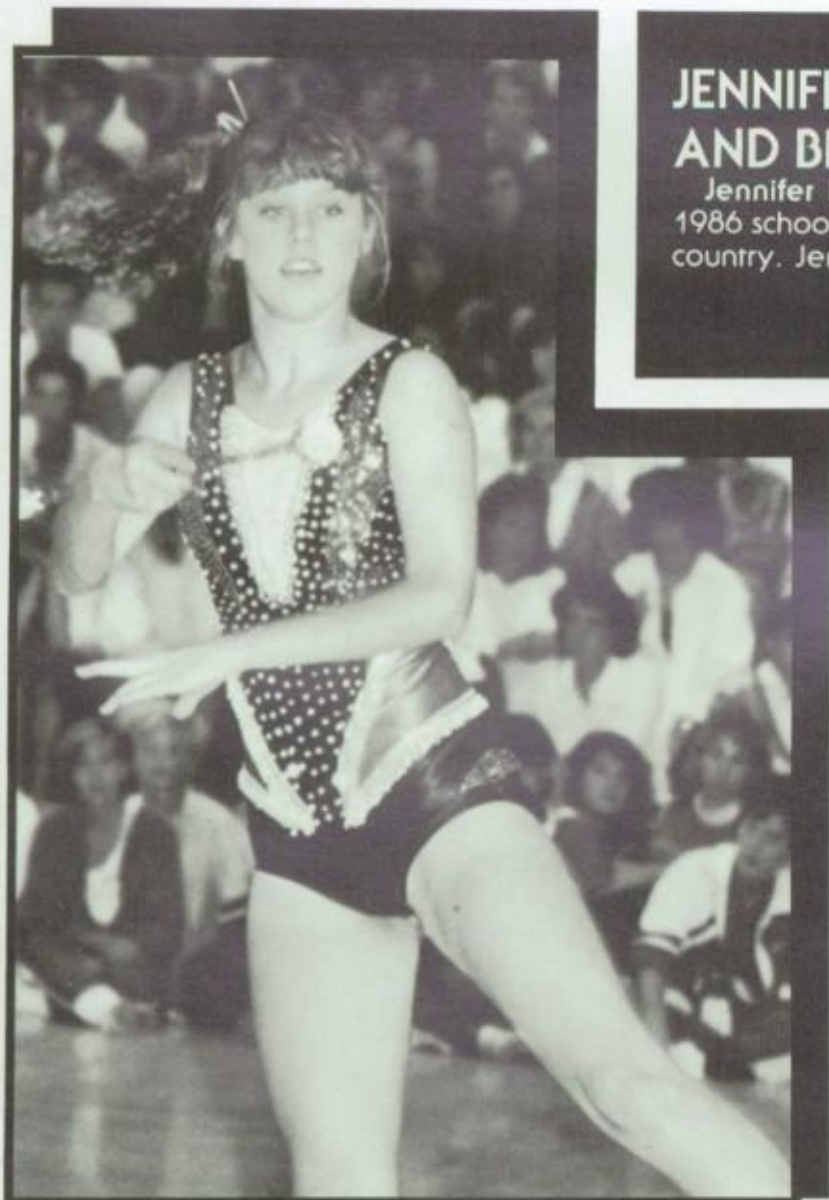
David Culter
Michael Damato
Sandra Daniels
Jane Daule
Kenneth Davenport
Sandra Davis



Terence Dean
Eric Dubruin
Andrea Deforest
Christine Degregory
Chuy De Lamora
April Delaney



Cindy Deleon
Michelle Dematteo



JENNIFER BATEY, TWIRLER RECOGNIZED AND BECAME LOS ALAMITOS' MAJORETTE

Jennifer Batey was chosen as the Griffins' majorette for the 1985-1986 school year. She is one of the best twirlers in her age group in the country. Jennifer has participated in many competitions and is ranked number one in Orange County and has taken many first place awards throughout California.

Jennifer spent many hours practicing her routines. She spent sixth period every day and many hours after school working with the Olympian Marching Band, the Color Guard and Omega Drill Team. Later she would go home and practice an additional two hours. She was also involved in competitions at least twice a month. It was this dedication which led her to her present rank of third in her age group in the country.

She enjoys competition and does not feel nervous when she performs for an audience. She said that during competitions she made many new friends with twirlers across the country. She also said that this made competition seem rewarding.

In spite of her very busy schedule, Jennifer does quite well in her school work, and gets A's and B's. Los Alamitos had not had a majorette for several years, therefore, Jennifer held a special place in the lives of all the students who saw her perform. All students felt that the dedication and energy she put forth in her routines during pep assemblies and football games made her more exceptional than she was. She always received a standing ovation from the crowds!

Peter Deneff
 Harjit Dillon
 Preet Dhillon
 Frank Dick
 Gary Dingello
 Peter Dohm



Matt Donnelly
 Jenny Emmert
 Traci Engel
 Robert Ernst
 Shon Esparza
 James Everett



Ann Faircloth
 Julie Farrell
 Tim Fatone
 Jeff Ferrario
 Kristan Fett
 Deirdre Fiebert



Casey Fierce
 Scott Finnegan
 Laura Finney
 Treg Finney
 James Fitzgerald
 Suzanne Fitzgerald



Aurora Flores
 Thomes Foden



Leonard Fontanez
 Jennifer Forbes



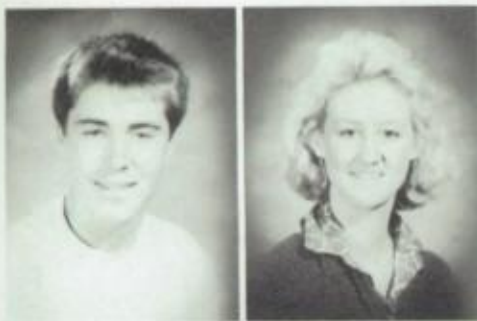
Thomas Foster
 Reed Fournier



Tim Fritcher
 Kimberly Fuelleman



At one of the many music presentations, "All That Jazz," Theresa Harrison looks over her program. This was one of the many productions the music department put on this year.



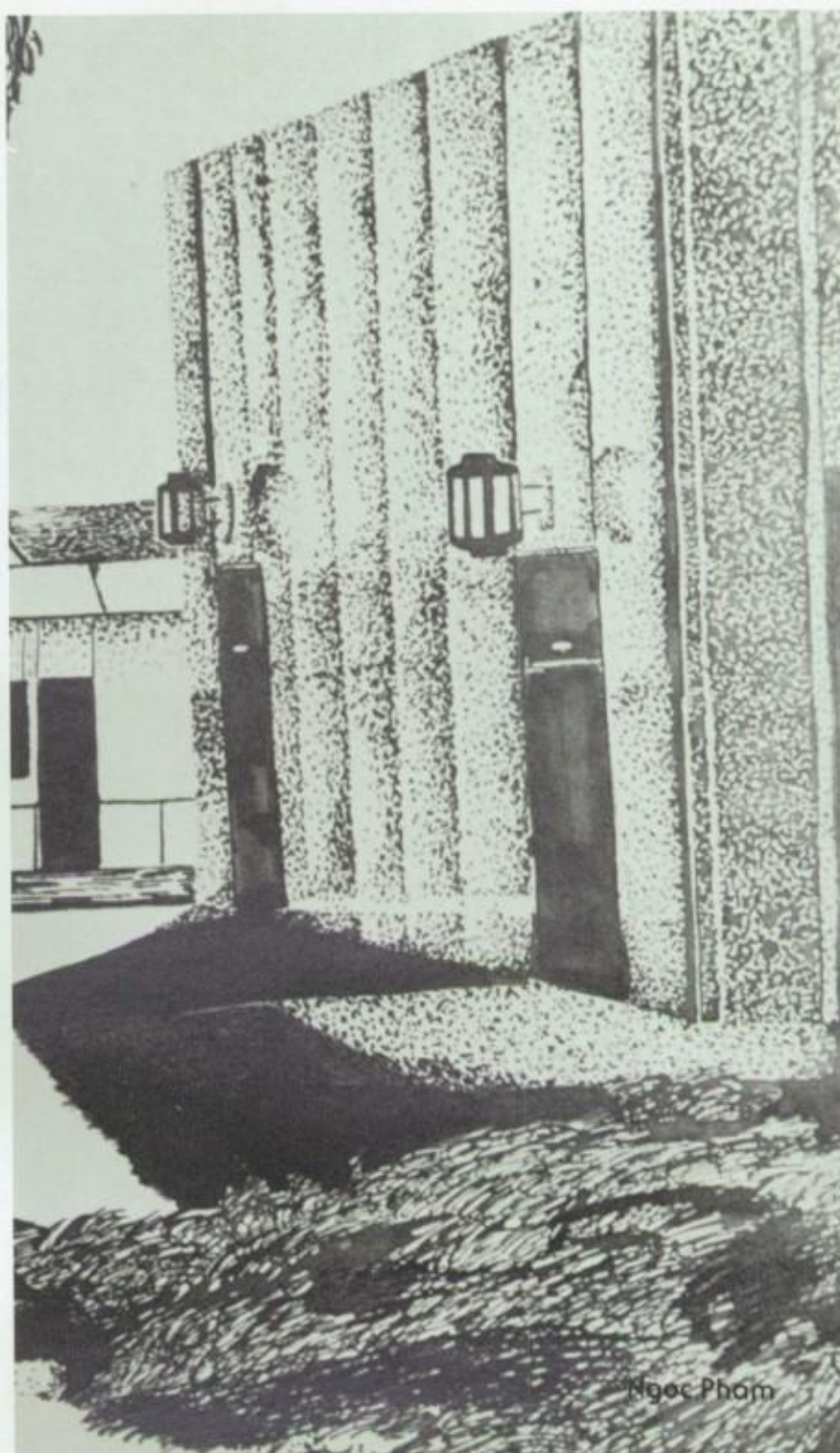
Scott Fullerton
Kelly Gallagher



Loraine Garcia
Kristina Garman



On their way back from lunch, Michelle Haub and Chris Rose stop to show us the results of a cake fight they had after someone's birthday.



Ngoc Pham



Anne Marie Hagmann and Dawnielle Congiardo are hard at work on Cottonwood '86" in order to meet their upcoming deadline. Both Anne Marie and Dawnielle are working on the clubs and activities section this year. They both agree that working on the yearbook is a hard job which takes a lot of time, dedication, and teamwork.

Jeff Garvey
Catherine Gaw
Stacey Geiger
Lauri Gershon
Nicholas Gianformaggio
Brian Gilbert



Darcianne Gilroy
Victoria Ginther
Alan Gitlin
Mike Godoy
Imre Golden
Cynthia Gordon



Yearbook is a diverse class. It takes time and imaginative thinking. **Jamie Welsh**, one among an entire class of dedicated students, measures for accuracy and looks through different yearbooks for new ideas. The class may be demanding, yet it is one in which to make good friends and lasting friendships.



Denise Kaneko sits and enjoys her nachos as she watches one of the Griffins' football games. She tries to concentrate and understand what is going on the field. Meanwhile, **Jennifer Swanson** displays her enthusiasm and excitedly shows her pride for her team by cheering them on.



Michelle Gottlieb
Ginger Griffin
Susanna Grote
Jill Gude
Susan Guthrie
Ruth Gutierrez

Kristen Guzman
Jennifer Haberman
Lori Hagen
Anne Marie Hagmann
Jennifer Hagstead
Andrew Haimov

Leslie Haines
Darolyn Hamada
Darrin Hanson
Sharon Hanson
Jennifer Harding
Kelly Harris

Lesly Harris
Kimberly Harrison
Theresa Harrison
Debbie Hart
Maria Harville
Corrine Haskins



Tanya Maskelanko laughs excitedly at a remark made by a classmate. English Honors III does not always have to have a quiet and studious atmosphere.



Mark Welzen smiles proud while displaying his new Yamaha Riva. It seems that this year scooters have become quite popular among students who dislike traffic jams in the back parking lot.

Brian Hastie
Tricia Hatfield
Michelle Haub
Stacey Hawthorne
Richard Helms
Justin Henshaw



Kevin Hess
Lisa Hess
Margi Hibschan
Lisa Hicks
Randel Hines
Thanh Ho



Florine Hong
Denise Horner
Nolan Howe
Teri Hubert
Laura Huff
David Hughes



Michael Humphries
Michelle Hurst



Interrupted while helping a fellow classmate with an assignment, Kelsie Nance looks to see who is trying to get her attention.



Adam Hutton
Greg Irwin
Steven Irwin



Craig Jackson
Michael Jackson
Brian Jadlock



Leland Jay
David Jenkins
Regina Jenkins



Linda Jensen
Lucinda Jensen
Patty Jettie



Sharlene Jimenez
Anita Johnson
Brian Johnson



Diron Johnson

For Kirsten

emotions
Stir
As we set sail
And our separate
beckoning destinies
await our arrival
Friends are forever,
— and ever . . .

Debbie Theriault

Selfishness
Maybe that's what
you call My Feelings

We spent so long building
We created an unbreakable
bond.

Companionship
Essential in our struggle;
Streetlights, endless hours —

The endeavor to be
supreme
Ranked "A"
Our victories —
The few painful defeats
Are gone
Memories
Are all we have
You call me friend
But something's amiss
Sharing
Our love, life, laughs
Remember
And warm, concealed



Chris Rose, a member of the Los Alamitos High School Varsity Football Team, seems to be trying to catch a cat nap as he walks to class.

FOREVER

The Words leave my mind,
But the ideas stay within me.
Forever —
"I love you"
"I'm forever yours," I said.
Maybe our times ran out.
Like an oil well which has been
sucked dry.
From all its energy and nutrients,
nothing
is left, except a hollow hole, with
only the
ideas left inside.
Never fading away, just lingering
on, forever . . .

Terry Dean

Dave Johnston
Alicia Jones
Julie Jones
Theresa Jones
Stacey Jordan
Emil Jorge

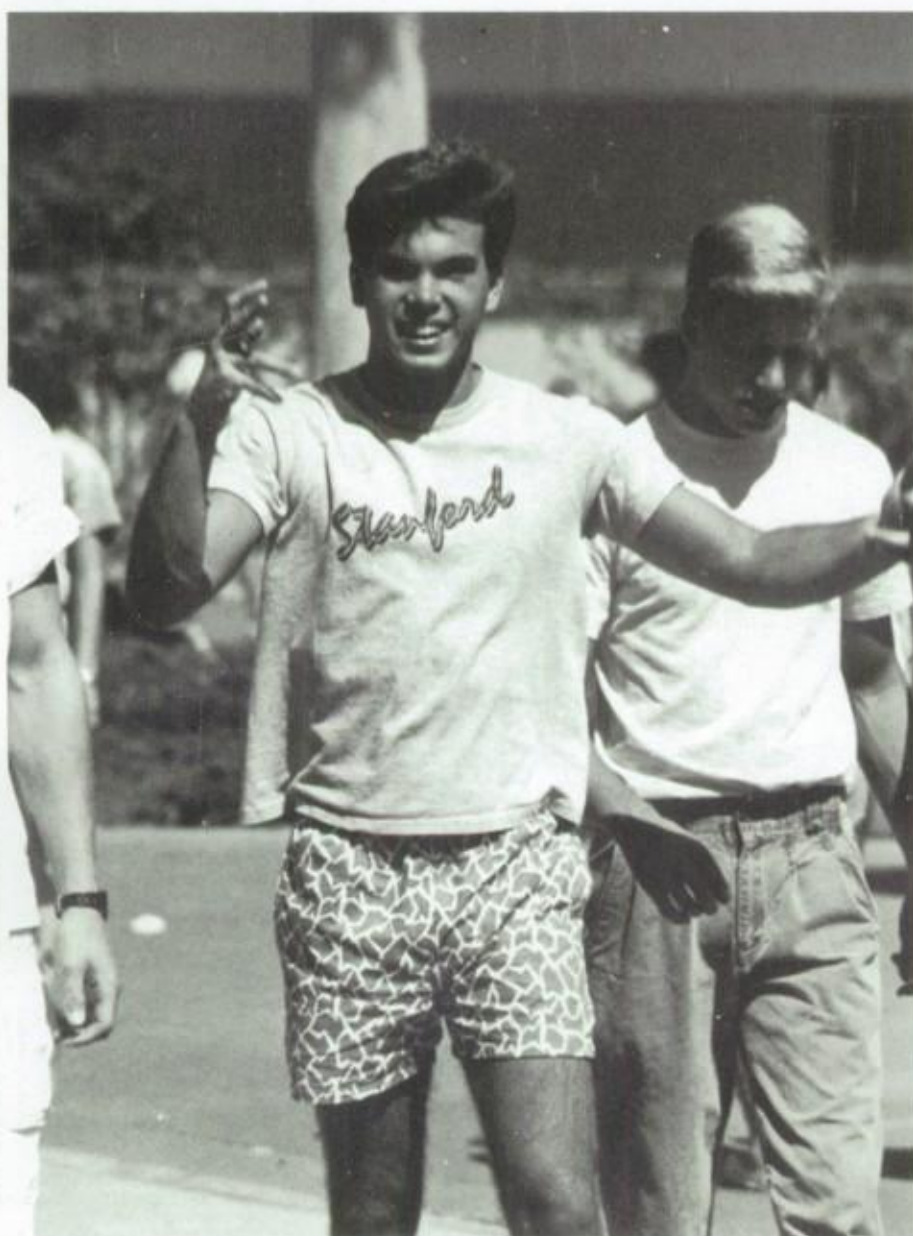


Sammy Joseph
Adam Judd
Laura Junkermann
Dana Kamm
Denise Kaneko
Deborah Kaplan

On the day I am happy.
Smiling.
Everyone can see my act today,
It's alright.

But tomorrow is asleep and awake
away.
It will take a lot for me to stay this
way.
Only a wink of milk,
Anything from a change of face.

To a world of warming thoughts.
Could make me change.
My mind.
And it will never be made up, you
know.
It will stay this way. But on this day, I
am happy.



Darin Hanson tries to explain what really confuses him in his 5th period class. When his friends begin to laugh at his dilemma he becomes desperate.



Jane Daulo double checks a photograph's measurements to be certain that it is correct. The class requires dedication, certainty and time. Jane is among an entire class of dedicated students.



Karianne Kaville
Lisa Kefalas
Todd Kenaston
Krista Kendall
Geoffrey Kerns
Joe Kidd



Simon Kile
Elizabeth Kim
Leslie Kimball
Alison King
Chanda King
James King



Eva Kjoss
Deborah Klein
Kristine Klotz
Heather Koehring
Brigitte Koenig
Scott Kondra



Eric Krammer
Greg Kuhn

LOS AL SALUTES NEW DRUM MAJOR

Virgilio Nafarrete was the Drum Major for the Olympian Marching Band during the 1985-1986 school year. He has been involved in band since he was in the fourth grade. Virgilio started on the trumpet but he also plays other instruments. He has played many trumpet solos and he explained that "New York Fantasies" was his favorite. "It moved me and I could put my feelings into it." The Drum Major's position requires accuracy, coordination, strong leadership and patience.

In eighth grade Virgilio was chosen "All Around Musician." He received the Freshman Award here at Los Alamitos two years ago. This year he has received many awards that now take their place in his home.

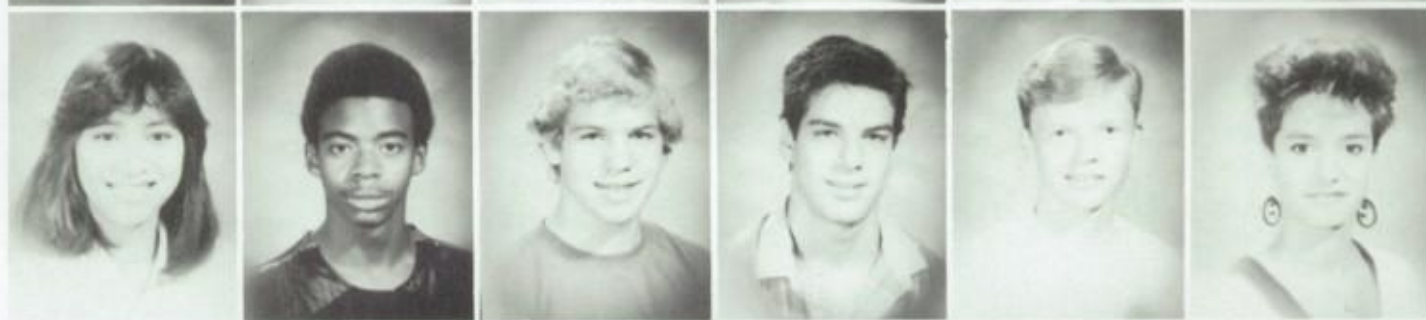
Virgilio has the complete support of his family. He said that his brother, Bob, has been a great influence on his life. "I come from a very close family," Virgilio said with pride. During his spare time, Virgilio likes to dance and his favorite type of music is funk. He also enjoyed his sisters' presence at school with him.



Chester Kyle
Nora Labouff
Margaret Lacasto
John Laisy
Dale Lane
William Lansford



Georgina Lanuevo
Robert Lastrap
Mark Laurain
Jonathan Lazzara
Thane Lecompte
Rochelle Lee



Sally Lee
Robert Lee
Rhonda Leet
Elizabeth Legge
Shelly Leonard
Jerry Lerno



Stephen Levy
Sean Lewis
Stacie Light
Roy Lin
Robin Lindley
Scott Listavich



Terry Liu
James Locke



Danielle Long
Gaudencio Lontok



Kelly Lynch
Gregory Lyon



Emily MacFarlane
Jami Mack



Jennifer Forbes walks from the English building to the science building. One of the advantages of an open air campus is that students can enjoy the fresh air between classes.



Kathleen Mackay
Jami Maggard



Kevin Mahoney
Mitchel Malin

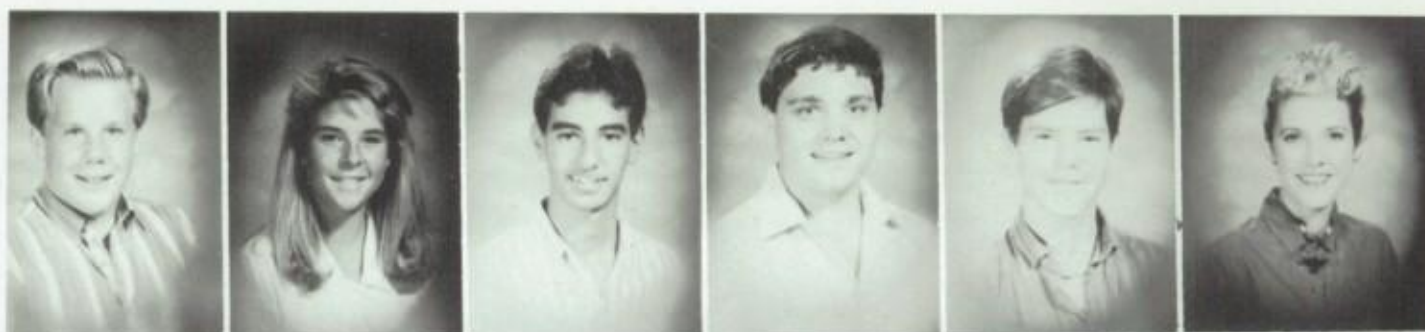


Between classes Dawnielle Congiardo quickly tries to finish her homework from the night before. She finds it difficult to concentrate with her friends distracting her.



During lunch Elaine Wiest and her friends gather around and watch one of the pep assemblies in amazement. Pep assemblies are often held during lunch when there is not enough time to fit them into the regular schedule. They boost the students' spirits and give the athletes an incentive to do their best in their games.

Craig Malone
Melissa Maloney
Eddie Manfro
Timothy Manning
Jon Maples
Gina Marconi



Ronald Marquez
Michael Martinez
Kellie Matheney
Matthew, McCabe
Michael McConnell
Jeff McCoy
Mary McGill



Jean McGraa
Kelly McHale
Michelle McLinden
Melissa McSheehy
Julie Meadows
Laura Meals



Heather Medcalf



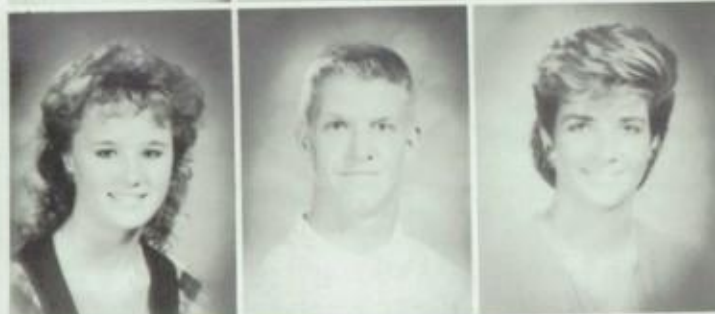
Junior Maria Harville is being chauffeured to lunch on a moped owned by senior Brian Smith. With mopeds being so small and "open," good driving skills are a must, but Maria seems to have nothing but absolute trust in Brian's driving abilities.



Mark Medina
Tina Melton
Robert Menke



Robert Mercadante
Gregory Merchant
Brian Miller



Lisa Mills
Bret Miner
Shannon Ming



Jason Mino
Donrena Minor
Mojan Missaghi



Kenneth Montgomery
Jon Moore
Kelli Moore



John Morgan

Where do I start

How do I do this?
Okay, now class, I want you to
write a poem about anything.

What? Just write images, draw pictures on paper. Pretty ones, filled with lots of colors. Make a puppet come to life, or a flower bloom. Just write, don't think — it will mess up your poem. Nobody's wrong. Everybody has their own feeling. Own pictures, colors, images, thrills. Blue, red, green, yellow, black, white. Funny, when I started, this paper was white. I did it! You witnessed! Here's my picture, image, and colors. My poem.

Michelle Haub



Having finished his class assignment early, John Morgan takes time out to converse with a friend.

BEST FRIEND

What do you think of when you
hear it?
Black and White
Opposites? Maybe.
Black and White
But they go so well . . . together.
Black and White
So when you hear Black,
Black and White
and when you hear White,
Black and White
what do you think of?
So say it,
Black and White.
You and Me.

Lesley Harris

Andrew Morley
Mike Morrow
Michael Morton
Oril Moses
Tanya Maskalenko
Courtney Motz



Cammie Moyer
Sarah Mueller
Debbie Mukamakl
Michael Mullaney
Carolyn Murphy
Linda Murphy



Eric Murray
Laura Murray
Judy Naber
Virgilio Nafarrete



FLOWERS IN SPRING

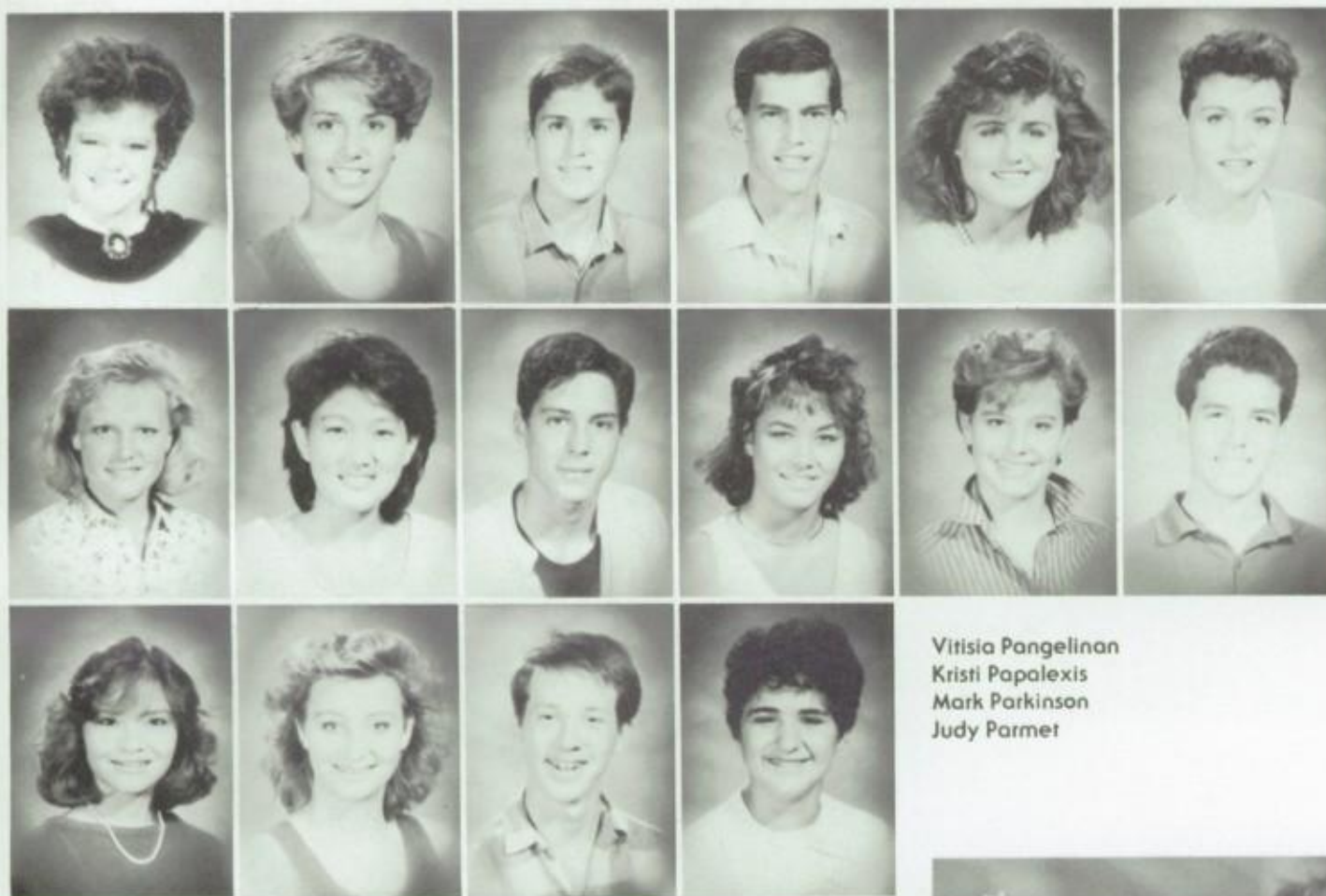
What did I do wrong,
I tried to be good.
Don't you understand?
I feel lost, empty and cold —
But the pain has
foreshadowed my tears.
Now
If I were to paint my feelings
They would be colors I've
Never
Seen before.
Why?
I don't know — I don't ask questions —
It just happens like a flower waking
up for Spring — It's new.
I'm scared and lost
The sky is like a deep dark
Wishing well that goes on
forever — But friendly.
The ocean feels like a huge wire
brush scratching my whole body —
leaving bloody scars.
Does the pain ever end?
I'll never know.

Ann Tarlton

ALWAYS IN SPRING

It's time to go
just remember
I love you
yea sure
Always in the Spring
When things are new
and supposed to be
right
Oh well we'll try
next year
I love you too
I wish I could
tell you I don't
If you only knew
you mean nothing
God damn you!
How could you
do this to me!
I tried to tell you
But is it so wrong?
To be afraid of your own father.
But you're not my father
You're a stranger
I never knew you
and you sure in the
hell never knew me.
But I did know you
and that's what hurts
You turn away
When I need you
Well maybe next
year will be better.
I doubt it.

Jaime Coultrice



Kelsie Nance
Laura Navarro
Todd Nelson
Robby Nen
Aimee Newlander
Jackie Niland

Wendy Nugler
Stacey Nishii
Paul Page
Michelle Pagenkopp
Michelle Palermo
Jeffrey Palk

Vitisia Pangelinan
Kristi Papalexis
Mark Parkinson
Judy Parmet



Stacey Stephens stands with pride to say the Pledge of Allegiance at one of the Griffins' football games. She looks over and wonders if the Griffins will capture another victory.

PARENTS

Parents
They try to act
like us.
Do the things we do
and even dress the
same.
Why?
They are not us
30 years older
They do so much
for us
but we can do
things for ourselves
But they don't understand.

Sophia Baron



Laurie Navarro, one of the best soccer players on the varsity team, feels added pressure trying to meet the expectations of her teammates and fans.

Kristine Patz
Richard Paul
Ricardo Payan
Raymond Pedroza
Puanani Pereira
John Perez



Lisa Perles
Bernard Peters
Rosemary Peters
Cynthia Phillips
Lisa Pinkerton
Philip Pinto



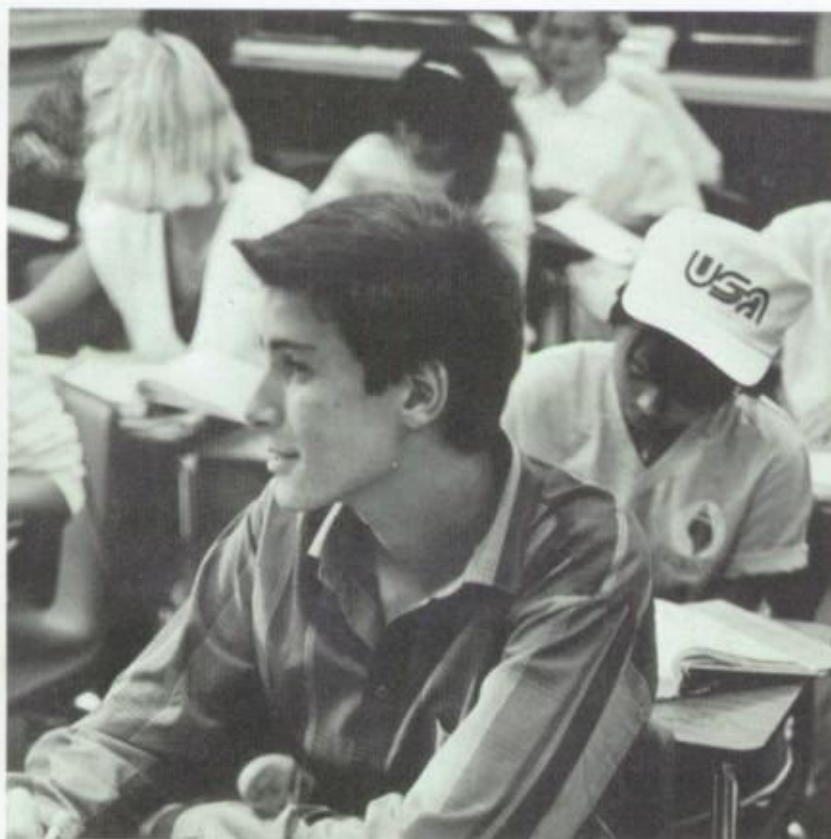
Wendy Poe
Shawn Pollard
Markham Pollock
Franklin Ponte
Stacy Ponting
Michael Porechin



Maria Puente
Alexander Pulone
Franklin Quenga
Eric Rager
Scott Rainey
Richard Ramaglia



Mai Ramsey
Dawn Ranftl
Shawna Rankins
Stacey Ray
David Rayburn
Mary Reis



Jeff Cano looks up from his class work to give his teacher his full attention.



All bundled up for the cold weather Sherry Albert talks to one of her friends at the football game about the touchdown our team just made.



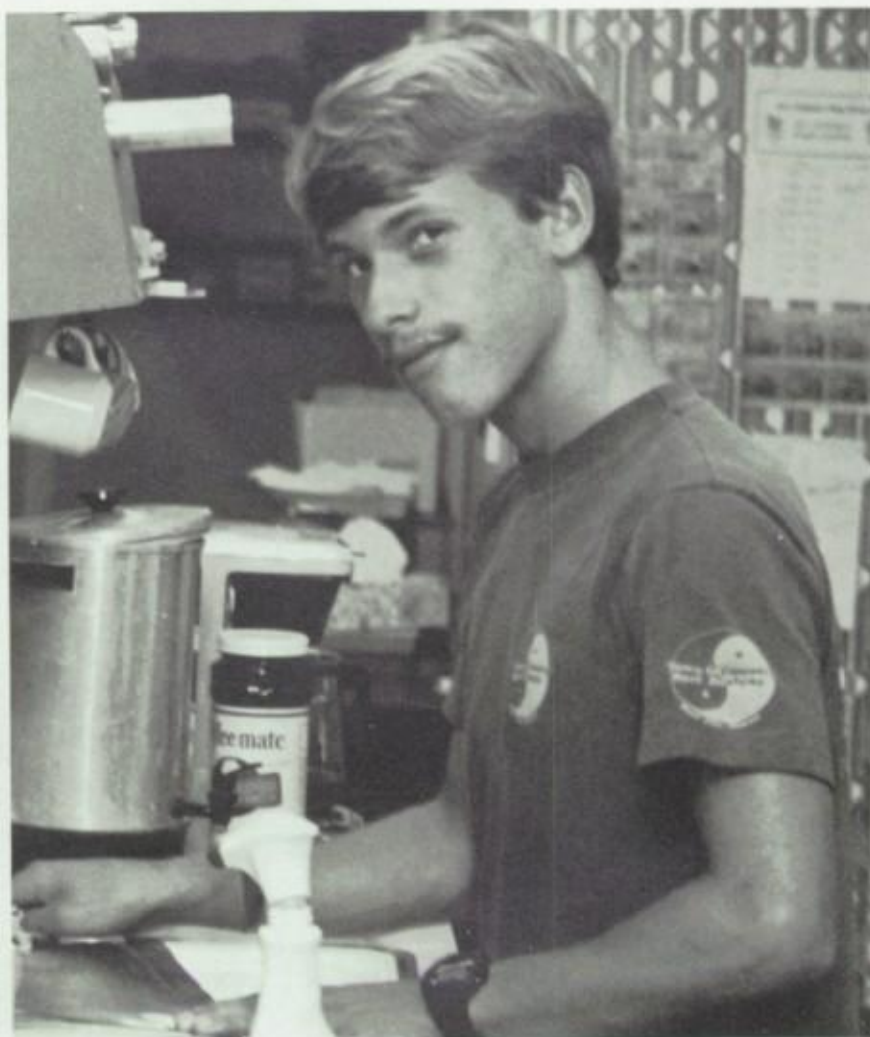
Mark Reutzel
Paul Reyes



Chad Wells tries to listen carefully to the instructions that his teacher is giving him. But he is distracted by all the cute girls sitting around him.



At one of the many football games this year Cindy Albert stands up and is looking around so her friends can see where she is sitting in the crowded stadium.



Danny Archuleta cleans a projector roll for one of his teachers. Perhaps he is hoping to earn some extra points. It's a dirty job but someone has to do it.



Having friends to talk to at lunch makes school a lot more fun. Kevin Strawbridge shows this by telling Robert Mercadante about the party he went to over the weekend.

Tracey Reynolds
Tracy Reith
Scott Rinella
Eric Roberts
Stephanie Robertson
Alissa Robinson



Alissa Robinson
Kimberly Rodefelf
Glenn Rodriguez
Mike Rodriguez
Michael Rogers
Julie Rohlffing



Christopher Rose
Roger Ross
Vanessa Round
Pamela Rozolis
Robert Rubinkan
Julie Ruiz



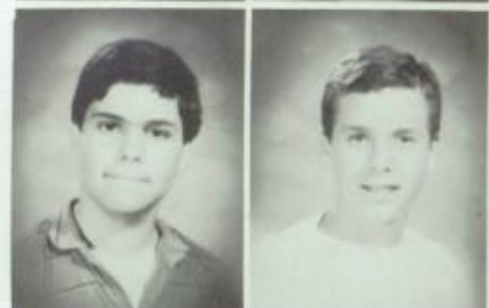
Billy Salas
Brian Sandoval
Jodai Saremi
Scott Sargeant
Anne Save De Beureo
Gregory Saylin



Ronald Scanlon
Jim Schaffer



Jonathan Schechter
Lance Scheiner



Bradley Schultz
Julie Schultze



Michelle Schuman
Eric Schwandt



Listening attentively, Julie Schultze jots down some notes on the lecture that her teacher is giving. She likes to get as much out of her classes as possible.



Deron Scott
Lisa Scott



Ilona Sendro
Mike Shaddox



Junior class president, **Grant Van Cleve**, smiles as he reads the remark which Ms. Wilson has written on his essay concerning the imagery in the poem "Winter" by William Shakespeare.



Jennifer Younghusband and **Shelly Skoglund** take their time as they casually walk in from the parking lot after finishing lunch. One of the advantages of having a car is being able to leave campus and go out to lunch instead of eating the cafeteria food.

Timothy Morgan
Casey Shaffer
Karrie Shanholtzer
Kirsten Shaw
Rebecca Shoudt
Clara Simeone



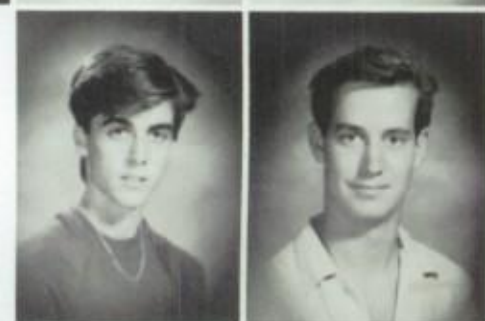
Gary Sinclair
James Sippelle
Shelley Skoglund
Kim Smith
Steven Smith
Jackie Snook



Stephanie Snow
Brian Snyder
Farah Snyder
Kathe Sockett
Stephanie Soldano
Niel Sorensen



Derek Sparta
Tod Spaugy



Jeff Palk is demonstrating his ability to change a tire, while his friends stand around and supervise. Getting a flat tire is just one of the many things that can go wrong with a student's car while it is at school.



Kelly Spaulding
Stacey Speights
Raquelle Sprague



Brendan Spratt
Robert Stanfield
Julie Stanford



Stacy Stephans
Douglas Stewart
Amanda Stillings



Stephen Stoewer
Stephanie Stokes
Michelle Stratton



Kevin Strawbridge
Emily Strong
Michael Stugart



Jenifer Swanson

TYPICAL DAY

The buzzer sounds loud and boring. Jump up, turn it off. Hop back in bed. Warm, snuggly, cozy. Do I have to get up? The newness of day is beginning to hurt — just ten more minutes? No! I can no longer put it off — repeat the same old cycle, just like a blooming flower. And so I'm off, to face the day — then back home again to repeat the cycle.

Tina Melton



Tracy Delaney is telling the J.V. squad that being a cheerleader is not all fun and games. It also requires hard work and dedication.

REUNION

I'm going to come back in ten years, and see my friends. Pick them out of the crowd. I'd like to see how they all turn out, which direction they went. Lives that I've lost track of. I'll remember things not thought of for years. Probably wishing I was back in school, instead of just wanting class to be over. Some successful, divorced, some passed away. I wouldn't recognize many of them. I'd just be glad to see them.

Laurie Navarro

Christina Tarango
Ann Tarlton
Steve Tarver
Kimberly Taylor
David Terrell
Herbert Theodore



Vanessa Thomas
Ernest Thomas
Gregory Thompson
Paul Thompson
Robert Tong
Lisa Toomy



Shana Torem
Salvador Torres
Christina Trice
Suzzy Triplett



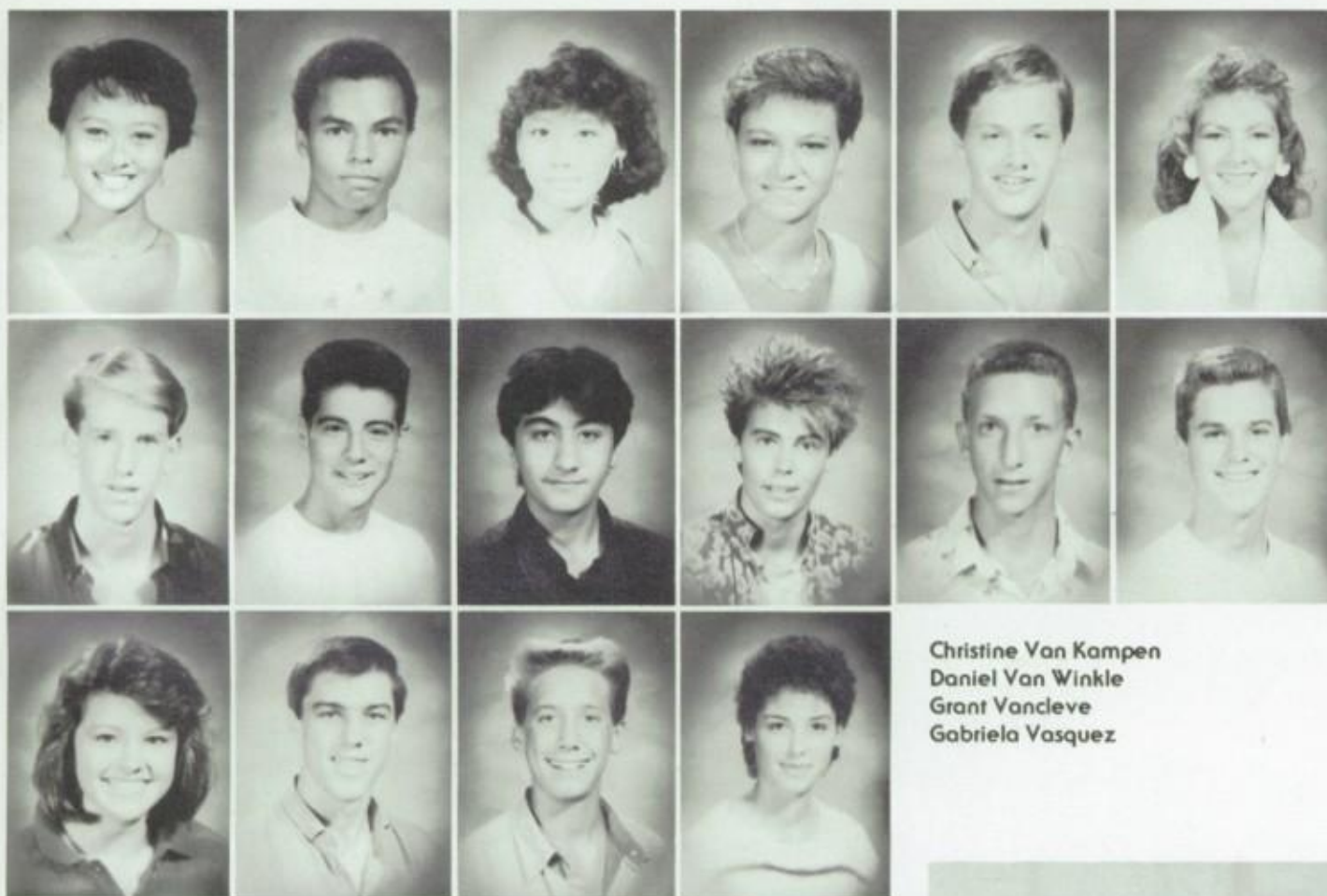
Eric Kramer concentrates and tries to figure out the problem in his geometry book. Geometry demands lots of memorization.



Gina Jenkins attempts to throw an apple to a friend across from her who is promising to catch it. She smiles and laughs because she knows the consequences if the apple is not caught; she will kill.



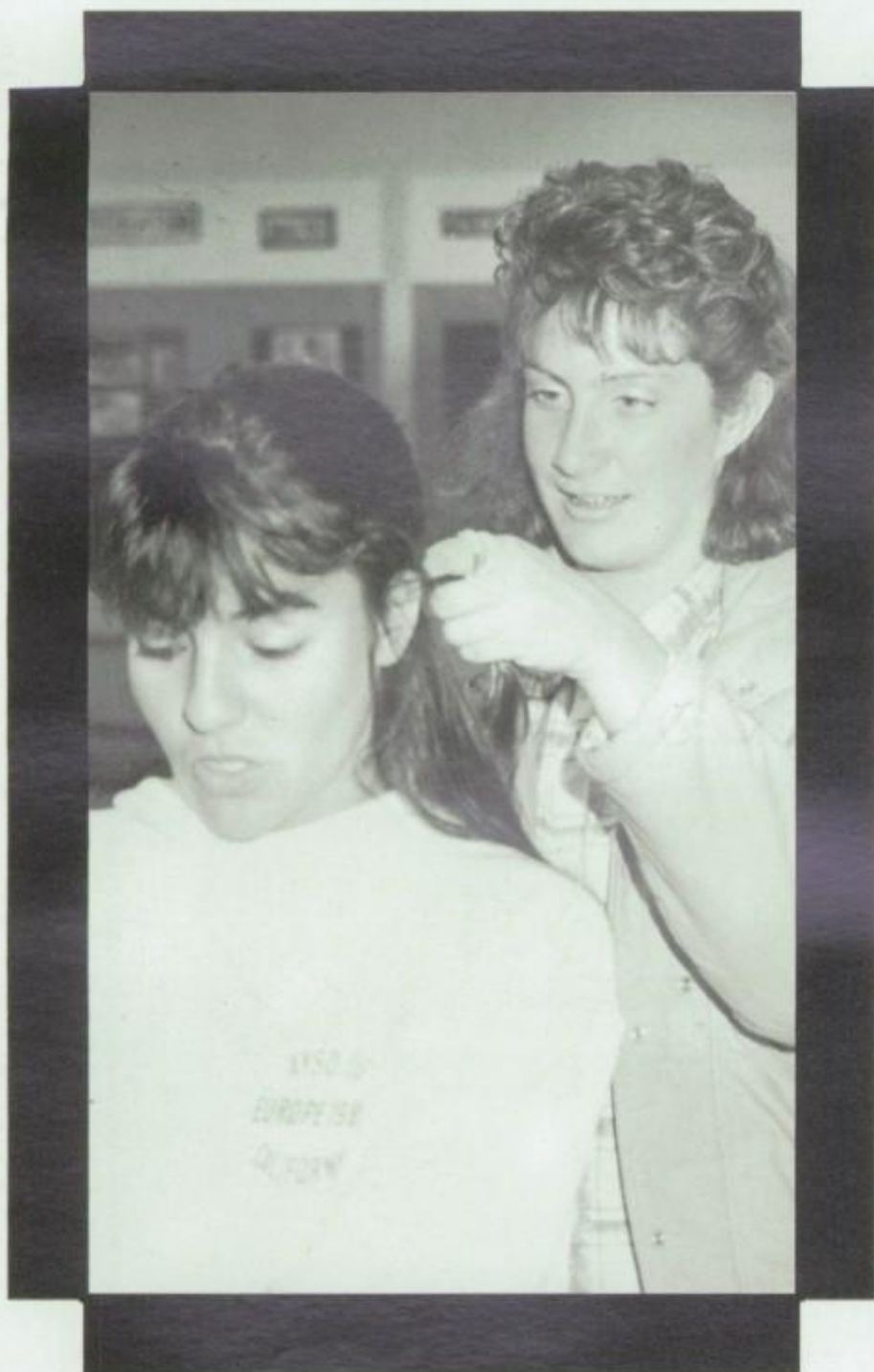
Ilona Sendro laughs because she knows what Nancy Clark, her teammate, is thinking about. Meanwhile, another teammate, Candice Chesebro looks onto the field wondering what their soccer game will be like; and who will be victorious.



Lily Truong
Shane Tscherny
Judy Tse
Kristen Tsejo
Robert Tucker
Ella Turrentine

Robert Tyo
Joseph Vaca
Shahin Vadood
Brett Vail
Steven Vames
Andy Van Holt

Christine Van Kampen
Daniel Van Winkle
Grant Vandevle
Gabriela Vasquez



Candice Chesebro braids Charito Adel's hair while they discuss their strategy for the soccer game they will be playing. Last summer the AYSO teams went to Europe and represented California at a soccer tour.



Practice makes perfect! Virgilio Nafarrete won't give up his love for music. Even though he has the position as drum major, he doesn't give up his dedication as a trumpet player.

Ellen Wilkerson
Joanna Willemse
Russell Williams
William Williamson
Sherri Wixom
Steven Wolf



Janet Wong
Steven Wood
Danny Woodard



Ann Marie Hagman, Steve Tarver, Kirsten Shaw, and David Hughes huddle up closely to discuss their plans for the weekend. After a hectic week of classes and assignments, many students rejoice when the weekend finally rolls around.

A RAINBOW LIKE YOU

Like when the thirsty flowers are watered by rain, so am I, watered by your being. You understand, and let me be free. Close to you, I grow like a Sequoia. Like the wisdom of the tree, supposedly it will come to me too. But why wait when I have you? You give me the nourishment I need to live. My life is like a scorching desert sun. But I hope I can always find comfort and reassurance under your rainbow. And with your clear water, I will quench my thirst.

Susanna Grote



Konstantino Syrengelas
Deanne Vega
Daniel Vela, Amy Vicra
Charles Vreeland, IV
Ingrid Vycius

Douglas Wadleigh
Lance Walker
Michelle Walker
Stacy Warino
David Warner
Morris Warner

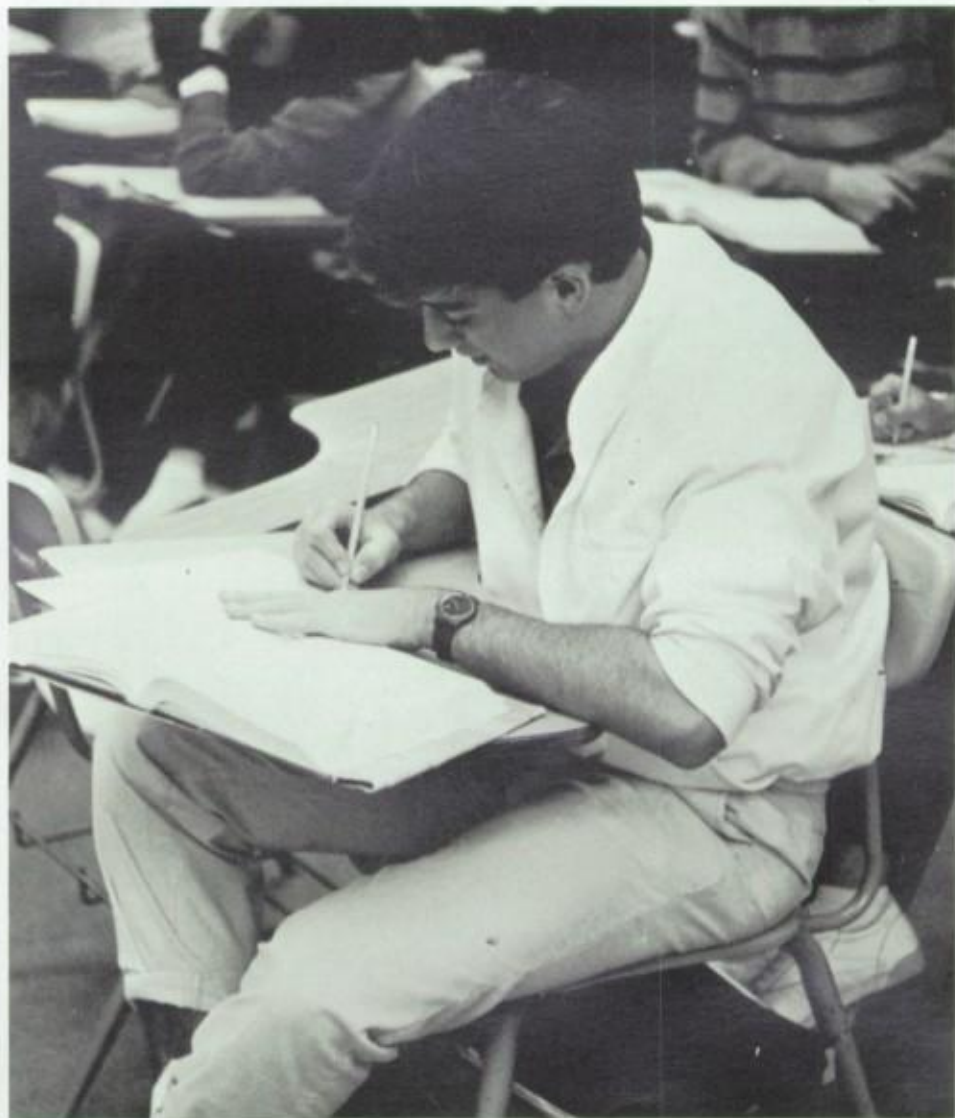
Robert Wegenek
Stephanie Welch
Chad Wells
Jamie Welsh
Christina Welter
Mark Welzen

John Whitlock
Elaine Wiest
Kathrin Wiest
Paul Wilderman
David Wiley
Ronald Wilhelm

UNIQUE

A purple flower among a field of daisies. Unique and different in every way, but not an outcast. It's subtle, yet noticed. Having a personality that's not a clone, nor old-fashioned by another's opinions. Never having to worry about the daisies overtaking one precious purple flower.

Stephanie Soldano



Kit Kodie is taking notes for history class. History is just one of many subjects that requires an abundance of note-taking.



Margi Hibshman laughs as she reflects on the foul-ups of the preceding drama rehearsal. Although many mistakes are made at first, Margi knows that the end result will be a success.



Julie Coontz smiles to herself as she finishes working on her vocabulary. She has correctly defined each word so now she can study for her next big test.

Nicholas Woods
Chih Yu Wu



Jung-Cheng Wu
Mary Wu



Jon Udoff
Albert Upshur



Kimberly Zierwick

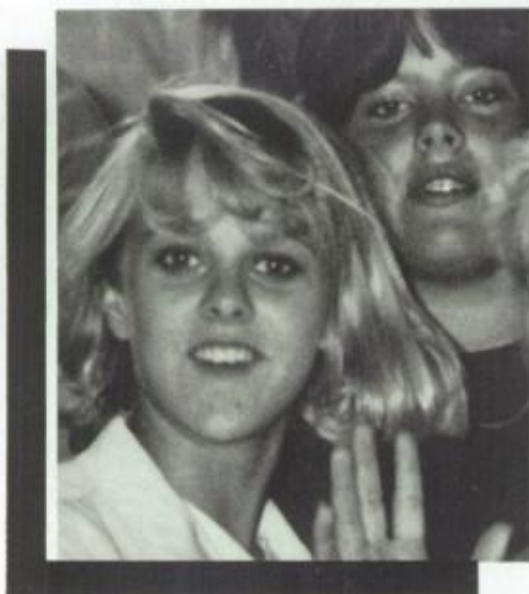


Stacie Jordan and Alissa Robinson cheer the varsity football team on at an important game against Cypress. Many students support the team by going to the varsity games.

sophomores



Enjoying the excitement at the football game, Jackie Everson looks surprised at the remarkable come back the varsity football team made at Homecoming.



Sophomore, Monica Crone and her friend Herbert Theodore sit at a pep assembly and watch the varsity cheer squad perform their routine for a future competition.



Sophomore, Sky DuBordieu shows his school spirit by dressing as a sexy sailor on Halloween dress-up day. This event gives all students a chance to use their creative talents by creating their own costumes.

Close your eyes
See the colors move about
Change their image
by a thought, a sound, a doubt
move freely, as you will
no chains or bars to hold you
the magic of the mind
Let free your spirit to rise

Andrea M. Rehman



Kimberly Able
Michael Abraham
Kelly Achziger
Craig Agosta
Edward Aguilar
Daniel Airth

Cynthia Albert
Clay Albert
Sheryl Albert
Gregory Aleshire
Mark Allard
April Allen

Cynthia Allen
Patricia Alvarez
Kristen Anderson
Sean Anderson
Shane Anderson
Thomas Anderson

Debbie Aragon
Erwin Arnold
Gabriel Arnold
Jonna Artukovich
April Aubrey
Leon Babbitt

Tracy Baager
Derek Baker
Michael Baker
Michael Ball
Mike Ball
Kenneth Bamberg



EICKHOFF EARNS A GOLD MEDAL

Janie Eickhoff, a Los Al
Sophomore, was honored
with her first gold medal at
the U.S. National Track Cycl-
ing Meet at Major Taylor
Velodrome Indianapolis,
Indiana.

During August sixth
through tenth, Eickhoff com-
peted in the 2K National
Championship for 14-15
year olds and was awarded
with first place in this
category.

Janie's hobbies, other
than cycling, include
horseback riding and she
also enjoys collecting shells
in her spare time.

Deanna Barber
Mike Barlow
Amy Barnes
Jeff Barrus



Anthony Bateman
Suzanne Bazan
James Bean
Nicholas Beljajev



Lisa Bellwood
Lisa Bengford
Amber Biela
Brigitte Biringer



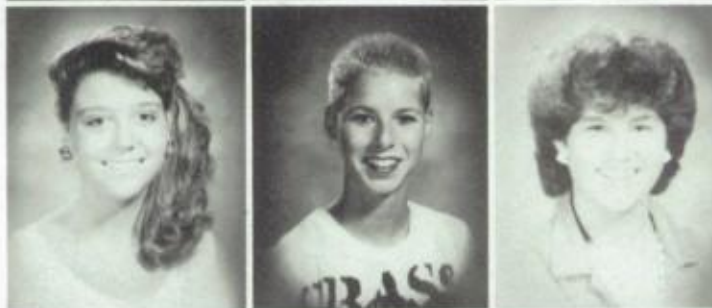
Kenneth Bishop
Patrick Bixby
Darren Blan
Venessa Blanco



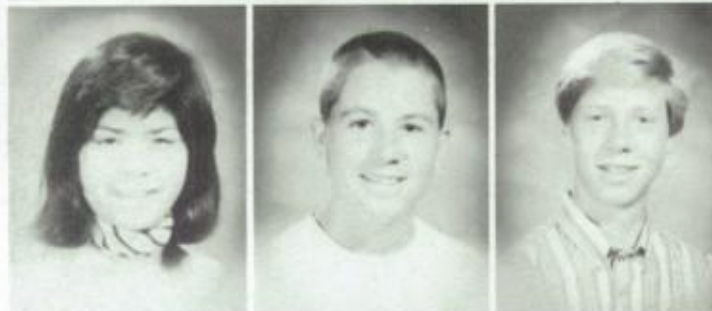
Randa Blanq
Anthony Blasing
Andrea Bloom



Danielle Boland
Heather Bolton
Sharon Bordas



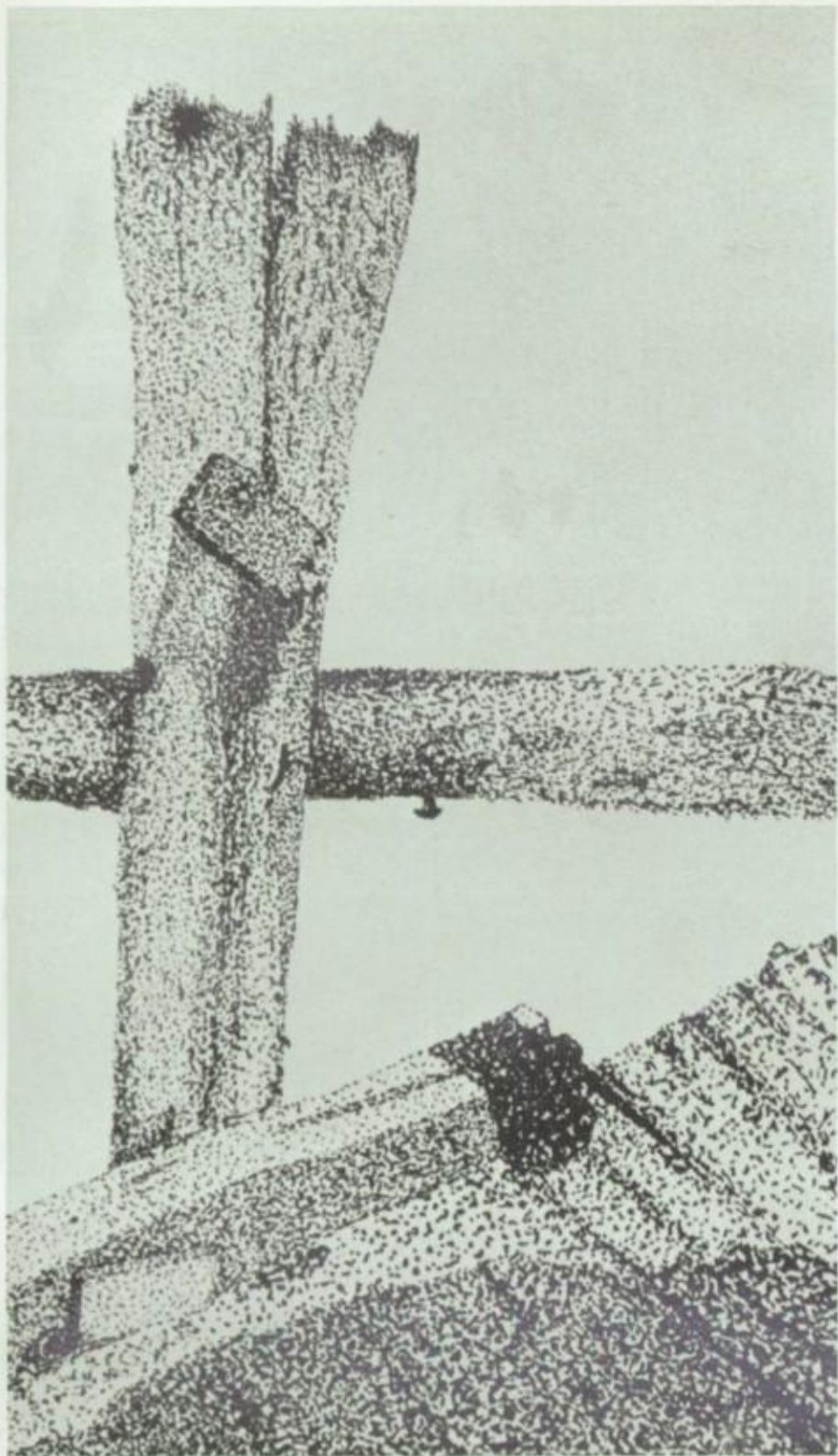
Annette Borja
Danny Boyle
Dean Braunstein



Shannon Brief
Michael Broderick
Christopher Brophy



While working on solving a difficult algebra problem Kristin Anderson checks the notes on the chalkboard to make sure she is computing it correctly.



Christopher Brown
Kimberley Browne



Lisa Bryant
Devin Budd



Nicholas Buhbe
William Burkett



Miriam Burstein
William Busenkell



Kristen Bushelman
Janet Buys



Timothy Calder
Melissa Calderon
Robert Callaway
Perry Callis
Chad Campbell
David Candiotti



Laura Cannon
Michele Carrisosa
Jon Carroll
Laura Carroll
Matthew Carter
Michael Castorena



John Caughlin
Caroline Cerneka
Martin Chandler
Cinnamon Chaney
David Chang
Wei-Chao Chang

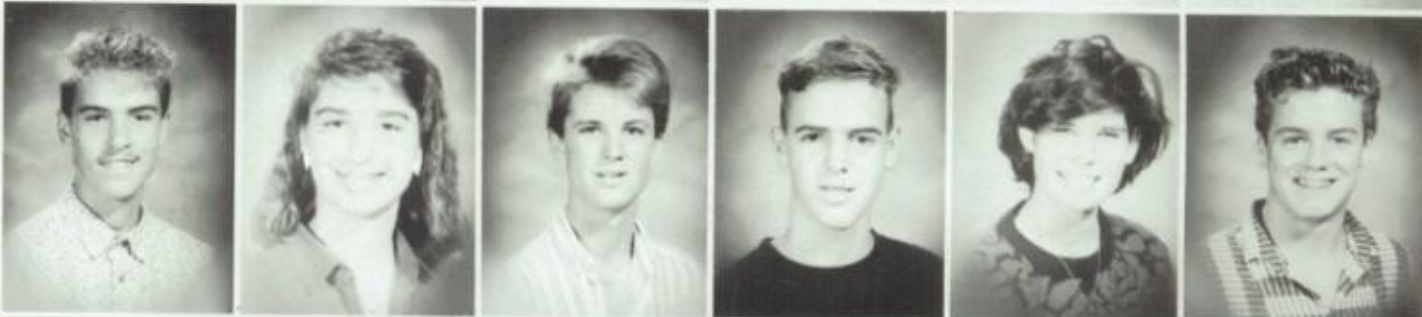
Susan Chapman
Cary Chee
Laura Chee
Wing Chen
David Cheng
Kim Chieppor



John Chomin
Doug Choy
Stephanie Christ
Pam Chueh
Sung-lip Chun
Jon Cisneros



Brenten Clark
Kelly Clark
Michael Clines
Brandon Collier
Jamie Collins
Rory Collins



Scott Combs
April Corbin
Catherine Corliss
Tiffany Corwin
Michael Corzine
Cheryl Cosby



Lisa Cotler
Gregory Covey



Lisa Craddock
Laurel Creasey



Jason Crenshaw
Brad Cravens



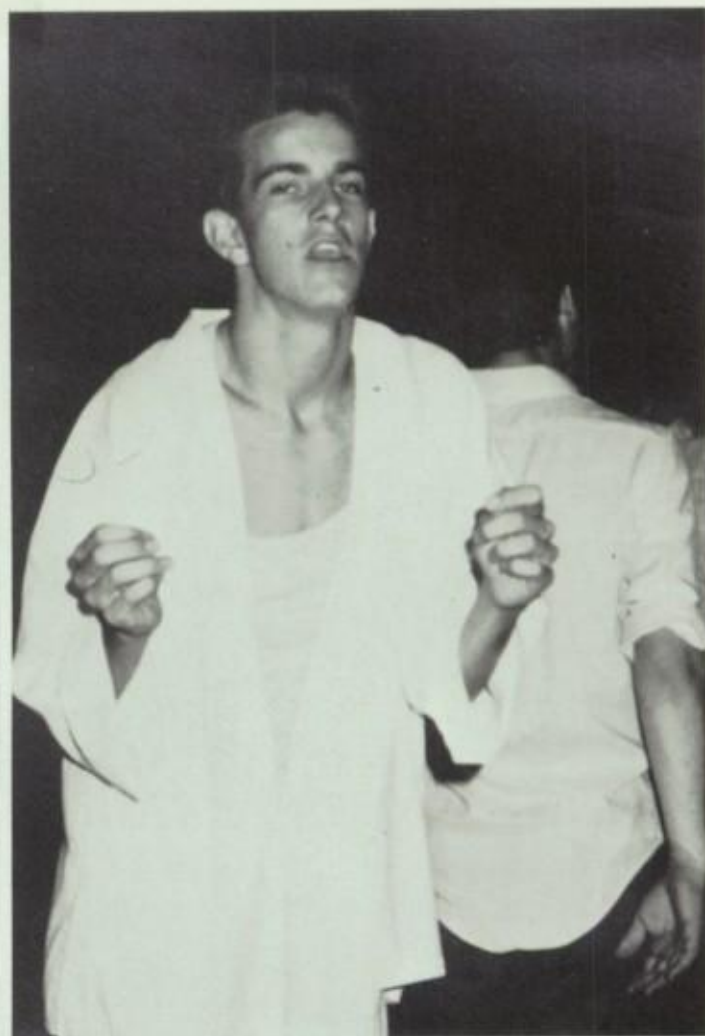
Joseph Croce
Cristopher Crockett



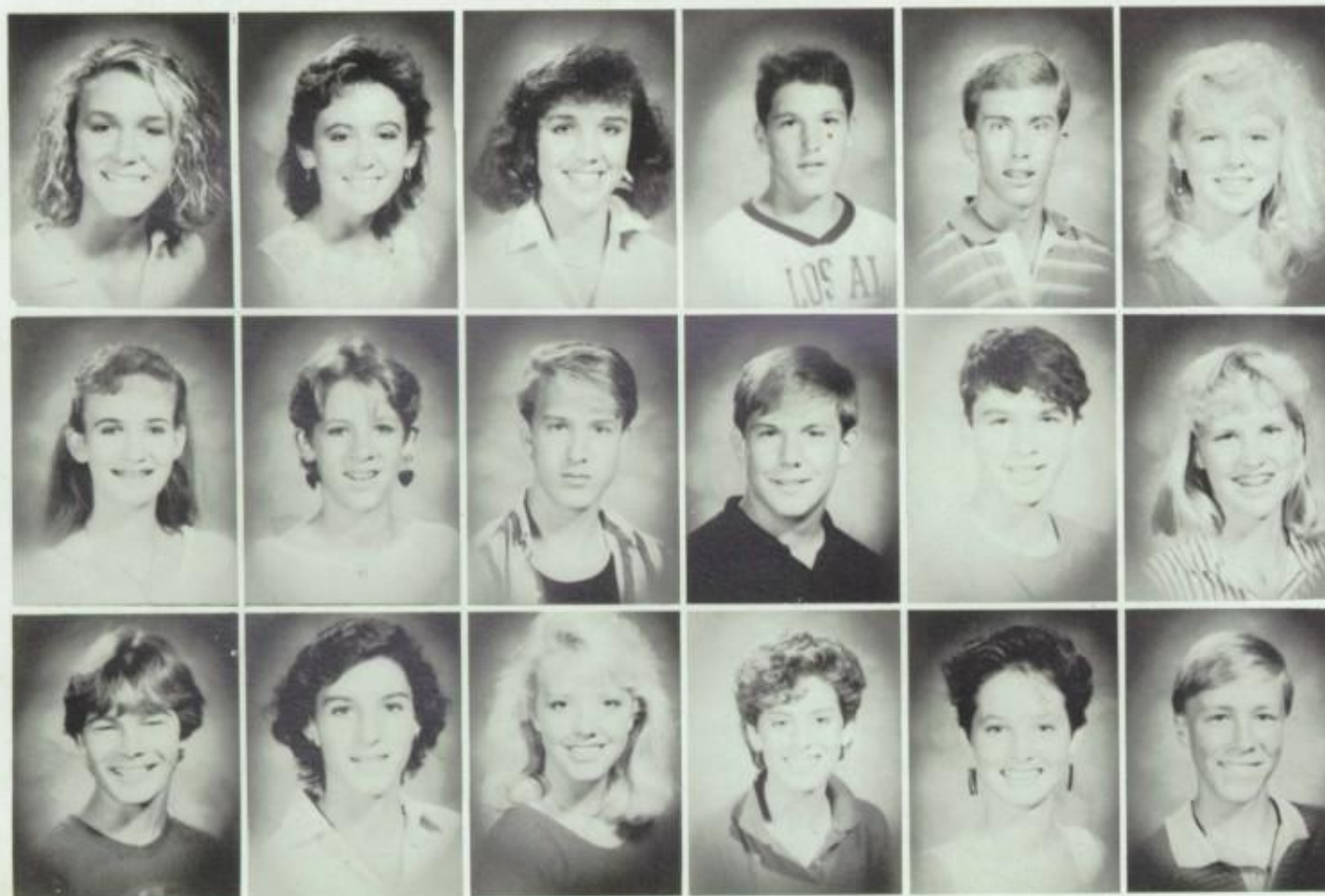
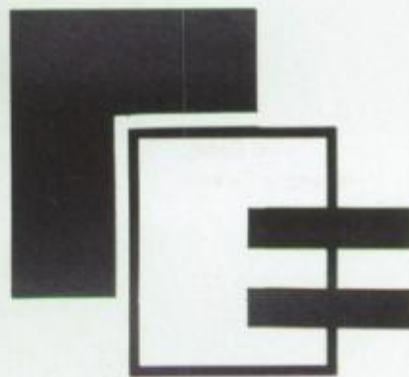
Kim Ramseyer watches with anticipation as the Los Al track team vies for another victory. Kim attends as many track meets as possible to cheer on her fellow Griffins.



Getting away from her hectic volleyball schedule of practices and games, Nicole Furglode, joins her friends at the annual Halloween Dance. A star player on the volleyball court and an excellent dancer on the dance floor, Nicole turns many heads.



At the Homecoming Dance hosted by the local radio station, KNAC, Kent Wells boogies to the beat of "White Lines."



Monica Crone
Sara Crumpton
Andrea Cunningham
Damon Davidson
Douglas Davidson
Judy Davis

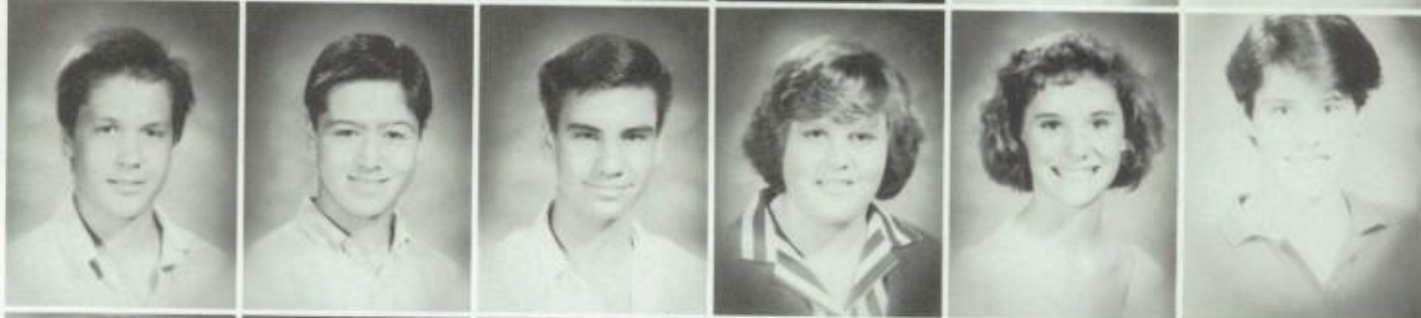
Laura Dawson
Christie Day
Michael Dealba
Robert Decker
Jack Demos
Chalyce Devries

Gary Didio
Tracy Dolan
Linda Done
Linnette Donohue
Kristal Dooley
Robert Dorsey

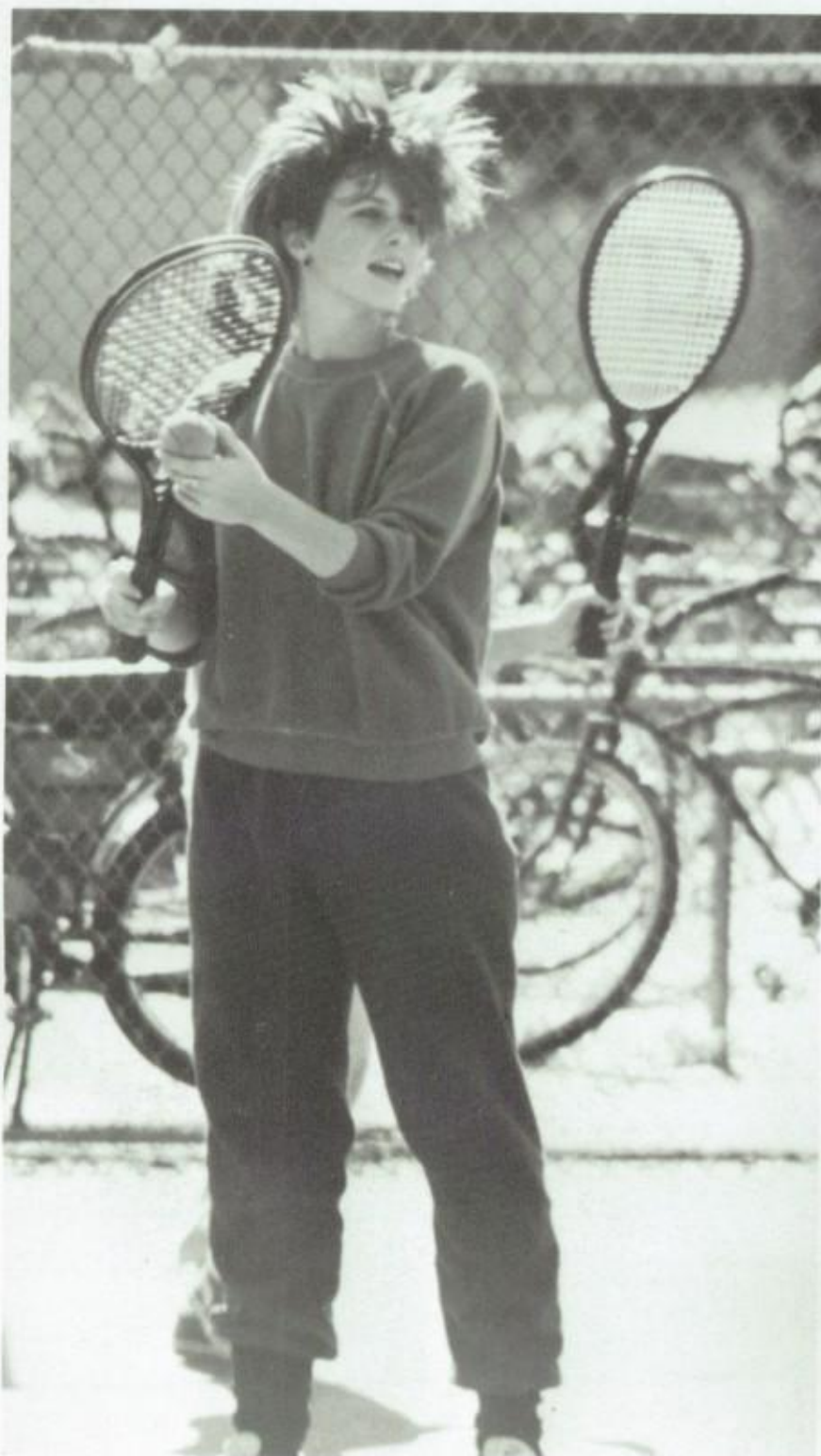
Marc Dourdin
John Downs
Jacob Drent
Jeffrey Dressel
David Dobourdieu
Reginald Dunn



Brent Duthie
George Easton
Craig Edmunds
Nadine Edwards
Susan Egan
Jane Eickhoff



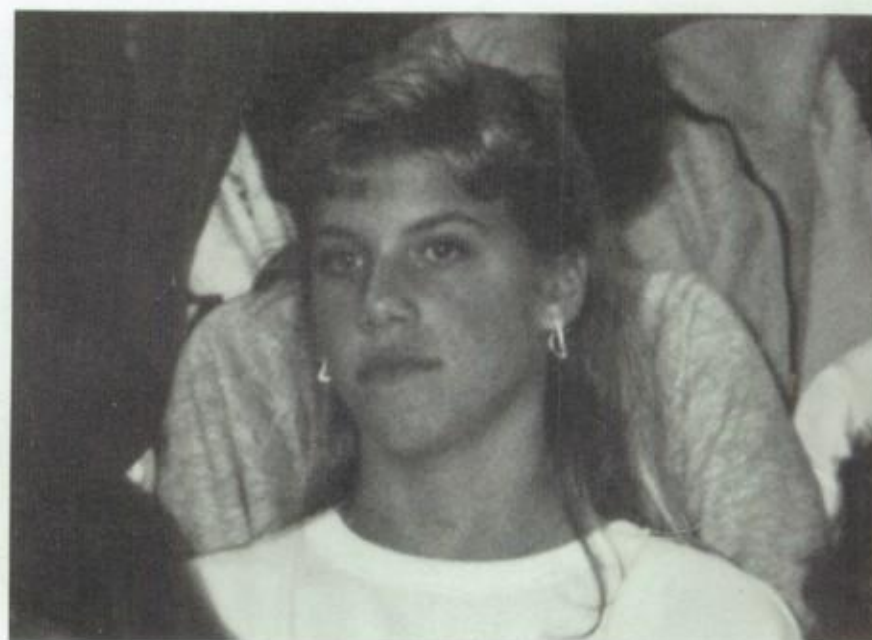
Wendy Elenes
Kimberly Ellison
Susan Elston
William Emfinger
Kelly Endow
Jennifer Ensley



As Jill Wendell prepares to serve the team's ball, she gives a glance to the other side of the net to make sure her opponent is ready for the game.



Julie Clasen and her friend sit and contemplate their upcoming jog around the track. As students in the aerobic class, they must run to keep their bodies in shape.



Thinking about the upcoming Thanksgiving vacation, Janie Kurtella can almost taste the turkey in her mouth. Many students look forward to the short break so they can relax from their busy schedule.



John Erikson
Matthew Escoe
Trista Escudero



Julia Estabrook
Jerry Estrada
Jacqueline Everson



Elli Exacoustos
Jeffrey Fairbanks
Patrick Fairon



Angel Fajardo
Darren Fatone
Monica Fett



Shane Loftus grins as he puts the final touches on his biology paper. As a sophomore he has chosen to take biology as an elective.



John Fisher
Scott Fisher
Alex Fishman
Caroline Fitz-Roy
Robert Fitzer
Pamela Fitzgerald



Mary Flynn
Matthew Fosdick
Daniel Foster
Sean Fournier
Carolyn Freeman
Randy Freer



Anjolette Fruehan
Nichole Furguele
Anthony Fusco
Marcus Garcia
Sean Garkow
Cody Garbrandt



Kimberly Garthwaite
Sabrina Garzapena
Christopher Geer
Michele Gener
Donald Gerber
Kathleen Gibbons

On this very special day
mere words can never say
the way I feel inside
about the love I cannot hide.

Lovers will repeat forever-more
everything that's been said before
I know no other words that compare
to the way I feel and the way I care

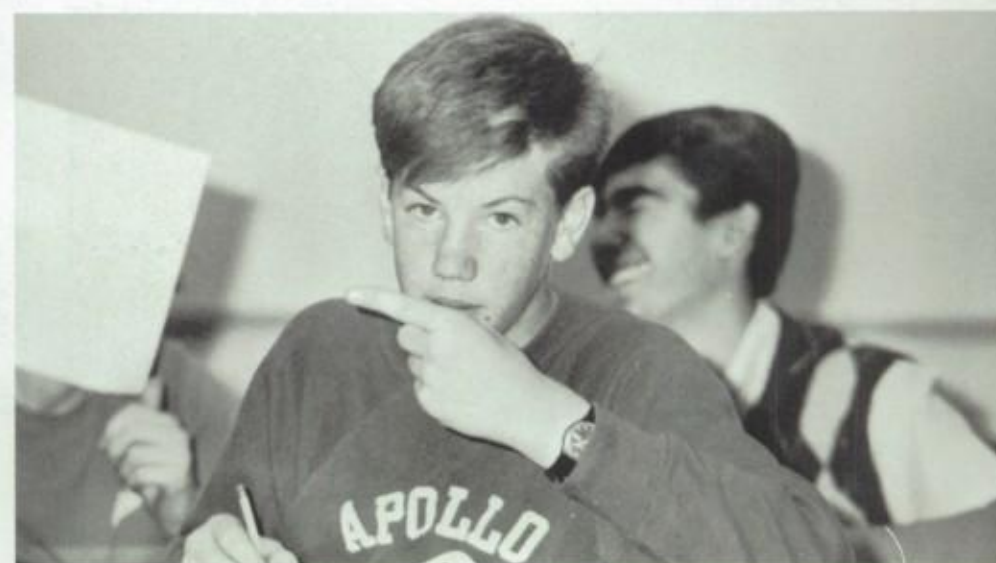
"I love you" seems to say
it all, even if the words are
short and small
they mean the most
when thoughts are true;
they mean everything
when I say them to you.

In friendship and in love
I will hold you in my heart,
praying to God above
that we will never part.

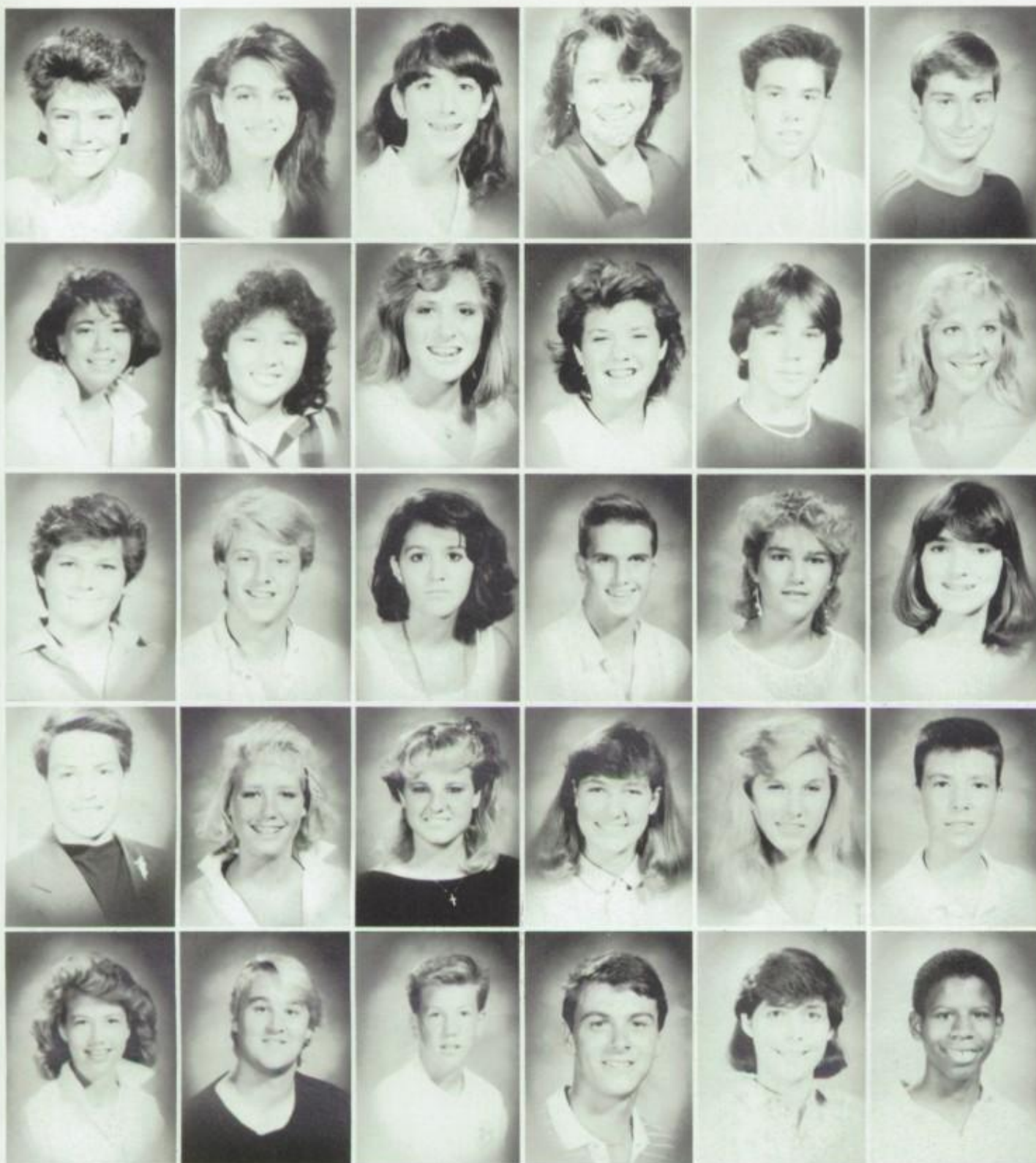
Kassie Hjelmstad



Memorization and speed tests require a lot of concentration in typing class. With his speedy fingers, Sean Parks, glides through the warm-up exercises before the actual test, and forgets about "Social Distortion" until later.



Many students are often asked by teachers not to talk during class. Eric Happoldt exhibits students most common response when accused of speaking in class, "It wasn't me, it was him!"



Kristin Gibson
Jinder Gill
Jennifer Gilroy
Shelby Gilroy
Jeffrey Gima
Mark Goggin

Tanya Gomez
Teresa Gonzales
Vanessa Gonzales
Jennifer Gorman
Jason Gormley
Shelly Gregory

Diana Griffin
James Griffin
Tina Griffin
Joseph Gross
Teresa Grosso
Elizabeth Grueter

John Guest
Jessica Haberman
Lisa Halaby
Lortayne Halbig
Te'Li Hall
Carl Haller

Melinda Hancock
Duane Handy
Eric Happoldt
Samuel Hardin
Laurene Harding
Geoffrey Harper



Sophomore, Carolyn Kolb gazes in amazement at the Drill Team's field show during halftime. The Omega Drill Team's outstanding routines captivate their audiences time and time again during the football season.



Kristie Vanzutphen thumbs through her typing manual to locate the page assigned. Many students take typing to learn necessary business skills that will help them in the future.



Neils Jorgenson walks to class eating a blow pop. During nutrition students find quick snacks to eat before lunch.

Wayne Harris
Nicole Hartley
Gregg Hartman



Michael Hastings
Yuichiro Hatsusard
Carrie Hecht



Gregory Hecht
Dyana Heer
Nicole Heideman



Jodi Hemphill
Michelle Henderson
Helen Herning



Rebecca Hewitt
Heather Heyer
Joseph Hill



John Hirsch
Kassie Hjelmstad
Raus Hoelscher



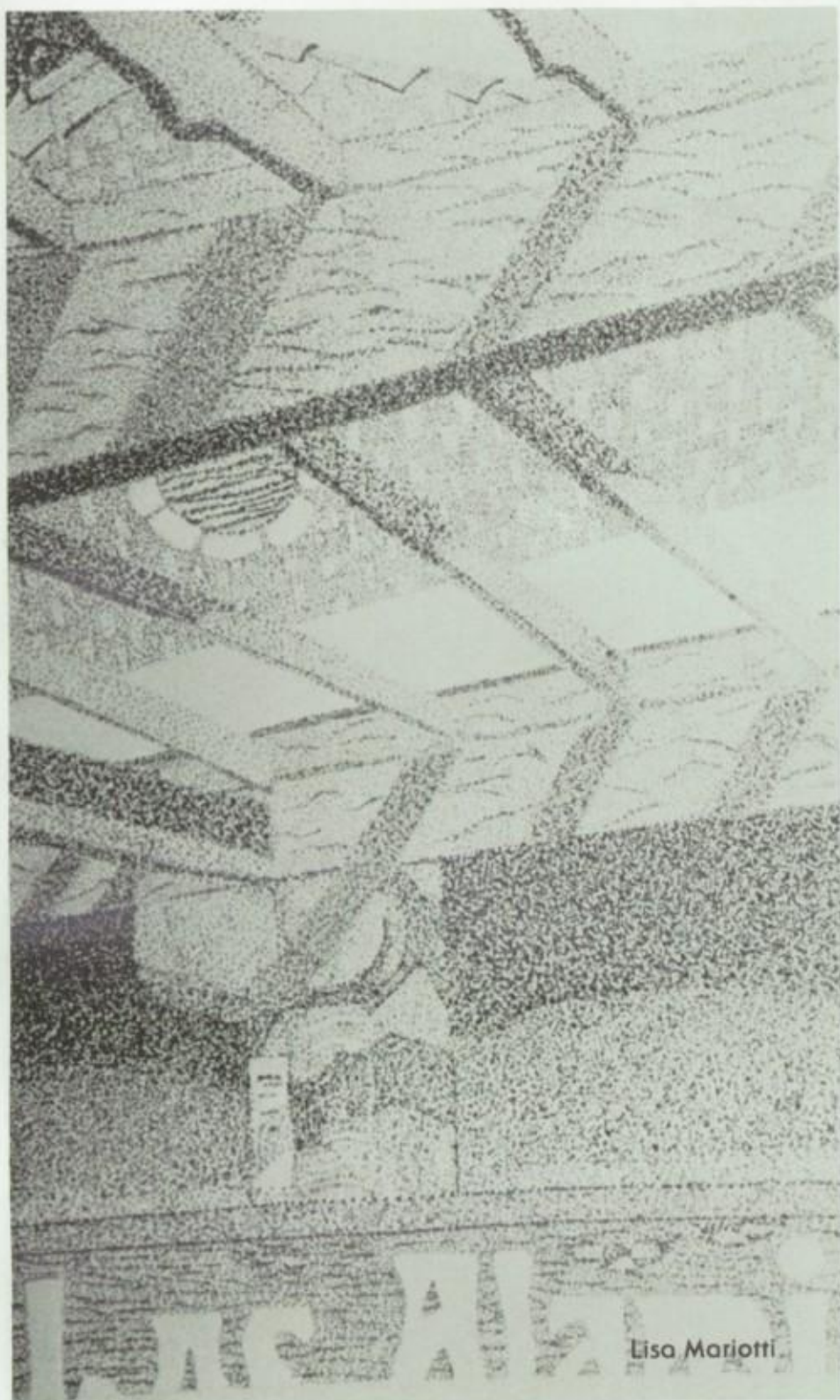
Lloyd Hoffman
Amy Holzgang
Mary Houghton



Carolyn Howard
Philip Hsueh
Edward Hughes



Helene Levitt listens carefully to the instructions given by her teacher. She feels that it is important to maintain high grades so she can get into a good college.



Lisa Mariotti



Stephanie Hursh
Suzanne Hutton



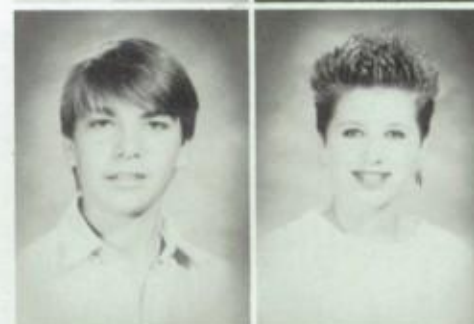
Trang Huynh
Curtis Hyatt



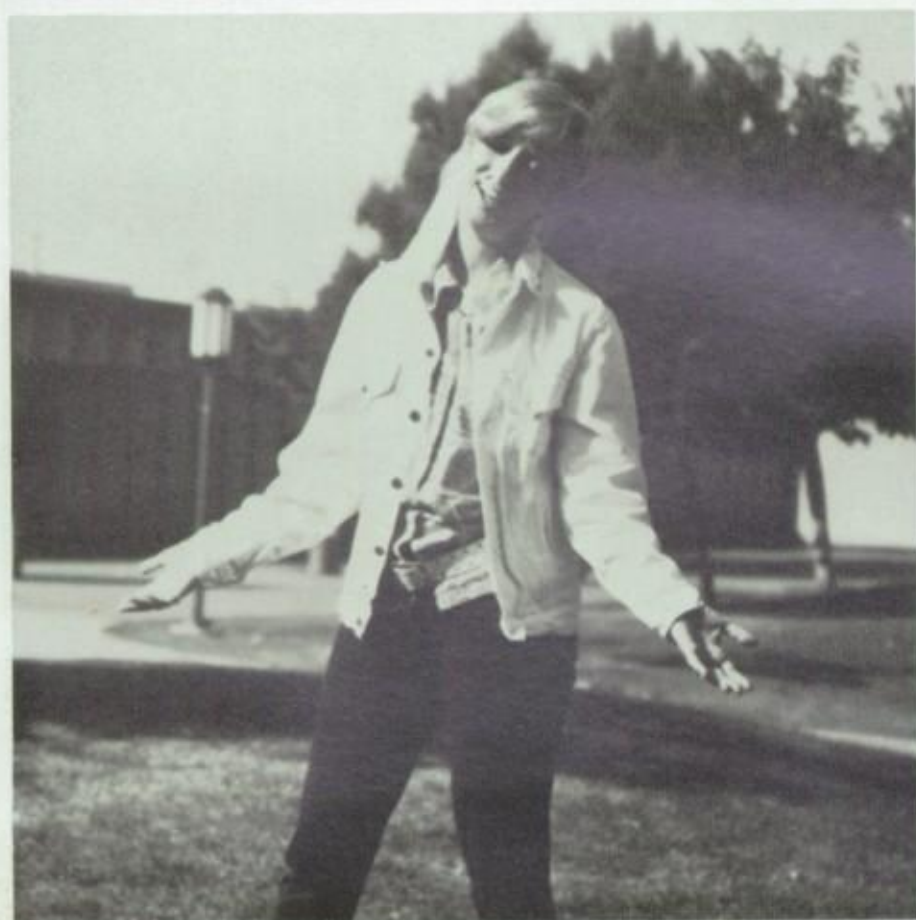
Stacy Isbell
Kieth Ives



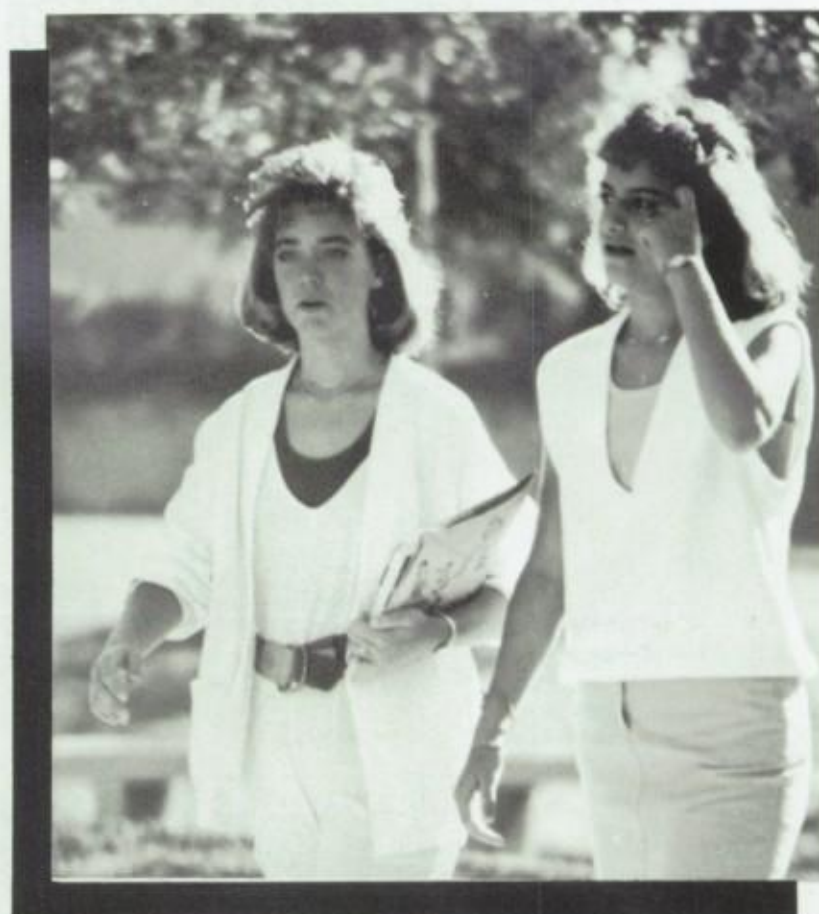
Janice Iwakoshi
Robert Jack



Jon Jackson
Sasha James



Jennifer Younghusband has no fear of being original and different. Her style reflects the outgoing spirit of many others in the Class of '88, who dare to be themselves.



Denise Novak and Elli Exacoustos walk to lunch to build their salads at the salad bar. The salad bar has been a popular addition to this year's menu.

Sharri Jannati
Tabitha Jewett
Heather Johnson
Joy Johnson
Karen Johnson
Steven Johnson



Kim Jones
Mark Jones
Micah Jones
Niels Jorgensen
Helen Jun
John Kahler



Darlane Kamm
Kristine Kanasi
Jeffrey Kanow
Carolyn Keegan
Dana Kelley
Michael Kelly



Tammy Kelso
Kimberly Kidd
Mike Klenitz
Mike Kim
Kristin Kindermann
Rachel Kirkus



Michele Kissinger
Wendy Kjorness
Karen Klabouch
Joey Kleinman
Stacy Klindworth
Linda Klumb



Edward Knight
Carolyn Kolb
Stefan Koleff
Shubert Koong
Greg Kraft
Coleen Krambeck



Peter Kropf
Holly Kunst
Janie Kurtella
Vickie Kuzmich
Jennifer LaBar
Beth Labko



Dawn Lacerte
Christopher Lamb
Andre Lamoureux
Eric Lange
Samantha Lannon
Tanya Larson



A DREAM

Hope is a dream, a dream is a wish that my heart makes when I'm fast asleep.

The old want to be someone or something I'm not. A wondrous thought that swirls in my mind, a private movie for only me to view, because there is no limit to my fantasies and no hold on my imagination.

It's something neither good or bad, but full of mystery and intrigue. Sometimes way ahead or left behind, always trapped within my solitary mind.

The pain and desire are all mine. In my own world I can visit the moon or I can fly, I can even *die*. I can see the glory or I can see the flame. I can feel happy or even shame.

Because no dream is ever the same, sometimes I feel I'm tied to a stake only to suddenly realize that I am awake!

— Jessie Watson



Farren Last
David Lattanzio



James Laughlin
Kyle Ledesma



Theresa Lee
Michelle Lefort



Jason Lefson
Patrick Leon



Jean Leonard
Gina Leong



Lisa Lerno
Robert Lester
Bryan Levine
Helaine Levitt
Aimee Lewis
Judy Liang



Robert Lienau
Hahn Lin
Michael Litty
Shane Loftis
Nancy Logan
Jeffrey Long



Phyllis Long
David Lowrey
Christina Lucas
James Lucas
Leonard Ludwigsen
Erik Lupescu

Erick Lynch
Jeffrey Lyons
Denise MacFarlan
Jeffrey Mackewicz
Cynthia Macselwiney



David Maher
George Maisterra
Jennifer Maitlen
Michelle Malkemus
Lisa Mariotti



Joey Marquart
John Martin
Michael Martinez
Ari Martini
Jennifer Maurer



Lisa Spotskey, diverted from her driver's education homework, turns to talk to a close friend. Besides reaching the operation of a car, driver's education gives students an opportunity to socialize.



As she watches the exciting game, Heather Hoyer smiles with approval. Heather is very enthusiastic about the football games because the team is doing so well this year.



Sophomores, Craig Wiblemo and Kathy Willis discuss their plane geometry assignment. Although mathematics involves independent work and concentration, the helping hand of another student is never ignored.



Paul May
Gina McAfee
Mark McCoy



Marcy McDaniel
Melinda McDonald
Erin McGlone



Marci McGolden
Heather McGrann
Kevin McIntyre



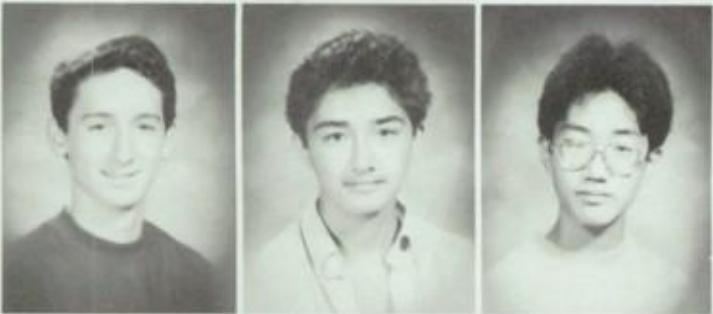
John McMahon
Brian Meckler
Adam Melrovitz



After a tough practice, Kanani Turco sits down to catch her breath. She is thinking about the big football game she will cheer at on Friday evening.



Ann Mellemcamp
Frank Mesner
Heather Meyer
Scott Meyer
Steve Mihatov
Carol Miller



Jeff Mollohan
Mark Molnar
Stefan Moon
Julie Moore
Maxwell Moore
Robert Mora



Kristen Moretta
Michelle Mosher
Jennifer Mount
Ronald Muir
Danny Mulleary
Bret Mumy



Cole Munson
Gregory Murphy
Melinda Murphy
Phillips Murray
Tony Muser
Stephen Musselman

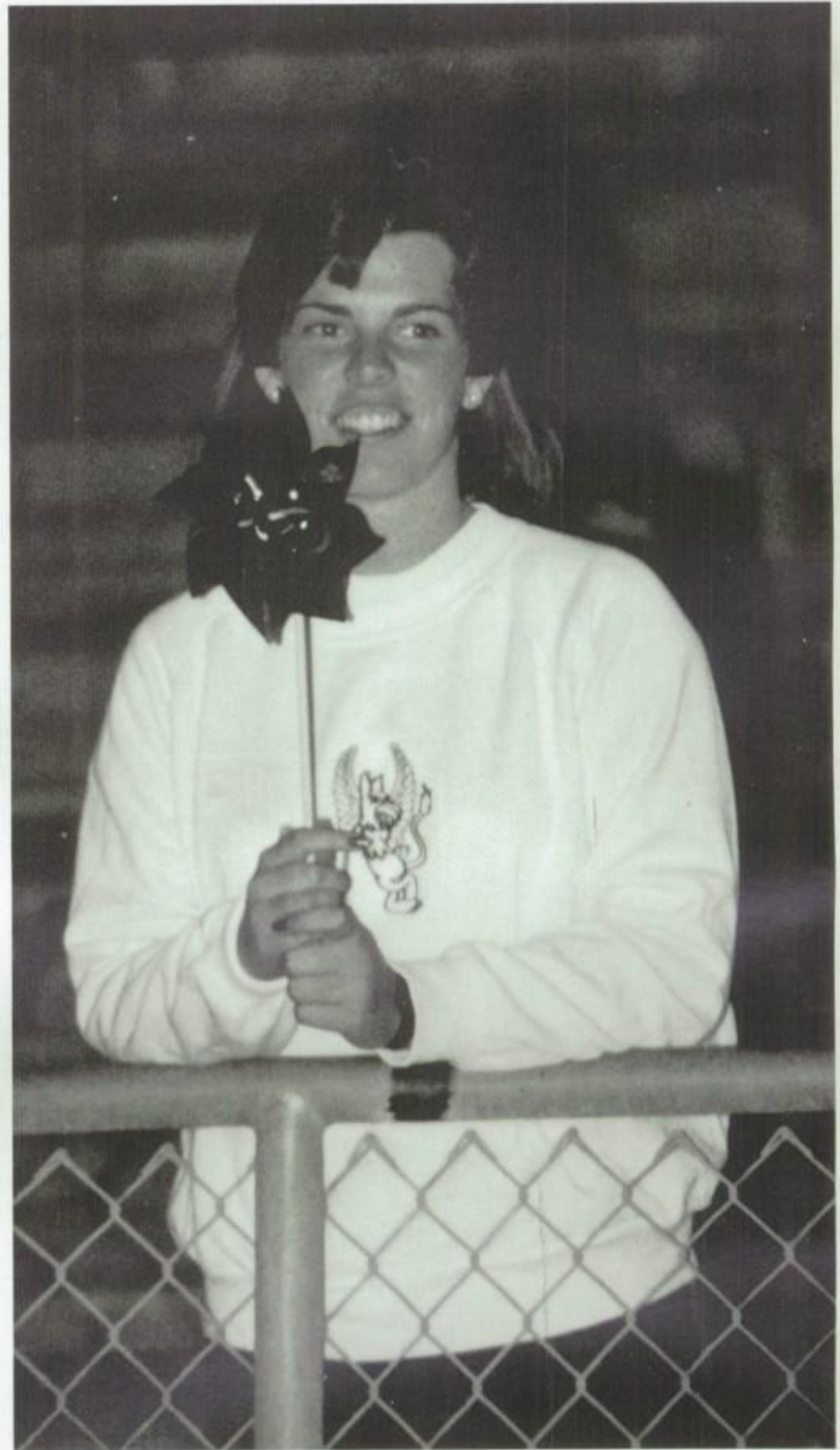




Heather Heyer sits and listens to the Holiday Choir Concert. Many modern and classical Christmas and Hannukah songs delighted the audience. The choir's performance enlightened everybody's spirits.



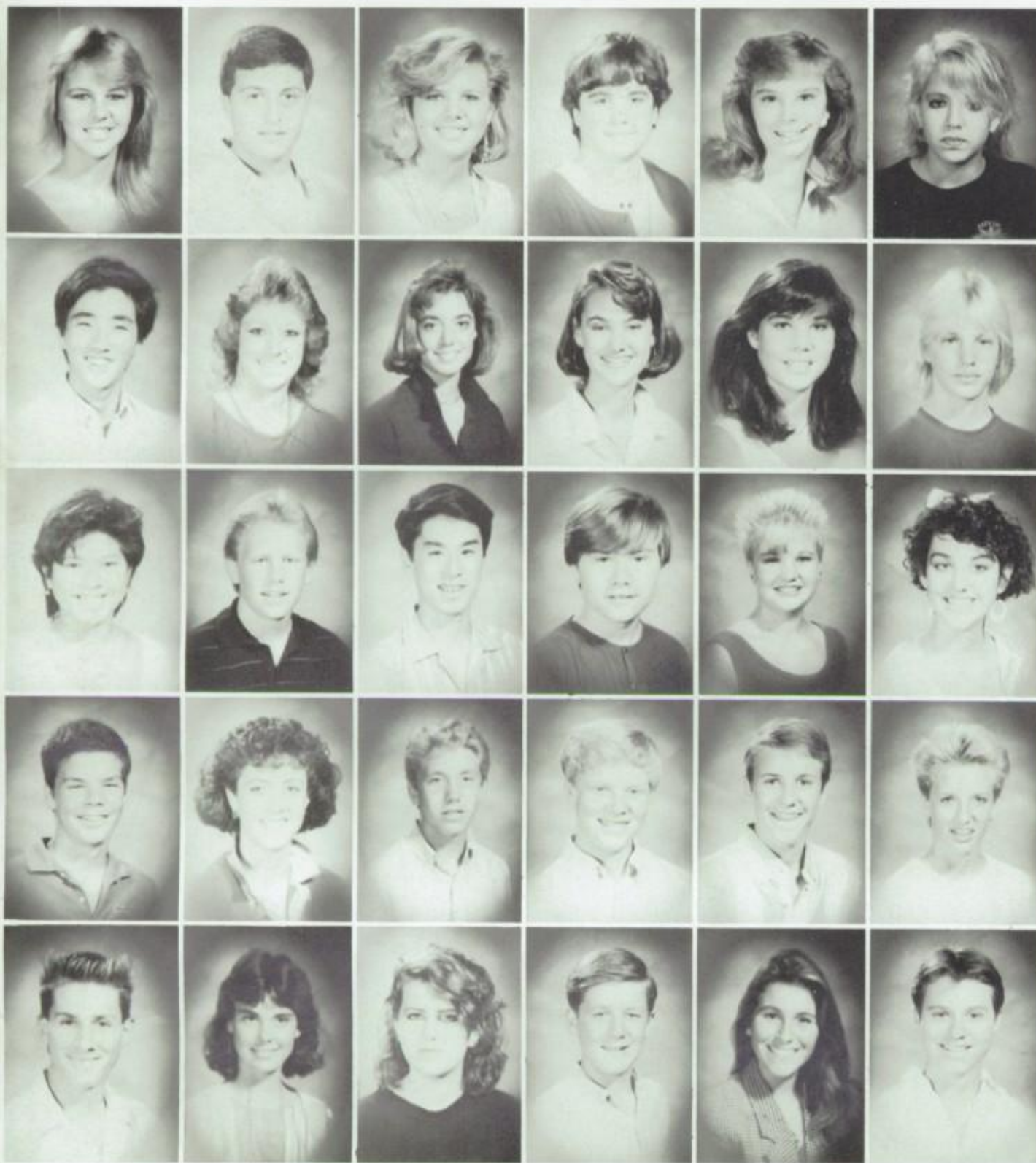
Tanya Larson walks back to her desk after turning in a creative Spanish report. Many students take Spanish in order to broaden their cultural horizons.



Sophomore, Melinda McDonald smiles enthusiastically as she watches the Homecoming ceremonies; Melinda reveals extra enthusiasm in supporting Los Alamitos activities because she has learned school spirit in portraying the ever-so-popular Griffin mascot.

To dream is to live
In a world of fantasy
To believe in your dreams
Is to want the unreal
Living in hate and fear
Can overwhelm
But Pleasure Palace
can redeem
Your feeling of Joy

To fear to close the eye
To sleep and be aware
What might be real
Are dreams itself
Life is fantasy
An open mind to believe
A closed mind to perish
To resume the life
of fortune told



Shelly Naaktgeboren
Vincent Nash
Betty Nehrenberg
Russell Newby
Leanne Newman
Michelle Nielsen

Max Nishii
Tonya Nold
Denise Novack
Tara Nummedal
Jennifer Nunes
Christopher Obritz

Karen Oca
Thomas Ogorzalek
Neil Okazaki
Shawn Oleary
Erika Olson
Kirsten Olson

Karl Oneyear
Cynthia Orr
William Orvis
Paul Ottone
Brett Pagett
Eva Paine

Sean Park
Kristin Parker
Shelly Parker
Brian Parkenson
Carolyn Parton
Eric Patrick



While examining the anatomy of a possum, Scott Stevens, Erin McLove, and Torry Tarchione discover that a biology experiment requires teamwork to succeed. Biology enables students to study the environment and its elements and their relation to the ecosystem.



Nicole Furgiuele diligently takes roll in the Physics class that she T.A.'s for. Nicole gladly takes part in helping the faculty.



Writing on paper that Jeremy Minett thinks is there, he answers the inevitable question, "Who sits at this desk" and "Who Loves who . . ."

Brent Patterson
Pat Patterson
Stephen Pawlacyk



Monte Payne
Steven Pendelton
Loralyn Perkins



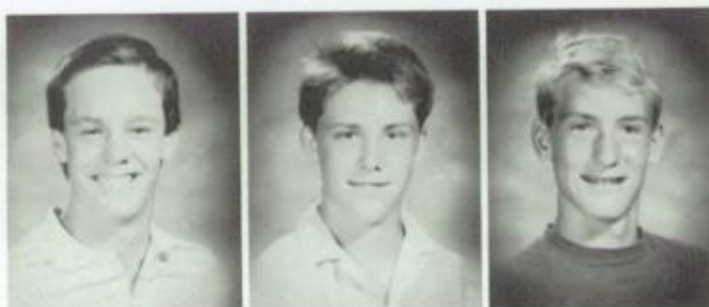
Kasandra Perry
Julie Peterson
Duc Pham



Melanie Phan
Rodney Phelps
Todd Phillips



Greg Pirkl
Larry Pitcher
Robert Platt



Mark Plattenberger
Amy Polakoff
Diana Ponce



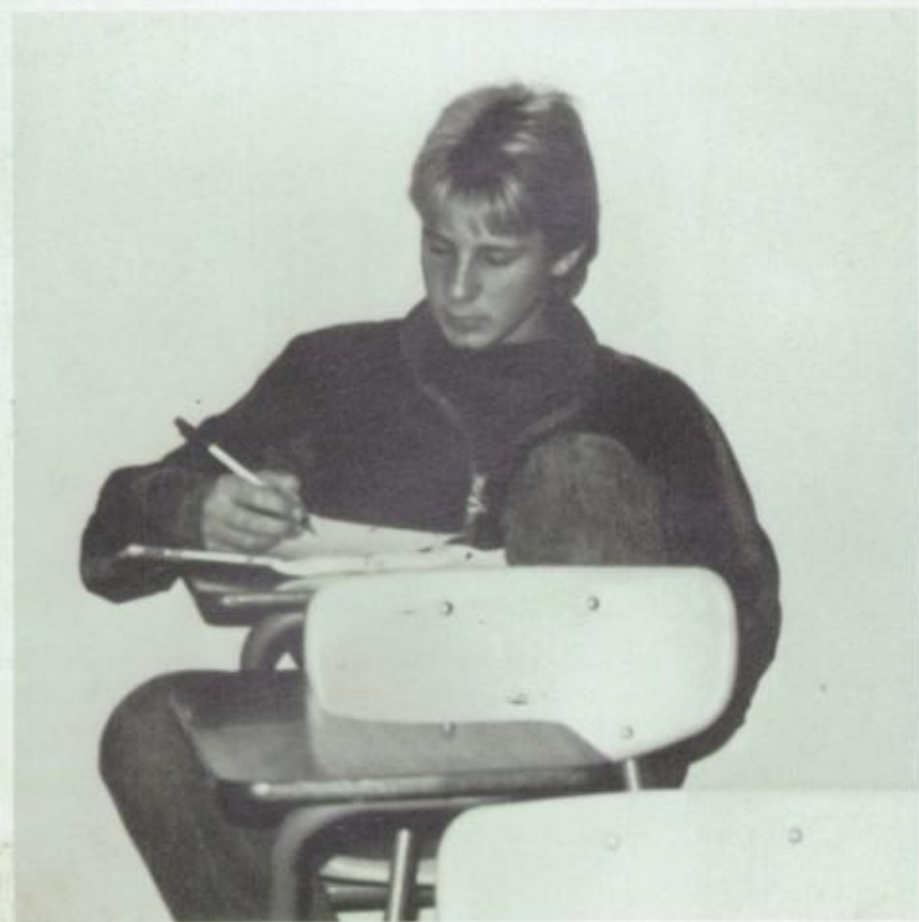
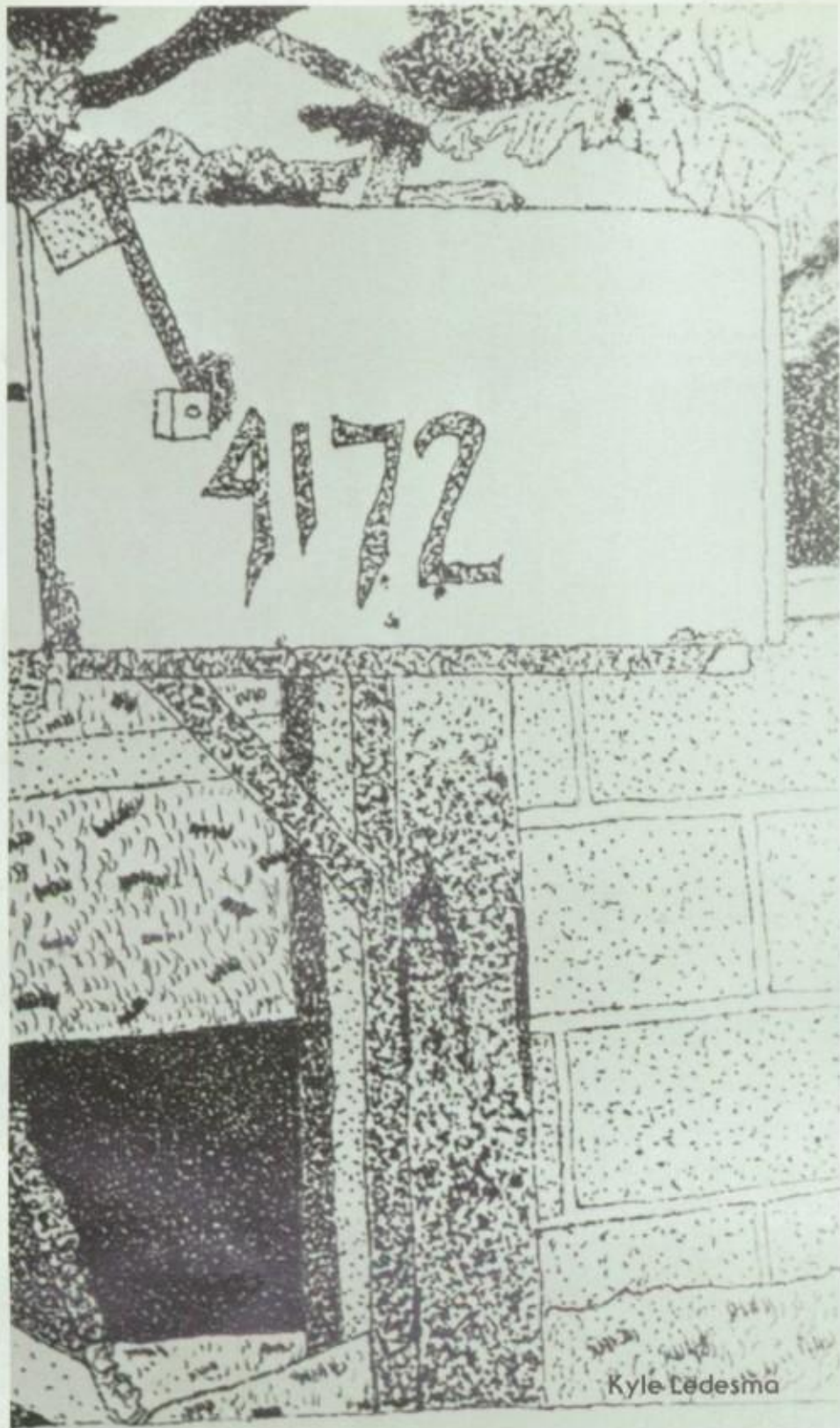
Eric Poncinie
Kristin Pound
Yvette Powell



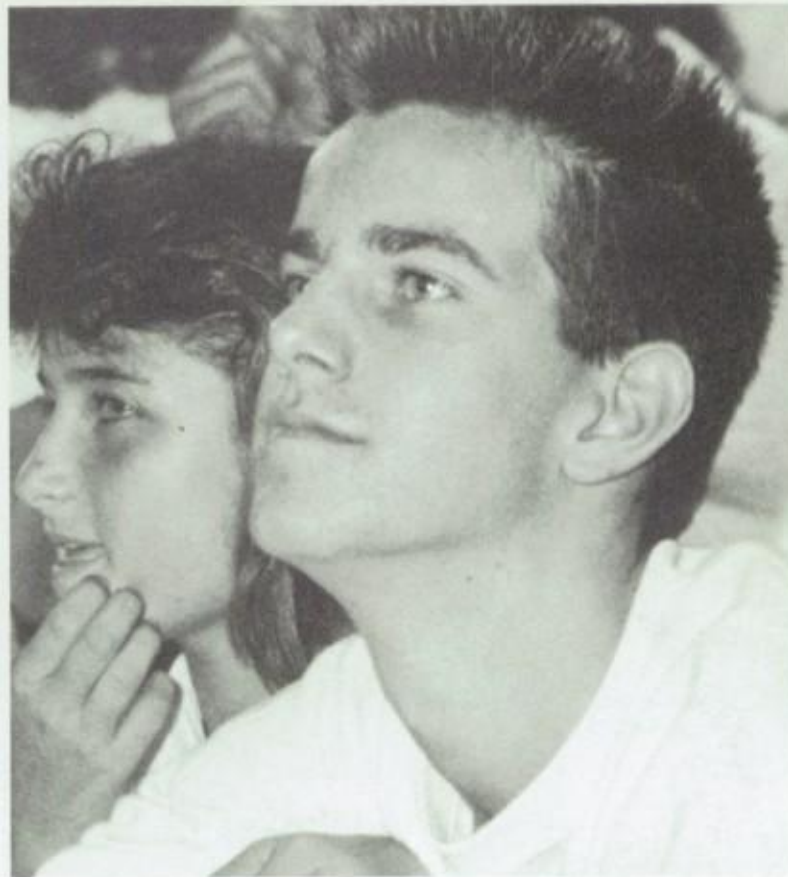
Stephainie Price
Erik Prussel
Danny Pszyk



Expressing her views on the subject of nuclear weapons, Lisa Mariotti wears a silkscreened t-shirt made by one of her friends.



Marvin Jelavich works diligently on an essay summarizing the book he just read. He finds out that reading the book is easy, but using Cliff Notes are even easier.



Kent Wells looks over to the corner of the gym in time to spot our loyal mascots. Gunther and Gertrude spend hours entertaining the crowds at games.



Christy Quintana
Erin Raccab
Brian Rak



Debbie Ramchandani
Kim Ramseyer



Mary Beth Raus
Royal Reed



Kevin Reekes
Dan Reeser



Lauren Reeves
Andrea Rehman

Jennifer Reince
Angela Reinhardt
Gregory Reyes
Stacy Rich
David Richardson
Trisha Rinella



Lisa Rivard
Roger Roadstrom
Russell Rogers
Sanford Rose
Dana Rosenfeld
Christine Ross



Karen Rothery
Steve Rubenacker
Monique Ruiz
Anna Saladrigas
Holly Salk
Stephanie Sanchez



Michael Sanders
Michael Sander
Diane Sands
Nancy Sands
David Sanford
Pete Scanlon



Many underclassmen look forward to attending college and work many hard hours to make their grades the best they can be. After figuring out various and difficult Algebra problems, **Anthony Blasing** looks up in amazement. One of his many girlfriends yells across campus trying to catch Anthony's undivided attention.

This room it holds a thousand dreams,
of wishes untold, unheard, unseen.
Memories of you,
the times we shared.
The things we used to do,
how much we cared.

Those dreams were shattered
the day you said good-bye.
My heart abused and battered,
I thought our love would never die.

This room contains the unforgotten lies,
the absolute truth, and broken alibis.
The truth is known.
The lies are shown.
The abills have passed
I once believed the truth was
that our love could last.
The lies have been said
though brought up once more.
The alibis are dead,
they have rotted to the core.

This room of mine is empty and dark,
but not so easily forgotten by me.
It was once the place to be alone,
to see only what I wanted to see.

Kirsten Taylor



Cynthia Schild
Stephanie Schulstadt



David Schulten
Erik Schumacher



Gina Schuman
Stephanie Schweig



Julie Scott
Michael Scott



Stephannie Scott
Julia Seaborn



Kim Sederstrom
Genevieve Segovia
Jason Sellers
Kirk Shablow
Deirdre Shelly
Kristin Shelly

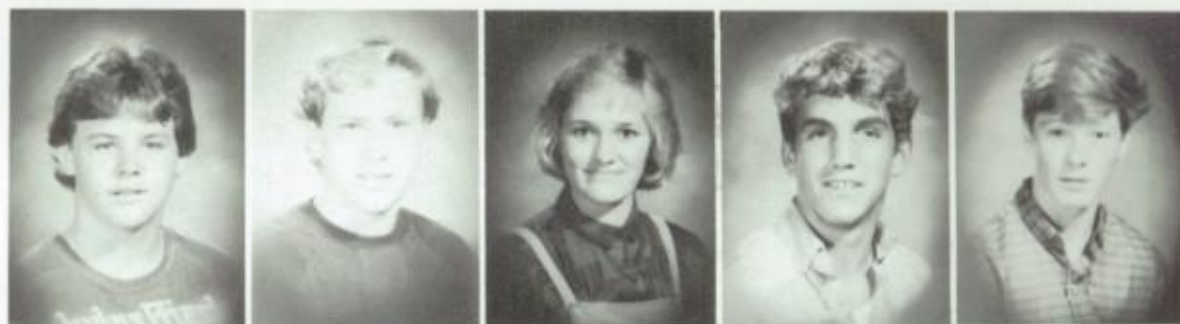


Brian Sheton
Brande Shields
Robin Shivers
Jodi Shuppara
David Sidoni
Julie Siler

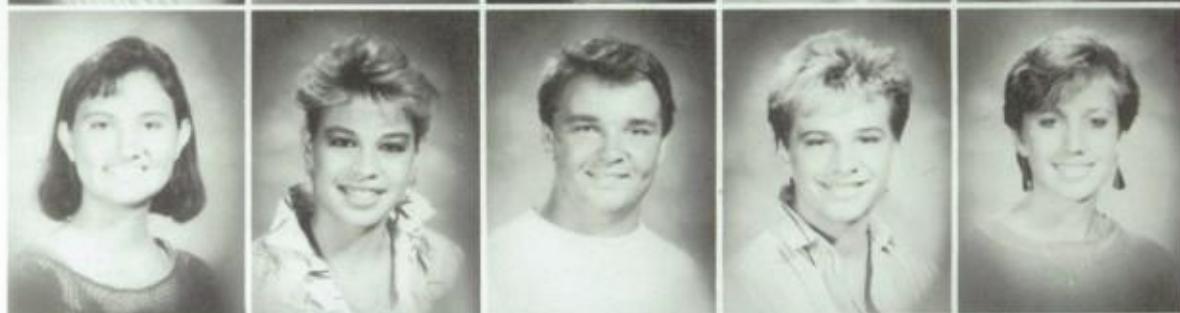


David Silverman
Jennifer Simmons
Julie Simmons
Matthew Singer
Tonia Sisson
Carol Smith

Casey Smith
David Smith
Sharon Smith
Toby Smith
Mike Sockett



Yvonne Soule
Robin Southerland
Christopher Spoden
Lisa Spotskey
Andrea Sprague



Jennifer Sprague
Kurt Spurgin
Derek Stanford
Jeff Stephens
Julie Stevens



Starting in amazement John Kahler watches the football players strive towards another victory game. John is actively involved in the Basketball program, which has done exceptionally well.



Tim Wynn meanders from his English work to glance outside the door and admire the picturesque surroundings. Tim is a very enthusiastic sophomore who is involved in many extracurricular activities.



Cindy Finger, Julie Roffing, Amy Vera watch, with envy, as the Omega Drill Team boogie on down to 'Oh Shella.' The old members perform their annual homecoming performance.



Scott Stevens
Sarah Stiles
Rainy Jo Stout
Sandi Stripling



Sheli Stuhr
Joann Sugihara
David Sundmacker
Ryan Sutton



Lara Swann
Mathew Sweet
Bobby Sylvia
Soteria Syrengelas



Sheryl Albert hears that choir practice will be after school. This fact is no problem for dedicated performers.



Zoe Syrengelas
Elena Talamantez
Magilene Tamaras
Torrie Tarchione
Kirsten Taylor



Janice Terby
John Terby
Lisa Terry
Mark Thomas
Michael Thomas



Michelle Thonas
Gregory Simmons
George Ting
Gregory Tobin
John Treadwell



Eric Trujillo
Tri Truong
Teresa Turco
Robert Tuttle
Marike Ukai



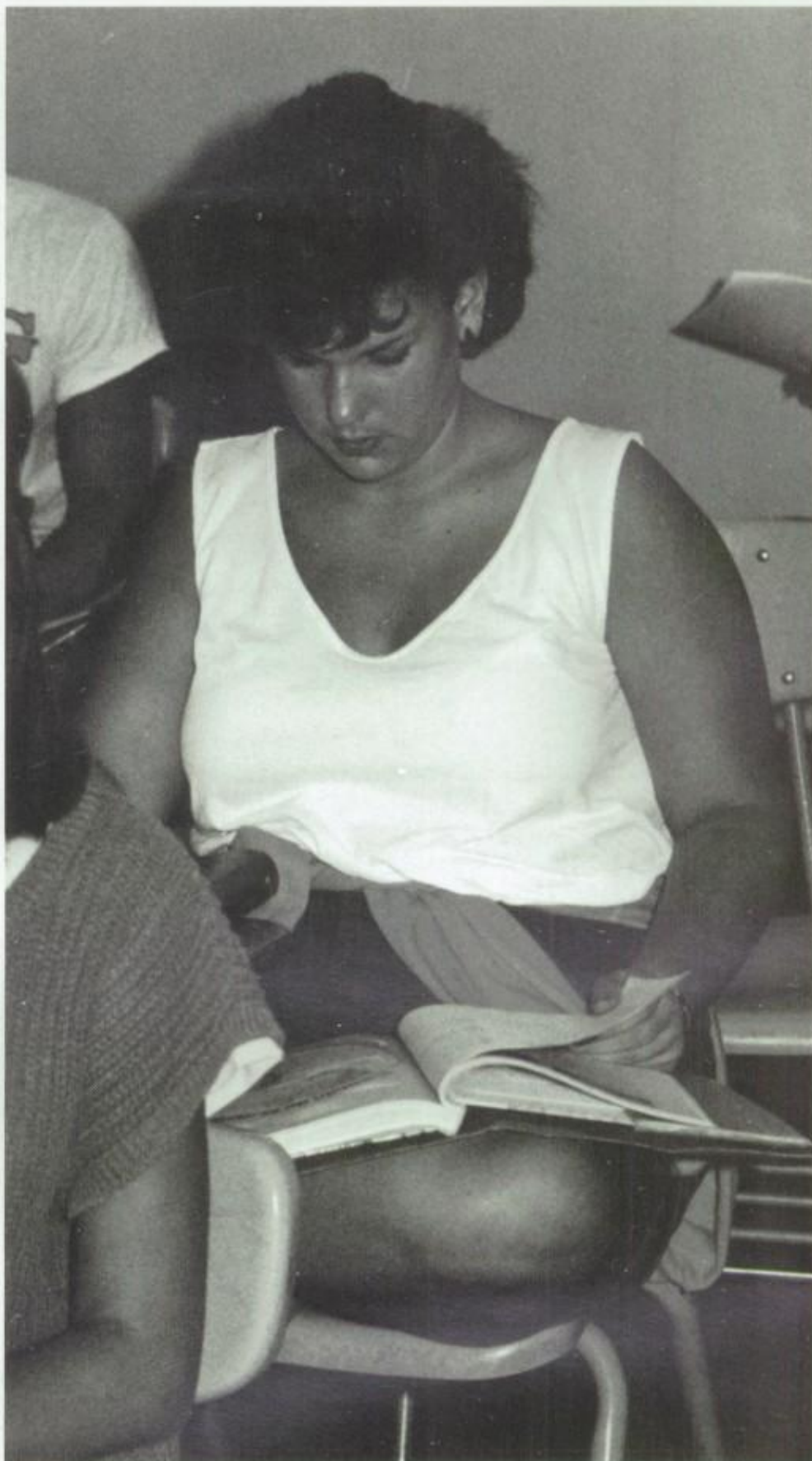
Bill Uranga
Farnez Vadood
Kimberly Vanegas
Kristy Vanzutphen
Darrell Vaught



Lisa Rivard watches with amusement as the first dance of the '85-'86 year begins. Here Lisa will see the newest dances and hear the latest music.



Josh Musselman and Mike Scott discuss their after-game plans while they watch the exciting football game. Perhaps they will attend a victory party.



Preparing for the big Spanish test next week, Sophomore, Marci McGolden uses her study time wisely by beginning to study the certain verb tenses and genders that are vital to mastering the Spanish language.

Don't Look Away

Crystal dreams shatter
daylight chosen away
images of you
Smiling that way
saying I love you
Don't look away
Don't look away
if you don't mean it —
For when you look back
there may be nothing to see.

Kirstin Olson



Kristie Vavak
Ronald Vega
Mark Vera
Matthew Verga
Michelle Vergara
Kelly Vurgun

Anthony Ware
Jessica Watson
Eric Webb
Sharon Weinstein
Nancy Weintraub
Kent Wells

Todd Welsh
Jill Wendell
Aaron Wheeler
Sean Welchel
Bill Whipple
Amy Whitlock

Craig Wiblemo
Scott Wilford
Tami Wilhelm
David Wilkins
Todd Wilkinson
Julie Williamson

Carly Willis
Angela Wilson
Brett Wilson
Jeffrey Wimbish
Jonathan Wimbish
Stacey Winslow



During a pep assembly, Kanani Turco demonstrates her cheerleading skills. Kanani is a member of the talented Junior Varsity cheer squad. Cheerleading takes up a lot of time, but for Kanani it's well worth the time and effort.



Running as fast as she possibly can, Jane Yoh laughs, but hopes that she won't be late for her biology class again.

Gary Wisniewski
Candace Wolfer
Jana Wong
Allan Wood



Eric Wood
Megan Wood
Stephen Wood
Stephen Woods



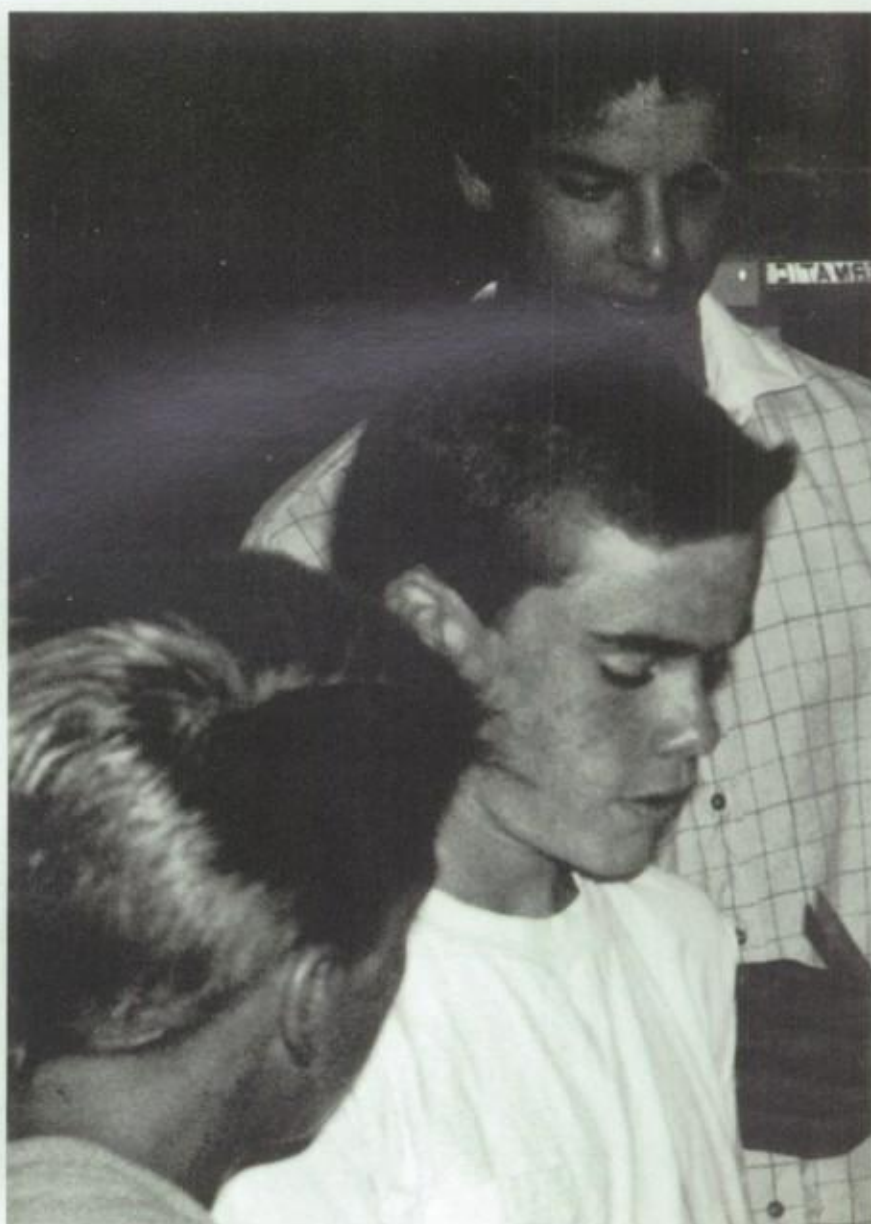
Timmy Wynn
John Yesenosky
Jane Yoh
Gina Young



Jennifer Younghusband
La Sondra Zarif
Greg Zavala
Jolene Zigarovich



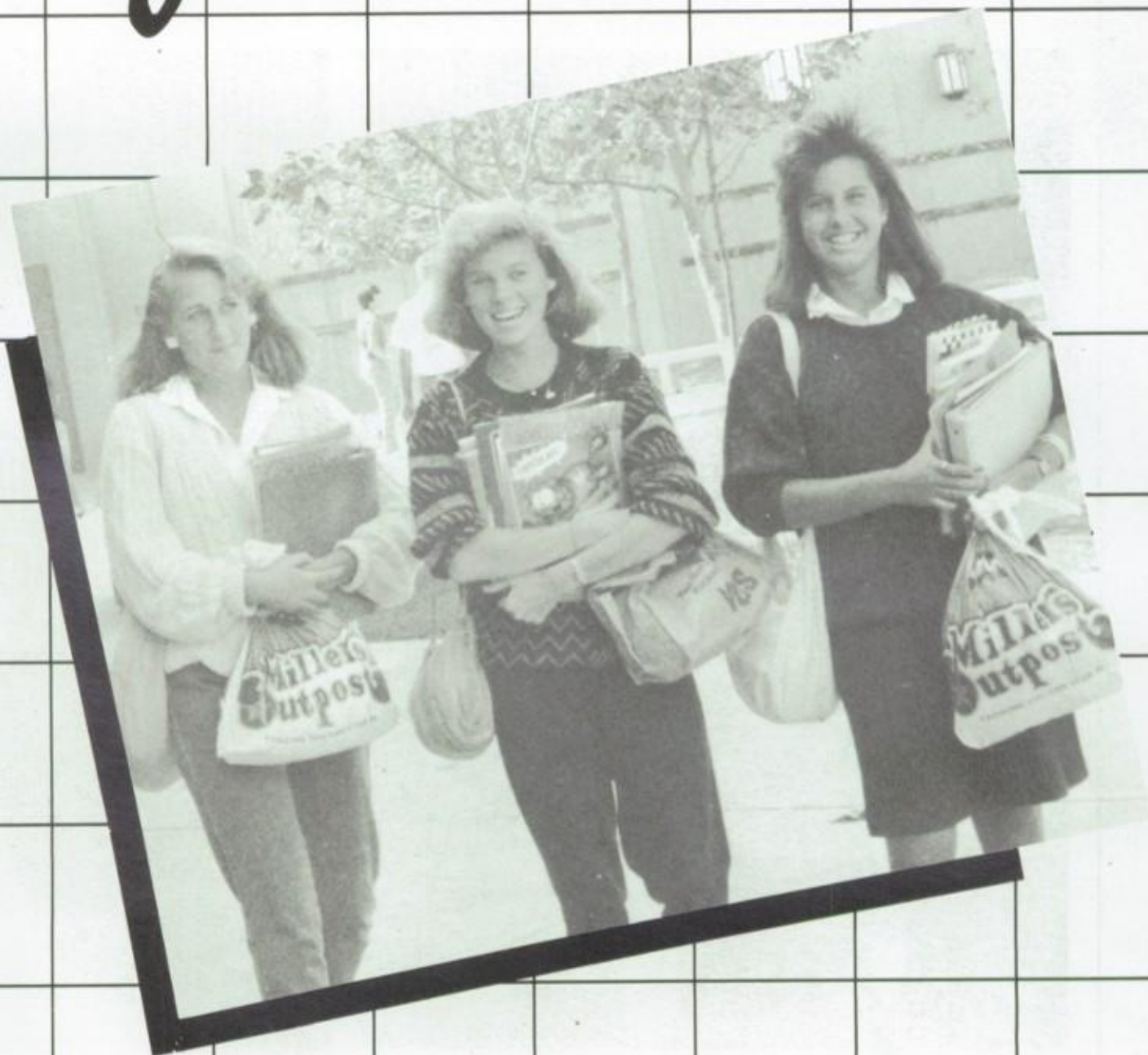
Kelly Clark and Cinnamon Chaney perform their routine to raise the students' spirits during a pep assembly. These are often held to give students an incentive to attend the game.



Edward Hughes concentrates on his assignment in biology. All students are required to take at least two years of science, so many of the sophomores like to start early.

Well Ray,
you are truly the best manager
any dick could ever have. Lets go to
a million shows this summer, OK
Well kick sold out and everyone
else too. Well don't be ~~mean~~
cause I really think you're
a nice dude. Hoo

freshmen



Arnold Acosta
Rick Adams
David Ahlstrom
Jeffrey Ahmad
Heather Alderson



Sean Aldridge
Bonnie Alfamirano
Kristina Alvarez
Todd Anisman
Darin Anthony



Rowens Aspiras
Michelle Atkin
Christina Atkinson
Kamran Aurang
Jim Autokowski



Brent Bacher
Lance Bagstad
Wendy Bailey
Melinda Balm
Jason Baltazar



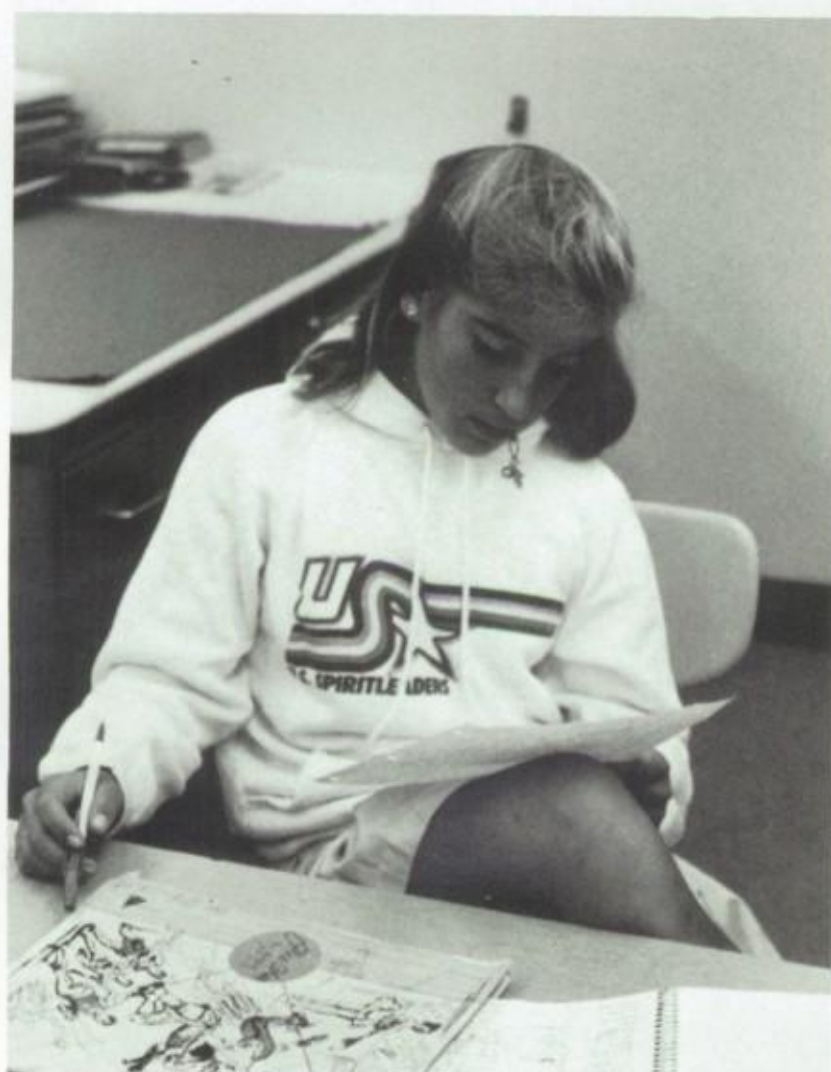
David Banning
April Bartrom



Andrew Bazz
Jackie Beiderwieden



Heidi Bengford



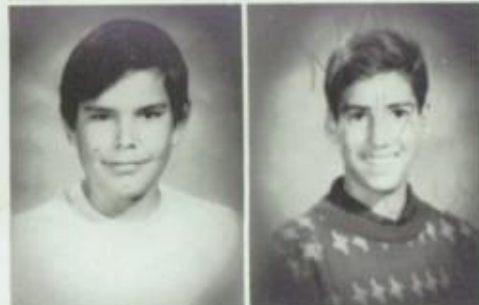
Looking at a difficult question, Julie Eschenbrenner ponders over the various responses she can give. This assignment is crucial because the material will be on the next test.



William Benkey
Melinda Berber



Richard Bernstein
Laura Billon



Brad Bills
Jason Binder



Russell Biringer
Jane Blackmun



Jeffrey Blanco
Jeremy Blomgren



Erik Bloom
James Bloomquist



Cole Blossey
Carrie Bluejacket

My Sister, My Friend . . .

Sometimes I know you better than myself.
You are loving and sincere,
unselfish and sensitive.
You reach out to save every heart,
except your own.
You are shy but friendly,
witty, but delicate.
The balance of a perfect lady.
Sometimes you are like an iron door;
shutting off the passage between your heart,
and mine.
Other times you are like a window,
open and willing to share yourself with me.
Your eyes read mine and lock our thoughts
together.
Sometimes bringing giggles,
other times bringing tears.
The simple arguments we have had have been
erased.
The door slamming, hanger throwing, and tear
shedding
has ended.
The secret telling, laughter, and sisterly love,
has begun.
I realize now that you are my sister;
My newfound, special friend.

Suzanne Turrentine



Scanning the bulletin, Leslie Bryant checks the time of the football game tonight. The bulletin is a good source of information about football games and various lunchtime meetings.

Brent Bolton
Ericka Boone
Jennifer Booth
Hena Borneo
Brenna Bosanko
Jenny Bostian



Nathalie Bourdy
Dawn Boxwell
Joe Brain
Holly Brand
Ashley Brooks
Jennifer Brooks



Rachel Brophy
Andrew Brown
Christopher Brown
Todd Browne
Leslie Bryant
Rachel Bryant



Handing in a test she just completed, Terri Reinhardt is glad she's finished. She hopes that her studying paid off.

Kathryn Bryson
Randall Bugge
Mike Burke



Christopher Burnett
Joan Burtzell
Eric Caesar



Tina Calderon
Chad Calhoun
Al Campbell

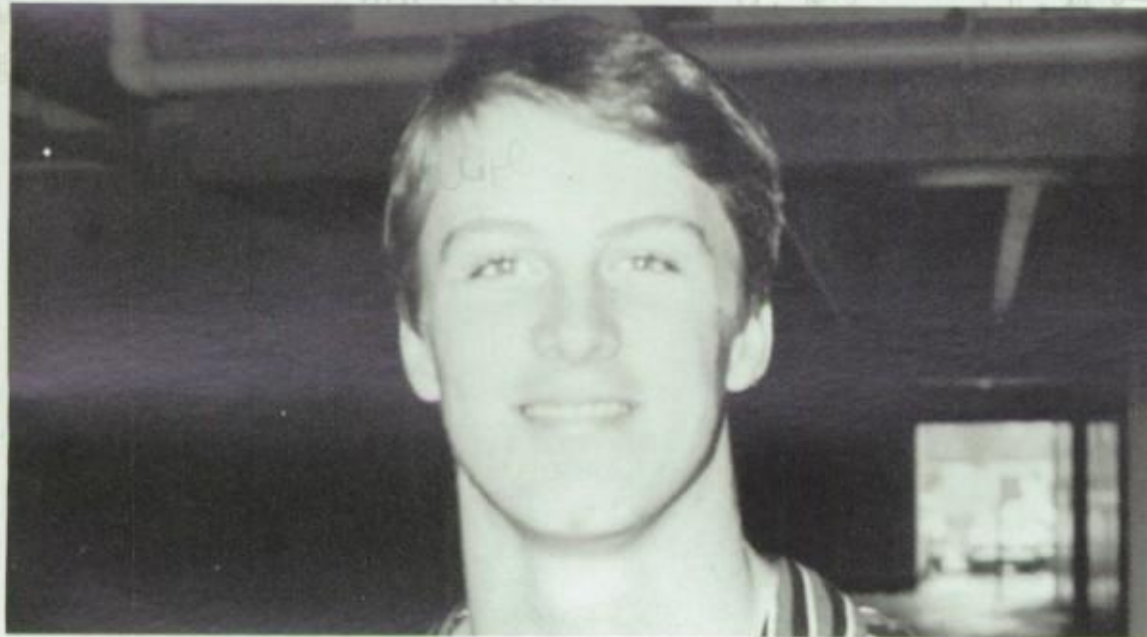


In the college prep. classes there are many hard working, dedicated students who want to do well. One of these students is Robert Wilkinson, who after working hard all period is waiting for the dismissal bell to ring.



Kenny Canarsky
Brian Carlson
Elizabeth Carlson
Jennifer Carpentier
Gigi Carrano

Crystal Carroll
Rosio Case
Becki Cash
Gerardo Castellanos
Kevin Castro



There was a remarkable first at Los Al this year. **Winston Wolf** was the very first freshman to ever play varsity football. Winston was introduced to the sport at a very early age. He first started when he was seven years old and was "brought up" as a backup quarterback. Coming to Los Al was rather strange for him because he wasn't allowed to play in any games until he turned fifteen. "I had played football for seven years as a star and then I came here and I wasn't allowed to play at all," he stated. "It was really a big adjustment for me to make." Winston plans on making football his career after he attends Lincoln University in Nebraska. He is also a good student. He had a good attitude and said, "playing football doesn't affect my school work at all." Winston was also very sure about his future career after college. "I want to play pro-football someday for the Los Angeles Rams."



Christine Clabaugh is reading a book about her favorite T.V. show. "Miami Vice" is one of the most popular shows this season.

Giovanni Catalano
Lisa Caudillo
Alex Chang
Suzanne Chaves
Dana Chavez



Alison Chee
Julian Chen
Jennifer Cheroske
Cinderella Chui
Dana Cipollone



All freshmen have weekly vocabulary tests. Angus Duncan is preparing himself for the one that he has to take tomorrow.



Rodney Phelps smiles while taking an open book test. He is prepared and glad that he knows all the answers.

Christine Clabaugh
Jason Clark
Timothy Clark



Susan Collins
Kathryn Comings
Corey Confer



Lisa Connery
Karyn Cook
Jason Coons



Carle Cooper
Deja Corcoran
Erin Cordes



Rachel Corley
Faith Costales
Stephen Covall



Gerry Craig
Lisa Craig
Angela Craven



Sean Cronin
Holly Crum
Henry Custodio





Tara Daly
Duncan Davidson
Alyson Davis
Kecia Davis
Michael Dechert



John DeGregory
Robert Delamora
Tracey Delaney
Dawnita Delcasale
Philip DeMatteo



Shannon Demers
Deborah Devlin
Kirstyn Devries
Mia Doiron
Rachel Dolnajec



Armando Dominguez
Jacqueline Döxey
Tracy Doyle



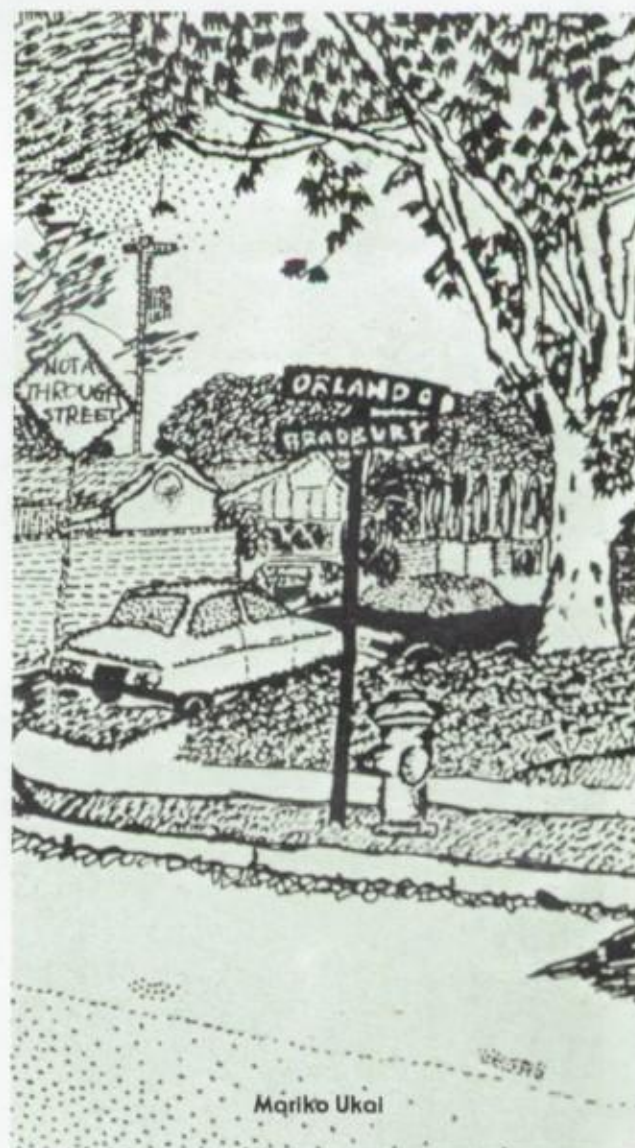
Buck Druckenmiller
Adrian Duncan
Angus Duncan



Joseph Dvornekovic
Brian Ehler
Tanya Ellis



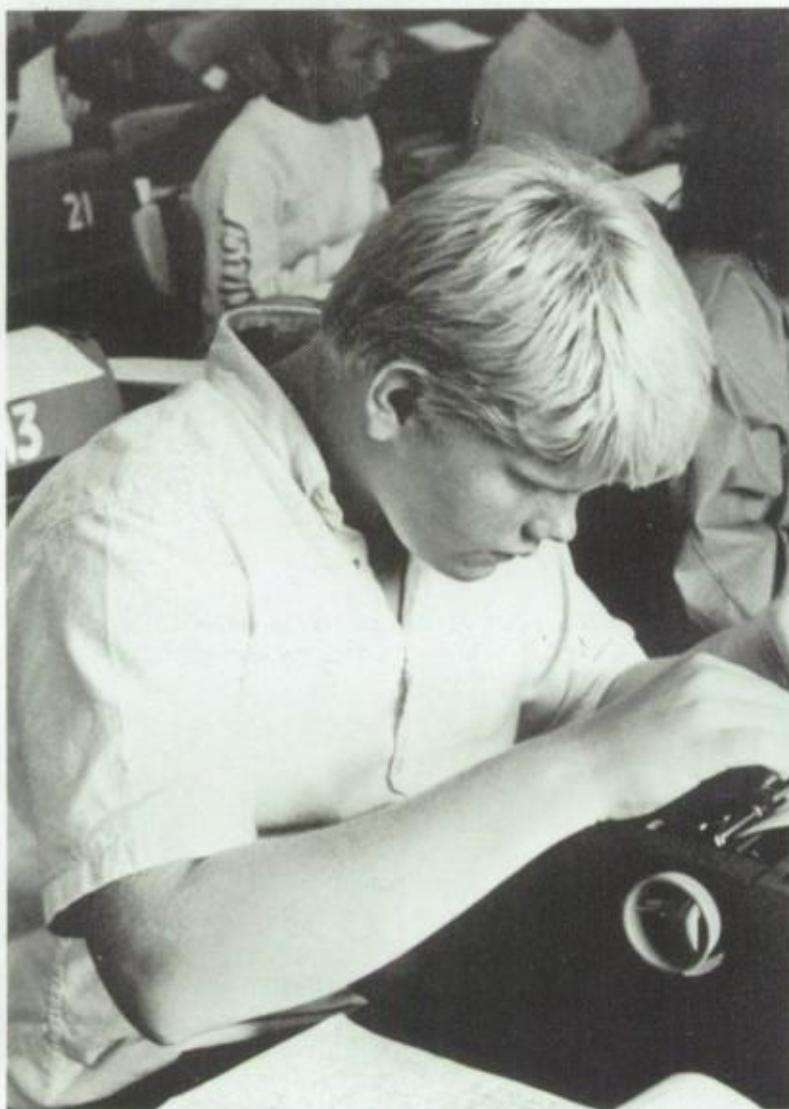
Moiken Emmerich
Kimberly Engel
Jill Ensley



Julie Eshenbrenner
Carla Esquivel
Steven Evans
Julie Everett
Barbara Ewing



Dawn Fagot
Thierry Fairon
Grace Fallon
Sina Fanene



Concentrating on his work, **Cole Blossy** corrects a mistake made during a typing test. These timed tests help students see how quickly and accurately they're typing.



Katie Comings and **Colleen May** look at their grades posted in their classroom. Report cards come out every six weeks to mark the progress of students.



Nicole Hutton hugs her teddy bear for security; it was given to her this morning by her secret sister. Nicole is a freshman who is very involved in school activities.



Robert Farrell
Michael Ferrier
Meghan Fife



Tasha Finney
Joel Fischer
Kathlene Fitzer



Denelle Flynn
Cindy Ford
Kristen Fort



Carl Frayter
Gail Fridlund
Jeffrey Fulp



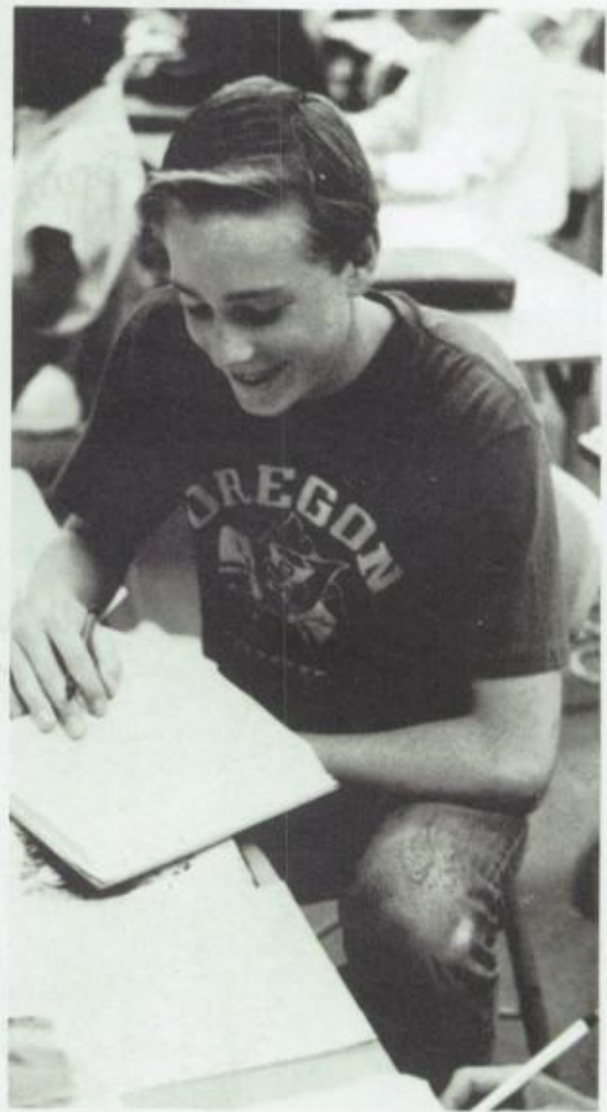
Kenneth Gajewski
Michael Gallagher
Sougol Gangi



Kathleen Gannon
Catalina Garcia
Raymond Garman



Gary Gaudio
Garrett Gauvain
Micah Gemme



Kurt Pipal talks to his friends while working on his classwork. Having friends to talk to makes working more fun.



In his third period English class, Angus Duncan works on writing an essay. Good writing skills are necessary in English.

Sarah George
Brian Gheno
Jill Ghormley
Todd Gibson
Danielle Giles



Jess Gillespie
Timothy Glaudini
Dawn Goldsmith
Scott Gomberg
Kenneth Gompert



Kenneth Goodman
Wendy Goodman
Ellen Gorba
Donna Gottschalk
John Graham



Becky Gregg
John Gresham
Tamera Gresham
Cristopher Grimes
David Grimes



Nicole Groff
Jacob Grumet



Jason Grunzweig
Jo Dee Guenther



Kymberly Guinn



Damon Uribe is one of the many skilled typists who can type without looking at his fingers. Because of this ability, he is able to type much faster.



Deborah Gundersen
Andrea Gunn



Rhonda Hagstedt
Jamie Halaby



Craig Halker
Kelly Hall



Tiffany Hall
Christopher Hamel



Tara Hammerschmidt
Karen Hannah



Linda Hansen
Jana Harden



Robin Harder
Ryan Harricks

GIRL

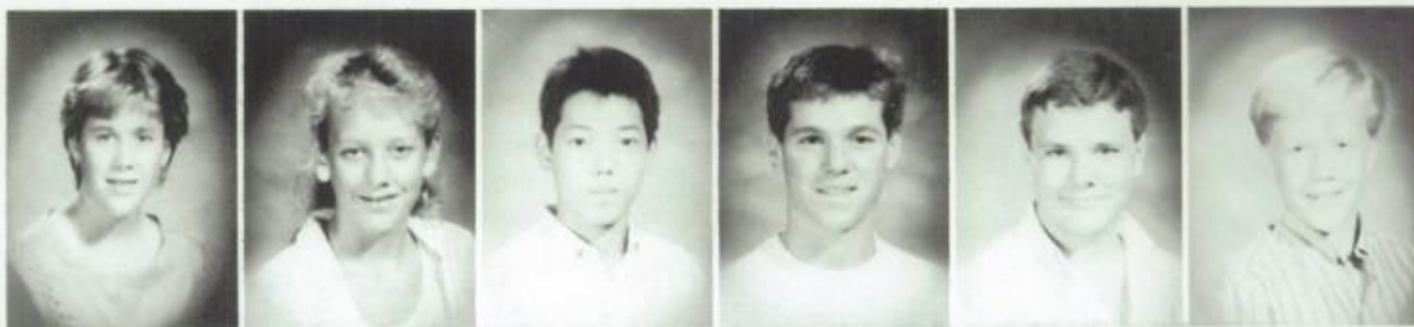
she teases me with
her smile
she's always smiling
I'd fall in love
with her
what is love
I'd love her anyway
her name is a flower
she certainly is
a rose
her name begins with
insincere
but may someday end
with mine

Htoo Win



Having finished his assignment early, **Darin Anthony** can enjoy the last few relaxing minutes before the bell rings. He is thinking about his plans for the upcoming weekend.

Christie Hart
Cheron Harville
Shigeo Hatsusaka
David Haub
David Haven
Randy Hawk



William Hawthorne
Jennifer Hein
Scott Helms
Kevin Herrickson
Kimberly Henry



Rosa Hernandez
Andrew Hershenson
Nanci Hirschman
Wendy Hines
Julie Hocking
William Hoggard



Sharon Hong
Kimberly Horn
David Horwitz



Timothy Householder
Caroline Howe
Wesley Hsu



Chad Hundley
Marlo Hutton
Nicole Hutton



Checking over his paper, Andrew Bazz sees no apparent errors. He is confident that it will get a good grade.



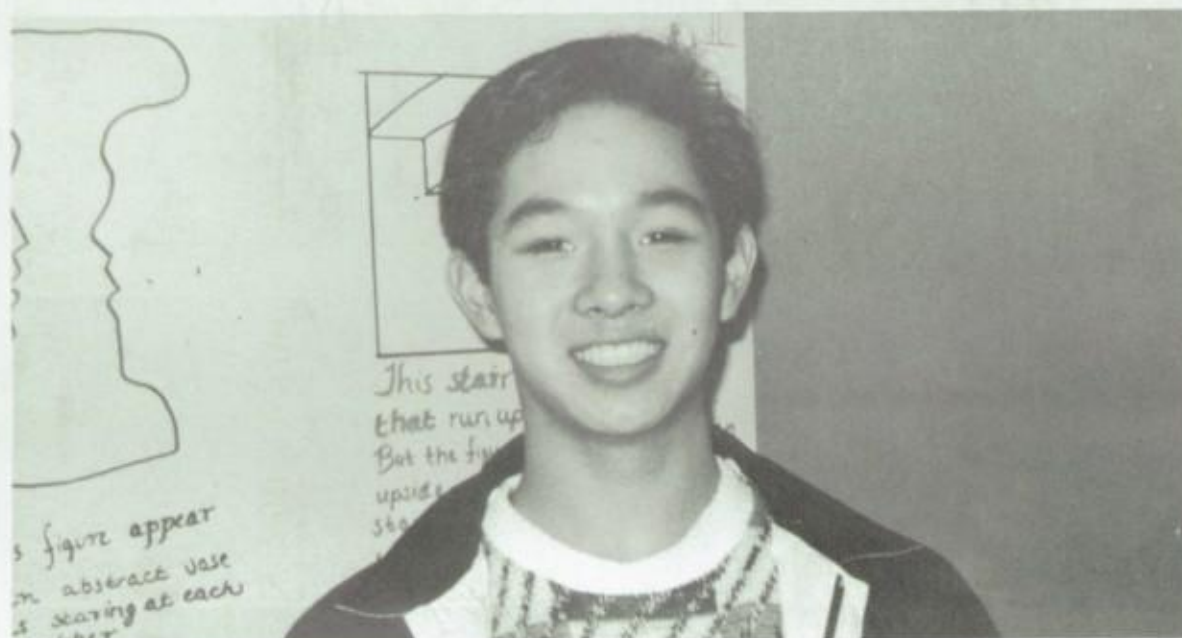
Mike Gallagher and the other students in his class try to complete an in-class assignment. This will not be an easy task as Mrs. Flynn is well known for her high expectations from each of her students.



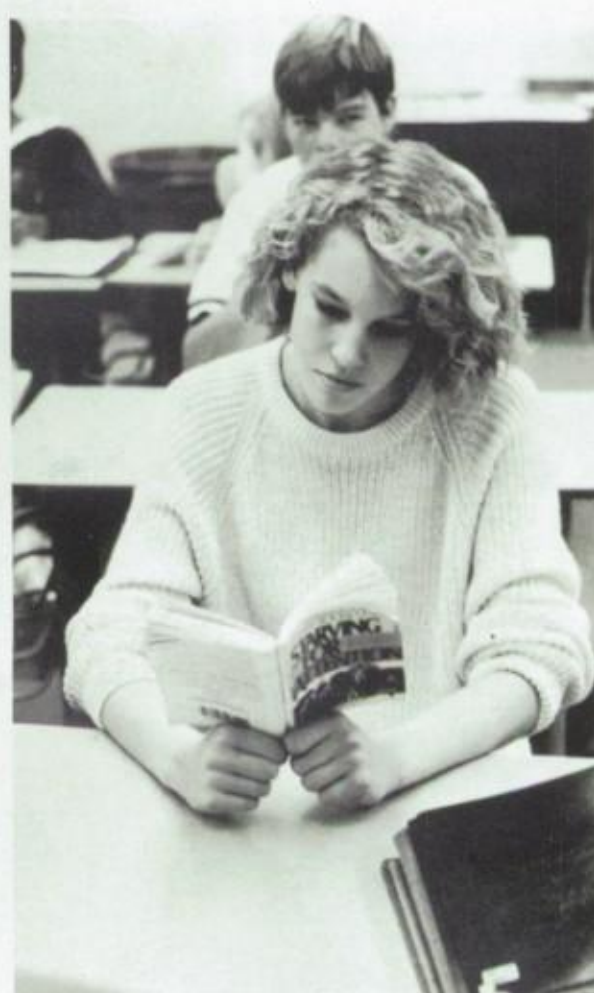
Jon-Philippe Hyatt
Jon Imel
Mauricio Ingrassia
Katherine Jackson
Diane Jay



Leanna Jay
Marvin Jelavich
Amie Jenkins
Travis Jenkins
Charles Johnson



All of us have a special hidden talent buried deep within us. **Alex Chang's** gift is skating. He became quite a successful skater since he first started taking lessons when he was just six years old. Just last year he won third place in a competition for novice men. This year he tried for one of the top four places in a Pacific Coast competition. He has one major goal; to go to the Junior Worlds which will help him with his skating career. He commented on his competing against others. "I don't really care that much about what I win, I just want to be a good skater and let the world know who I am." Whenever he travels to a competition, Alex gets a lot of support from his parents. "Wherever I go, they're there with me," he stated. "They give me courage and confidence when they are with me." Besides his skating, Alex is also an accomplished artist who took an art class here at Los Al. He is best at pen and ink drawings but also likes to use other materials when drawing.



Absorbed in a book, **Denelle Flynn** passes the time reading. Many students have time to read when they've finished working.



Suzanne Johnson
Paulette Jones
Ralph Jones
Frank Jordan
Lance Jorgensen

Douglas Kasper
Jarrett Keck
Jason Kelso
Christina Kempf
Philip Kile

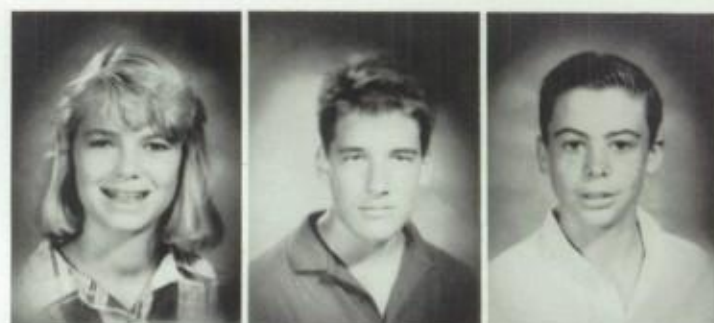


Jess Gillespie quickly glances from his book to his paper. He is checking for any errors he might have made.



Typing students type term papers to learn format. Joe Brain checks to see if his format has been done correctly.

Colleen Kimball
Mark Kimball
Jason King



Kimberly King
Marie King
Tracey Kist



Clifton Kjoss
Damion Knowlton
Abigail Koehring



Charles Kolb
Michael Kolodziej
Eddie Korb



Marek Korzeniowski
Lesley Kretchmer
Rachael Kroner



Kevin Krumm
Michael Kuderman
Susan Kuzminsky



Mark Laisy
Brian Lane
Peter Langowski

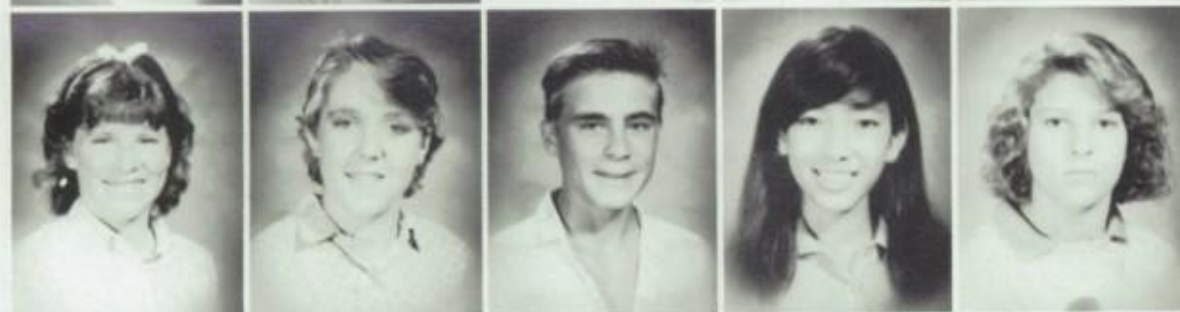




Michael Langsam
Anthony Lastrap
Kelly Lawler
Katherine Lee
Nancy Lee



Laura Leon
Daniel Leonard
Jennifer Levin
Jeremy Levine
Jason Lewis



Sarah Libby
Elizabeth Lipski
Jason Litty
Julia Liu
Maria Livieratos



Cindy Louie
Eugene Lucas
Tami Lucas



Cynthia Ludlam
Samuel Ludwig
Michael Luebben



Jessica Lukinovich
Brooke Mabe
Darren Mack



Shawn Madrid
Peter Madsen
Jennifer Maiten



Caroline Howe

Billy Malohn
Salvatore Mancuso
Chad Manning
David Maricich
Robert Marsh
Joseph Martella



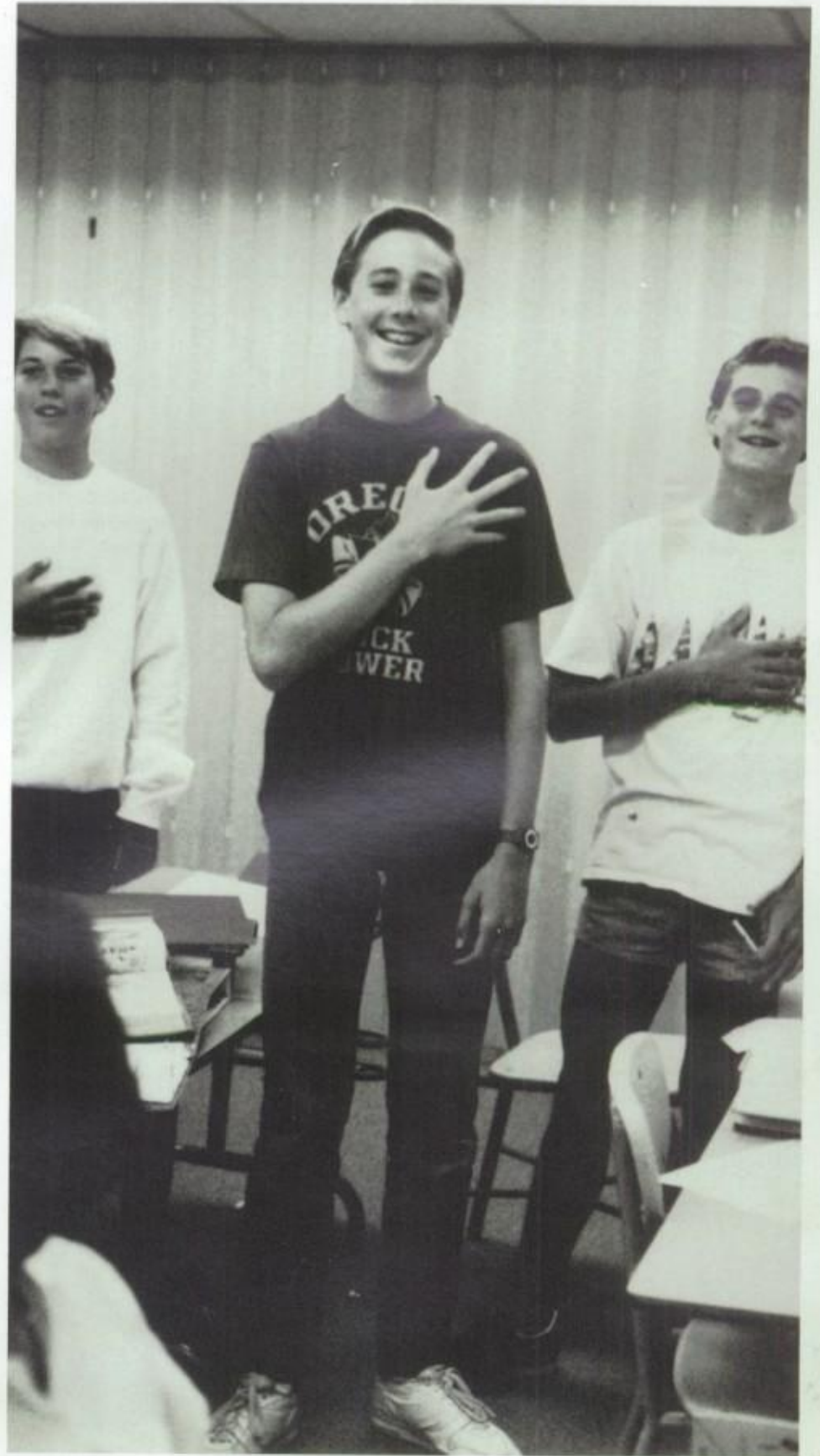
Michael Martinez
Lori Maulhardt
Colleen May
Kimberly McAlister



As Jason Perkins takes out a dictionary, he smiles, contemplating his next vocabulary challenge. Eager Freshmen grapple constantly with strange and familiar verbage making them savvy!



Alison Chee is having a hard time deciding on which candy to buy from Jeff Ahmad. Jeff is selling candy to raise money for a club.



Laughing while saluting the flag, Michael Rieth, Kurt Pipal, and David Strong start the day off smiling. The flag salute is said every morning after the bell for first period has rung.



Erin McBride
Jeffrey McConnell
Jeanette McCulley



Jason McEachran
Michael McEntee
Rachel McGann



Shane McGinnis
Robert McGrath
Kimberly McNamer



Thomas Menser
Melissa Mercer
Amy Merchant



Jeremy Merrill
Kimberlee Migasi
Joseph Millar



Charles Miller
William Miller
Lisa Milstead



Jennifer Mitchell
Shirlene Miyake
Elizabeth Moision



Thierry Fairon notes how quickly he's typing his assignment. Practice helps him improve his accuracy as well as his speed.



Jon Theriault answers the last question for his assignment. Some students work hard in class so they won't have homework.

Jesus Montion
Laura Moran
Kristina Morris
Mashid Missaghi
Megan Morrow



Adam Mucci
Janet Murphy
Stewart Murray
Nida Nafarrette
Jimmy Nguyen



Kristen Nicolaou
Kimberly Nilsen
Holly Noonan
Fredrick Nugent
Michael Oakley



Christy O'Connell
Kristin Ogle
Craig Ohlrich
Lisa Orvis
Erin Osburn



Sunny Oslin
Brent Overbeek



Diane Overstreet
Tamara Page



Darrin Pagenkopp



Jamie Halaby, Leslie Bryant, and David Haub sing a song from the musical show "All That Jazz." During each rehearsal, every person puts forth their very best effort.



Michael Palermo
Christina Platis



Paula Pance
Christopher Park



Richard Parks
Vanessa Patrick



Laura Patterson
Pirayeh Pedarsani



Blake Pederson
Aaron Pedroza



Kalulani Pereira
Allison Perkins



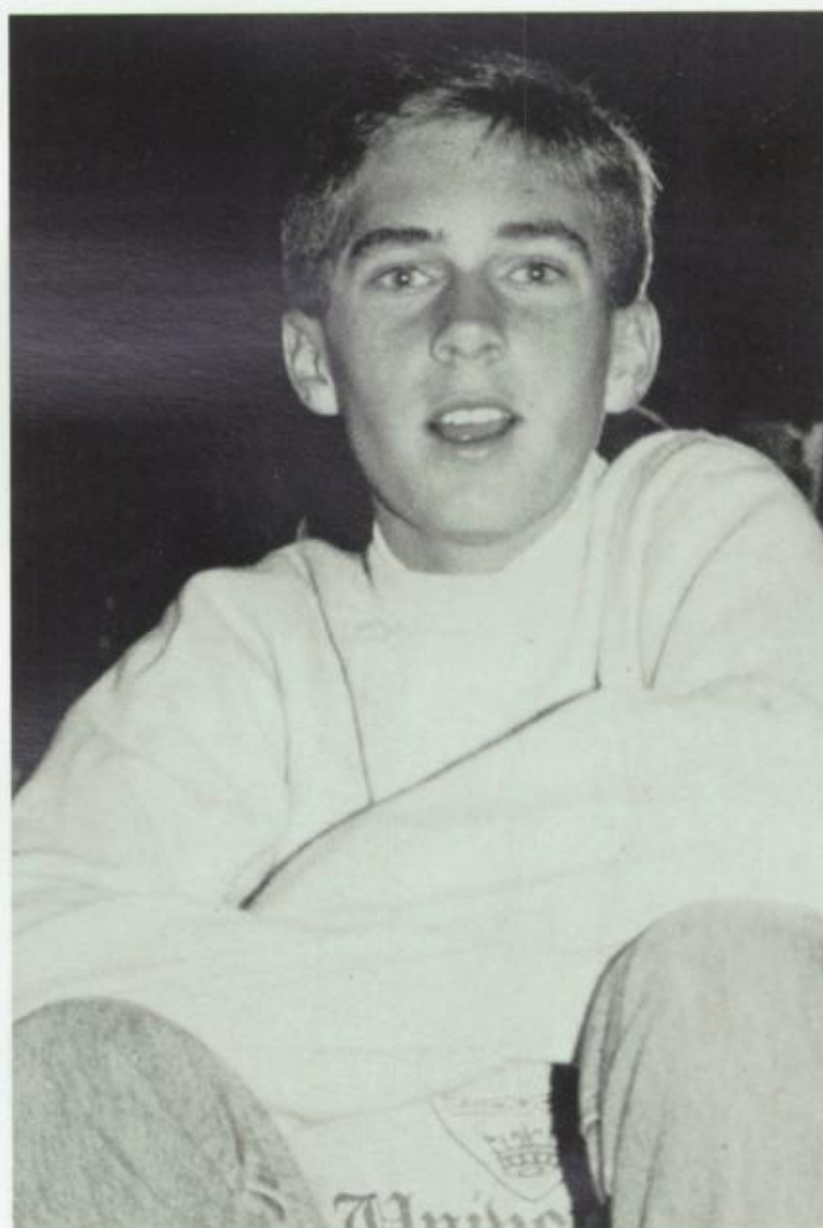
Jason Perkins
Michelle Perslow



THE GOOD

Hold the remembrance
of a rose petal
in your hand;
Of a dove flying
wherever it can;
Of a feather
forgotten in the breeze;
Of a keyhole
without any keys.
And while you remember
all these things,
remember the good
in everything.

Karyn Cook



Brent Bacher is amazed at the incredible moves the varsity football team made during the first half of the homecoming game. He hopes that we'll win the game.

Kathryn Petersen
Patricia Pettigrew
Wendy Pfeiffer
John Phan
Kurt Pipal
John Poe



Aaron Pollock
Pamela Powers
Marianne Pritchett
Ana Puente
Anthony Radalch
Arthur Rathke



Philip Raymond
Lisa Reddick
Julie Redding
Jenny Reed
Jeffrey Regnier
Scott Reid



Terri Reinhardt
Kimberly Rennie
Michelle Reyes



Jill Reynolds
Johanna Richard
Pamela Reidberger



Michael Reith
Brett Rinella
Jill Riordan



Patricia Vaca types her exercises quickly. She is an accomplished typist who can type 40 w.p.m. with hardly any errors.



Cole Blossey, having finished all of his assignments early, quickly scribbles a note to a friend. Because of his very busy schedule, he hardly has time to talk to his friends so he writes to keep in touch.



Amy Ripplemeyer
Russell Robertson
Diane Robinson
Alberto Rodel
Lorene Roepke

Mary Rodman
Mike Rosetti
Kulie Roumimper
Alisa Rountree
Kristin Rowley



Talented Laura Younkin was a new addition to the Los Al student body. She is a singer and dancer who is a member of the Young Americans. The Young Americans are a united performing group of young people who are between the ages of fifteen and twenty-one. For any young American who wants to become an entertainer, joining the Young Americans is their key to success. But to join you must first be invited to audition. Laura was recommended by a teacher she had at Pine Middle School. She auditioned and was accepted into the group. Laura has to practice for an average of about twenty-four hours a week. "Performing is really fun but it involves a lot of very hard work," she says. Laura didn't know that she was destined to go on as a performer when she started taking ballet, tap, and jazz dance lessons over ten years ago. "I wasn't sure about performing as a career until I joined the Young Americans," stated Laura. "I hope that Young Americans will help me get on Broadway someday."

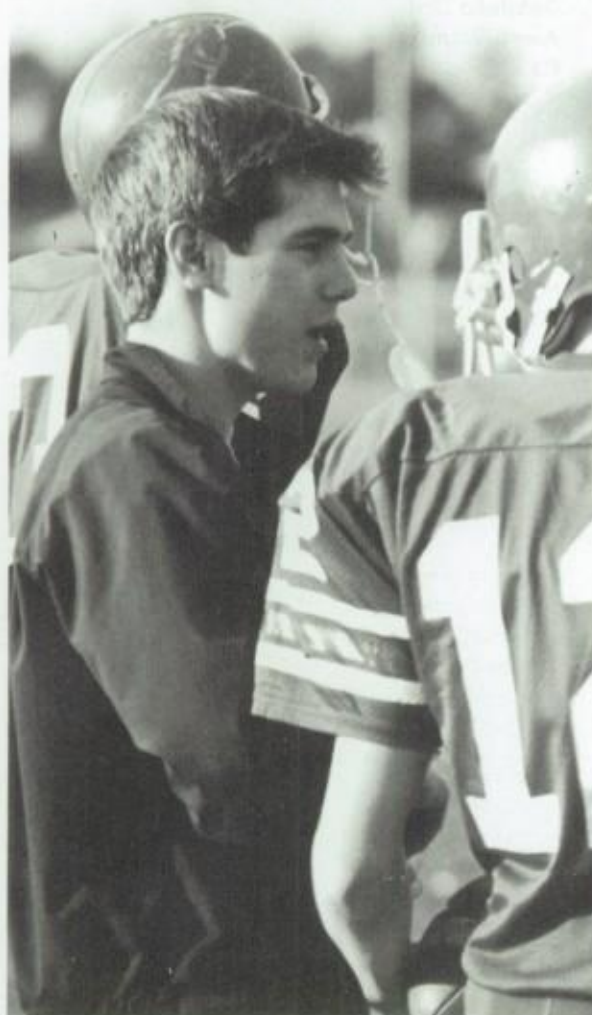
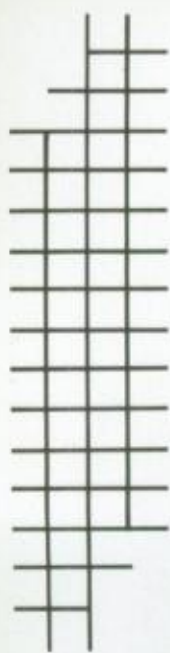


Laughing, Jennifer Hein pins up a poster for the production "All That Jazz." She plans to attend the school musical show tonight.



Dion Ruberio
Cheryl Rutledge
Mark Salamon
Blair Salk
Denise Salvati

Sarah Sampley
Elisabeth Sanderson
Deanna Sanford
Donaldson Santos
Jennifer Saurenman



While his teammates take a break, David Haub gives them tips on their game. He's always full of helpful ideas.



Joining hands with members of her squad, Joan Burt-sell sings the Alma Mater at the closing of the pep assembly.

Margaret Savage
Eddie Scantlebury
Kirk Saylin



Lisa Schliskey
Shanda Scott
Christian Scrogum



Paul Seager
Sonet Seltz
Karen Self



Mimi Sengupta
Donovan Seno
John Shafer



Tisha Shaffer
Elizabeth Sharp
Cameron Shaw



Julie Shaw
Jennie Sheley
Wendy Shiromd



Jean Sickel
Denise Siegel
Marco Silva





Chris Silvers
Johanna Silverthorne
Gabriella Silvi
Aaron Simmons
Jill Simundza



Kristina Singrossi
Kristin Skurvik
Jennifer Slusher
Thomas Sohn
Andrea Sorensen



Gregory Sorensen
Marti-Jo Spurlock
Andrea St. Martin
Kimberly Staley
Ronald Stamper



Kimberly Stanfield
Cheri Stephens
John Stephenson



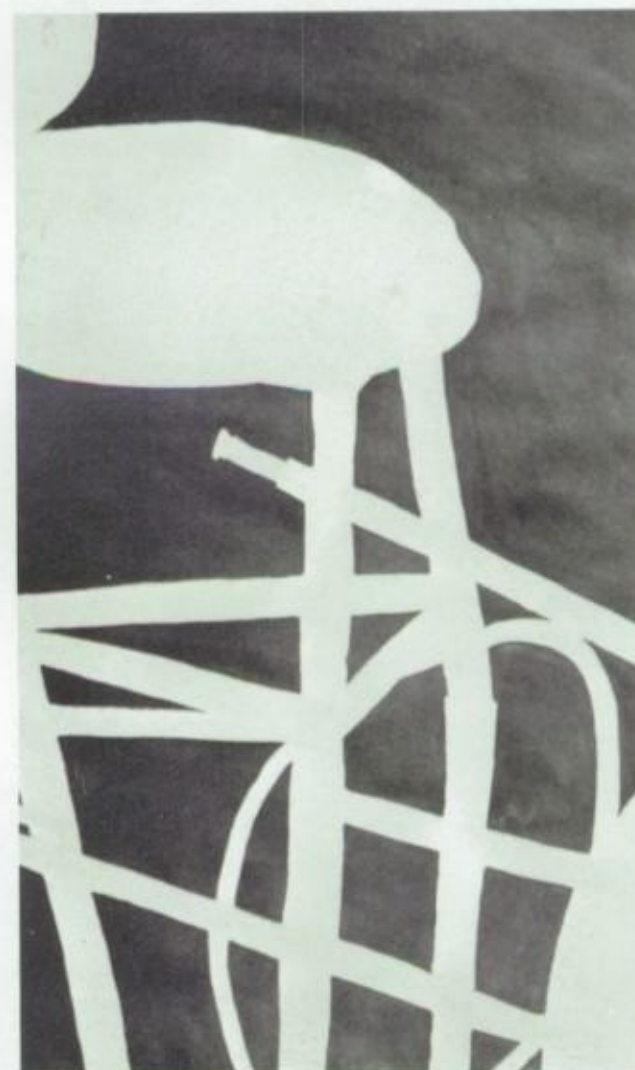
Matthew Strober
Roman Stowell
Remy Stratton



Rachel Strickland
David Strong
Kari Sullinger



Jennifer Susemihl
Joseph Sweeney
Trinon Sylvester



Alex Chang

Andreas Syrengelas
Kirstin Tancre
Craig Taufer
Joey Terrell
Jon Theriault
Eric Thompson



Jami Thompson
Yasmine Tifrit
Michelle Tobolski
Undreal Todd
Randy Tong



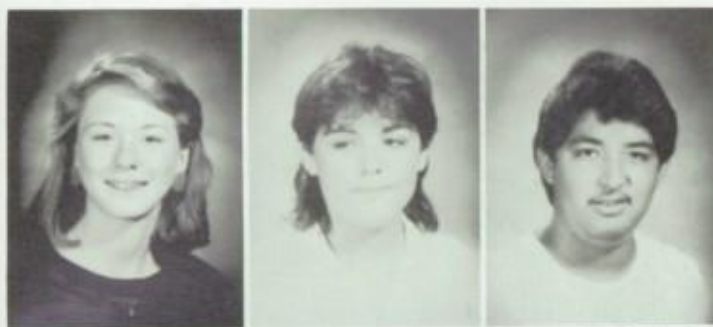
Todd Browne pulls out his finished assignment. He has worked very hard all period on it and hopes that there aren't any mistakes to be corrected.



Amy Rippelmeyer comments on Tanja Weth's original costume. Both girls show school spirit by participating in many school activities like the annual Halloween dress-up day.



Suzanne Turrentine performs with the Omega Drill Team on the football field during half time. She and the other members have worked very hard to put on a great show.



Michelle Torquato
Kathy Torres
Raymod Torres



Jeff Townsend
Jeremy Trammel
Julie Treadwell



Tony Tredway
Janice Tse
Michael Tu



Suzanne Turrentine
Jennifer Tyo
Scott Udoff



John Urban
Damon Uribe
Wendy Uyeda



Patricia Yaca
David Vale
Julie Vega



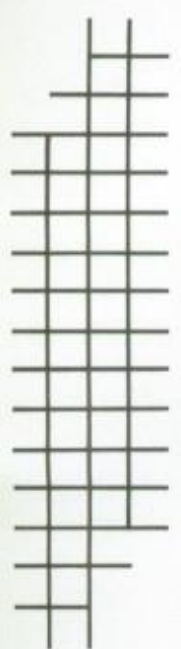
Alex Vidal
Bonnie Viets
Patricia Vins



Jill Ghormley turns in her assignment before the end of class. Besides being an excellent student, she runs Cross-Country.



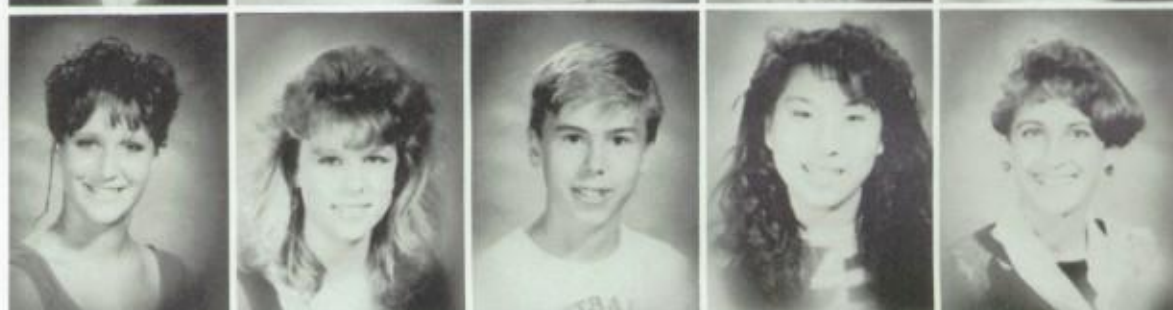
Enthusiastic Holly Noonan claps in unison with the other members of her squad. Synchronicity is very important when doing cheers.



Steven Vos
John Vreeland
Robert Vycius
Michael Waechter
Julie Wagoner



Keala Walker
Misty Walter
Bill Walters
Shirley Wang
Anne Ward



Mark Wasikowski
Holly Watson
Bill Weible
Kevin Welch
Jared Welz



Carl Wenz
Tanja Weth
Jeffrey Wheeler
Daid White
Jeffrey White



John Graham, Jennifer Booth, Mark Salamon, Leslie Bryant, and David Haub perform on stage in "All That Jazz." Their consistent practice pays off with a great musical show.

John Whitney
David Weist



Robert Wilkinson
Daniel Will



Kevin Williams





Leslee Williams
Melinda Williams



Htoo Win
Jill Winders



Michael Winter
Winston Wolf



Diane Wong
Princina Wong



Veronica Woodie
Peter Wu



Shih-Hung Wu
Louis Young



Zachary Young
Laura Younkin

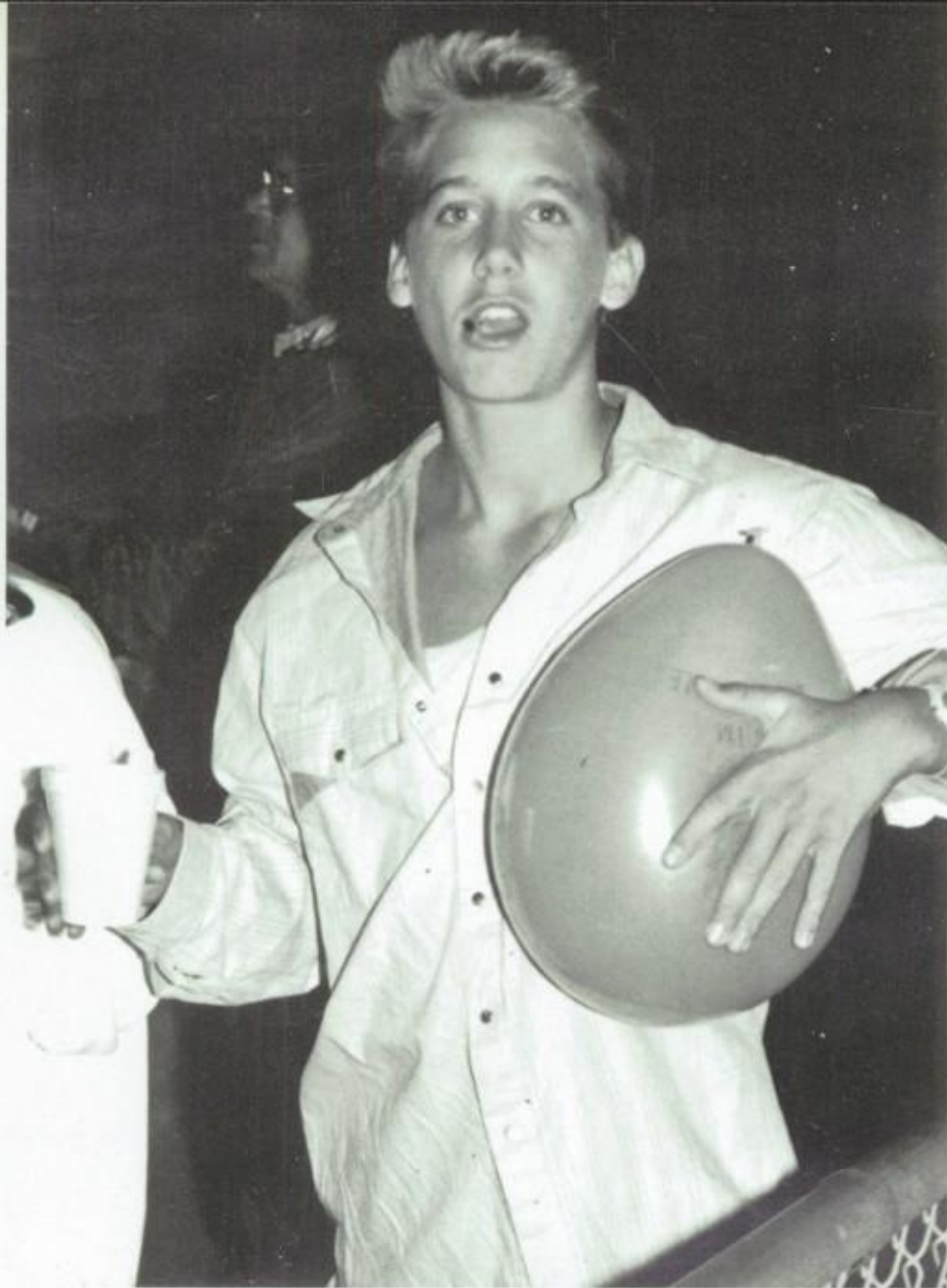
CHALLENGE CALLED SURVIVAL

Don't look innocent to me,
you can't understand the things I see.
Watch and behold, the danger is near,
stay with me, you have nothing to fear.
You're born to serve a purpose,
first you have to learn the way.
The life and struggle of each new day.
The world is filled with much fear and pain,
nothing to lose and nothing to gain.
Find a path to lead you to your purpose.
At the end of your path you will find
contentment.

Jennifer Mitchell



Freshman Holly Crum takes a break from cheering at a varsity football game. She is talking about the spectacular plays that have been made during the first half.



Celebrating another Griffin victory, Grant VanCleve hangs on to his balloon and prepares to be warmed up by his hot chocolate. Balloons, confetti, and an occasional streamer cover the packed stands at the end of the game.



When senior announcements are advertised in the ever-so-popular Barbeque, the feeling of graduation grows closer as the ending of another school year approaches.



David Alvarez takes out his aggressions from a long period of math study by putting his close friend, Kent Wells, in a friendly headlock.



Posing after a period of dancing at the homecoming dance are Kelly Spaulding, Andrea Barrows, Heidi Grey, Derek Sparta, Debbie Theriault, Kelli Hawkins, Shanna Hemmings, Anne Buonocore, Christine Dennis, Dana Wadleigh.



Preparing for the Homecoming game isn't all hard work, says Brian East, Mike Asher, Brooke Burtzell, Gary Covington, and Mark Bellwood as they prepare the balloons which will decorate the football field. Homecoming week is probably the most colorful week at Los Al.



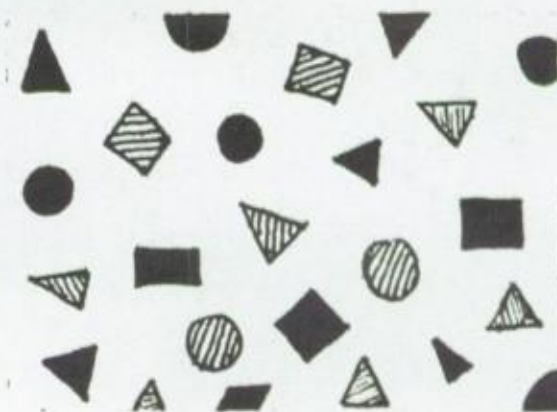
Debbie Hart and Jon Barbon rest after a period of dancing and eating. The Winter Formal is a favorite among all grades at Los Al, because it gives all students a chance to dress up and go out on the town.

SENIORS SAY GOODBYE AS FUTURE MOVES IN

When the end of first semester rolls around, the senior students catch the infamous disease called "Senioritous." Unfortunately, there is no known cure for this overwhelming disease, except graduation. Among the seniors, are the freshmen, sophomores, and juniors who also feel the end of the year approaching. Believe it or not, the four years pass by quickly, and the seniors have to organize their future. The high school years have passed and the future holds new experiences.



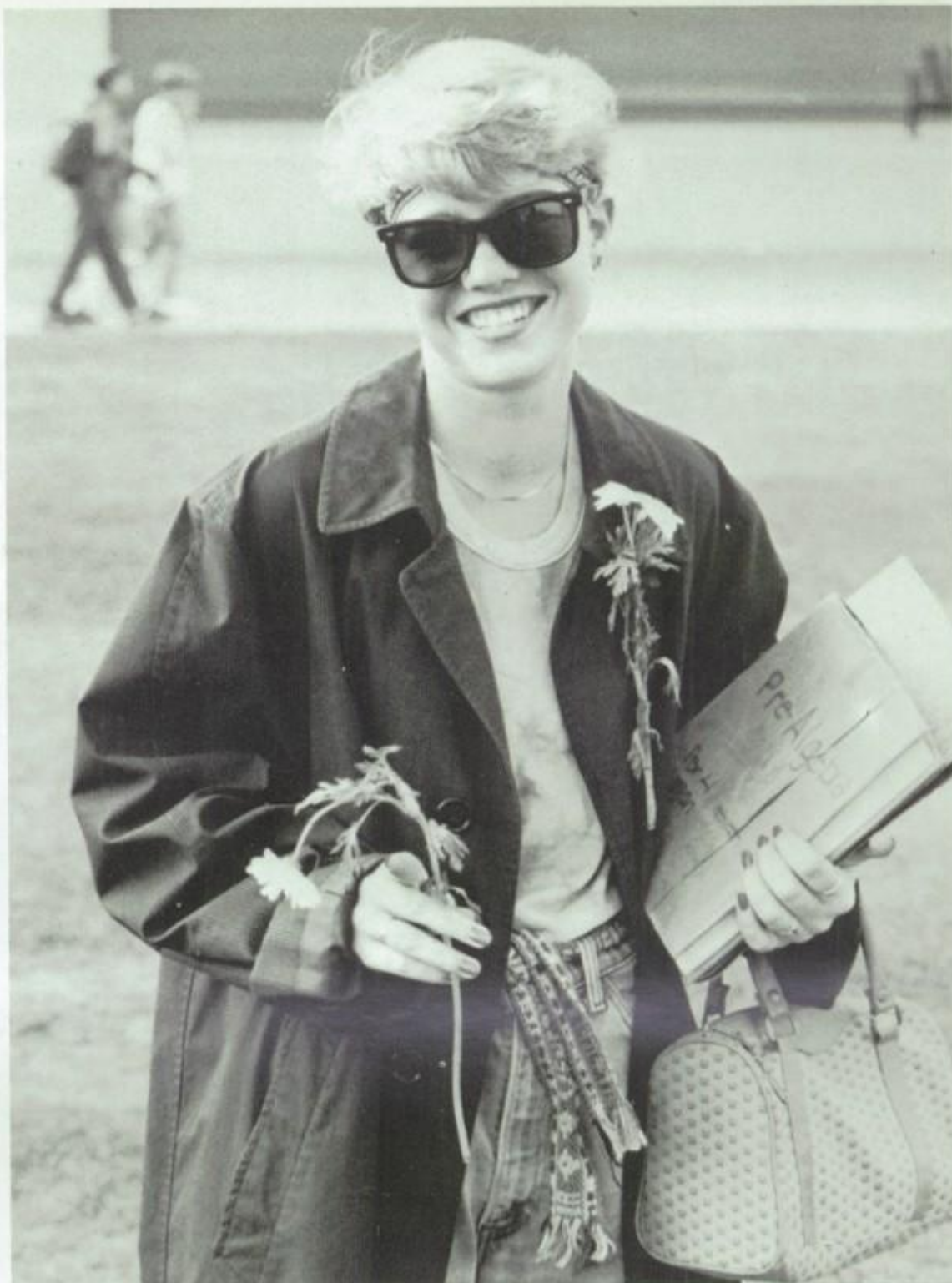
Two close friends, David Hughes and Jennifer Cheroske, accompany one another to their fifth period class.



ADVANCEMENT BRINGS NEW INSPIRATION

"It may seem the end, but it's really the beginning" states senior **Melanie Wood** when asked about graduating. The attitude of the class of '86 was a positive one with great hopes for the future.

Looking back on the '85-'86 school year is a pleasurable experience for the student body and will be often remembered by the senior class. The year closed on a high note with all students looking forward to utilizing what they learned at Los Al in the upcoming challenge in the game of life.



On Hippie Day, Freshman **Tricia Pettigrew** hands out daisies as a token of friendship. Spirit Week promotes friendship and helps develop a feeling of unity between all Los Al students.

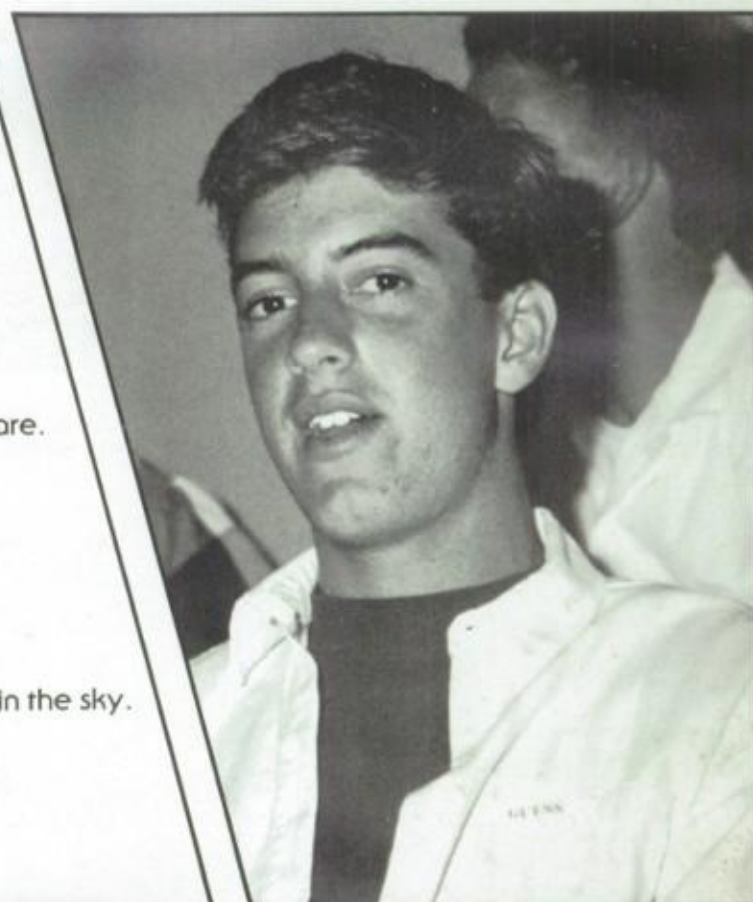


As the football game comes to a climax, **Gunther Griffin** warms up the band.

IN MEMORY OF SHAWN DAVIS

The morning sun brings a shining new day.
The lazy blue skies move slowly on their way.
As I walk through the damp green grass,
I look up to see, a smiling cloud passing me.
I can see him smiling down at me,
A young man happy and running free.
His golden hair shines in the sun, his feet are bare.
A whole new life of love he will share.
Though physically he may not be here,
In our heart, Shawn will always be near.
I look up one more time and see him
smiling, waving goodbye to me.
But not forever, just awhile,
For one day I will join my smiling friend in the sky.

With love,
Jane Craig



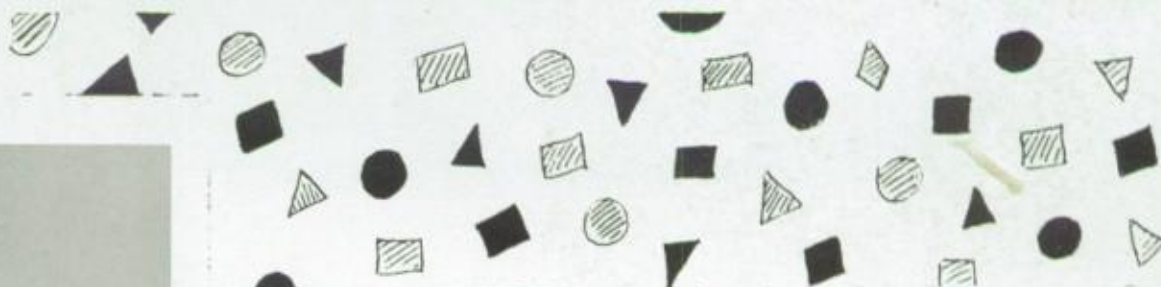
Junior **Kit Kodik** attentively listens to his class lecture.



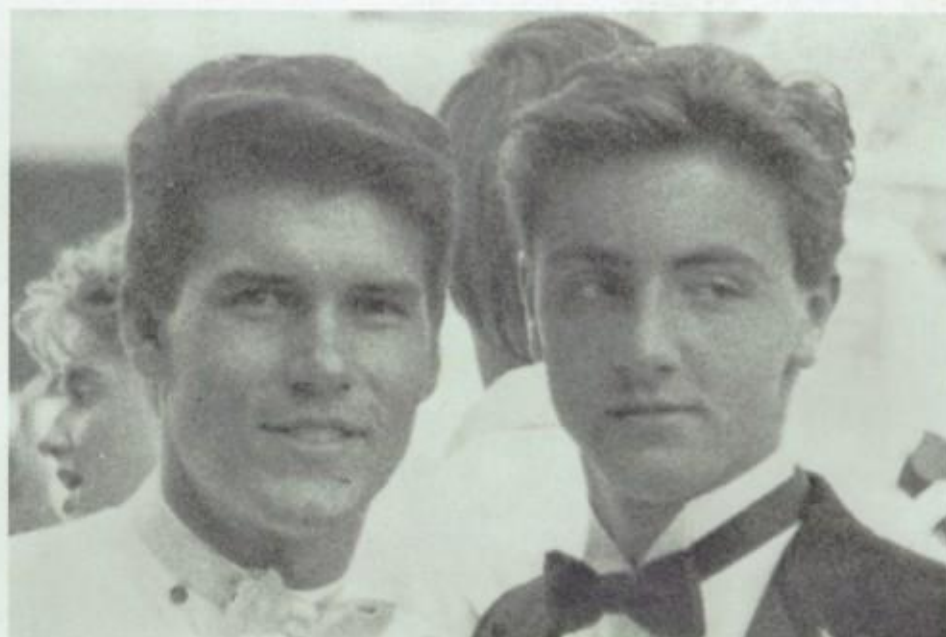
An active member of the Los Al Band, Janice Terby, holds her symbols tightly while reflecting on the memorable experience the band provided for her.



Juniors Tina Melton and Michelle Haub take a gratifying look at the beautifully decorated football field. Their excitement builds as the evenings events come into play. This year's Homecoming football game seems especially successful with its fancy "balloon decor."



The Winter Formal is quite enjoyable as shown by Katy Comings and Suzanne Turrentine. Katy and Suzanne are active in many school activities including the Freshman Cheer Squad and Omega Drill Team.



On Your Own is a class offering a taste of independence for the students. Tim Helgeson and Kevin Falsken represent the groom and the best man in a "mock-wedding" for class.



COTTONWOOD STAFF HONORS RESPECTED INDIVIDUALS



Among the many talented people related to the Los Alamitos Unified School District, there were two individuals who stood above the others. These people donated their time, support, and energy to Los Al, and the Cottonwood Staff wanted to return their gratitude. This year, we decided that our efforts, as a team, to bring together the memories of a school year should be dedicated to these special people. This year's yearbook was dedicated to **Mr. Charles McCully** and **Mrs. Sabrina Arney**, as a token of our appreciation.

To our dismay, Mr. McCully could no longer be a part of the Los Al family, but his contributions will be long remembered. He gave a part of himself to us, and we truly appreciate everything he has done.

A very special "thank you" goes out to our new Yearbook Advisor Mrs. Arney. She stepped into her position with no prior knowledge of the fundamentals of a yearbook, and helped us to meet deadlines, and remain "sane." Mrs. Arney was more than an advisor — she was a friend, and we owe her everything.

We sincerely thank these individuals for their support, and for making this year so memorable.

EDITORS STRIVE TO MAKE A CHANGE IN THE COTTONWOOD TRADITION



"Thanks Deb. for the best
friendship and Senior Year!"

"Thanks everyone, espeical-
ly Kel and Mrs. Arney.
You're awesome!"

The 1985-86 Cottonwood Yearbook Editors were *Debbie Theriault* and *Kelli Hawkins*. This was the first year that Editors attempted a totally different and more complex style than the past Cottonwood Yearbooks. The theme of the book, designing the cover, and the basic layout to be followed throughout the year of progress, is just the beginning of the Editors' tasks. Yearbook involves a lot of dedication, creativity, and hard work. The Editors felt it was about time to take a chance and create a new "look" for Los Al. We would like to thank Mrs. Sabrina Arney, Mr. Steve Eddy, Taylor Publishing Company, Christy Franklin Photography, Yearbook Photographers, and most of all the Yearbook Staff for all their hard work.

Kelli Hawkins Debbie Theriault





David Hasle and Brian Hasle, assist their mother, Carol, in monogramming a shirt. At B & C Monogram Shoppe they will monogram any article to your pleasing. They do T-Shirt clubs and logos too!



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Senator Paul Carpenter



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{ Back.

{ Hey babe! How's

{ the business going

{ these days? Well,

{ if you ever feel the

{ need to talk, give me

{ a ring, k?

Back 4
Vow

ya
lots!

(213)
493

3406 nolly
brand

Ray,

String instruments forever! Hope you have a
rad time at college (don't forget to play
the viola). And call me about the band
(I'm still not sure).

See ya,
Michael Chen

(SAVED FOR TINA

Hey Ray !!

We made it !! Thanks
Well I love --- I really enjoyed
for everything. You are a real sweet
our little talks. Remember when you thought I
person. Well --- I surprised
could never get Sardi? Well --- I surprised
you!! Anyway, I hope to see you soon.
if not you make sure you go to our
10 year reunion. Keep in touch.

3611-B Green St.
LOS Alamitos, CA
90720

Your friend,
Tina
Haldane

598-0062

